

## School Counseling Plan

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

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School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at <https://www.schoolcounselor.org/>

The West Prep Academy Counseling Program vision is to provide a proactive, comprehensive, and developmentally appropriate program to address students' academic and career goals in addition to supporting their personal and social needs.

Does your school offer a comprehensive School Counseling Activity? YES

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### Program Name: College Awareness Day

**Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**

**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: SS8. Demonstrate advocacy skills and ability to assert self**

**Grade Level(s): 7, 8**

**Academy: Academic (A), College & Career (CCR)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: January, February, November, December**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators**

**Activity Goal/Measurable Outcomes: Goal 2: College Awareness Day**

**Learning Strategies: Demonstrate self-discipline and self-control during event**

**Self-Management: Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: Create positive and supportive relationships with other students and adults**

**Grade: 7th**

**Academic, College & Career, Social-Emotional**

**Delivery Process: Direct**

**Timeline: January**

**Staff Involved:**

**School Counselors**

**School Administration**

**7th Grade Teachers**

**School Support Staff**

### Program Name: SEL through Ruler and RJ

**Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions**

**Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**

**Grade Level(s): 6, 7, 8**

**Academy: Social/Emotional (SE)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: November, December, January, February, March, April, May, October**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators**

**Activity Goal/Measurable Outcomes: Goal 1: Social- Emotional Wellness Education**

**Learning Strategies: Demonstrate critical-thinking skills to make informed decisions**

**Social Skills: Create positive and supportive relationships with other students and adults**

**All Grades**

**Academic, Social-Emotional**

**Delivery Process: Remotely**

**Timeline: September - June**

**Staff Involved:**

**School Counselors**

**School teachers**

### **Program Name: West Prep School Counseling Program**

**Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions**

**Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem**

**Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them**

**Grade Level(s): 6, 7, 8**

**Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)**

**Tier: All**

**Delivery Process: Direct**

**Time Line: January, February, March, April, May, June, September, October, November, December**

**Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Deans**

**Activity Goal/Measurable Outcomes: Goal 1: Mandated Counseling**

**Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**

**Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem**

**Social Skills: SS1. Use effective oral and written communication skills and listening skills**

**Grade Levels: All (6,7,8)**

**Academic, Social Emotional**

**Tiers: 2 (Some)**

**Delivery Process: Direct**

**Timeline: September to June**

**Staff Involved: School Counselors**

**Measurable Outcome: Students are able to reach their goal(s) in the given time as per their IEP**

### **Goal 2: Academic Development**

**Learning Strategies: Use time-management & organizational & study skills**

**Self-Management: Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: Use effective oral and written communication skills and listening skills**

**Grade Levels: All (6,7,8)**

**Academic**

**Tiers: All**

**Delivery Process: Direct**

**Timeline: September - June**

**Staff Involved: School Counselors, Teachers, Admin**

**Measurable Outcome: Students successfully pass their classes/Become super scholars**

### **Goal 3: Social Emotional Development, RULER, Mood Meter**

**Learning Strategies: Demonstrate critical-thinking skills to make informed decisions**

**Self-Management: Demonstrate effective coping skills and personal safety skills when faced with a problem**

**Social Skills: Demonstrate empathy**

**Grade Levels: All (6,7,8)**

**Social Emotional**

**Tiers: All**

**Delivery Process: Direct**

**Timeline: September - June**

**Staff Involved: Teachers, School Counselors, Admin**

**Measurable Outcome: Student active participation during Titan Time lessons/ All student voices heard**

### **Goal 4: Career and College Readiness**

**Learning Strategies: Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**

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**Self-Management: Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities**

**Social Skills: Create positive and supportive relationships with other students and adults**

**Grade Levels: All (6,7,8)**

**Academic (A), College and Career (CCR)**

**Tiers: All**

**Delivery Process: Direct**

**Timeline: January**

**Staff Involved: All school staff, guest speakers, colleges and universities**

**Measurable Outcome: Demonstrate self-discipline and self-control during our lessons around college & career readiness and our culminating event**

**Goal 5: Individual Progress Review**

**Learning Strategies: Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals**

**Self-Management: Demonstrate self-discipline and self-control**

**Social Skills: Demonstrate advocacy skills and ability to assert self**

**Grade Levels: All (6,7,8)**

**Academic (A)**

**Tiers: All**

**Delivery Process: Direct**

**Timeline: May to June**

**Staff Involved: School Counselors**

**Measurable Outcome: Students understand the progress they have made or what they need to work on**

