

School Counseling Plan

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

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School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at <https://www.schoolcounselor.org/>

The mission/ vision of Ballet Tech's counseling program is to address and meet the social, emotional, and academic needs of all student's 4th-8th Grade. I strive to create an environment that enhances positive collaboration along with cooperative relationships that motivates students to make responsible and effective decisions, as well as provide the skills necessary for our students to be successful and an integral part of society.

Does your school offer a comprehensive School Counseling Activity? YES

Program Name: 4th Grade Orientation

Learning Strategies:

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4

Academy: Academic (A), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: September

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Create a positive school environment and improve peer and teacher relationships by 95%

Program Name: 8th Grade Advisory

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, July, August, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: 100% of the 8th graders apply to high school and gain knowledge and understanding of the high school process. All students participate in career research activity and presentation which helps them learn and be prepare for future success in school and careers.

Program Name: At-Risk Counseling (Group)

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Reduce behavior incidents by 1%, increase academic success and improve peer and teacher relationships

Program Name: At-Risk Counseling (Individual)

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Reduce behavior incidents by 1%, increase academic success improve peer and teacher relationships.

Program Name: Attendance Prevention Team

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management:

Social Skills:

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), Social/Emotional (SE)

Tier: Some

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Other

Activity Goal/Measurable Outcomes: Ensure students have 90% attendance or above for the school year

Program Name: Bridge To School

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Other

Activity Goal/Measurable Outcomes: Create nurturing and positive relationships. Create a trauma informed school community

Program Name: Child Abuse Prevention Team

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Few

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December
Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators
Activity Goal/Measurable Outcomes: Increase awareness, increase student safety by reducing the number of calls called into the State Central Registry. Team will proactively engage at risk families to ensure reduction of child abuse and neglect cases to 10%

Program Name: College Access for All

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals
Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities
Social Skills: SS8. Demonstrate advocacy skills and ability to assert self
Grade Level(s): 6, 7, 8
Academy: Academic (A), College & Career (CCR)
Tier: All
Delivery Process: Indirect
Time Line: January
Who's involved? (Staff and Resources): Counselors, Teachers
Activity Goal/Measurable Outcomes: Increase College and Career Readiness, and Long Term Goals by 1%

Program Name: College and Career Day

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals
Self-Management:
Social Skills: SS8. Demonstrate advocacy skills and ability to assert self
Grade Level(s): 6, 7, 8
Academy: Academic (A), College & Career (CCR)
Tier: All
Delivery Process: Indirect
Time Line: January
Who's involved? (Staff and Resources): Counselors, Teachers, Administrators
Activity Goal/Measurable Outcomes: Increase College and Career Readiness. Increase College Awareness, Readiness, and Understanding

Program Name: Common Sense Media

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions
Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities
Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them
Grade Level(s): 4, 5, 6, 7, 8
Academy: Academic (A), Social/Emotional (SE)
Tier: Some
Delivery Process: Direct
Time Line: November
Who's involved? (Staff and Resources): Counselors, Teachers
Activity Goal/Measurable Outcomes: Reduce behavior incidents and teach online safety - 5% less OORS reports

Program Name: Conflict Resolution

Learning Strategies:
Self-Management: SM2. Demonstrate self-discipline and self-control
Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them
Grade Level(s): 4, 5, 6, 7, 8
Academy: Social/Emotional (SE)
Tier: Some
Delivery Process: Direct
Time Line: January, February, March, April, May, June, September, October, November, December
Who's involved? (Staff and Resources): Counselors
Activity Goal/Measurable Outcomes: Reduce behavioral incidents by 1%, and create positive relationships

Program Name: High School Articulation

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Increase understanding of the High School Process - The 8th grade will increase their acceptance rate to their first choice schools by 5%.

Program Name: High School Articulation - Parent Workshop

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Other

Activity Goal/Measurable Outcomes: Increase participation and knowledge pertaining to the high school process. Student will increase their acceptance rate into their first choice school by 5%.

Program Name: Individual Progress Report Goal Setting Meeting

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Students in grade 6-8 will identify/create 3 goals under each domain to work on for each school year.

Program Name: Mandated Counseling (Group)

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Increase academic success and meet IEP counseling goals. Students will improve their social/emotional well being by decreasing behavioral issues in class by 10%

Program Name: Mandated Counseling (Individual)

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: October, November, December, January, February, March, April, May, June, September

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Increase academic success, and meet IEP counseling goals

Program Name: Mandated Lessons

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: February, September, October, November

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, Administrators, Other

Activity Goal/Measurable Outcomes: Every student receives information about A-831 and A-832, along with information about the NYCDOE discipline code.

Program Name: Mixed Advisory

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: December, January, February, March, April, May, June, September, October, November

Who's involved? (Staff and Resources): Counselors, Teachers

Activity Goal/Measurable Outcomes: Create supportive relationships, community building and academic success. Improve social and emotional awareness.

Program Name: Parental Engagement (Phone Calls and Emails)

Learning Strategies:

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators

Activity Goal/Measurable Outcomes: Increase student attendance, participation and academic success. Increase parental involvement at school functions

Program Name: Respect for All

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions
Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem
Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them
Grade Level(s): 4, 5, 6, 7, 8
Academy: Social/Emotional (SE)
Tier: All
Delivery Process: Direct
Time Line: February, September, October
Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Other
Activity Goal/Measurable Outcomes: Reduce behavior/incidents/bullying and OORS reports by 1%. Increase positive peer relationships

Program Name: Sanford Harmony Social Emotional Learning Program

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals
Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem
Social Skills: SS4. Demonstrate empathy
Grade Level(s): 4, 5, 6, 7, 8
Academy: Social/Emotional (SE)
Tier: All
Delivery Process: Direct
Time Line: January, February, March, April, May, June, September, October, November, December
Who's involved? (Staff and Resources): Counselors, Teachers
Activity Goal/Measurable Outcomes: Improve student decision making and peer relationships. Students will demonstrate 5 strategies for good decision making, and conflicts between students will be reduced by 5% as result

Program Name: Social Emotional Curriculum - The Rule

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions
Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem
Social Skills: SS4. Demonstrate empathy
Grade Level(s): 4, 5, 6, 7, 8
Academy: Social/Emotional (SE)
Tier: All
Delivery Process: Indirect
Time Line: January, February, March, April, May, June, September, October, November, December
Who's involved? (Staff and Resources): Counselors, Teachers, Administrators, Other
Activity Goal/Measurable Outcomes: Increase Social Emotional Intelligence

