

Win a \$50 Gift Card for Your First Health Exam



SAN FRANCISCO
HEALTH PLAN™



Here for you



Call your primary care provider (PCP)* to schedule your first health exam within 120 days (4 months) of joining SFHP.

You can find your PCP's phone number on your SFHP ID card.

After your first health exam, you will be entered into a raffle for a \$50 gift card.**

You should visit your PCP even if you are healthy. An early check-up is important for kids, pregnant people, and people with long-term health problems, like asthma or diabetes.



During your health exam:

- Your vital signs will be checked (like your weight and blood pressure).
- Your PCP will ask about you and your family's health.
- You can ask any questions or concerns about your physical or mental health.
- Your PCP can connect you to a health class or help with food, housing, transportation, and other support.

Getting your first health exam can help you stay healthy now and prevent any future health problems.



Call your PCP and make an appointment today! You can find your PCP's phone number on your SFHP ID card.

If you need help scheduling your first health exam, you can call SFHP Customer Service at **1(415) 547-7800** or **1(800) 288-5555** (toll-free). TTY for people who are deaf, hard of hearing, or have speech disabilities is available at **1(415) 547-7830, 1(888) 883-7347** (toll-free), or **711**.



Learn about other SFHP gift card programs at sfhp.org/rewards.

*Your primary care provider (PCP) is your main doctor, physician assistant, or nurse practitioner.

**If you win the raffle, you will automatically be sent a \$50 gift card in the mail. Raffle winners will get the gift card 5 months after they first become an SFHP member. You will not be notified if you do not win. Your first health exam must be within 120 days (4 months) of joining SFHP to get the gift card. You do not have to fill out any forms to get the gift card. Gift cards cannot be used to buy alcohol, tobacco, or firearms.