# **School Counseling Plan**

NYSED state law requires certified school counselor(s) design and develop school's counseling program in collaboration with school administration, teaching staff, student service, and other pupil personnel service providers. Provide the name and title of your school's counseling plan coordinator. Coordinator is responsible for developing this plan in collaboration with key school community members. The school counseling plan coordinator will also be responsible for attending OSYD professional development and revising the counseling plan based on changing student counseling needs and/or BCO Counseling Manager's feedback.

Contact your Director of Student Services if you do not have a certified counselor in the building.

**CARLA** ROBINSON Title: GUIDANCE COUNSELOR Phone: 7184670800 Email: CRobins2@schools.nyc.gov

School Counseling Program Vision. The school's counseling program vision statement communicates what the school hopes to see for students five to 15 years in the future. It aligns with the school's and DOE's vision statements and is informed by the school counseling program's beliefs.

For additional resources on how to draft your school's counseling vision and mission statement, see "The ASCA National Model: A Framework for School Counseling Programs" at https://www.schoolcounselor.org/

PS 138

760 Prospect Place, Brooklyn., N.Y. 11216

Principal: Ms.Judith Duffus-Campbell

Assistant Principal: Ms. Letang.

School Counseling and student Support Personnel: Ms. M. Alexandre, Special Education Coodinator, Ms. Carla Robinson, School Counselor, Ms. Marie Bastien, Psychologist. Ms. Natalie Thomas, Social Worker, Ms. Terava, Parent Coordinator, Ms. Leugerre, School Nurse. Para Professional.

#### Mission Statement.

At PS 138 the school Counselor Mission is that all student will be life-long learners, where we will help our students reach their full potential educationally, socially and emotionally with college/career readiness preparing student to become productive citizen in the 21's century.

Vision Statement.

The school Counselor will provide a comprehensive collaborative relationship to advocate and support every student, teachers, staff, parent and stake holders to increase student achievement. The Counseling Program will receive equitable access to all student to improve knowledge, attitude and skills here they will excel to attend college/career to be successful, and self-motivated respectful members of the community.

Does your school offer a comprehensive School Counseling Activity? YES

Program Name: IEP Mandated Individual Counseling, IEP Group Counseling, School Counseling Curriculum, IPR Review **Student Meeting** 

Learning Strategies: LS1. Demonstrate critical-thinking skills to make informed decisions

Self-Management: SM7. Demonstrate effective coping skills and personal safety skills when faced with a problem Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

**Delivery Process: Direct** 

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, **Administrators** 

Activity Goal/Measurable Outcomes: PBIS Initiative. LS1, SM10, Grade 6,7,8. Tier1. D. Sept-June. S. Counselor, Admin, Teachers. Staff. 5% improvement in grades and 1%crease in attendance. 2. Respect for all week SM10,SS4, Grade 5 SE. Tier1. Feb., S. Counselor. Teacher. SW. Admin. OORS report for negative student behavior decrease by 5%. 3. Restoratives Circles. SM7, SS2, SS1, Grade 7,8,. SE. Ter2. Sept-June. S. Counselor, Teacher, SW, Para. Staff. Increase of 3% in student interaction as measured by the OORS Report for negative student interaction. 4. Attendance-Chronically absent students. LS4&7. Apply self-motivation and self-direction to identify long and short term academic, Career and SEL goals. Attendance increase by 3%. 5. Mandated Individual Counseling SM2, Grade4. SE Tier3. D. sept-June. teachers, Student, S. Counselor. 95% Student mastered their goals. 6. Mandated Group Counseling. SM2 Grade K-5. Tier2. D. sept-June. Teachers, S. Counselor, student 95% student mastered their goals. 7. Respect for All Bullying Presentation. SS2 Grade7. SE. Tier1. October-May. admin. S. Counselor. Decrease in student suspension/OORS Reporting and incident by

3% in School. 8.Student Government.LS1. Grade 8. SE Tier1. IND. Nov-June. Student understand leadership and advocacy is about while making critical decisions. Teacher, Admin, Students. 9. Group Counseling for grief/loss SMS2. K-8. SE. Tier2. D. Sept-June. SW, S. Counselor, Teacher. Decrease mental health incidents and behavioral conflict by 3%. 10. Book of the

month. SS1 K. SE. Tier1. D. Sept-June. Teacher Para S. Counselor. Student aware of the cultures engaging in problem solving learning activities 10% decrease in Bias referrals. 11. Dress for Success Day. LS4&7, Grade 7&8. CCR. Tier1. March. S. Counselor. teacher. 90% of students will be able to identify career path they like. 12. SEL(Sanford Harmony), SS4. Grade, SE. Tier 1. D. Oct-March. D. S. Counselor, Teacher, 10% reduction of negative student to student interaction. 13. School Counseling Classroom Lesson. Sexual Harassment. SM10. SS4. Tier1. Grade 2. Oct-March. S. Counselor, Teacher. All students find and adult they feel safe with to talk to. 14. Respect for all Challenge. LS1, SS4. K-5. Tier1. D. Sept-June. S. Counselor. Teacher, Staff. decrease negative behavior. OORS Reporting by 5%. 15.Attendance Meeting. K-5. Tier2. D. Admin, S. Counselor, Teacher, Staff, Improvement by 10% attendance for the year, 16, SBST Meeting, K-8, LS4&7 D. A.Tier3. Indirect. Sept-June. Admin, S. Counselor. SBST Support for families. engagement and academic intervention at 10% improvement in student achievement. 17. Leader in Me. 7 habits. LS1. SM2. D. Grade 3-5. Sept-June Tier1. How to be Happy, Kids. S. Counselor. Staff. improvement students resilience. 18. Incoming student orientation. SM10. SS2. PreK. SE Tier1. indirect. Sept. Teachers, Staff, Principal new students. Orientation preparing student for the upcoming new year. 19. Life Skills. LS3 Grade5. CC&R Tier3. D. Jan-Mar. Teachers, and Counselor.. Equip students with the necessary support and tools for a positive transition into high school. 20. Respect for all/Bullying Classroom Presentation. SS1 grade 6-8. SE Tier1. D. October-May. S. Counselor. Teachers. Admin.. Decrease in suspensions and OORS Reporting Incidents. 21. Middle School Articulation. LS Grade7-8. A. D Tier2. Sept-June. S. Counselor. Teacher and Student. 22. College Visitation on Line. LS3. Grade 8. C&C, Tier2. Indirect March-April. college ad High school staff. S. Counselor. and students.. Increase of student awareness to go to college and high school by 5%. 23. Mental Health Awareness Workshops for Parents. SS2. K-8. D. SE. Indirect. Nov-June. Parent Coordinator, Admin. PTA. Bring awareness to parents about mental health related concerns and how to receive help. 24. Character Education. SM7. Grade K-2. SE. D. Sept-June. Tier1. SE. Direct. S. Counselor. Teacher, Staff. Decrease Behavior of students by 5%.

## Program Name: n/a

**Learning Strategies:** 

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS4. Demonstrate empathy Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: All

**Delivery Process: Direct** 

Time Line: January, March, June

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist,

Administrators

Activity Goal/Measurable Outcomes: n/a

## **Program Name: PS 138 Counseling Services**

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

**Delivery Process: Direct** 

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, Administrators. Deans. Other

Activity Goal/Measurable Outcomes: 1. Making new Friends. SS2. Tier 1. 1graders. D. SE. Sept-June S. Counselor, Teacher Student. Prepare students for successful transition. Reduce discipline, incidents and improve attendance. #2 Character Education SM7. Grade 2, SE. D. Sep-June. Teachers, Para Professional S. Counselor. Improve classroom behavior while decreasing negative behavior reducing OORS Reporting and Suspensions by 2%. #3 Mandated Individual Counseling SM2 Grade 4. SE. Tier 3. D. Sept-June. Teachers, Student, S. Counselor. 90% of the students will master their goals. #4 Mandated Group Counseling SM2 Grade 5. Tier 2. D. Sept-June. Teachers. Student S. Counselor. Student who attends will mastered their goals by 90%. #5. Respect for all: Bullying Classroom Presentation. SS2. Grade7 SE. Tier 1. D.

Oct-May, Dean, S. Counselor, Students, Admin, Teachers, Paraprofessional. There will be a decrease of students suspension/OORS Reporting and incidents by 3% for the school year. #6 Student Government. LS1 Grade 8. SE. Tier 1. Ind. Nov-June. Student understand what leadership and advocacy is about while making critical decision o various school activities and graduation. #7.Group counseling for all students who experience any trauma for transitions of COVID-19., and Displacement of families. SMS2 Grade 6. Tier 1. D. Sept-June. SW. School Counselor, Teachers, Psychologist, Decrease the number of mental health incidents and behavioral conflict by 3%. #8 Individual Counseling with students who experience loss/grief.SMS7. K-8. SE. 2. D Sept- June. S. Counselor. SW. Psychologist. Decrease the referral to mental facilities by 4% for the year. #9. Mental Health Workshop. Classroom Lesson Positive Coping Skills. SM&. Grade 6-8. SE. Tier 1. D. Sept-June. teacher, SW, S. Counselor. Dean, Students. Improve mental health and wellness by 5% #10. Mental Health Awareness Workshop for Parents. SS2. K-\*. SE. Tier 3. InD. Nov-May. parent Coordinator, Admin. PTA. Parents will learn skills that can assist in improving their mental health, related concerns improve by 5% over the previous year rate.# 11.8th grade support Group transition to 9th . SM& Grade 8 Tier 1. SE. D. June. S. Counselor, Dean. Admin. No Data Exist. Provide student with support for transitioning to 9th grade over the previous year. #12. College Readiness. Class Presentation. Career based on likes and Personality. LS4&7. C&CR. Tier 2. D. Feb-April. Teacher, Student, S. Counselor, Dean. Admin. Bring awareness to student on future careers, HS and College they may be interested in pursuing, #13. Career Day, LS1 C&CR. Tier 2. D. March. Teacher, student. Making students aware of various careers. #14 College Visitation Online. LS3. Grade 8. C&CR. Tier 2. InD. March-April. College Staff, S. Counselor Admin. Students. There will be an increase in student interest in College for future careers by 4%. #15 Life Skills financial, self-care, study skills and organizations skills. S3. Grade 5. C&CR. Tier 3. D Jan-March. Teacher, S. Counselor Equipt students with the necessary support and tools for a positive and transitional into Middle School.

#16. Middle School Articulation. LS1 Grade 8th. Academic. D. Tier 2. Sept-August. s. Counselor. All 8th grade students be matched to one of their top 3 choices. #17.Regents Classroom Lesson and Exam. LS3 Grade 8th. InD. Academic. Oct-June. Teachers. 90% of the students will pass the class. #18. Chronically Absent Students. LS4&7. Tier 3. Grade 3. D. Academic. Oct-June. S. Counselor. Admin. Attendance Teacher. Sch. Secretary. Improve attendance by 3%. #19. Student who are chronically late workshop for Parents. SS10, Tier 1. Academic. Grade 4. D. Oct-June. S. Counselor. AP. Dean. Teacher. Students will improve their overall lateness by5% over the previous year. # 20. Executive Functioning for Classroom Lesson Plan. SM7 Grade 3. Academic. Tier 1. D. Sept-Oct. S. Counselor. AP. Teacher. Students will improve their overall report card grades by 5 % over the previous year.

### **Program Name: PS 138 Counseling Services**

Learning Strategies: LS4&7. Apply self-motivation and self-direction to identify long and short term academic & career and social/emotional goals

Self-Management: SM10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities

Social Skills: SS2. Create positive and supportive relationships with other students and adults who are similar to and different from them

Grade Level(s): Kindergarten, 1, 2, 3, 4, 5, 6, 7, 8

Academy: Academic (A), College & Career (CCR), Social/Emotional (SE)

Tier: Some

**Delivery Process: Direct** 

Time Line: January, February, March, April, May, June, September, October, November, December

Who's involved? (Staff and Resources): Other, Counselors, Social Workers, Teachers, Parent Coordinators, School Psychologist, Administrators, Deans

Activity Goal/Measurable Outcomes: 1. Attendance -Chronically absent students. LS- 4&7. Apply self-motivation and self-direction to identify long and short term academic, career and SEL goals. Grade 3. Academic. Tier 3. Direct Services. September - June. Counselor, Attendance Teacher and Administrators. Attendance will increase by 10% compared to the previous school year.

- 2. Students who are chronically late. Workshops for parents. SS.10. Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities. Grade 1. Academic. Tier 3. Direct Services. October June. Counselor, Administrator, Attendance Teacher and Parent Coordinator. To improve attendance by 10%.
- 3. Middle School Articulation. LS1. Demonstrate critical-thinking skills to make informed decisions. Grade 8. Academic. Tier 2. Direct Services. September June. Counselor and Teacher. All 8th grade students be matched to one of their top three choices.
- 4. Regents-Exams. LS3. Use time management, organizational and study skillsGrade-8. Academic. Tier 2. Indirect Services. October- June. Teachers. 90% of the students who take the Regents exams will pass the class with 75% and higher.
- 5. College Readiness- Class Presentations. LS1 Demonstrate critical-thinking skills to make informed decisions. Grade 7. College and Career & Readiness. Tier 2. Direct Services. February April. Teacher and Counselor. Bringing awareness to students on future careers for High School and College.
- 6. Career Day. SS1. Use effective oral and communications skills and listening skills. Grade 6. College & Career Readiness. Tier 2. Direct service. March. Teacher, Dean, Parent Coordinator, Members of the community, Counselor and Social Worker. Making students aware of various careers they can pursue and interact with members of the community who are professionals in these careers.
- 7. College Visitation. LS 3. Use time management organization and study skills. Grade 8. College & Career Readiness. Tier 2. Indirect Service. March April. College staff and Counselor. Students are presented with the various careers offered, and how they can successfully apply to College.

- 8. Life Skills. LS3. Use time management and organization skills. Grade 5.College & Career Readiness. Tier 3. Direct Services. January March. Teachers and Counselor. Equip students with the necessary support and tools for a positive transition into Middle School.
- 9. Big Brother/ Sister Program. LS 4&7. Demonstrate self-motivation self-direction to identify long and short term academic career and social/emotional goals.. Grade 5. College & Career Readiness. Classroom Teachers, Administrators and School Counselor. To provide students with knowledge of having a job and what it entails. Student behavior and grades are monitored.
- 10. Social Emotional Learning. SM 7. Demonstrate effective coping skills and personal safety skills when faced with a problem. Grade 2. SE -Social Emotional Tier 1. Direct Services. September June. Teacher and Counselor. Improve classroom behavior while decreasing negative behavior reducing OORS Reporting/Suspensions by 2%-3%.
- 11. Mandated Individual Counseling. LS4. Apply self-motivation and self-direction to identify long and short term academic, career and social/emotional goals. Grade 3. Social Emotional. Tier 3- Direct Services. September June. Teacher, Para and Counselor. 90% of the students will master their IEP goals.
- 12. Mandate Group Counseling. SM2. Demonstrate self-discipline and self-control. Grade 4. Social Emotional. Teacher, Para and Counselor. Student who attend will achieve and master 90% of their IEP goals.
- 13. Respect for All/Bullying Classroom Presentations. SS2. Create positive and supportive relationships with other students and adults. Grade 6. Social Emotional. Tier 1. Direct Services. October May. Dean, Teacher, Counselor and Administrators. There will be a decrease of students suspensions/OORS Reporting and incidents by 3%.