

School Counseling Plan

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

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School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at <https://www.schoolcounselor.org/>

School Counseling Vision: The students at Yorkville East Middle School are empathetic and resilient citizens who are prepared to achieve success in high school, college, and beyond. All students are engaged in a rigorous academic program that enhances their understanding of the world around them and empowers them to be independent and critical thinkers. The comprehensive school counseling program supports students' personal growth through academic, social emotional, and college/career readiness interventions in collaboration with school staff, families, and community members. Our students have the tenacity and skills that enable them to navigate challenges and become successful, compassionate members of their communities.

School Counseling Mission: The Yorkville East Middle School counseling department ensures that every student has access to a comprehensive school counseling program that prepares students to be critical thinkers, effective problem solvers and powerful communicators. We implement interventions that enhance students' academic growth, social-emotional skills, and career knowledge in a safe and supportive environment. In collaboration with school staff, families, and community members, the school counselors advocate for equity and empower students to embody our school's core values.

Does your school offer a comprehensive School Counseling Activity? YES

Program Name: 6th Grade Orientation

Learning Strategies:

Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: June

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators

Activity Goal/Measurable Outcomes: By June 2024, 90% of incoming 6th grade families will be engaged and welcomed into the school community.

Program Name: Academic Counseling

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Academic (A)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, students who participate in academic counseling will develop study, organization, and time-management skills to increase success within the classroom 60% of the time.

Program Name: Attendance Team

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills:

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, Administrators

Activity Goal/Measurable Outcomes: By June 2024, students with inconsistent attendance will improve their attendance through interventions developed by the attendance team (i.e. family outreach, counseling interventions, etc). Chronic absenteeism among students will stay below 10%.

Program Name: Career Exploration/Career Day

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management:

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: May

Who's involved? (Staff and Resources): Counselors, Teachers, Other

Activity Goal/Measurable Outcomes: By June 2024, 80% of students will respond positively to a survey that indicates they have built career awareness and readiness through engagement with working professionals in a variety of roles.

Program Name: Cerebral Diversity

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will develop personal interests and receive academic interventions in self-selected classes. This will be measured through student surveys.

Program Name: Classroom Guidance

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, March, May, October

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will be engaged in social-emotional growth and development through targeted lessons.

Program Name: College Visits

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management:

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 7, 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: February, November

Who's involved? (Staff and Resources): Counselors, Teachers

Activity Goal/Measurable Outcomes: By June 2024, 75% of students will respond positively to a survey indicating they have increased their college awareness and readiness by being exposed to the college process.

Program Name: Conflict Resolution/Mediations

Learning Strategies:

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS4. Demonstrate empathy

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, students will develop conflict resolution skills and work through interpersonal conflicts with the support of their school counselor. Student conflicts will decrease by 5%.

Program Name: Consultation/Collaboration with Outside Providers

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS4. Demonstrate empathy

Grade Level(s): 6, 7, 8

Academy: Academic (A), Social/Emotional (SE)

Tier: Few

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Administrators, Other

Activity Goal/Measurable Outcomes: By June 2024, school staff and outside providers will collaborate on interventions to be used both inside and outside of school.

Program Name: Crisis Counseling

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills:

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, School Psychologist, Administrators

Activity Goal/Measurable Outcomes: By June 2024, students in crisis will de-escalate through the use of coping skills and calming activities 90% of the time.

Program Name: Family Change Support Group

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Other

Activity Goal/Measurable Outcomes: By June 2024, 90% of students who attend Family Change group will indicate that they have discussed family-related struggles and develop coping skills in a safe space.

Program Name: Genders and Sexualities Alliance

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Other

Activity Goal/Measurable Outcomes: By June 2024, 90% LGBTQ+-identifying students and allies who attend GSA will indicated that they have discussed and learned about relevant issues in a safe space.

Program Name: Grade Team Meetings

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators, Other

Activity Goal/Measurable Outcomes: By June 2024, staff will identify appropriate tiered interventions for 90% of students.

Program Name: Group Counseling

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, students will develop interpersonal and topic-specific skills, while meeting IEP goals 80% of the time.

Program Name: Health/Sex Education

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 8

Academy: Academic (A), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: November, December, January, February, March, April, May, June, September, October

Who's involved? (Staff and Resources): Teachers, Other

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will increase their understanding of the human anatomy, decision making, and healthy relationships by meeting academic standards in Health class.

Program Name: High School Exploration Classroom Guidance

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management:

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 7, 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: May, June, September, October, November

Who's involved? (Staff and Resources): Counselors, Teachers

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will respond to surveys indicating that they have increased their understanding of the high school articulation process through targeted classroom guidance lessons delivered by their school counselor.

Program Name: High School Family Workshops

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management:

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 7, 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Indirect

Time Line: May, June, September, October, November

Who's involved? (Staff and Resources): Counselors, Other

Activity Goal/Measurable Outcomes: By June 2024, 75% of families will respond positively to a survey indicating they have increased their understanding of the high school articulation process through a series of presentations delivered by a school counselor.

Program Name: IEP Team

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, School Psychologist, Administrators, Other

Activity Goal/Measurable Outcomes: Students with IEPs will receive targeted interventions to promote their academic growth that were developed by the IEP team. By June 2024, IEP goals will be met 80% of the time.

Program Name: Individual Counseling

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, students will support their social-emotional well-being, while meeting IEP goals 80% of the time.

Program Name: Individual Family High School Meetings

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management:

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: January, February, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: By June 2024, 90% of students and families will develop their high school lists and receive consultation from their school counselor.

Program Name: Manhattan Youth After-School

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers, Other

Activity Goal/Measurable Outcomes: By June 2024, 80% of students who participate in after school will develop personal interests through self-selected classes and activities. This will be measured through student engagement and surveys.

Program Name: Mindful Mondays Group

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators

Activity Goal/Measurable Outcomes: By June 2024, 80% of students who attend Mindful Mondays groups will develop coping skills and mindfulness practices through modeling and discussion.

Program Name: Minute Meetings

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: May, September

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will be met with individually by a member of the

counseling staff.

Program Name: PPT Meetings

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators, Other

Activity Goal/Measurable Outcomes: By June 2024, staff will identify and develop appropriate tiered interventions for 90% of students.

Program Name: PTA Sponsored Family Workshops

Learning Strategies:

Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Indirect

Time Line: January, February, March, April, May, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Parent Coordinators, Administrators, Other

Activity Goal/Measurable Outcomes: By June 2024, 80% of participating families will respond positively to a survey indicating they have increased their understanding of various parenting-related topics through targeted workshops.

Program Name: Restore 360 Advisory Program

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS4. Demonstrate empathy

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: November, December, January, February, March, April, May, June, September, October

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers

Activity Goal/Measurable Outcomes: By June 2024, 90% of students will respond to surveys indicating that they have developed a sense of community and engaged in social emotional learning through restorative circles.

Program Name: Student-Led Conferences

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management:

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: April, November

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, Administrators, Other

Activity Goal/Measurable Outcomes: By June 2024, 75% of students will reflect on their progress in school and identify goals for future academic success by participating in student led conferences with teachers and parents.

Program Name: Students of Color Support Group

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers

Activity Goal/Measurable Outcomes: Students of color will discuss their identities and how it shapes their experiences in school in a safe space.

Program Name: Tier II Restorative Circles

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS4. Demonstrate empathy

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators

Activity Goal/Measurable Outcomes: By June 2024, students will discuss issues through targeted circles that are facilitated by trained staff members and peers. Bullying incidents will decrease by 3%.

