# **School Counseling Plan**

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

NICOLA HALL Title: GUIDANCE COUNSELOR Phone: 7183780006 Email: NHall3@schools.nyc.gov

School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at https://www.schoolcounselor.org/

# Counseling Mission:

At P186X, we work to cultivate the future leaders of the world for the 21st century and beyond. The collaborative effort of our diverse community focuses on social emotional needs that support the whole child. We believe that students best thrive in a nurturing environment that is based on trust, safety, and security. This fosters growth socially, emotionally, and academically which allows all students to sail towards success. Tiered levels of services are provided to meet the individual needs of each student.

#### Counseling Vision:

P186X is a school of excellence within District 75 that equips children to achieve their full leadership potential and successfully manage their lives as healthy, responsible, productive citizens who respect themselves and others.

Does your school offer a comprehensive School Counseling Activity? YES

# **Program Name: Gender Sexuality Alliance**

**Learning Strategies:** 

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

**Delivery Process: Direct** 

Time Line: December, January, February, March, April, May, June, November

Who's involved? (Staff and Resources): Counselors, Teachers

Activity Goal/Measurable Outcomes: Through participation at monthly P186X Acceptance Club meetings, students will participate in group activities to hone communication, relationship, and transition skills. By June 2024, participating students will show a 3% increase, as measured via DESSA data.

# **Program Name: Mandated Counseling for Students with Disabilities**

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8 Academy: Academic (A), Social/Emotional (SE)

Tier: All

**Delivery Process: Direct** 

Time Line: January, February, March, April, May, June, July, August, September, October, November, December Who's involved? (Staff and Resources): Counselors, School Psychologist

Activity Goal/Measurable Outcomes: By June 2024, P186X's mandated counseling services will achieve 90% a completion rate, as measured by weekly compliance data reports.

### Program Name: Respect for All (RFA)

Learning Strategies: Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and

different from them

Grade Level(s): 8, Kindergarten, 1, 2, 3, 4, 5, 6, 7

Academy: Social/Emotional (SE)

Tier: All

**Delivery Process: Direct** 

Time Line: January, February, March, April, May, June, July, August, September, October, November, December Who's involved? (Staff and Resources): Counselors, Teachers, School Psychologist, Administrators, Deans

Activity Goal/Measurable Outcomes: By June 2024, participating students of group counseling services will facilitate a

community service event of their choice.

# **Program Name: Social Emotional Learning (SEL)**

#### **Learning Strategies:**

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

**Delivery Process: Direct** 

Time Line: December, January, February, March, April, May, June, July, August, September, October, November Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, School Psychologist, Deans Activity Goal/Measurable Outcomes: By June 2024, 80% of students participating in P186X's PBIS system will show a 3% increase in positive behavior trends, as measured via P186X's school-wide "miles system." Data is imputed, monitored, and analyzed via Google Sheets.