



Preston High School

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CONCUSSION MANAGEMENT SCHOOL POLICY

Concussion is a mild traumatic brain injury. Concussion occurs when normal brain functioning is disrupted by a blow or jolt to the head. Recovery from concussion will vary. Avoiding re-injury and over-exertion until fully recovered are the cornerstones of proper concussion management.

Preston High School recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and recreational activities and can have serious consequences if not managed carefully. Therefore, the school adopts the following policy to support the proper evaluation and management of head injuries.

While all staff will exercise reasonable care to protect students, head injuries may still occur. Any student exhibiting signs, symptoms or behaviors while participating in a school sponsored class, extracurricular activity, or interscholastic athletic activity shall be removed from the game or activity. The nurse and/or coach will notify the student's parents or guardian and the parents or guardian must send them to be evaluated as soon as possible by an appropriate health care professional.

If a student sustains a concussion at a time other than when engaged in a school-sponsored activity, the school expects the parent/legal guardian to report the condition to the coach and school nurse so that the school can support the appropriate management of the condition.

The student shall not return to school or activity until authorized to do so by an appropriate health care professional who will make the final decision on return to activity, including Physical Education class and after-school sports. Any student who continues to have signs or symptoms upon return to activity must be removed from play and re-evaluated by their health care provider.

I, _____, the parent/legal guardian
(signature)

of _____, have read and understand the above school policy.
(student name)

Date: _____

Preston High School is a 501(c)3 organization, separate from The Preston Center of Compassion.

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