

## School Counseling Plan

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

**HELENA PEREZ Title: GUIDANCE COUNSELOR Phone: 7188608240 Email: HPerez4@schools.nyc.gov**

School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at <https://www.schoolcounselor.org/>

The Metropolitan Soundview Team strives to provide students with the academic and socio-emotional tools needed to reach their highest potential in school, within their community and in their personal life.

Does your school offer a comprehensive School Counseling Activity? YES

---

### Program Name: Alumni Day Panels

**Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**

**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**

**Grade Level(s): 9, 10, 11, 12**

**Academy: College & Career (CCR)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: January, December**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators**

**Activity Goal/Measurable Outcomes: Alumni share first hand experiences with current students for 99% exposure to different topics surrounding high school and post high school.**

### Program Name: Attend Career fairs

**Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions**

**Self-Management:**

**Social Skills: SS1. Use effective oral and written communication skills and listening skills**

**Grade Level(s): 9, 10, 11, 12**

**Academy: College & Career (CCR)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: February, March, April, May, October, November, December**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Other**

**Activity Goal/Measurable Outcomes: To increase 99% interest and exposure on college readiness and career preparation.**

### Program Name: Bully Prevention

**Learning Strategies:**

**Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem**

**Social Skills: SS8. Demonstrate advocacy skills and ability to assert self**

**Grade Level(s): 9, 10, 11, 12**

**Academy: Social/Emotional (SE)**

**Tier: All**

---

**Delivery Process:** Direct

**Time Line:** January, February, March, April, May, June, September, October, November, December

**Who's involved? (Staff and Resources):** Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, Administrators, Deans

**Activity Goal/Measurable Outcomes:** To be able to decrease behavioral incidents by 3% and have a 99% positive impact on school climate.

#### **Program Name: Career Day**

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:**

**Social Skills:** SS1. Use effective oral and written communication skills and listening skills

**Grade Level(s):** 9, 10, 11, 12

**Academy:** College & Career (CCR)

**Tier:** All

**Delivery Process:** Direct

**Time Line:** January, December

**Who's involved? (Staff and Resources):** Counselors, Teachers, Other

**Activity Goal/Measurable Outcomes:** 99% Students exploration of career/vocational and college readiness options.

#### **Program Name: Career Exploration workshops**

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions

**Self-Management:**

**Social Skills:** SS1. Use effective oral and written communication skills and listening skills

**Grade Level(s):** 9

**Academy:** College & Career (CCR)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** March

**Who's involved? (Staff and Resources):** Teachers

**Activity Goal/Measurable Outcomes:** Promote guidance and career option awareness for 9th graders.

#### **Program Name: College day**

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:** SM2. Demonstrate self-discipline and self-control

**Social Skills:** SS1. Use effective oral and written communication skills and listening skills

**Grade Level(s):** 11, 12

**Academy:** College & Career (CCR)

**Tier:** Some

**Delivery Process:** Indirect

**Time Line:** April, May, October, November

**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators, Other

**Activity Goal/Measurable Outcomes:** To increase 99% college readiness and exposure.

#### **Program Name: College financial aid night**

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions

**Self-Management:**

**Social Skills:**

**Grade Level(s):** 11, 12

**Academy:** College & Career (CCR)

**Tier:** Some

**Delivery Process:** Indirect

**Time Line:** December

**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators, Other

**Activity Goal/Measurable Outcomes:** To increase parent and student awareness of financial college obligations. To then be able to finance it with 99% accuracy.

---

**Program Name: End of School year Field Day**

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions  
**Self-Management:** SM2. Demonstrate self-discipline and self-control  
**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them  
**Grade Level(s):** 9, 10, 11, 12  
**Academy:** Social/Emotional (SE)  
**Tier:** All  
**Delivery Process:** Direct  
**Time Line:** June  
**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators, Deans, Other  
**Activity Goal/Measurable Outcomes:** 99% school staff and students will be able to interact and establish positive school climate.

**Program Name: Family/Bingo Night**

**Learning Strategies:**  
**Self-Management:**  
**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them  
**Grade Level(s):** 9, 10, 11, 12  
**Academy:** Social/Emotional (SE)  
**Tier:** All  
**Delivery Process:** Indirect  
**Time Line:** December  
**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators, Deans, Other  
**Activity Goal/Measurable Outcomes:** To increase family involvement to 90% participation and engagement with school.

**Program Name: Grade level and school wide monthly town hall for students**

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions  
**Self-Management:**  
**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them  
**Grade Level(s):** 9, 10, 11, 12  
**Academy:** Academic (A)  
**Tier:** All  
**Delivery Process:** Direct  
**Time Line:** January, February, March, April, May, June, September, October, November, December  
**Who's involved? (Staff and Resources):** Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, Administrators, Deans, Other  
**Activity Goal/Measurable Outcomes:** Increase 99% student/staff and teacher morale, trust and bond among school community. This creates a positive learning environment for all students. It also keeps them informed of any new school policies and instruction expectations as well as available extracurricular interactions.

**Program Name: Grade level meetings**

**Learning Strategies:**  
**Self-Management:**  
**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them  
**Grade Level(s):** 9, 10, 11, 12  
**Academy:** Academic (A)  
**Tier:** All  
**Delivery Process:** Indirect  
**Time Line:** January, February, March, April, May, June, September, October, November, December  
**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators, Deans  
**Activity Goal/Measurable Outcomes:** Increase 99% promotion rate and address student's individual needs as well as increasing team work among teachers.

**Program Name: IEP Meetings for students with disabilities and at risk students**

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:**

**Social Skills:** SS8. Demonstrate advocacy skills and ability to assert self

**Grade Level(s):** 9, 10, 11, 12

**Academy:** Academic (A)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** January, February, March, April, May, June, July, August, September, October, November, December

**Who's involved? (Staff and Resources):** Counselors, Social Workers, Teachers, School Psychologist, Administrators, Deans, Other

**Activity Goal/Measurable Outcomes:** Increase student academic and support services with 99% accuracy. In order to address student's needs and outcome achievements.

#### **Program Name: Incoming 9th grade bridge day**

**Learning Strategies:** LS3. Use time-management & organizational & study skills

**Self-Management:** SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s):** 9

**Academy:** Social/Emotional (SE)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** August

**Who's involved? (Staff and Resources):** Counselors, Teachers, Parent Coordinators, Administrators

**Activity Goal/Measurable Outcomes:** Prepare incoming 9th graders for high school transition and get acquainted with staff, teachers and administration.

#### **Program Name: Individual graduation status meetings with Seniors**

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions

**Self-Management:**

**Social Skills:** SS1. Use effective oral and written communication skills and listening skills

**Grade Level(s):** 12

**Academy:** Academic (A)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** February, May, September

**Who's involved? (Staff and Resources):** Counselors, Teachers, Administrators

**Activity Goal/Measurable Outcomes:** Increase and maintain graduation above a 85% or even closer to the 99 %rate for the current school year.

#### **Program Name: Mandated Counseling Services**

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:** SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

**Social Skills:** SS8. Demonstrate advocacy skills and ability to assert self

**Grade Level(s):** 9, 10, 11, 12

**Academy:** Social/Emotional (SE)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** January, February, March, April, May, June, September, October, November, December

**Who's involved? (Staff and Resources):** Counselors, Social Workers, Teachers

**Activity Goal/Measurable Outcomes:** Provide 99% of students with strategies to meet their individual social emotional goals. Therefore being able to be a good standing student.

#### **Program Name: Meet and Greet transition Day for incoming Freshmen**

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:** SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and

responsibilities

**Social Skills: SS2.** Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s): 9**

**Academy: Social/Emotional (SE)**

**Tier: Some**

**Delivery Process: Direct**

**Time Line: September**

**Who's involved? (Staff and Resources): Counselors, Teachers, Other**

**Activity Goal/Measurable Outcomes: To maintain 95% school climate and positive transitioning for incoming students.**

#### **Program Name: MSHS Advisory**

**Learning Strategies: LS4&7.** Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management: SM10.** Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

**Social Skills: SS2.** Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s): 9, 10, 11, 12**

**Academy: Social/Emotional (SE)**

**Tier: Some**

**Delivery Process: Direct**

**Time Line: October, November, December, January, February, March, April, May, September**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Deans, Other**

**Activity Goal/Measurable Outcomes: From October through January Guidance will support the emotional growth of students and hold weekly group sessions for students in grades 9-12. The goal of such support is academic impact in the form of achieving passing grades and examination scores to help support passing class and examination grades and progress to graduation.**

#### **Program Name: New school year team building day**

**Learning Strategies:**

**Self-Management:**

**Social Skills: SS2.** Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s): 9, 10, 11, 12**

**Academy: Social/Emotional (SE)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: September**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Deans, Other**

**Activity Goal/Measurable Outcomes: To increase 99% student/staff/teacher trust and rapport for a positive school climate.**

#### **Program Name: Open School night Fall and Spring**

**Learning Strategies:**

**Self-Management:**

**Social Skills: SS2.** Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s): 9, 10, 11, 12**

**Academy: Academic (A)**

**Tier: All**

**Delivery Process: Indirect**

**Time Line: May, September**

**Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, Administrators, Deans, Other**

**Activity Goal/Measurable Outcomes: To increase parent/student/teacher involvement with a 99% positive school environment.**

#### **Program Name: P/SAT Prep**

**Learning Strategies: LS3.** Use time-management & organizational & study skills

**Self-Management:**

---

**Social Skills: SS1. Use effective oral and written communication skills and listening skills**  
**Grade Level(s): 10, 11**  
**Academy: Academic (A)**  
**Tier: Some**  
**Delivery Process: Direct**  
**Time Line: February**  
**Who's involved? (Staff and Resources): Counselors, Teachers, Other**  
**Activity Goal/Measurable Outcomes: Increase 99% student college readiness and preparation for it.**

**Program Name: Peer Group Connections (PGC)**

**Learning Strategies: LS3. Use time-management & organizational & study skills**  
**Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem**  
**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**  
**Grade Level(s): 11, 12**  
**Academy: Social/Emotional (SE)**  
**Tier: Some**  
**Delivery Process: Direct**  
**Time Line: January, February, March, April, May, June, August, September, October, November, December**  
**Who's involved? (Staff and Resources): Counselors, Teachers, Administrators**  
**Activity Goal/Measurable Outcomes: Create and promote leadership skills among peers.**

**Program Name: Planning interviews/Post discharge planning**

**Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**  
**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**  
**Social Skills:**  
**Grade Level(s): 9, 10, 11**  
**Academy: Academic (A)**  
**Tier: Few**  
**Delivery Process: Direct**  
**Time Line: December, January, February, March, April, May, June, July, September, October, November**  
**Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators, Deans**  
**Activity Goal/Measurable Outcomes: Referrals and exploration of other academic/vocational options. To decrease the amount of at risk students dropping out to less than 1%.**

**Program Name: Promotion in Doubt Conferences via google meets or in person**

**Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions**  
**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**  
**Social Skills: SS1. Use effective oral and written communication skills and listening skills**  
**Grade Level(s): 9, 10, 11, 12**  
**Academy: Academic (A)**  
**Tier: All**  
**Delivery Process: Direct**  
**Time Line: February, May**  
**Who's involved? (Staff and Resources): Counselors, Administrators**  
**Activity Goal/Measurable Outcomes: To be able to increase to 90% promotion rates.**

**Program Name: Resolve and Mediate peer conflicts**

**Learning Strategies:**  
**Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem**  
**Social Skills: SS1. Use effective oral and written communication skills and listening skills**  
**Grade Level(s): 9, 10, 11, 12**  
**Academy: Social/Emotional (SE)**  
**Tier: Few**  
**Delivery Process: Direct**  
**Time Line: January, February, March, April, May, June, July, August, September, October, November, December**  
**Who's involved? (Staff and Resources): Counselors, Teachers, Administrators, Deans**

---

**Activity Goal/Measurable Outcomes:** Decrease 95% student negative behavior and interruptions in the learning environment.

**Program Name:** Restorative circles

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:** SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

**Social Skills:** SS4. Demonstrate empathy

**Grade Level(s):** 9, 10, 11, 12

**Academy:** Social/Emotional (SE)

**Tier:** All

**Delivery Process:** Direct

**Time Line:** November, December, January, February, March, April, May, June, September, October

**Who's involved? (Staff and Resources):** Counselors, Teachers, Deans

**Activity Goal/Measurable Outcomes:** Create 99% safe and warm school environment for all students to learn equally and to address social emotional learning.

**Program Name:** Review Graduation Requirements

**Learning Strategies:** LS1. Demonstrate critical-thinking skills to make informed decisions

**Self-Management:** SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

**Social Skills:** SS1. Use effective oral and written communication skills and listening skills

**Grade Level(s):** 9, 10, 11, 12

**Academy:** Academic (A)

**Tier:** All

**Delivery Process:** Direct

**Time Line:** February, September

**Who's involved? (Staff and Resources):** Counselors, Teachers, Other

**Activity Goal/Measurable Outcomes:** We can increase to 99% graduation rate.

**Program Name:** Social Emotional Remote Guidance

**Learning Strategies:** LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

**Self-Management:** SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

**Social Skills:** SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

**Grade Level(s):** 9, 12

**Academy:** Social/Emotional (SE)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** January, February, March, April, May, September, October, November, December

**Who's involved? (Staff and Resources):** Counselors, Teachers, Deans

**Activity Goal/Measurable Outcomes:** 95% of School climate will improve. Therefore having less incidents and school suspensions.

**Program Name:** Stress Management Workshop

**Learning Strategies:** LS3. Use time-management & organizational & study skills

**Self-Management:** SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

**Social Skills:** SS8. Demonstrate advocacy skills and ability to assert self

**Grade Level(s):** 11, 12

**Academy:** Social/Emotional (SE)

**Tier:** Some

**Delivery Process:** Direct

**Time Line:** January

**Who's involved? (Staff and Resources):** Counselors, Teachers

**Activity Goal/Measurable Outcomes:** To be able to increase student well emotional being by 90% increase in passing grades as well as 90 % attendance.

**Program Name:** Thanksgiving community dinner

---

**Learning Strategies:**

**Self-Management: SM2. Demonstrate self-discipline and self-control**

**Social Skills: SS4. Demonstrate empathy**

**Grade Level(s): 9, 10, 11, 12**

**Academy: Academic (A), Social/Emotional (SE)**

**Tier: Some**

**Delivery Process: Indirect**

**Time Line: November**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Other**

**Activity Goal/Measurable Outcomes: Increase 95% student/school and community ties.**

**Program Name: Transcript Workshop**

**Learning Strategies: LS3. Use time-management & organizational & study skills**

**Self-Management:**

**Social Skills: SS1. Use effective oral and written communication skills and listening skills**

**Grade Level(s): 9, 10, 11, 12**

**Academy: Academic (A)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: February, May, September**

**Who's involved? (Staff and Resources): Counselors, Teachers**

**Activity Goal/Measurable Outcomes: Increase 90% student academic accountability and high school progression.**

**Program Name: Transitioning meetings with special needs coordinator**

**Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions**

**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**

**Grade Level(s): 11, 12**

**Academy: Academic (A)**

**Tier: Some**

**Delivery Process: Direct**

**Time Line: March, April, May, October, November**

**Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators, Deans, Other**

**Activity Goal/Measurable Outcomes: Increase 99% student exposure and ability to create post transitioning goals/plans set forth for.**

**Program Name: Virtual monthly town halls for parents**

**Learning Strategies:**

**Self-Management:**

**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**

**Grade Level(s): 9, 10, 11, 12**

**Academy: Academic (A)**

**Tier: All**

**Delivery Process: Indirect**

**Time Line: July, August, September, October**

**Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, Administrators, Deans, Other**

**Activity Goal/Measurable Outcomes: Maintain 99% transparency with parents and to give them an opportunity for engagement through input and output of information provided to them.**

