

School Counseling Plan

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

DEBRA STERN Title: GUIDANCE COUNSELOR Phone: 2126774680 Email: DStern3@schools.nyc.gov

School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at <https://www.schoolcounselor.org/>

PS/MS 140M Counseling Mission: In collaboration with all stakeholders, we will foster a safe, respectful, inclusive learning environment. We will support all students, promote a sense of belonging and support each student to realize his/her potential and to acquire the skills and attitudes that will enable them to be successful in their academic and personal pursuits. We strive to empower all of our students to become leaders, change makers, active citizens and empowered members of our community

PS/MS 140M Counseling Vision: Our vision is to foster inclusivity by ensuring that all students are supported, to empower our diverse community of learners with the skills, character, knowledge and motivation to reach their fullest educational potential, successfully manage their lives as healthy, responsible, competent and productive citizens who respect themselves, respect others, and respect community.

Does your school offer a comprehensive School Counseling Activity? YES

Program Name: 6th Grade Orientation

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6

Academy: Academic (A), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: June, September

Who's involved? (Staff and Resources): Counselors, Teachers

Activity Goal/Measurable Outcomes: Students will learn the expectations of a middle school student and build relationships with new teachers and students. Students will be given a summer get to know you assignment which is expected to be completed and presented to the new class in September.

Program Name: Artists Space After School Portfolio Preparation

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, October, November, December

Who's involved? (Staff and Resources): Counselors, Administrators

Activity Goal/Measurable Outcomes: Students will prepare for auditions and interviews at competitive visual arts high schools. Students will submit art work to Scholastic art awards contest.

Program Name: Book Buddies

Learning Strategies:

Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 5

Academy: Academic (A), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: All 5th grade students are matched with a Kindergarten book buddy. The classes visit once a week to read together and plan an end of year trip together. Expectations are for 5th grade students to build mentoring and leadership skills and for Kindergarten students to feel more included and less intimidated by older students.

Program Name: Coping Corner

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills:

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Teachers, Administrators

Activity Goal/Measurable Outcomes: Students are taught to use a "coping corner" a corner of the room with different sensory activities (stress balls, art supplies, fidget toys) when they need a few minutes (timer is set for 3 minutes) to regulate their emotions or need a break from classroom activities. Students will use the coping corner for a maximum of 3 minutes and return to work independently when timer is done.

Program Name: Daily SEL Journaling

Learning Strategies:

Self-Management:

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: All students begin their day with an SEL activity and are given 10 to 15 minutes to write or draw in their journals. Students will use their journals on a daily basis as a safe place for self-expression and reflection

Program Name: Early RAPP (Healthy Relationships Program)

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, December

Who's involved? (Staff and Resources): Teachers, Other

Activity Goal/Measurable Outcomes: Students will engage with each other utilizing healthy communication. This will be measured using OORS data with a goal of 80% reduction of B15, B24 and B40 incidents.

Program Name: Educational Alliance After School Program/Summer Camp (DYCD Compass)

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 7, 8, Kindergarten, 1, 2, 3, 4, 5, 6

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: August, September, October, November, December, January, February, March, April, May, June, July

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: Students will participate in after school and summer programming focused on academic readiness, elective arts classes and physical education. Students who register will commit to daily attendance and participation in program.

Program Name: Fun Fridays

Learning Strategies:

Self-Management:

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Deans

Activity Goal/Measurable Outcomes: All students will participate in monthly Fun Friday school wide activities to improve community and belonging. Activities include field day to Governor's Island, Movie Day, Thanksgiving Feast and other school wide events planned by the Student Council.

Program Name: Group Counseling (IEP Mandated Supports)

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Deans

Activity Goal/Measurable Outcomes: Students receiving mandated iep group counseling will make progress on identified IEP goals as per IEP progress reporting.

Program Name: Henry Street Settlement School Based Mental Health Clinic (at risk counseling)

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, July, August, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Administrators, Other

Activity Goal/Measurable Outcomes: Students referred for at risk counseling will participate in treatment and work towards treatment goals set with Henry Street Settlement on site clinicians and families.

Program Name: High School Articulation

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): 8

Academy: Academic (A), College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, October, November, December

Who's involved? (Staff and Resources): Counselors, Teachers, Administrators, Deans

Activity Goal/Measurable Outcomes: All 8th grade students will receive education from their teachers and counselor on the high school application process, use of MySchools and Specialized High Schools Information. Students will visit neighboring high schools and submit applications and supplementary auditions/tests/interviews/materials before application deadline.

Program Name: High School Articulation Parent Workshop

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills:

Grade Level(s): 8

Academy: College & Career (CCR)

Tier: All

Delivery Process: Indirect

Time Line: October, November

Who's involved? (Staff and Resources): Counselors, Teachers, Deans

Activity Goal/Measurable Outcomes: 8th Grade Parents will participate in workshop with the Counselor, Teachers and Dean to learn about and support their children through the high school articulation process.

Program Name: Individual Counseling (IEP Mandated Supports)

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, School Psychologist

Activity Goal/Measurable Outcomes: Students receiving mandated iep individual counseling and at risk counseling will make progress on identified IEP goals as per IEP progress reporting.

Program Name: Individual Progress Review Student Meetings

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: College & Career (CCR)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors

Activity Goal/Measurable Outcomes: Given IPR, through individual meeting with licensed school counselors all students in grades 6-8 will reflect on their records, academic skills, college/career goals and their social/emotional development. Individual Progress reviews will support all 6th,7th, and 8th grade students in developing, implementing and utilizing support systems to achieve expressed goals.

Program Name: Kindergarten Orientation

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills:

Grade Level(s): Kindergarten

Academy: Academic (A)

Tier: Some

Delivery Process: Direct

Time Line: June, September

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: Students will come to school prepared with the supplies needed for learning

Program Name: Monthly Principals Forum (Open Chat with Parents and Families)

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management:

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

Delivery Process: Indirect

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Parent Coordinators, Administrators

Activity Goal/Measurable Outcomes: Parents and Guardians are invited to participate in an open forum chat with the principal and parent coordinator on a monthly basis to address topics of concern to families and keep families informed on happenings and events at the school.

Program Name: Restorative Circles

Learning Strategies:

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: Students will display prosocial behaviors as evidenced by a 10% reduction in referrals to the dean for physically aggressive behaviors

Program Name: Step Up/Graduation Ceremonies

Learning Strategies:

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills:

Grade Level(s): Kindergarten, 5, 8

Academy: Academic (A)

Tier: All

Delivery Process: Direct

Time Line: June

Who's involved? (Staff and Resources): Counselors, Teachers, Parent Coordinators, Administrators, Deans

Activity Goal/Measurable Outcomes: 10% reduction in students referred for summer school.

Program Name: Stress Less for the Test

Learning Strategies: LS3. Use time-management & organizational & study skills

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills:

Grade Level(s): 3, 4, 5

Academy: Academic (A), Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April

Who's involved? (Staff and Resources): Counselors, Teachers, Other

Activity Goal/Measurable Outcomes: Students will participate in Stress Less for the Test lessons led by Henry Street Settlement Clinicians and will utilize strategies during high stakes testing administration.

Program Name: Student Council

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS1. Use effective oral and written communication skills and listening skills

Grade Level(s): 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Some

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers

Activity Goal/Measurable Outcomes: Student Council members (elected 2 per homeroom) will participate in planning and implementation of school wide Fun Friday events to boost school spirit, kindness and community engagement.

Program Name: Student of the Month

Learning Strategies:

Self-Management: SM2. Demonstrate self-discipline and self-control

Social Skills: SS8. Demonstrate advocacy skills and ability to assert self

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: All

Delivery Process: Direct

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Teachers, Administrators

Activity Goal/Measurable Outcomes: Each homeroom selects and votes for a student of the month. Each month's nominee is a student who exemplifies different character value (kindness, responsibility, honesty, bravery, teamwork, perseverance etc.)

Program Name: University Settlement (Families Thriving/PPP)

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem

Social Skills: SS4. Demonstrate empathy

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Social/Emotional (SE)

Tier: Few

Delivery Process: Direct

Time Line: January, February, March, April, May, June, July, August, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Administrators, Other

Activity Goal/Measurable Outcomes: Students referred for at risk counseling/services will participate in treatment and work towards treatment goals set with University Settlement on site clinicians and families.

