



Offices for Medical Education
Office for Medical School Admissions

University of Rochester School of Medicine Early Assurance Program for College Sophomores

Who?

The University of Rochester School of Medicine offers an Early Assurance Program (EAP) to a select group of highly qualified college sophomores. Applicants must attend and intend to graduate from one of the institutions listed at the end of the document.

What?

The EAP offers a conditional acceptance to the University of Rochester School of Medicine following the successful completion of a four-year undergraduate degree. The requirement for taking the MCAT is waived for accepted applicants.

Why?

The EAP allows conditionally accepted students to expand their horizons using time which would otherwise be dedicated to preparation for the MCAT.

When?

The application website opens on April 1st. We welcome applications from all academically qualified sophomore undergraduates. Applications are due no later than July 31st.

Aims of the Program

The EAP is a competitive program offered to sophomore students at participating colleges who are clearly interested in and committed to careers in medicine and who wish to expand their undergraduate experience without the pressures associated with taking the MCAT exam or applying to multiple schools during their final year in college.

Scope of the Program

Our hope is that accepted applicants will broaden their educational horizons in order to augment their experiences and contributions to medicine. By eliminating the time intensive and expensive traditional application process, including MCAT preparation, the AMCAS application process, and the time and expense associated with multiple medical school interviews during senior year, EAP students are able to take full advantage of a liberal arts education. We seek students who will benefit from our unique academic environment and enrich our class through the diversity of their educational and experiential backgrounds.



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Deferral Requests

Any applicant who is conditionally accepted into the EAP may request a one-year deferment prior to April 30th of their matriculation year for educational and experiential enrichment purposes (research experiences, pursuing advanced degrees, AmeriCorps, etc.).

Application Process and Requirements

1. Academically qualified (3.6 GPA or higher) sophomore undergraduates at participating colleges are eligible to apply beginning April 1st through July 31st. Most successful applicants to our EAP program significantly exceed the 3.6 minimum.
2. Completion of the EAP electronic application.
3. Health Professions Committee letter of recommendation. Please consult with your committee or pre-health advisor prior to applying. All Committee Letters must be received no later than July 31st.
4. An official college transcript verifying the completion of 4 semesters of college coursework. All transcripts must be received no later than July 31st. Official transcripts can be sent via email to: mdadmish@urmc.rochester.edu
5. A non-refundable application fee of \$100.

Please Note: We **do not** require standardized test scores or high school transcripts prior to acceptance; however, **after** admission to the program, we will request the most recent standardized test scores (SAT, ACT, IB, and/or AP), if available, for file completion.

Selection Process

1. Following review of the application in August by the Medical School Admissions Committee, qualified applicants will be invited to virtually interview in September. No one will be accepted into the program without an interview. *Any applicant to the EAP who is not selected in the initial screening or after interview, is encouraged to apply to the University of Rochester School of Medicine as a regular applicant via AMCAS without prejudice.*
2. The final selection of those offered acceptance into the EAP is made by the Medical School Admissions Committee. Academic and career potential, maturity, diversity of experiences and perspectives, plans for educational enrichment and strong letters of support will be key factors in the selection process.
3. Accepted applicants will be notified by October 30th of their junior year. The official reply form to the offer of conditional acceptance and submission of prior standardized test scores (if available) will be required by December 31st to hold a place in the medical school class.



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4. Accepted EAP students are considered "committed" to the University of Rochester School of Medicine and it is expected that they will not apply elsewhere. Should an accepted student apply to any other medical school, they will forfeit their conditional acceptance.
5. Accepted EAP students will be eligible for all scholarship monies and loans that are available to our medical school. Financial aid information is available on our website, <https://www.urmc.rochester.edu/education/financial-aid-office.aspx>

Requirements for Maintaining Eligibility of Your Acceptance into the Program

1. Acceptance to Rochester is contingent upon maintenance of a 3.6 total GPA during the junior and senior years and an overall BCPM (biology, chemistry, physics, and mathematics) GPA of a 3.6. This BCPM GPA is consistent with that calculated for those applying for regular medical school admission. Students who fail to meet this requirement may be dismissed from the program at the discretion of the Admissions Committee.
2. Satisfactory completion, prior to graduation, of all of Rochester's premedical requirements. These requirements include:
 - One year of biology with laboratory. Biochemistry or botany will not satisfy this requirement. AP credit cannot be used to satisfy this requirement. If your undergraduate college granted you credit through AP coursework, you may take upper-level courses in biology with laboratory to satisfy this requirement.
 - One year of physics with laboratory. AP credit can be used to meet one semester of the physics requirement.
 - One year of chemistry **with** laboratory which must include either one year of organic chemistry **or** one semester of organic chemistry and one semester of biochemistry. AP credit cannot be used to satisfy this requirement. If your undergraduate college granted you credit through AP coursework, you may take upper-level courses in chemistry with laboratory to satisfy this requirement.
 - One semester of either calculus or statistics. AP credit can be used to meet this requirement.
 - AP credit must be documented on an official transcript.
 - All required science coursework must be taken in-person, if available.
 - We recommend courses in general chemistry, statistics, genetics, physiology, and biochemistry.

Non-Science Coursework

- 12 credit hours in the humanities and/or the social or behavioral sciences.
- One year of expository writing. This may be met with English or other non-science courses that involve expository writing.
- AP credit will not satisfy non-science requirements.

Flexibility will be considered in reviewing these requirements as our focus is on competency in these areas of study as much as it is on completing a set of required coursework.



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3. A continued commitment to volunteering in outreach and medical settings is expected throughout the course of your undergraduate experience.
4. Satisfactory progress in the EAP will be monitored on a semester basis by the Associate Dean for Admissions at Rochester in conjunction with the student's undergraduate Health Professions Advisor. Students may receive a standardized biannual letter from the School of Medicine to help encourage or suggest coursework in preparation for Medical School. *These letters are normal and standard and in no way replace the Health Professions Advisor's expertise and insight.* The letters are meant to create connection and collaboration with our EAP students in advance of their matriculation to medical school.
5. Students accepted into the EAP are expected to carry normal course loads during their remaining two years of college, and have no disciplinary charges brought against them by the college or the civil authorities. Any disciplinary action should be presented by the student to the School of Medicine at the time of occurrence and prior to matriculation. Accepted students who graduate early will not be admitted prior to the year for which they have been accepted.

URMC Curricular Highlights

- Hybrid problem-based learning curriculum that includes a mix of lectures and small group instruction. These include but are not limited to problem-based learning (PBL), team-based learning (TBL), labs, simulations, multi-station learning centers and clinical skills workshops.
- Basic and clinical sciences integrated across all four years (Rochester's Double Helix Curriculum – Translations and Transitions) with early and sustained clinical instruction. Introduction to clinical medicine occurs on the first full day of medical school.
- Focus on the biopsychosocial model of health care delivery.
- Meliora in Medicine. A four-year course designed to augment clinical and basic science teaching including the three pillars that are foundational to the practice of medicine: Collaborative Practice, Technology in Medicine, and Professional Identity Formation.
- Award-winning community outreach programs. Opportunities include student and staff supported clinics targeting underserved populations, outreach to homeless populations through shelter based and mobile clinics, tutoring opportunities, refugee outreach and a wide variety of student initiated programs targeting a wide variety of needs in the Rochester and Upstate New York area.
- Outstanding basic, clinical, translational, and community and public health research experiences in urban, suburban and rural settings.
- Pathway programs allowing students to explore interests beyond the standard curriculum. These include Global Health, Deaf Health, Latinx Health, Medical Education, Health Humanities, Bioethics, Health, Equity and Law Policy (HELP), Healthcare Entrepreneurship and Care of Incarcerated Individuals.
- Outstanding research opportunities including the option for a funded research year out through the Academic Research Track.



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- Combined degree programs: Medical Scientist Training Program (our NIH-funded MD/PhD program) and MD/MBA with our Simon School of Business. MS programs in a variety of disciplines including three different Masters programs in Public Health, and a Masters in Medical Humanities are available to students during a year out.
- Focus on Mentorship with each student being assigned an Advisory Dean on matriculation.
- Focus on Student Wellness.

Living in Rochester and Upstate New York

- Rochester's metropolitan area has 1.1 million residents and is located on the southern shore of Lake Ontario in the beautiful Finger Lakes region of NY
- Camping, water sports, hiking, climbing, downhill and cross-country skiing are all available in close proximity to Rochester
- Off-Broadway and regional theatre, music festivals, philharmonic orchestra, ballet, opera, the Eastman School of Music, foreign film theatres, art festivals, museums, planetarium, and amusement parks
- Finger Lakes wineries (more than 100 wineries featuring tours, tastings and dining)
- Rochester Red Wings (AAA baseball affiliate of the Washington Nationals)
- Rochester Americans Hockey (farm team of the Buffalo Sabres)
- NFL's Buffalo Bills football, indoor professional lacrosse, and USL professional soccer
- Professional men's golf tournaments (PGA)
- Rochester Public Market (one of the oldest continuously operating farmers market in the nation)

Additional Information About Rochester and its Programs

Additional information is available by accessing the following Rochester web sites:

Admissions: www.urmc.rochester.edu/education/md/admissions

Email: mdadmish@urmc.rochester.edu

Medical School: www.urmc.rochester.edu/education/md

Participating Colleges in Rochester's EAP

Amherst College
Bowdoin College
Carleton College
Colgate University
Hamilton College
Haverford College

Hunter College-CUNY
Middlebury College
Spelman College
Swarthmore College
Williams College
Xavier-New Orleans