

THE *WE'VE GOT THE BEST LITERARY MAGAZINE FOR YOU*

# LITERATURE TIMES

VOL. 1 ISSUE 3

9 **MUST READ  
BOOKS**

5 STORIES OF BESTSELLING  
AUTHORS

SELECTED ARTICLES BY

*Soudia Parveen*

*Akhila Saroha*

*Swapna Peri*

*Neha Sharma*

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♥♥♥  
Neha Jarpandit

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Mansi Dhyani*

## editor's note



**Neel Preet**

Editor-in-Chief

When we began with The Literature Times, we were not sure about where the journey with our brainchild would take us. With every edition, we learnt, grew, expanded the corners of our magazine, and educated ourselves simultaneously. The Quarterly E-Magazine has helped us redefine the meaning and significance of media and bridge the gap between the world of words and the quickly evolving technology. Volume 1 of the 3rd Issue of the May 2022 Edition of The Literature Times has helped us expand our dimensions a little more with a bunch of topics that we have explored.

The latest edition features much more than just books and attempts to reach out to more readers this time. The magazine includes book reviews and author interviews, featuring articles on a wide variety of topics like technology, lifestyle, fashion, and all that is revolutionary and influential in people's lives. It also includes content that is relevant to the present scenario under the heading of current topics. In addition, some surprise entries can be read once the readers lay their hands on this edition.

With every edition, we strive to achieve new heights and improve the next edition, as we believe there is always more to add and to learn. Hence, we would heartily welcome the valuable suggestions from our readers at:

[editorial@theliteraturetimes.com](mailto:editorial@theliteraturetimes.com). We look forward to hearing from you. Happy Reading!

*Happy Reading!*

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Copyright © The Literature Times 2022  
Published By: Astitva Prakashan  
ISBN: 978-93-91219-52-9  
[www.astitvaprakashan.com](http://www.astitvaprakashan.com)

# WELCOME

Cool to see you in this issue.

We invite you to join us in our journey to reach the next milestone and see what marvel our new venture has in store for us. Our effort intends to reach out to maximum readers who want to see the movements and developments in the literary world and aspire to write someday too. So, with the hope of giving you a joyous experience in reading, let's begin without delays.

We hope you enjoy this one.

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# COVER STORY

A photograph of a woman with dark hair, wearing a blue and white patterned headband and a blue off-the-shoulder top, looking down at an open book she is holding. The background is softly blurred.

## NEHA JANPANDIT

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Neha Janpandit – a name that is popular not only in the Entertainment Industry but also among the bibliophiles! Neha Janpandit, who has been a known face in the Indian Television, has performed in a number of TV Shows as a leading lady/central character on prime television channels over a decade now. Most of us know her from her incredible acting in the popular TV Serials like Woh Rehne Waali Mehlon Ki, Shraddha, Tere Liye, Chhajje Chhajje Ka Pyaar, Shubh Vivah, Rab Se Sohna Isshq and Humsafars. Well, Neha is someone, who has always given a top-notch performance on the camera and has never failed to amaze the audience!

Neha Janpandit is someone who can be regarded as the soul of her TV Serials as she made sure to take her shows on to a next level. As far as her acting is concerned, the list does not end with those serials where she played the prime character. As she also appeared in episodes of Star One Horror Nights, Nachle Ve with Saroj Khan, Adaalat, and Teri Meri Love Stories. Moreover, we may get to see her in many more TV Serials, or Web Series or even in Movies in the coming days. She has also graced many brand hoardings and been the face of several brand commercials.

Neha completed her studies at Smt. Sulochanadevi Singhania School, Jekegram in Thane from the state of Maharashtra. Her educational background has been from science stream and she has made sure to make the most of it too. Well, most of us might know her only as an actor but she has got many more feathers in her cap. Neha always aspired to do something more and her passion diverted her into the skincare and beauty industry. Her company 'Healthcare Medical Centre' founded Instapeel (<https://www.instapeels.com/>) in the year 2020.

Neha Janpandit – the beauty with brain carries a depth knowledge of skincare, she along with her team thought of bringing the most advanced of skincare in India from South Korea. In addition, being an actor she knew what works in skincare and beauty, which certainly added to her advantage.



Neha wanted to bring a Peel Product in India, which can be used at home thereby saving time, money and energy. Her aim was to enable people to repair their skin rather than just applying topical creams or serums etc. and this is how her brand Instapeel came into shape!



Now, if Neha Janpandit's amazing acting career as well as her entrepreneurship skills is making you wonder about the actor's talent then wait there is more! Interestingly, Neha is also an avid book reader, who enjoys reading books in her free time and has her opinions about those books too. Neha is a book reviewer too and time to time, we get to see her reviews over the books, which she readers on her social media handles. Isn't this something really cool?

## LOVE FOR LITERATURE

On Instagram, one can witness how gracefully Neha expresses herself. The way she posts her pictures and videos tells us much more about her. Well, Neha Janpandit is not just an actor and an entrepreneur but also a Model, Pilates Enthusiast, Yogini, Avid Reader, Book Reviewer and certainly much more! She has been associated with several publishers and has been posting reviews of the books through her Instagram profile as Insta Reels. Now, this shows that Neha truly has so much to offer to the society, the way she guides people towards a better skin care products or the books, which she recommends to the readers truly shows that how humble personality she is!

From acting to the field of business or the world of books and reading, Neha Janpandit has placed her foot all over, indeed reflecting the true women power. Neha is an inspiration to many young girls and boys as she is a perfect example of being an all-rounder. The manner in which she carries out all the roles in her life in purely wonderful and her attitude to always keep upgrading herself and moving with pace to the demand of the time is something learning worthy for all of us. Neha Janpandit is a determined human, who knows how to fulfill all her responsibilities and still offer more to her audience. Neha is the face of the growing women power of the modern era.

**What inspired to go into the acting field? Can you please share some experiences about your acting journey with us?**

# Interview with Neha Janpandit

I was always inclined towards performing arts and was enthusiastic to be on stage be it skits or classical dance since school days. It grew into passion when I started modelling at a very early age of 17 and realised that I can act as well. It was destiny that I was called for an audition by Rajshri productions and I was fortunate to bag the title role in the same audition and one thing led to another and my journey began with signing different shows ahead.

**With such an amazing performance in the TV Serials and other noteworthy roles as an actor, what is your next big target in the entertainment industry?**

First of all, thank you for the amazing appreciation I believe I'm still learning and always learnt on the job with no formal training in acting. It was always error and improvement. Each day was different and filled with challenges that made me grow what I am today. I live in the present and don't just have dreams but I have goals and so at this stage I am very selective about the roles I choose and characters I'm willing to play wherein I know I can do justice to it. So there is no such big target but conscious steps in that direction. Its a process.

**What gives you the energy to face the camera and can you please tell us about your upcoming project?**

Ofcourse audiences support love and appreciation drives me but also challenging myself for every project I undertake and deliver successfully, it gives me immense courage to face camera with confidence. When my parents watch me onscreen, I can see happiness on their faces it gives me immense energy in front of the camera. Nowadays I undertake modelling/digital assignments and television commercials.

**We found that you are also a Pilates Enthusiast and a Yogini, so what are some of the lifestyles and fitness tips that you would like to give us?**





Yes, yoga and Pilates is something I love not just as a lifestyle and for vanity purpose but also for my overall mental and physical wellbeing. Yoga is like a moving meditation to me and Pilates improves my body balance, posture and flexibility. I would urge everyone to spend time atleast 30-40 mns of doing any physical activity like jogging, running or yoga. It will change your outlook and help you perform better while keeping you in the right frame of mind throughout the day. My morning starts with a glass of warm water followed by Pranayam. My healthy diet include fruits, green veggies and good amount of proteins and carbs.

**Can you please tell us about your journey as an entrepreneur. And what made you to find your brand Instapeel?**

Being an actor and model taking care of my skin is extremely important and I am very passionate about skincare. This led me to develop my own skincare range based on science. I am aware of latest ingredients their benefits. I look over the creative aspects. I work relentlessly on the creative aspects of my brand and the aesthetic benefits.



**We would love to know that which kinds of books you love the most and since when book reading became your thing?**

Since my childhood during school days our teachers reinforced the value of reading. Charlie and the chocolate factory was one of my favourites back then.. I developed interest in reading books from great authors like Ruskin bond. I loved reading Shakespeare too it had archaic language but was soul gripping. I befriended books since early age and I have read variety of fiction nonfiction and few autobiographies. I enjoy reading thrillers and murder mysteries also. Few of my top reads have been The Alchemist, Not without my daughter, Immortals of Meluha, and The secret. Books are powerful mediators to transform you to another world. They are the best companion to live with them



NEHA SHARMA

# BOOKS

## over

# MOVIES

While reading a book, you can imagine the plot as per your own understanding. Books direct the reader's mind to be creative. To add to this, books are much more detailed than movies. A film usually lasts approximately two hours, whereas in a book there can be hundreds (maybe thousands) of pages of description. Books also improve your vocabulary. You may not notice it, but while you are reading a well-written novel, you are enhancing your spelling, punctuation, and grammar. It is proven that people who read more get better jobs and therefore better pay. You never watch a film and think that it should be turned into a book—most good movies are based on books anyway!

Books are portable and can be read online as well, anytime. When we read books, we get more knowledge and it helps us improve our vocabulary. Characters are described much better and with more detail.

One important thing that books do have and movies don't is that they provide more background information than a movie does.

In conclusion, I think books are better than movies. Books develop your imagination, are much more detailed than movies, improve your English writing and are proven to help you get better jobs.

It may be true that it's an arguable matter whether books are better than movies. People may say that movies have a more social aspect than books. It is possible to go to the cinema with friends and discuss the movie together. You cannot read a book the same way and this could lead to disagreement. Also, watching a film can help you interpret the storyline in a space of two hours, while it may take you a whole weekend to finish a book. Although I believe that the depth of a book is a good factor, some people do not want to invest the time. The film industry creates more job opportunities and there are a variety of different roles when creating a film, such as producer, director, script writer, etc. With books, there are only a small number of roles, such as the writer, editor, publisher, etc., involved.

However, there are a number of advantages to reading books over watching movies.

Most of the time, books are better than movies. Books can let you imagine the setting or events happening in the story. They are also more detailed than movies, because movies sometimes leave out some important details.

In some movies, they switch up the characters because in the book they are different and totally the opposite.

When we read a book, we tend to visualise the characters a certain way, and in movies they don't look like the way we want them to. It disappoints us in many ways.

TLT Specials

# Welcome To Second Spring

Unpausing Your Beauty In And  
Around Menopause

Dr. Nita Sharma Das



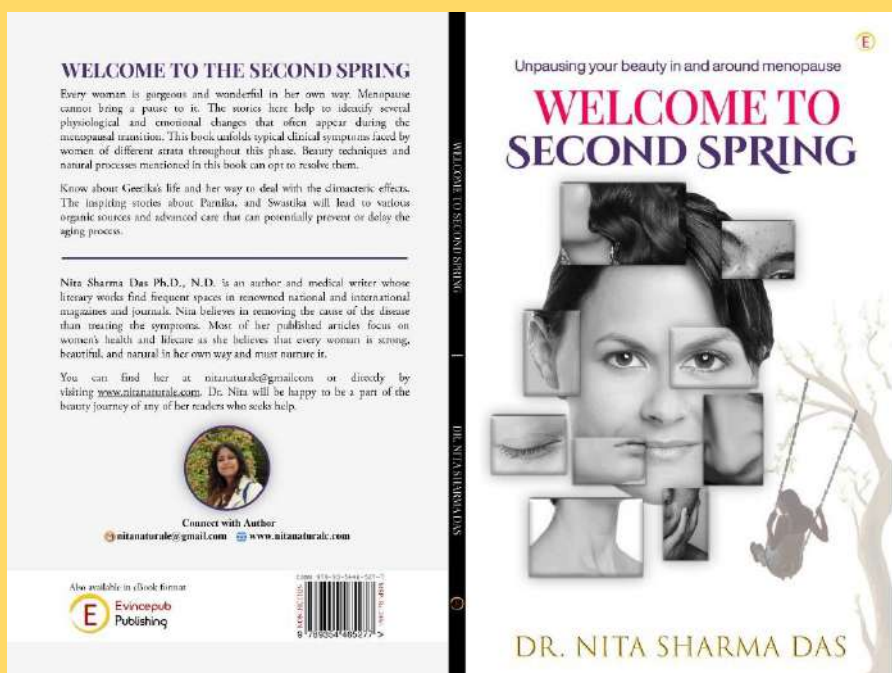
This remarkable book, “Welcome To Second Spring – Unpausing Your Beauty In And Around Menopause” by Author Dr. Nita Sharma Das has been written with an excellent objective of inculcating awareness among the women folk in concern with their health & hygiene! Well, the book is meant to change the mindset & attitude of the women in our society, when it comes to the phase of menopause in their life. The manner in which the Author has provided solution concerning to most of the issues, which the women faces during their phase of menopause, is truly incredible!

The Author, Nita Sharma Das, PhD & ND is a Medical Writer as well whose literary works find frequent spaces in renowned national and international magazines & journals. Nita believes in removing the cause of the disease than treating the symptoms. Most of her published articles focus on women’s health and life care, as she believes that every woman is strong, beautiful and natural in her own way and must nurture it.

The book revolves around five interesting short stories. The readers can easily relate to the emotional conundrums that every single story unfolds. Each of them concerns typical problems about the ethereal beauties that the women of our society often meet, during, and after menopause. The characters in these stories are purely fictitious. However, the stories are very close to the Author as they are based upon the personal experiences, which she had acquired from her clients, friends, and family members.

# Welcome To Second Spring by Nita Sharma Das

## A well-thought and constructed masterpiece



The uniqueness of this book, *Welcome To Second Spring – Unpausing Your Beauty In And Around Menopause* is that the Author has laid down some very practical guides for those readers, who are seeking information regarding the subject of menopause. Well, the scope of the book becomes wider as in this evolving the world the men too needs to have the necessary information regarding the phase of menopause. Therefore, this book can be truly helpful for anyone, who would be carrying out research in the subject of menopause and the physiological and psychological changes associated with menopause and its impact on the skin!

Well, a book like ‘*Welcome To Second Spring – Unpausing Your Beauty In And Around Menopause*’ can be described as a “True Guide & a Saviour” for the women who had recently entered into the phase of menopause! Through this book, the Author had intended to create a spirit of being ‘Self Reliant’ as well as ‘Self Awareness’ among the women of our society, which indeed deserves praises. In addition, the readers are bound to gain the knowledge about the various organic, herbal sources have the potential to delay naturally the ageing process. Now this is something, which the people are actively searching, which makes this book a MUST READ one.

The readers can simply feel the hard work and the efforts made by Author Dr. Nita Sharma Das in her book and undoubtedly, she is very honest with her writings, which clearly reflects in this book. Therefore, the readers must give her a chance and go for this incredibly helpful health & lifestyle title!

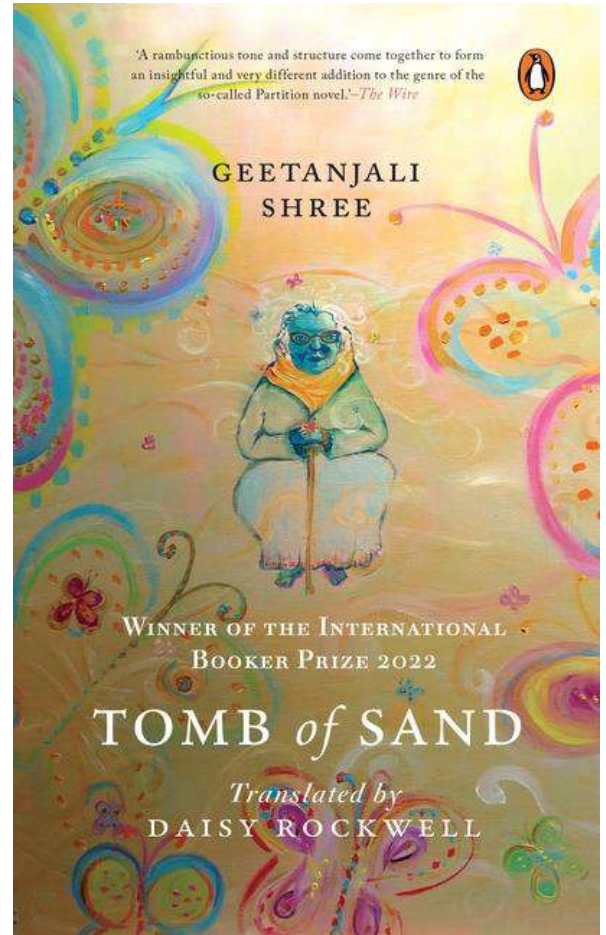


## Translator Daisy proved Senior Journalist Mark Tully's words true about translations

In the year 2015, journalist Mark Tully stressed the need for more and more writings in regional languages to be translated into English, saying there is a lot to be explored. He also stated that Translations are significant as English language readers do not have any idea about the wonderful writings in Indian languages. Interestingly, out of the six shortlisted books for the prestigious The Booker's Prize 2022 - translated fiction award, five were written by women, with three translated by women. This shows the power of regional writing as well as translation. Of course, written and translated by women shows the prowess!

In this connection, discussing the importance of regional literature, India is a diversified country with many languages under its body, with every language having its own literature, existence, importance and culture. There are some excellent writings in regional Indian languages. Many literary people, be it writers or authors or curators or historians, always stressed the concept of translation and stated that there should be more attempts to translate these regional works into English.

While it is true that reading is a holistic experience, it depends on the words as much as it does on the story. The beauty and soul of a story always depend on the words used, the whole reading experience and the takeaways from a book.



When we talk about best-sellers and award-winning books, these are celebrated because they were written well, bringing an ordinary story to an extraordinary level. In this regard, in a country like India with many regional languages, the books written in these languages hold a unique value. Many of the classics written in regional languages have been translated into different languages, including English and thus paved the way to get hold of the diversified cultures through literature.

Geethanjali Shree's book, 'Tomb of Sand', originally 'Ret Samadhi', the first-ever Indian book that won The Booker's Prize -2022 was translated from the Hindi language to English by Daisy Rockwell has given a new breeze to the Indian regional language literature. Hoping to see more of Indian regional literature spreading into the world!

## Article by Swapna Peri

A passionate book reviewer, writer, narrator, translator, and copy editor, Swapna has a B. Tech in Computer Science and is a former SAP Technical Consultant. She created and manages the "Book Reviews Café" official blog and Facebook page that contains all the book reviews.



# Tilottama At A Glance by Sreeparna Sen

“Every city has a story to tell and that story is often related to the history of the city. Well, there are several cities in India, which are waiting to tell you their stories so, make sure to travel a lot in this life of yours and collect a happy memory for yourself because in the end happy memories only matters!”

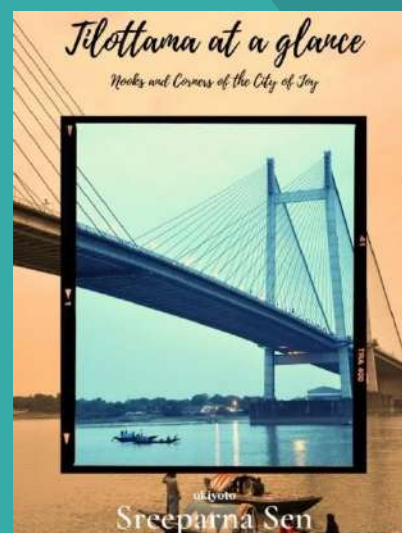
This book, “Tilottama At A Glance” by Author Sreeparna Sen comes under the category of ‘Travel & Tourism’ genre! The book is compiled from a series of blog posts written for the A to Z challenge. It is not merely the A B C’s of the city of Kolkata for a casual traveller. This book also allows the readers to acquaint themselves with the heart and soul of a rather unusual Indian city with loads of quirks. The book takes the readers to a journey through the culture, history, architecture, idiosyncrasies and other endearing or astonishing traits of Kolkata, which makes this city unique!

This book, Tilottama At A Glance is truly different from the other travel books. Well, even though it tells the reader what they can do in Kolkata and which places they could visit, the book goes far deeper than that. The focus of this book is to acquaint the reader with the people, culture, and the soul of the city of Kolkata. The book has a collection of 26 Essays, with each essay describing an aspect of the city based on one letter of the alphabet. Therefore, this book quite literally, describes Kolkata from A to Z. The book is short and sweet, where the author has managed to give pieces of information on many cultural aspects of a much loved city of India in the most charming language.

Well, through this book Author Sreeparna Sen has made sure to describe Kolkata, the City of Joy in the most amazing manner. The readers will not only get to know about the places to visit in the city but also they will find out about the history of the city. The manner in which author has intended to describe the city is incredible and is something, which the readers are bound to love. Moreover, the readers are bound to love the personal and conversational tone used by the author in the book. As this something, which is gives a beautiful feeling to the readers as if they are having conversation with the author.

A book like “Tilottama At A Glance” is for sure a Must-Read one and certainly deserves a chance. The way Author had penned down the stories in her book is indeed breath taking and deserves an appreciation. Her work is praise worthy as she has succeeded in creating a successful travel & tourism title!

Moreover, if you are one of those readers, who is looking forward to read a worthy Travel Book then this book is probably a great fit for you. Sreeparna Sen is a promising Author, who is very honest with her writings, which can be felt in her spectacular writings. Readers across the globe will love this book, since the book is successful in reflecting a sense of hope and happiness!



“

## AUTHOR INTERVIEW

Sreeparna Sen is currently living in Kolkata, the City of Joy! Sreeparna is a Banker by profession and finds her solace in writing. A Computer Engineer by education, she is a voracious reader. She has authored the book, Tales of Wizardencil and co-authored a few anthologies like Hawk's Nest, Macabre Tales, Blood Runs Cold, Route 13 – Highway to Hell, Love in Trying Times, Airavata, Sweek Flash Fiction Book Part 2 & 4, and Sharing Lipstick. Well, all these books by Author Sreeparna Sen are celebrated with great ratings as well as some truly positive reviews across all the platforms, where the books are listed.



**Firstly, Congratulations on your book, “Tilottama At A Glance” Well, can you please share your experience about making your work come into the form of book!**

*As you know the book was born from some blogs I had written earlier. So it was the year 2020, suddenly the country was under lockdown and for a change, I did not have to go to the office every day. So I decided to take up the blogging A2Z challenge. The idea to turn it into a book came much later, around last year in October when Ukiyoto Publishing accepted my manuscript.*

**What inspired you to write this book? What was the impetus behind this work of yours?**

*I was born and brought up in the city of Kolkata. Having spent more than 30 years in this land, today I am one with the quiriness of this unique city. I wanted to share those stories with the world.*

**Your book title is bit unique! Therefore, can you please explain the reasons for going with this book title!**

*Yes, I know, after the book was released I have faced this question umpteen times. In ancient mythology, Tilottama is an apsara, who enchanted even the Gods. The word Tilottama is used to describe someone whose every bit(til) is beautiful(uttam). We often equate Kolkata with Tilottama which is beautiful in all forms. Even the famous Bengali poet Jibananda Das described Kolkata as Tilottama in his poem. I took the title from that idea.*

**Can you please explain us in your version, that how this book will appeal to the readers of the present day!**

*It is a journey through the streets, markets, monuments, and bridges of Kolkata but unlike as a traveler one gets to look beyond the obvious, into the soul of the city.*

**Next, I want you to tell us about some of those writers, who inspired you!**

*I have to name one inspiration, it is my grandfather Manjil Sen who was a prominent Bengali writer. He is a national award winner and worked with the likes of Satyajit Ray and others.*

**Are there any other books being worked by you? Please let us know about your future projects.**

*Currently I am focussing on my blog and short stories. But I plan to bring out a second part to this book. Another book with core of Kolkata, more of its quiriness and some unique colloquial anecdotes.*



**"Creativity is not limited to a pen's tip or any other cognitive domains"  
– Soudia Parveen**

To be creative one has no compulsion in being highly active intellectually and a good performer in academics! Creativity shows up in an individual when it's never expected and is continued endlessly and eternally.

In the most general sense, one should not have to be a writer or an artist to be called "Creative". He/She can create anything of their choice and out of the box to be considered one!

Creative are those who accomplish a task without limiting to one option and have a good hold in hypothetical thinking.

A 'failure' in academics can be extremely good at sports as well as a 'Topper' can be physically unstable to succeed through any physical activities, which is further analyzed as having a possibility in the differences between their creativity levels and not intellectual abilities!

Hence, it is proved that to be creative, one is not bound to be intelligent and have excellence in academics!

Creativity is something which is not performed on a regular basis. Whatever is performed regularly becomes a routine which is further considered as the job of that particular individual!

For instance: - "Why do we consider a homemaker not so creative than that of a chef?

Why is it said that if a homemaker cooks, it's her duty and if a chef cooks, it's her creativity?

The answer to this is: - "The flexibility in the preparation of the food!"

When a homemaker cooks, she only prepares the food to feed whereas when a chef cooks, she prepares the ambience and the mood along with the food to feed the brain at first, by its creative decoration and the aroma and then serving the eyes to gain a likability in consuming the served food!"

In conclusion to this, a chef is more praised and appreciated than the homemaker because of the differences in the creativity!

Therefore, "Creativity" involves two most important factors: -

- 1) Being a master at manipulating a given situation or turning an object into something out of the box!
- 2) Creating a masterpiece!

*"No such things in the world with thresholds can be a 'creation' whereas, no such 'creation', in this world with limitations in thinking effectively can be creative"*

– Soudia Parveen.

Note: - The 'Creation' in the first half of the definition is referred to the being (Living Being), whereas the 'Creation' in the second half of the definition is referred to the supreme being (Almighty God).

# Creativity

- Soudia Parveen

Soudia Parveen from West Bengal, is an Author of the best-selling title:- "World of my words".

By profession, she is a Book reviewer, Podcaster, Interviewer and currently pursuing majors in Psychology. Currently working for The Rise Insight and The Asian Literature Newspaper and Magazines!

Soudia Parveen (Author) has published her debut book "World of my words" in 2021 and contributed her write-ups in a number of short stories and bestselling anthologies. Added up to this, Soudia is a podcaster in the Spotify music, Jio Saavn, Gana music, iTunes, etc. and does book podcasts for the Evincepub publishing company. Putting emphasis on such a young contributor's talent, she is also a reviewer and an interviewer in the Literature Times Magazine and runs her personal podcasting channel on Spotify music!

## Achievements

- ✓ Co-author in 35+ anthologies.
- ✓ Won various social media writing competitions!
- ✓ Secured first position under the polychromatic dexterity exposure 1.0 category!
- ✓ 50+ certificate holder in writing career.
- ✓ Achieved the first prize under the "Mahatma Gandhi rashtrabhasha Hindi prachar sansthan" in 2016!
- ✓ Work experience as a Judge, Compiler and a Project Head.



## RESEARCH ARTICLE



**Mr. Arnab Gantait** is a freelance researcher currently employed by Neptune Holidays Private Limited in Kolkata, West Bengal, India, as an Operations Executive. Since 2015, he has been involved in tourist research. In 2014, he earned his PGDM in Tourism and Travel Management from the Indian Institute of Tourism and Travel Management in Gwalior and also qualified for the UGC-NET. Mr. Arnab has so far published 14 research articles in both international and national referred journals and edited books and has earned 46 citations till date.

His book chapter, "Rural Tourism: Need, Scope, and Challenges in the Indian Context" has been recently cited in the "Gram Panchayat Development Plan (GPDP) for Village Kalonda" - a report submitted to the Ministry of Panchayat Raj (GoI). Mr. Gantait is passionate about the academic areas of Responsible Tourism, Rural Tourism, Pro-poor Tourism, and Community Participation in Tourism. His credential may be verified on various research platforms like Google Scholar, SSRN, LinkedIn, Academia, and Research Gate.

## Responsible Tourism

### The Mantra for Sustainable Tourism Development

In the tourism and hospitality industry, Responsible Tourism has now become a catchphrase. It focuses on maximizing the positive aspects of tourism by raising knowledge about environmental protection and cultivating a deep feeling of responsibility among tourism stakeholders in order to accomplish the holistic and long-term development of tourism destinations (Goodwin, 2011). Responsible tourism is neither a type nor a form of tourism; rather, it is an alternative approach to the tourism progress (Goodwin, 2011), primarily driven by the "Principles of Sustainable Tourism", which is again based on "tourism ethics" and "human rights". This newly emerged tourism approach has various other aspects and it is frequently linked to a wide range of initiatives such as: alternative tourism, ecotourism, geotourism, volunteerism, rural tourism, ethical tourism, fair-trade tourism, and pro-poor tourism (Chettiparamb and Kokkranikal, 2012; Baldo, 2016).

From tourism standpoint, tourist destinations should be developed in such a way that the expectations like: creation of job opportunities for local people of all genders; financial assistance for local entrepreneurs; preservation of local cultural heritages; development of effective visitor management systems to avoid overcrowding; adoption of renewable and green energy systems to combat global warming; implementation of sustainable tourism practices etc. can be met. However, many of these expectations are rarely satisfied in reality. In this context, a "New Tourism" approach i.e. Responsible Tourism (RT) has gained a lot of traction in the past few decades, implying an effective and efficient tourism management strategy with a clear understanding of creating tourist destinations a better place for the locals to live in; while providing an excellent tourist destination for the visitors to enjoy a quality vacation (Greening the WSSD initiative, 2003).

The two main objectives of Responsible Tourism approach are tourist satisfaction and welfare of local community people through active inclusion of tourism stakeholders in a sustainable manner. This newly evolved tourism approach strives to make effective use of tourism earnings for the preservation of the local environment and cultural heritages, which are the key assets of any destination, and heavily reliant on tourism development. According to Sariskumar and Bhavan (2018), the tangible results of responsible tourism also include higher income, dignified jobs, community empowerment, skill development, and capacity building of the local community members, and thus, allowing the host community members to experience a better quality of life.



The salient features of Responsible Tourism highlight a perfect balance between the positive and negative consequences of tourism in order for tourism to emerge as a significant medium for promoting and preserving natural and cultural heritage while also providing long-term benefits for everyone. Furthermore, responsible tourism helps in reducing the cost to the destinations. Otherwise, preserving nature's natural beauty and the environment would become a major challenge. Tourism places especially the eco-fragile destinations must be directed by well-established principles rooted in values, ethics, and morality, as well as local regulations, in order to apply the "Guidelines of Responsible Tourism." There are countless cases around the world, where tourism destinations have witnessed the good effects of tourism on both their people and their environment by following the 'Principal Guidelines of Responsible Tourism.'

The "Triple Bottom Line" concept, which advocates for making tourism more commercially, socially, and environmentally sustainable was introduced in the mid-1990s. Initially this idea was skewed toward environmental concerns, but the addition of a livelihood approach expanded the possibility for examining how tourism growth may help the underprivileged people in tourism locations (Ashley 2000; Goodwin, 1998, Gantait et al., 2021). Since United Nations (UN) adopted the Millennium Development Goals (MDGs) in 2000, tourism has been started recognizing as one of the key players towards poverty alleviation, gender equality, community empowerment, as well as environmental sustainability (Moscardo, 2008; Novelli and Hellwig, 2011). Responsible Tourism also addresses the same shift as it focuses equally on the economy, society and the environment.

Responsible Tourism is all about of providing a better holiday experience for the tourists and at the same time, offering the local residents good business possibilities to enjoy a better quality of life through greater socio-economic benefits and improved natural resource management (Spenceley et al., 2002). Furthermore, Cape Town Declaration (2002) mentioned five core values of Responsible Tourism and argued that these values such as: (1) commitments to mutual respect, (2) diversity, (3) transparency, (4) sustainability, and (5) quality; should be reflected in tourism development to make tourist destinations "a better place for people to live in and a better place for to visit". As protection and preservation of natural resources, virginity of a place, and cultural heritages of its people have taken the centre stage in tourism promotion at this moment, the world has also started admiring the "Responsible Tourism" approach as a fresh air.

### Successful Responsible Tourism Models / Initiatives around the World – A Few Examples

Responsible Tourism approach mainly advocates for three types of responsibilities. These are: (1) Responsibility to the environment through sustainable resource use; (2) Responsibility to the economic development of local community members by increasing opportunities for them to participate in the tourism industry, and (3) Responsibility to the visitors through ensuring their safety and security while travelling - those altogether leads to sustainable tourism development. Responsible Tourism recently has got a boost at several destinations around the world, thanks to the involvement of leading non-profit organizations. Many tourist destinations have already benefited greatly as a result of the inclusion of Responsible Tourism (RT) values in their tourism agenda. A few such examples are as follow:

[1] **Bhutan:** Because of its unique tourism activities, Bhutan has firmly established itself as one of the world's most responsible and sustainable tourism destinations. Bhutan's attempt to maintain its culture through tourism is one of its distinguishing features. Every visitor to Bhutan is required to pay a daily fee. All hotels, home-stays, transportation, meals, and guides are included in this fee. 30% of this fee goes to environmental protection, community development, and community-based tourism programs where families welcome visitors during their stay in this country. This form of tariffed payment system assures that all tourism participants get a fair and living wage, while also maintaining a high standard for all visitors to the country. It also helps protect their natural environment, with little social impact and an emphasis on culture.

[2] **Kerala, India:** Kerala is the state that is leading the way in terms of developing RT routes. Some of these destinations are Kumarakom, Wayanad, and Kovalam. Each of these locations features the 'Village Life Experience'. In these destinations, tourists may go bow-and-arrow fishing, or take a rural boat ride to witness toddy tappers at work. In the villages of Kumarakom, Wayanad, and Kovalam, the villagers use the coconut tree's leaves to thatch roofs and make brooms, they use the shell to make card and soap holders, as well as, the fruits are turned into oil. These places also have a handful of RT approved hotels.

[4] **Luxembourg:** Luxembourg is leading the way for European countries in terms of encouraging eco-travel and responsible tourism. One of these eco-travel projects is an amazing and free public transportation system, which makes Luxembourg the world's first country to do so. In addition, this country has a well-developed system of bike lanes, allowing the tourists to lessen their carbon footprint while visiting this country.

[5] **Luang Prabang, Laos:** In recent years, Laos has seen a substantial increase in the amount of effort put into responsible tourism. Not only for tourists, but also for the region's eco-development and local inhabitants, the emphasis is genuine. One of the regions that will receive increasing attention is Luang Prabang, which is quickly becoming a top responsible tourism destination in Southeast Asia. Luang Prabang, as a UNESCO World Heritage Site, has been able to create laws and procedures to accommodate the increased tourist numbers. Luang Prabang has made a concerted effort to eliminate plastic waste. Every public restroom provides cloth towels instead of tissue papers. In most hotels, little plastic shampoo bottles have been replaced with refillable ceramic bottles, and glass bottles have replaced plastic bottles for drinking water. Many hotels and small businesses encourage organic farming and often grow their own food. The government has even built water stations to encourage tourists to refill bottles rather than buy new ones, with all plastic packaging being recycled after each use.

### Conclusion

Responsible tourism is individual and collective decisions about how we understand and execute sustainable tourism practices at tourism destinations. It's all about implementing effective tourism management practices that maximize the benefit of tourism; and at the same time, minimizes the cost to the destinations. The awareness and acceptance of various obligations carried out by tourism stakeholders towards any tourist destination and its inhabitants is therefore, important for the success of Responsible Tourism practices at tourist destinations.



- Lalita Sahu

# Audiobooks

## The future!

We all know that audiobooks are a great source of entertainment since they allow us to listen to stories whenever and wherever we want. Are audiobooks, aside from being entertaining, helpful for the brain? We're delighted to inform that audiobooks have a slew of cognitive advantages, ranging from increased reading comprehension to a larger vocabulary.

### **Audiobooks can help you enhance your vocabulary and comprehension.**

Hearing new words can aid with understanding and vocabulary, whether alone or in combination with reading them, especially for children and second-language learners. Audiobooks promote the same good learning habits as early elementary school classrooms encourage emerging readers to say words aloud. "Following along visually while hearing might boost word-recognition ability, while listening alone can expand vocabulary," Mary Beth Crosby Carroll of The Children's School in Brooklyn, NY, told Scholastic.

### **It helps develop empathy**

Another significant advantage of audiobooks is that they assist you in developing empathy. Being empathetic is being able to comprehend and share other people's emotions.

### **When compared to reading, listening to audiobooks allows us to connect with sentences on a deeper level.**

When reading a novel, you put a lot of effort into filling in the blanks: voices, sounds, locales, accents, and so on. All of these information are necessary for your imagination to form a complete image. Dr. Art Markman of The University of Texas conducted research to see if there was a difference in comprehension between hearing and reading a proverb. The findings revealed that when we hear a proverb with a profound meaning, such as "the squeaky wheel gets the grease," we're more likely to associate it with other proverbs with similar deep meanings.

### **Audiobooks are extremely useful for those who are visually impaired.**

Audiobooks are a godsend for persons with visual impairments and reading difficulties like dyslexia and hyperlexia, among others. Audiobooks have made a significant contribution to the literacy development of people with disabilities in recent years.

### **Our brains may be aided by audiobooks in visualising the story.**

Books, regardless of format, produce a kind of magic with their vivid visuals and leap-off-the-page characters. However, according to a research published in the Journal of Verbal Learning and Verbal Behaviour, our brains are more likely to develop meaningful imagery when we listen to a tale rather than reading it in a standard format because it gives our visual processes more area to work. This helps to explain why so many young children enjoy having someone read to them!

### **The tale provides you with an engaging and lively experience.**

The narrator(s)' personality can have a significant impact on the story's flow and tone. They aid in the creation of mental images of situations and characters, as well as a better grasp of story emotions.

The narrator(s) are enthusiastic and use vocal inflections, comedy, mystery, and a diverse tempo to bring the story to life. All of this contributes to the story being an engaging, dynamic, and enjoyable experience for the listeners!

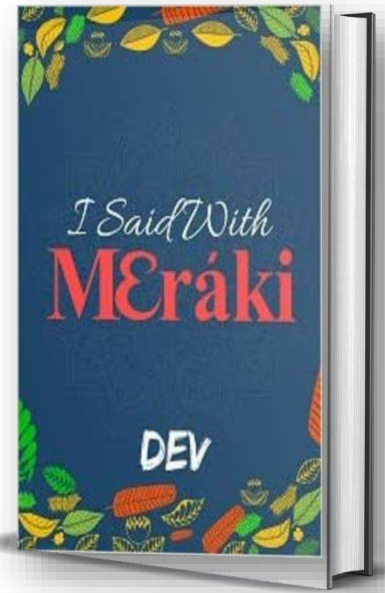
# Book Review | I said with Meraki

Poetry features words that are born from the deepest emotions, which have the potential to strike the chords with the readers' hearts when the poets pull the strings of the most accurate word. "I said with Meraki" by Dev is the poetry collection that has the chosen words which are accurate to strike the chords with the readers' hearts and leave them in wonder with the poetry the author writes. The poet writes in a simplistic manner but conveys his thoughts in a concise and focused manner. This distinguishes the poetry collection from any of its counterparts. by Dev

"I said with Meraki" focusses on sharing the emotions of a person, which may not be easily expressed in words. Through different poems, Dev explores abstract thoughts and feelings that mostly remain in people's hearts and never get space in speech.

Poems like "Pandemic," "Lockdown" give voice to the different states of mind of the people and their individual perceptions of the unanticipated change. Through his poems, the author explores a universe of thoughts where he gives voice to the minds of many in a condensed manner. At the same time, poems like "Smart.com" show the connection of the poet to contemporary life.

"I said with Meraki" is one of the few works that stands for its own kind and has the potential to carve a space in the literary world into a niche of its own. It would thrill the readers, give them a feeling of adventure, also make them wonder about the different thoughts of the poet that come to light. They show the readers a different perspective to see life, and even though the air sometimes feels like melancholy, it carries a wave of positivity. In that way, the poetry collection would also become instrumental in lighting the mood of the readers in times when they would come back to reading it. The book is one of the few that the readers would like to keep at their bedside and read it time and again only to enlighten themselves or change their mood.



The subjects explored are around emotions, thoughts, individual ideas, the poet's view of society and people, his thought about life in general, his observations in silence, and most importantly, his insightful reactions to them. Altogether, the book is an exploration of the universe through an individual's mind.

The cover of "I said Meraki" is an interesting and attractive one. At one glance, the readers are invited to take a plunge into the world Dev creates and all that he has to share with the readers. It is interesting to note how the poet titles his poems in "I said with Meraki."

The poems are in a good number, but “I said with Meraki” has poetry that is short, concentrated, and focuses on demonstrating an abstract idea in the most concrete form as words would permit. Hence, reading the collection becomes an enriching experience for the readers and also an enlightening one. It becomes an in-depth experience that can only be understood by those who would read the book and understand the poetic verse the author has penned.

## What’s More?

“

Poetry has been read, explained, defined, researched, criticized and sometimes understood over time immemorial; in simple words, this author shares his thoughts and emotions. Happiness, dejection, alienation, freedom, captivity, betrayal, confusion and love are all here in this collection of poetry, “I Said With Meraki” “This collection of poems reflects the poet’s perceptions and expresses the many emotions the ordinary person feels and that the poet has experienced over a lifetime. He has tried to express in words all these things for the reader who has felt them, but not found a way to express them, just gazes helplessly at the impressions of the wheels that life has left on the endless dusty road. Despite his title, the author speaks in the words of the average person through the simple lines of his poems. You will not find herein inexplicable metaphors detached from reality or a jumbled word collage that requires the reader to create the sense that the poet failed to instill into his creation. This author has created rhythm woven with words which will resonate with the reader. He connects reality with virtuosity, imagination with realism, antique relics with modern uniformity, and infinity with the almighty, and it is all encapsulated in this volume.

## The Author



Mr. Debashish Verma (Dev) is professionally a Civil Engineer passed out from IIT Kharagpur. He was involved in writing poetry from his college days. He has made a collection of selected poems written over the years in the book. “I said with Meraki”. Writing in e-journals in India and abroad. He has been honored by literally club for his writing skills. “... Nicely penned creating fresh images in burning simplicity and deft brevity in expressions, the precise statement of metaphors adds beauty to the poem.” by H C Bhakat Team Coordinator APUSA, For poem “Within”. Elin Bjork – Oh my gosh, this poem is phenomenal! It’s intensely sad , honest and emotional.



# Earning with stock market



- Akhila Saroha

Earning with the stock market has always been an option for quick income and adding to your numbers. Few have mastered this art, and many aspire to and dream of understanding. The dynamics of the stock market are such that the amount invested can change into an unimagined number, provided that you play your cards right. If a person has the right skills and understanding, they can earn well and supplement their income. This article intends to cover a few takeaways and learnings that would help beginners to start the game of earning with the stock market.

It is an interesting observation that one can make money from the stocks that are increasing in price and also the ones which are going low in price. The right observation and timely decision-making make all the difference. However, before any investment, the investor should have an understanding of the company's background and knowledge of the fundamentals. This includes an analysis of the company's profit history, dividend paying frequency, and transparency in its operations. The shareholders and investors have all right to know how their funds are being utilized and how they are performing. Hence, through this background check, they can know about the company's reliability and credibility. This would help to ensure that the amount invested is done in the most prudent way.

Some of the other factors that have to be taken into consideration are how long the company's shares have been giving profits. If the profits have been consistent for some time, then your investment would also give positive returns in most probability. Secondly, the wise thing is not to go for tips or tricks or any shortcuts. Earning money is only easy when you are aware of all the aspects related to it. Half knowledge would prove dangerous in most probability. Another thing one can check on is the assets a company has.

Earning through the stock market is an art that requires knowledge, analysis, and smart application. So, even when one may know the basics, they should keep updating themselves by reading books, newspapers, or any other informative content that would take them ahead in their journey to earn more on their investments. In addition, the experience they acquire can be shared with the next generation or their family members too. The dynamism of the market may change with the developments in technology, but the basic determiners would remain the same.

"It's your life. and your life is like your baby... you need to first look at it. Love it... even if it throws tantrums... it's yours. you have to take care of it, nobody else will."

These are her lines. Who is a Mother and is an award-winning author of many Anthologies like, Kintsugi-An Art of living, 2022-Rise of the new hope, Lockdown dairies, Kuch bheege Alfaaz. who is born and brought up in the beautiful scenic state of India, Jammu and Kashmir (J&K). She has written Scripts for many TV shows, Radio Shows, and Anchored shows with the government of India. She is been Selected to be featured in The Star Magazine -"The Magnate's Mug".

Currently, she is writing her 7th Book out of which 4 are published Anthologies and 2 are ready to Publish Anthologies. And she has written 2 Solo Books.

## Minali Sehdev

Author Story

She holds a degree of Master of Computer Applications(MCA) from Visvesvaraya Technological University Belagavi. After four and half years of a successful IT career, she switched to what she loved. she has been awarded many times for her poetry and writings. Other than that, she loves photography and cooking. she has been invited as a chef on a Regional TV Channel.

It was her pain and her personal experience that made her write this book. With her pain, she realized that it's important to put light on such topics which are the major cause of Depression in today's married couples.

# Book Review

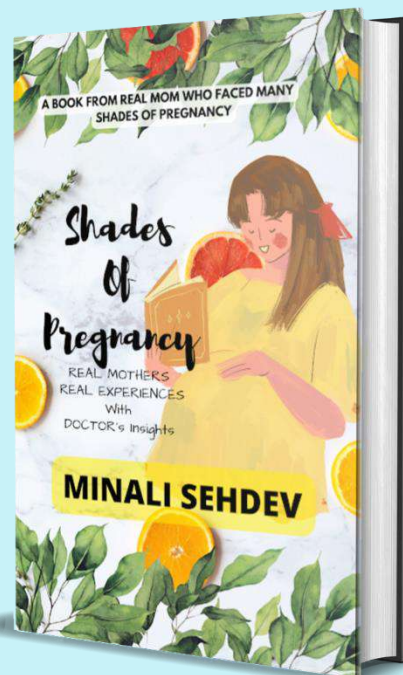
“Health is wealth – interestingly we all know this phrase but the question is that how many of us seriously believe this? Ironically, the truth is that with the passage of time and increase in the count of age, most of us automatically starts to believe in these golden words, that health is indeed the wealth!”

This remarkable book, “Shades of Pregnancy – Real Mothers Real Experiences with Doctor’s Insight” by Author Minali Sehdev has been written with an excellent objective! The book tends to inculcate awareness among the women folk with regards to the steps, which the women needs to follow during their pregnancy. The book places a special focus upon the health & hygiene of the women during their pregnancy and highlights the useful experiences of the real mothers, which truly makes it an incredible read.

The book, “Shades of Pregnancy – Real Mothers Real Experiences with Doctor’s Insight” by Author Minali Sehdev can certainly be regarded as a Medical Guide for Women & comes under the category of ‘Health & Lifestyle!’ This book focuses towards the various measures that women should take during their pregnancy. The book also highlights the experiences of the real mothers and tends to guide the new mothers during their pregnancy periods. Therefore, it would not be wrong to consider that the book is written primarily for the women folk of our society!

Well, this book is like a ‘Pregnancy Bible’ as described by the author. The book is meant to prepare the women for their pregnancy, delivery, and after delivery. In addition, the book also puts light upon those things, which are not much talked about and when women experiences them, they sometimes goes into depression! This book covers all the ‘Shades of Pregnancy’ with real mothers’ experiences as well as the Doctor’s insights.

The uniqueness of this book, Shades of Pregnancy – Real Mothers Real Experiences with Doctor’s Insight is that the Author has laid down some golden information, when it comes to dealing with the pregnancy in the case of the women. The book is all about keeping the inner as well as physical beauty alive during and after the pregnancy. In addition, the book is indeed ‘Reading Worthy’ piece of text as it carries some real valuable, when it comes of the subject of healthy lifestyle!



The aim of the book is to make the pregnancy a simpler process, specially for those women who are unexperienced and going to be new mothers. Moreover, the book highlights the pregnancy experiences of real mothers, along with the doctor’s insights so that the new to be mothers gets the best of the guide in their cases. Now this is something, which makes this book a MUST READ one. The readers can simply feel the hard work and the efforts made by Author Minali Sehdev in her book and undoubtedly, she is very honest with her writings, which clearly reflects in this book. Therefore, the readers must give her a chance and go for this incredibly helpful health & lifestyle title!

## Interview with Minali Sehdev

**Firstly, Congratulations on your book, “Shades of Pregnancy – Real Mothers Real Experiences with Doctor’s Insight” Well, can you please share your experience about making your work come into the form of book!**

*Thankyou so much! And to be honest, I used to write poems, songs and scripts for my TV and Radio Shows but writing a “book” like this was not in my mind till the lockdown happened. Definitely I wanted to help and create awareness but through the book? Never thought that. And also, I want to highlight that I was a new mother who was already struggling to create a balance between taking care of my baby and dealing with my households, and of course WFH. so taking some time out for writing book was definitely a challenge but this corona time changed a lot in me.*

**After reading your book; one gets the feeling that it’s a “True Guide” for the women who are newly pregnant, planning to be pregnant. So what inspired you to write this book?**

*It was the pain I went through every step during my pregnancy taught me something and all the experiences good/ bad forced me to write this book. Pregnancy is not the Start of your life and Miscarriage is not the end of the world”. So whatever comes your way face it like a Queen.*

**Your book is written in a great manner and it covers some great information as well. So, what was the impetus behind this work of yours?**

*Thank you so much for that. Well I would say, it was my Intension to help because of which I continued even after so many obstacles.*

**Apart from the Health & Lifestyle category, from which other genre would you like to contribute in the literary world.**

*Great question Neel, well my answer to this is, I am an artist first and nothing in the world can restrict an artist to show his/her Art. And same goes to an Author. I was a poetess, who used to write poems. Then I started writing scripts, small stories, Anthologies and then a complete Non Fiction book like this. Currently, I am writing a fiction drama on “Kolkata” so you never know, only the time can tell what is more going to come from my pen.*

**Studying the subject matter of this book, I’m greatly impressed & I want you to explain us, in your version that, how this book is relevant in the present day scenario!**

*Neel, we are in 2020, where we think that anything is possible we have solution to almost everything but still we are suffering when it comes to mental health, yes we have started talking about it but just talking about mental health is not the only solution which I believe. Rather we need to discuss everything that induce this deadly thing.*

**Is there any message that you would like to convey to your readers? Or any piece of advice, which you would like to give to the readers out there!**

*Books are very Powerful and at the same time they have the heart and soul of any writer. Any book doesn’t just born, it takes an honest, Powerful, Strong mind who cannot just talk but takes action to get something great and interesting only for you all. So give the writers that credit and a token of appreciation by buying and reading their books and if you ask advice then No! Everybody is intelligent enough to take any advice. But yes I can request you all to read “SHADES OF PREGNANCY” it will be the best ever gift to your friends and family.*

**Are there any other books being worked by you? Please let us know about your future projects.**

*Yes, I have Written poetry in many Anthologies which I have mentioned in this book and currently I am working on my poetry book. “Mai aur mere papa”. Very soon it’s going to be available for all my readers.*

**Thank you so much for answering all my questions. All the very best to you for future and your book too!**

*Thankyou so much for all your questions hope I was able to answer everything up to your expectations.*

# CAREER GROWTH ACCELERATION FOR MANUFACTURING ENGINEERS

- ARIVALAGAN SHANMUGAM

The two major questions to Engineers who all in the beginning of their career are:

1. Have you decided what do you want to become in life ?
2. Have you thought about how to accelerate your career?

These questions may not be relevant to them at this age as they may not have understood them well, but it is very important that they understand these questions and work on it very seriously.

Majority of the engineers think, once they have completed their graduation their education is completed but the reality is the real education starts only during their career, especially in the fast-changing technology era.

The way we do business today is completely changed due to Digital world and fast changing technology in every field completely demands for new set of competencies. It is important that they set their life Goal as well as career Goal, during beginning of their career and get to know what the kind of GAP is existing in order to plan their education to accelerate their career.

I have developed a Five aspects program to accelerate the career of these engineers

- Strong knowledge on fundamentals of Engineering- as Mastery is repeating the fundamentals
- Understand the Business functions in order to position themselves – as Business grows only if all the functions of business grow
- To become a Leader – as only Leaders can accelerate and transform the business
- Learn to set the Goals, Tools, Systems and Strategies for the business- as People may fail but system will not fail
- To become Self Mastery – as Awareness is the key to accelerate the career

I have a unique methodology called Version Mapping tool with this tool one can create a system and strategies to improve their skill sets which are essential.

Learning is the key to career acceleration.

I have 35 years of hands on experience in manufacturing- designed, manufactured and commissioned all types CNC machines and managed large cnc machine shop, supplied precision products all over the world when I was working as a Director for three German companies. I had joined this German company as Project in-charge in 1990 and became a Director in 1998, hence I know with my experience to accelerate the Career specifically to manufacturing Engineers.

If any Engineer in their beginning of their career follows these Five aspects and use Version Mapping Tool effectively then certainly one can accelerate their career for sure.

## ABOUT ARIVALAGAN SHANMUGAM



I have completed my BE degree at Govt. College of Technology at Coimbatore, Tamil Nadu in Production Engineering with very relevant curriculum focused on Machines, Designs, Mechanisms and on focused manufacturing syllabus. After successful completion I got a campus selection for Binny group Castings division at Chennai and I worked for a Machine Tool reconditioning division.

Within a year I got the job at WIDIA INDIA LTD (Now Kennametal at Bangalore) and there I learned the design, manufacturing, Assembly and commissioning and services of Special Purpose CNC Machines. My specialisation was Manufacturing Spindles within 0.002 mm for all the Gun drilling Machines. I have assembled more than 200 spindles in my career.

During that period, we have won IMPTEX-89 AWRD for developing WIDMA, Six Axes CNC Tool and Cutter Grinding machine which was first of its kind in INDIA.

In 1990 as per my aspiration I got Project Manager Job, to establish a German Company at Bangalore wherein I started that company from constructing the building, selection of machines, selection, and training of people to establish complete setup which I learned from Germany.

### With my planned success I grew-up in the Organisation as follows

1. Sep 1990 to Dec 1994  
PROJECT MANAGER
2. Jan 1995 to Jan 1998  
GENERAL MANAGER OPERATIONS
3. Feb 1998 to 2006  
DIRECTOR OPERATIONS

### I have successfully implemented the following systems

1. Learned and implemented Japanese Management systems like, 1. 5'S – Work place Organising System 2. Total Quality Management (TQM) 3. Total Productivity Maintenance (TPM)
2. I Trained all our employees in various training programs from Manager levels to fresh graduates' level.
3. Among all the above the best and most effective one was "ETERNAL LEADER" which was very effective and transformed all our employees completely and brought lot of energy into the organisation, brought discipline, enthusiasm, and ultimately formed most effective and enthusiastic TEAM.
4. I was always looking for improvement in the shop floor both in terms of quality as well as quantity. Hence, I used Overall Equipment Effectiveness (OEE) as measurement tool and that demanded me to get into Power, Torque and Parameter calculations.

5. My Journey in Transformation: • Bullet Proof Manager – World Famous Zig Ziglar Program for One Year • 7 Habits of Highly effective People – Stephen Covey – World Famous – For One week • How to Think and Lead a Happy Life – By Edward De Bono – French Thinker One day • Eternal Leader – Life Transformation Program by Kiran 5 days • E-Lab – By Sukabodanada Swamiji – The Management Guru – Three days • And many more in Management and Technical programs and every program was used to train the employees later.

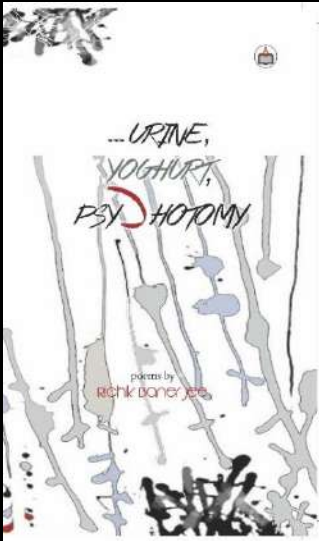
My Technical experience is unique, as I am well established in Design, Manufacturing, and commissioning CNC Machines along with support services. I am also strong in Tooling (WIDIA INDIA was Tool Manufacturing) and fix Turing for parts in large volume as well as for small batch quantities by using SMED method and statistical techniques. With Machine tool background and TPM knowledge I am well established in maintaining the machines and equipment as well as eliminating surprising breakdowns.

I am currently working as a Vice President for SUPRATEC, part of Saideepa Group, Hyderabad.

# Urine, Yoghurt, Psychotomy

## Book by Author Richik Banerjee

Book  
In  
Focus



**P**oetry – This book, *Urine, Yoghurt, Psychotomy* is having an amazing collection of poems, throwing light upon the various emotions that one faces. This poetry collection book is unique within its enriched vocabularies and presentation, travelling deep and dense into the emotions of readers leaving a long lasting impact. Well, the author describes his book as a fail attempt to excrete poetry in a solid form. The (dead) poet is guilty at (un) making certain poetic knots that lie at the heart of any lyric. The lyric escapes from the pages and writing becomes the only valid tool to make some sense of its economical escapism!

The title, “Urine, Yoghurt, Psychotomy” is way too unique and gives the impression of being a medial book at the very first glance. However, if one goes through the poems in this book then one will find that this title is certainly an appropriate one, with reference to the collection of poems added to this book by the Author.

The way, Author had expressed himself with his well versed poems in this poetry collection book, “Urine, Yoghurt, Psychotomy” is something really incredible and is undoubtedly an enough reason for you to shift your focus towards his poems and give this book a chance. It is the poets, who plays the pivotal role in touching the inner cords of our emotions and making us believe and think the way their words intend to and Author-Poet, Richik Banerjee had done this job in an exceptionally top notch manner!

Moreover, the Author had beautifully expressed his feelings through his soulful words and had given a Strong-Start to the poems; also, you can see that most of these poems had retained their flow until the very end, which gives you an immense amount of satisfaction as a poetry lover.

A Book like “Urine, Yoghurt, Psychotomy” is for sure a Must-Read one and deserves a chance. The way author had penned down his emotions and feelings through his writings will make you go deep into the poems and find out the hidden meanings of the words, used in these poems. Author Richik is a promising poet, who is very honest with his emotions, which makes his writings honest and reading worthy as well.

## The Author

**R**ichik Banerjee teaches in the Department of English at St. Paul’s Cathedral Mission College, University of Calcutta. He is pursuing Ph.D in the field of subaltern studies from Amity University Kolkata. His research articles on sahyta have been published both nationally and internationally. His debut poetry book, ‘Two Commas And That Voice’ was published in 2021 by Authorspress, New Delhi. His second book titled ‘...URINE, YOGHURT, PSYCHOTOMY’ was published in 2022 by the same publisher. He is a member of the Intercultural Poetry and Performance Library (IPPL), a non-profit organization that aims to generate academic interest towards poetry, nurture creativity and reading habits.

“

## AUTHOR INTERVIEW

”

**Congratulations on your book! What kind of responses are you getting from this book of yours?**

Thank you so much for your kind wishes. The book is fetching good responses from the academic forum. I must say that this project of intermingling poetry with literary theory (concealed) so as to obtain an anti-poetic stance is extremely tough at the very outset.

**Your book is a wonderful collection of “*Emotional Poems*” so what inspired you to write these poems?**

Any creative process runs on a very basic engine: emotion. But the problem arises when we try and crystallize our emotions into rational speech-acts. For me, emotion has always been the driving force in any creative output.

**You’ve given a very interesting & unique title to your book, which is very catchy too so, what made you go for this title for your book?**

This book is a part of the ‘hyper-excretional realism’ project where sahitya meets waste to inform a socio-cultural collective. The title falls under a part of my project-idea which, in all likelihood, shall hope to bring out the creative tension between sahitya and production (and de-production).

**What was your mind-set, while working on this book? What was the impetus behind this work of yours?**

My main focus was to demystify the *bhasha* of poetry and expose the rampant hypocrisy of the literary setup.

**Very few Authors are coming out with ‘*Poetry Collections*’ these days however you did so, which I believe is a bold step. So, why did you choose Poetry and not something else?**

I don’t write for the market. I don’t write about the market. I live to write. Poetry does not sell much. A novel does.

**Are there any other books being worked by you? Please let us know about your future projects.**

Yes. I am writing something in Bangla. There is a project in mind which I hope to deliver in my mother tongue. Also, the second part of the ‘hyper-excretional realism’ project is cooking up which I plan to start next year.



### Richik Banerjee

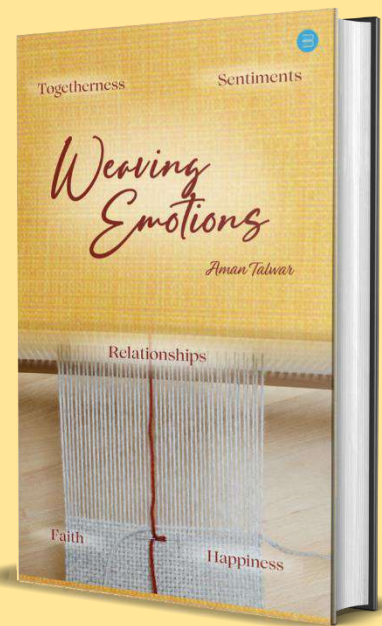
**Your writing seemed to be impeccable and you were bold with your poems in your book, which I really appreciate. Therefore, I want you to tell us about some of those writers, who had inspired you and whom you follow!**

I am inspired by all sorts of anti-establishment writers and their artistic compositions. There is no favourite of mine. I love experimental writers, underground writers but writers who can also mobilize their readers with their energies. For me, a writer should be able to expose the system and then connect with the victims of the system. I am a communist. So, I have enjoyed leftist writers all around. Currently, I am a fan of Subimal Mishra.



# Weaving Emotions

By Aman Talwar



This book, *Weaving Emotions* is having a lovely collection of poems, one after another, which are mostly based upon the various aspects of life like togetherness, sentiments, relationships, faith and happiness. The book highlights the human emotions in an incredible manner. ‘Weaving Emotions’ touches every chord of the heart. It dwells around the different facets of emotions one experiences and tries to interweave it with the varied aspects of life. It tries to reflect upon the significance of bonding among kinship.

The title, “Weaving Emotions” for this poetry collection book is certainly an appropriate one, with reference to the collection of poems added to this book by the Author. In addition, it is a very ‘Catchy Title’ and this is something, which makes the book even more interesting, as the title itself compels you as a poetry lover to pick up this book for a read. In this case, the title is giving a very positive and beautiful vibe so you would feel the urge to go inside the chapters and try to understand the Author’s expression of words!

## Readers’ Connect

The way, Author had expressed herself with her well versed poems in this poetry collection book, “*Weaving Emotions*” is something really incredible and is undoubtedly an enough reason for you to shift your focus towards her poems and give this book a chance. It is the poets, who plays the pivotal role in touching the inner cords of our emotions and making us believe and think the way their words intend to and Author-Poet, **Aman Talwar** had done this job in an exceptionally top notch manner!

## Verdict

“Weaving Emotions” is unquestionably a must-read that deserves to be given a read. All poetry reader will enjoy it for sure. The way the author expressed herself via her writings will compel you to delve further into the poetry and discover the hidden meanings of the words employed. Author Aman Talwar is a bright young poet who is open about her feelings, making her writings honest and worth reading.

The Author, Aman Talwar was previously a corporate professional, while now she is a budding poetess. Writing was always her passion and she decided to explore it in the form of her poetic skills. She believes that her skills have been inculcated from her mother. Her poems revolves around life and it's various aspects in the form of sentiments, emotions, basically a strong bonding towards relationships. She desires that this may be inculcated in one and all, striving for togetherness in this fast moving world.



“

## AUTHOR INTERVIEW

**Your book is a wonderful collection of “Emotional & Inspirational Poems” so what inspired you to write these poems?**

*My inspiration is well found in my mother. It's her outlook towards life that has given me a better understanding of the bigger picture when it comes to gauging the significance of bonding in today's fast paced world.*

**You've given a very interesting title to your book, which is very catchy too so, what made you go for this title for your book?**

*Since the theme of my poems revolves around sentiments & the way it's intertwined with the different aspects of life, is what gave way to the idea of presenting the book in front of the world by the name of 'Weaving Emotions.'*

**What was your mind-set, while working on this book? What was the impetus behind this work of yours?**

*Neel Preet:I feel in the present time, where everything has become so fast paced that the emotional connect between people is taking a backseat. Somewhere down the line, unknowingly we have started giving the materialistic aspects a lot of importance.*

**Very few Authors are coming out with 'Poetry Collections' these days however you did so, which I believe is a bold step. So, why did you choose Poetry and not something else?**

*Poetry let's us celebrate the expression of words carved in poetic masterpieces that captivate millions of hearts. So, there could not have been a better way to express my thoughts than use the poetic symbolism.*

**While reading your book, I found that your poems had some really strong emotions and stories inside them, which had greatly impressed me and thus I would like you to explain the overall theme of your book!**

*My book strongly lays an emphasis on the bonding among kinship. It strives to share a message that focusing on one's emotional journey is as important as working towards the path of material success. Maybe if we begin to look at the depth of things, we would realise the strength of emotional bonding is the greatest asset one can acquire.*

**Are there any other books being worked by you? Please let us know about your future projects.**

*Yes, I am currently working on one, but it's in a very early stage. So let a mysterious aura remain around it for the moment.*

**Thank you so much for answering all my questions. All the very best to you for future and your book too!**

*Thank you for your good wishes.*



# THE LITERATURE TIMES

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# Love Ka Overdose

Love Ka Lover Dose is a poetry collection penned down by Anil Manawat. The book is published by Evincepub Publishers and has 238 pages. The book revolves around several themes like love, romance, flirting, hurt, missing someone, valentine's day etc. The poetries in the collection are Hindi shayaris ranging from 2 lines to 6 lines.

The book is based on love from a guy's perspective with comic and romantic shayaris. The first theme is love, where you can easily feel the emotions expressed by the poet. The best part is that the poems are not at all heavy. They will either make you smile, or laugh. The poems about hurt are a bit intense and on the dark side, which again express the poet's emotions perfectly. The shayaris written for the theme of missing someone will actually make you miss your loved ones badly.

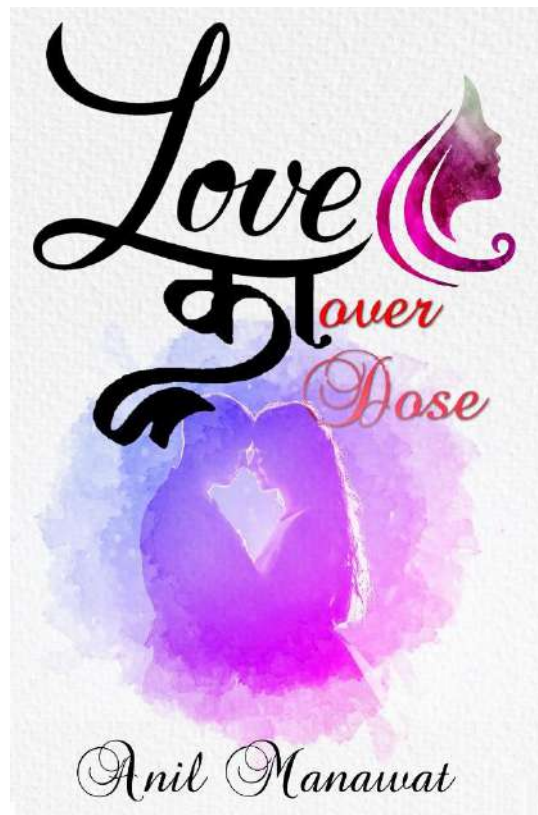
Now, the Valentine's Day shayaris are interesting, funny and romantic all at the same time. The reader would surely enjoy reading all of them.

The shayaris in the book also serve as great whatsapp or other social media status. We see many messages for festivals, special days etc. These shayaris, are the perfect couplets to share it with your loved one. The readers will enjoy the uniqueness of each shayari, along with various relatable themes.

## HOT PICKS

# BOOK REVIEW

As the shayaris are both in Hindi and English, the reader won't find them complicated at all. The shayaris are easy to read and understand for sure. If you are someone who loves reading light hearted shayaris with a pinch of comedy, you will the contents of the book.



Kudos to the author for bringing out such unique work at the time where people mostly focus on heavy, intense and dark poetry. This poetry book or, we can call it a shayari collection will act as a refresher in the everyday routine. You can share the shayaris with your beloved in any incident. Be it a fight, pampering, expressing your love, wishing on Valentine's Day or trying to make them laugh, the shayaris will be at your rescue.

Everyone loves reading cheesy lines on different occasions, and this collection has plenty of them. With more than 238 pages, the poetry book has lots and lots of shayaris to read. You can read it in your relaxation time with a good cup of tea or coffee, and smile and laugh. The readers will surely enjoy the simple, yet entertaining shayaris penned down by the poet.

**AUTHOR: ANIL MANAWAT**



## *Poems By Kathlyn Bennett*

This is Kathlyn Bennett from Thrissur, Kerala, India. She is the daughter of Bennett Jose and Sini Bennett of Chalissery house. Her ambition is to become a psychologist. She has got a good passion in writing English poetries and in many other art forms. From the beginning itself, she initiated writings and did her favorite forms of arts with a great respect, support, etc. from her parents, teachers, friends and all her loved ones; which she is always thankful of. She is a good listener, observer, perceiver, thinker in a wide way, etc.; giving her remarkable ideas, thoughts about and the world and her surroundings making her write more and contribute works to various publications since 2020 and attaining awards even before in her school and college.

*When It Was She*

The bright morning  
 Waited with dark clouds for me;  
 In the call for me  
 From ICU saying:  
 "Come quick, it's an emergency!"  
 Quickly went there.  
 Met my mother in ICU.  
 Later, waiting outside  
 Mourning's came from another side  
 Smelling a death  
 Of someone unknown to me.  
 My soul was sad for-  
 Mom and the unknown.  
 Later, came a body-  
 Covered with white sheet.  
 Someone near me moved  
 The white cloth  
 From the corpse's face;  
 Covering my face-  
 With paleness and tears;  
 Of heart break, and sorrow  
 In the mist of shock,  
 With shattered voice.  
 The vision stunned me;  
 Too deep for me  
 To see the face of-  
 My childhood friend  
 Under the white piece of cloth.  
 My heart broke out all together  
 For my mom and  
 Knowing the unknown corpse that;  
 'when it was she.'

**Comparison**

They always compared...  
 They compared in between-  
 Themselves and others!!  
 They compared who was-  
 The richest of rich and  
 Poorest among poor.  
 They compared the rich and poor!  
 They looked who was  
 The bravest and the fool!  
 But never knew-  
 They were the fooliest among all!  
 They compared-  
 "Who was the fairest?  
 Who was the darkest?"  
 But never knew-  
 Their hearts and souls  
 Were the darkest;  
 Darker than the moonless night sky!  
 They compared and judged all-  
 In name of caste, religion, and language  
 Because they forgot-  
 The religion of love,  
 The language of love!  
 But they never compared a matter-  
 Of the six feet of fate!

# मैं हूँ बेरोजगार



लेखक "राजीव मगन"

किताब: 'क्या भारत में बेरोजगारी की समस्या है या सीखने की'।

मैं हूँ बेरोजगार

मुझे चाहिए रोजगार

मुझे चाहिए रोजगार

सालों तक पढ़ाई की मैंने, सीखी हिंदी, सीखी अंग्रेजी

सीखा गणित और सीखी जोग्रफी

फिर भी नहीं मिल रही है, आज मुझे नौकरी

मात्र पढ़ाई करने से नहीं मिलती नौकरी, यह बात तो हो गयी है सिद्ध, गली गली में मैं घूमा हूँ जैसे आकाश में घूमता है गिद्ध

सीखा कंप्यूटर, सीखा विज्ञान, दिया मैंने अनेकों एग्जाम, सरकारी नौकरी कैसे मिले, आया नहीं मुझे यह ज्ञान

देख बाबा रामदेव को, हुआ मुझे यह भान, सिर्फ बड़ी डिग्री, कॉलेज, प्रतियोगिता नहीं, तजुर्बा लेने से भी मिलता है ज्ञान

बाबा ने भिक्षा मांगी, सब्र किया, सहा तिरस्कार, फिर भी नहीं छोड़ा उन्होंने स्वरोजगार का द्वार

बिरला, अंबानी, जेठमलानी को देखने से मिला मुझे यह ज्ञान, नौकरी करने से भली है, स्वरोजगार करने की शान

बंजर जमीन में सहयोग और मेहनत करने से मैं भी पा सकता हूँ काम, पेड़ों को कटने से बचाने के लिए, हिमालय की "गौरा देवी" करने चली थी न्योछावर अपने प्राण ।

संजीवनी बूटी से ही तो बची थी, श्री राम के भ्राता लक्ष्मण की भी जान

प्रकृती ही भारत की सबसे बड़ी पूंजी है, यही है उसकी पहचान

कनिष्ठतम है नौकरी, उच्चतम है किसान

अब नहीं रुकूंगा मैं, स्वरोजगार करने से नहीं चूकूंगा मैं, भेदभाव, अन्याय के आगे नहीं झुकूंगा मैं, ईमानदारी से रोटी कमाऊंगा मैं, गंगा जैसे निश्चल भाव से बढूंगा मैं, महाशय धर्मपाल जैसा बनूंगा मैं,

अब मुझे टोकना नहीं, स्वरोजगार के लिए त्याग से रोकना नहीं,

चाहे सीखनी पड़े मुझे नयी कौशल या भाषा, तपस्या कर सफल बन, हर हालत में तोड़ देनी है निराशा,

प्रयोग करना, तजुर्बे से सीखना, विद्वानों की संगत करना इनसे बनेगी मेरी चाल, तोड़ देना है मुझे अज्ञानता का जाल, बनाना है अपने को और इस धरा को बेमिसाल

जागरूक बन कर दिखाना है, भारत की पहचान,

इसी में है हिंद वासियों की शान, मुझे पता है एक दिन इसी से बनेगा, मेरा भारत महान, मेरा भारत महान ।

# THE SOUL OF ISLAM

HOT PICKS

## | BOOK REVIEW

“Religion is a complex subject; you need to be tolerant with the people of the other faiths in order to expect tolerance from them. People often gets offended when anybody says something about their religion, with which they do not agree. However, the irony is that they retaliate by offending the other rather than defending their point. One need to extremely careful while talking about these subjects!”

This book, “The Soul Of Islam” by Author Moin Qazi is written with an aim of promoting religious bonds and tolerance among the people of different faiths and cultures. However, the book has promoted the ideas of Islam more than the idea of having a harmony among the people of the various religions. Through this book, the Author had made an attempt to defend several.

This book, “The Soul Of Islam” by Author Moin Qazi is an Islamic Social title and comes under the category of “Religious Studies!”

The book is a compilation of the author’s articles on varied facets of Islam, which have been published earlier in various newspapers as well as in the journals. It gives an insight into the various faiths, and the manner in which they have influenced the lives of their adherents. Much of these concepts have been examined in the context of Islam and Muslim culture.

The author describes this book as is a sincere attempt to encourage not just the general public, but also the youths to directly understand the values and ideas that underpin all these faiths.

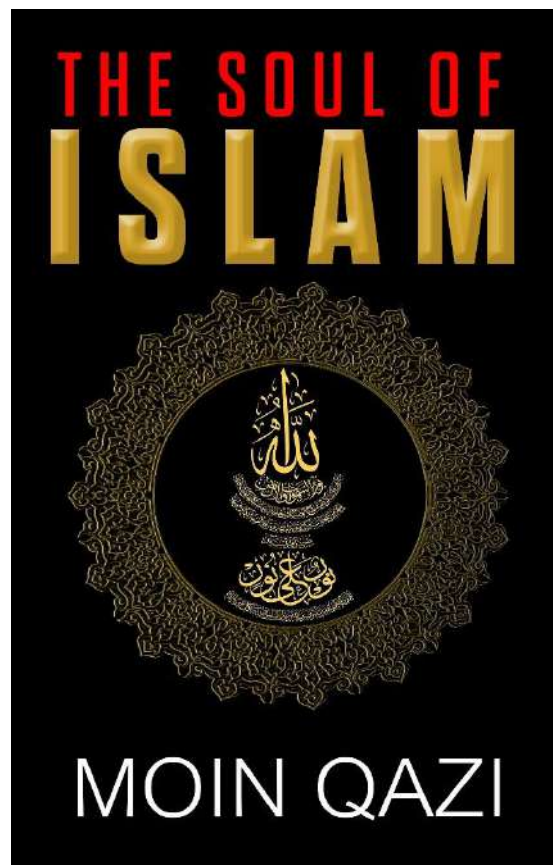
The description of this book makes it sound very genuine for the people of different faiths as well to pick up this book. However, the readers will find that the book is promoting only the ideas of Islam, which can be quite boring as well as useless for them.

The book is not talking about ‘Secularism’ in the manner it has been mentioned in the description. One good part is that the Author has attempted to defend the various practices of Islam, but this will appeal only to the Muslim readers.

### THE AUTHOR

An economist by training and a social worker by practice, Moin Qazi is an author, researcher, and development professional, who has spent four decades in the development sector.

He is a firm believer in learning from communities in their own environments. He began his early career as a development journalist. While still in college, he began writing on the issues relating to the plight of child labourers and leading efforts against it. His work ultimately received the attention of Indian Courts, leading to a series of reforms for child labourers. The author has worked for over three decades at the State Bank of India and has been associated with the Bill and Melinda Gates Foundation, NITI Aayog and Tata Institute of Social Sciences.





A portrait of a young woman with long, dark, wavy hair, smiling slightly. She is wearing a black jacket over a purple top. The background is a light-colored curtain with a floral pattern. A large, semi-transparent grey circle is overlaid on the right side of the image.

## MANSI DHYANI

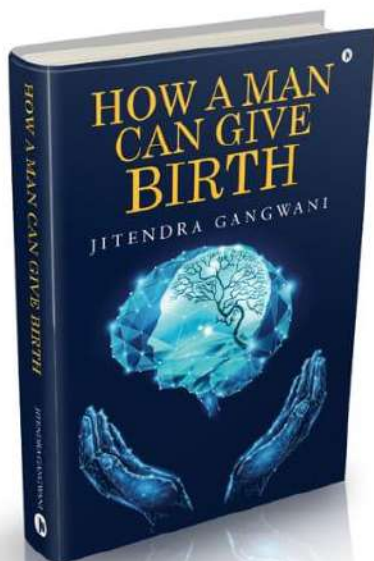
Mansi Dhyani is a passionate writer with an extraordinary thought process. She has always proven to be an amazing writer be it any topic or genre. She has always excelled in whatever she does be it sports, cultural or academics. Starting from an excellent academic record and being a bookworm to solving Rubik's cubes, enjoying adventure sports and athletics, singing and playing the guitar and much more, she has a vast skill set with unique talents and enough experience in almost all fields which blend perfectly to help her fit any social setting. Extroverted in nature, and great communication skills and diverse interests make it easy for her to communicate and get to know people easily. She is an ambitious girl who loves challenges, has great leadership skills and huge dreams and is willing to take risks to achieve them. Still a schoolgirl, she has written many creations. She has been published in multiple anthologies and magazines for her writings on mental health and other related issues common to teenagers in the present times. She writes for herself and chooses topics that call out to a majority on common issues and not just to impress the world and that is what makes her writings special.

## Sleepless Nights

### Little-Big Dreams

You pull me out,  
 And kill me straight.  
 Put me in a tank  
 Or serve me in a plate.  
 Have you ever thought  
 What I want to be?  
 I don't want looks of love and awe,  
 I just want to be free.  
 A tiny fish am I,  
 And you, the mighty man.  
 You pull me out of my home,  
 where I belong, my clan.  
 If only once, I could go back,  
 Swim in open waters, be free,  
 Swim in huge oceans  
 Or lakes or ponds or a sea.  
 People dream big,  
 Mine's relatively small.  
 I just want to live  
 And not be restricted by glass walls, that's all.  
 Every day I hope against hope  
 That some good man will feel,  
 What I dream, asleep or awake,  
 To my fantasy, he will kneel.  
 I am, after all, just a fish  
 To be set free, my only wish.  
 For even in the most caring home,  
 With the other fish, I'm still alone.  
 For all I know,  
 My dream may never come true.  
 So, I step down on my worthless fantasies  
 And dream of a home that knows my value.  
 ~Mansi Dhyanani

Those nights were so beautiful  
 Nights, where only dreams would rule,  
 Sleep wasn't so cruel after all,  
 At some point at night, it would call.  
 Sleepless those nights have turned now,  
 Dreams are what they don't allow,  
 In defeat, we do bow,  
 Just wanting to fall asleep somehow.  
 No cry, no tear,  
 But a heavy heart and a lot of fear,  
 Overthinking became so dear,  
 That sleep turned mere.  
 Such nights feel so long,  
 Every minute like an hour.  
 Thoughts just keep flowing along  
 Body feels like it has no power.  
 With a mind as fresh as a daisy,  
 A body exhausted and lazy,  
 Everything visible starts to become hazy,  
 And life suddenly feels crazy.  
 Everything you've ever feared  
 Comes rushing into your brain,  
 Any efforts to push that away  
 Go in vain.  
 Fear, into you,  
 Then slowly begins to creep,  
 Taking you one step further,  
 Further away from sleep.



We all go through profound experiences. All of us have a story to share. So does the author in this book which begins with two snacks that gave him the burning desire to give birth to several qualities and traits. Part autobiography and part hands on guidebook, it is a collection of inspiring journeys in different phases of the author's life. They have been peered down for you to learn the most important lessons. Live life in a way that brings out the best version of you, and lead interesting, passionate, meaningful lives.

*A Man Also Gives Birth* is the story of a lower middle class boy without a degree, who starts his own venture. He is driven by the burning desire to prove himself. His story says one thing loud and clear; you need to believe in yourself. You don't need a degree, a rich dad or high class society to dream big and make it happen. It's all in your mind, your heart, your hands and your beliefs.

Jitendra Gangwani is the founder of *Just Personal Spoken English* training centre (where attitudes are trained) and *Just Personal Skills Development* training centre (where new ideas are born). He's a trainer, orator, teacher, communicator, speaker and successful entrepreneur. He inspires, informs and enables people to track the intensions and win their dream jobs with results, influence, communication and conviction. He has 16 years of experience in training people to speak English confidently, fluently and flawlessly so that they can make an impact and a difference in the lives of others and their careers.

He has been featured in Maharashtra's newspapers, Nagpur's colleges and more. He wishes to help people make an impact through communicating in English.

He is involved in a plethora of activities with consistent obsession. People often ask him why he chooses to do all these things. It's because he is obsessed with and focused on doing one thing consistently until he has command over the skill, then he focuses on another thing until he becomes an expert in that skill, and so on. It helps him improve his life as well as that of others whom he comes across in his life's journey.

He trains, inspires and motivates people to understand the English language through 15 elements. (Personality Development, Group Discussion, Personal Interview, Extempore, Expression, Body Language, Communication skills, presentation, public speaking and more.....)

In the beginning, he opted to help people speak English through an applied method as we do in our native language, making them attend conversation sessions and complete exercise work books. An applied method is the composite of listening, observing, communication, conversation, expression, connection, emotions, extempore.

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HOW A MAN CAN GIVE BIRTH

JITENDRA GANGWANI



# HOW A MAN CAN GIVE BIRTH

JITENDRA GANGWANI



## BOOK REVIEW

**Jitendra Gangwani** breaks all odds by giving birth to his ideas and establishing commendable values for youth to conquer their insecurities.

Coming from a lower-middle-class family background already sums up everything to money. Imagine living in a family where you have to push yourself twice your limits to meet your needs at the end of the day. Gangwani's life was no exception. Though, being the youngest in his family he got guidance from his fathers and two brothers. Being an Indian, a mentality strives through our brains that knowing fluent English will solve half of our problems. After tolerating more than 200 years of British colonial rule, we still aren't ready to accept that English is just a language, not a parameter for judging your intelligence.

'The difference between a loser and winner is that the loser gives up after the 3rd or 4th try, but the winner never gives up until he becomes successful.' - That is some sort of inspirational quote you will read throughout the book. Do you know what separates us from humans to humans? That's our attitude towards opportunities. Gangwani teaches these lessons through the story of Ram and Shyam- both participated in a marathon race. But, they had different perspectives. I am sure that reading that story by yourself would be more compelling.

'I am certain that any man on this planet can give birth. All men have been giving birth except for fools. If a man conceives his idea or thought, it comes through his beliefs so he gives birth'. Gangwani gave birth to many. Including dedication, desire, determination, decision, ego, and aggressiveness. And, all these things conspired against him to become what he is today. He says that we become what we think for a long time. Initially, Gangwani's dreams were too middle class, but as the time passed, he opened his arms to grab all the opportunities that came his way.

The book seems like a personal story. So, how can it affect your life? And, most importantly, your family background could also be different from the author's! In this situation, how would you relate to it? Well, the book offers you the freedom to transform it to your way. You can think of the story according to your situation because dedication, desire, and determination will still be needed to accomplish your goals. If we talk about the narration- it feels so smooth that you can imagine yourself in the protagonist's shoes. The story takes place in a situation where more than 50% of the Indian population lives- the struggle of middle-class people. What would be more gripping and inspiring?

**Welcome, Jitendra. What has your experience been while writing this book?**

My experience has been extremely amazing, superb while writing this book even still feel that I am on cloud nine.

**The book is quite different from other books. Did you find yourself getting emotional at certain points while writing the book?**

Yeah, every once in a while I became emotional and excited.

**How did you come up with the idea of penning a book at this topic?**

Coz I got humiliated and embarrassed Plethora of times but didn't give up. I banked on myself.

I have found plenty of people who are like what I used to be (timid, shy, overwhelmed, reserved) but no longer now.

**Who is your favourite character from the book and why?**

By the way, all characters are important and unique. They have let me give the birth to Lots of ideas. Though it's based on reality so I found my characters important.

Jitendra Gangwani who is the teacher, public speaker, trainer, an author, going to be a doctor and a certified counsellor. He is the founder of Jeet pinnacle spoken English training centre (where an attitude is trained) He started his journey from Jaipur without money where he used to take classes at his home. His journey started from school where he was teaching his friend an English subject wrongly. His teacher came stealthily and saw him, teaching wrongly. She deposited the smack on his face, his spectacles fell down. Everyone in his class started grinning at him.

**Who has been your inspiration in becoming a writer?**

There are lots of people who have inspired me to write a book they are, Ron, Dev, My wife, My sisters and daughter

**How do you go about the writing process with a full-time day job?**

Being an owner of training center whole day I have lots of tasks to do so I do write by 4 30 am.

**What kind of books do you enjoy reading in your leisure time?**

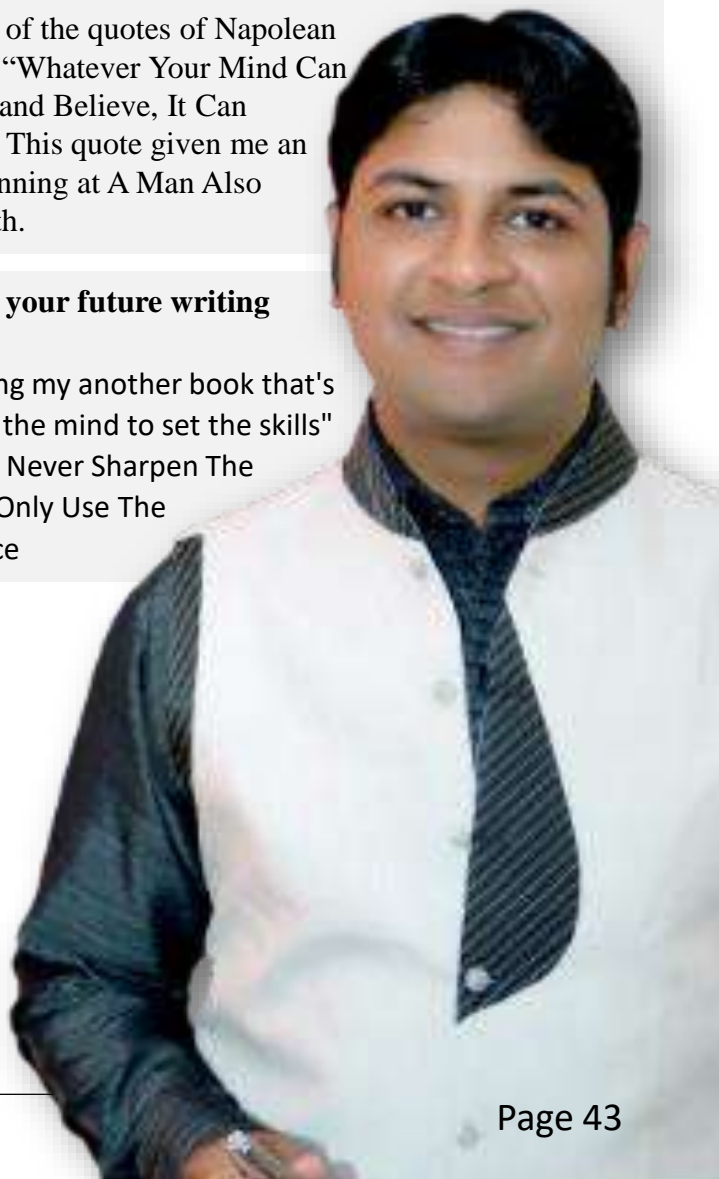
I like to read those books that develop my brain and give me the clarity towards myself and others as well. Books that enable e to tap into my potential I love reading.

**The title of book is particularly interesting. How did you come up with this unique title?**

I read one of the quotes of Napoleon Hill that's "Whatever Your Mind Can Conceive and Believe, It Can Achieve." This quote given me an idea of penning at A Man Also Gives Birth.

**What are your future writing projects?**

I am writing my another book that's Title - "set the mind to set the skills" Sub Title - Never Sharpen The Memory, Only Use The Intelligence





# Best Career Options for Book Lovers

- Antara Shivhare

*"Keep the book down. It's exam time!"*

*"Get out of your dreamy story and focus on the lessons!"*

Every book lover has heard these statements, especially during school time. Haven't we? The popular misconception about books being a distraction creates trouble in paradise for all readers. But little do people know that book lovers have fantastic career choices, which they will love and enjoy throughout!

To fall in love with words has its own benefits. Book lovers have a broad sense of creativity, commitment, and research skills, along with great imagination. So, here are five amazing career choices for people who cannot stay away from books!

## **Book Designer**

They say we should never judge a book by its cover. But a book cover adds magic to the book, doesn't it? Also, bringing a book's work to an imaginative pictorial concept is a highly creative work that needs a good understanding of words and hidden meanings. Hence, if you are a book lover and good at designing, this might be the right job for you!

Work with authors, publications, or as a freelancer, design book covers, and make the book love at first sight!

## **Editor and Proof reader**

Nothing angers a reader more than a poorly edited book or grammatical mistakes that ruin their reading experiences. Every book lover has a habit of catching errors better than others, as they are accustomed to doing so, right? So why not turn your habit into your profession?

Editors and Proof readers are heavily needed in every industry. This work is not limited just to books. You can work at media houses, marketing firms, etc., to showcase your eagle-eye powers!

## **Reviewer and BookTuber**

Free books and getting paid to read them is the dream, isn't it? Book Reviewers or BookTubers play a significant part in any book's successful marketing and constructive feedback. The reviewer's work is to provide deep insights about the book, the good and the bad. As a reviewer, you can tie up with authors, publication houses, and marketing companies and get regular review copies while getting paid for telling the world how you feel about it!

## **Publisher**

To book lovers, it's not just a complete paperback or digital copy that they fall in love with. They fall in love with the writers' thoughts, the cover, the words, and everything related to the books. What will be a better job for a book lover than creating books and making other writers' dreams come true? Book publishers help writers publish their books from scratch.

## **Professor**

Tell me, a professor who does not like books? Being a professor is not an easy task, but at the same time, books are your best buddies. Books are always there for teaching or studying for your courses. As a professor, you will share your knowledge with many, inspiring them and providing them with the knowledge they need. So, if you are someone who loves being with books and sharing their learnings, go ahead!

Keep reading, keep sharing!

# Special Thanks To



*Neel Preet*  
Editor-in-Chief



*Swati Sucharita*  
Creative Head



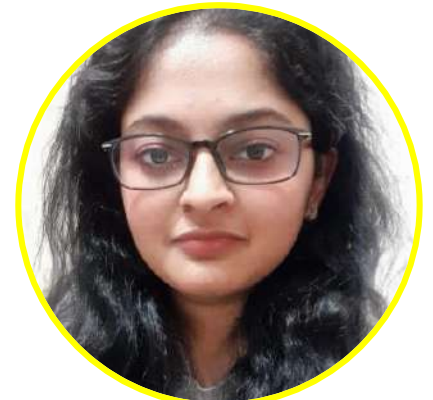
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# The Literature Times

Vol 1 Issue 3

It would not have been easy to make sure all of it works well without the efforts of our team of dedicated members. They worked hard for the magazine from cover to cover, quite literally, but now that it is all done, all the hard work seems to be worth it. We hope to get better and better with every edition as we would create a fusion of new ideas and experiments to keep our readers excited and on their toes. Innovation is the key, and our focus is only on bringing new ideas to build on the foundation we lay through this magazine.

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ISBN 978-93-91219-52-9



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