

— Guide to —

Tobacco Treatment Programs

in New York City

Still
smoking or
vaping?
Find help now.

For more information about medication and counseling options, talk to your health care provider. Most health insurance plans, including Medicaid, cover services to help you meet your goals.

For additional tobacco treatment resources, call **311, scan the QR code below or visit **nyc.gov/nycquits**.**



Bronx



Albert Einstein College of Medicine, Montefiore Einstein Comprehensive Cancer Center



Be BOLD-Quit Smoking Program

1300 Morris Park Ave.

Bronx, NY 10461

718-430-2697

The program is open to English- and Spanish-speaking Bronx residents.

Call or email cancersupport@einsteinmed.edu to register for virtual group counseling offered through video or telephone. Referrals are provided to resources for medications. Learn more at cancer.montefioreeinstein.org/community-outreach-engagement/tobacco-cessation.



Montefiore Health System



Tobacco Cessation Program

3 Executive Blvd.

Yonkers, NY 10701



914-354-5604

healtheducation@montefiore.org

Request a referral to affiliated services in the Bronx and Westchester County from a Montefiore provider.



NYC Health+Hospitals/Jacobi



Smoking Cessation Program

1400 Pelham Parkway S.

Building 1, Room 4W2



Bronx, NY 10461

718-918-3907

Call for an appointment. Hours of operation: Monday to Friday, 8 a.m. to 4 p.m.



NYC Health+Hospitals/Lincoln



Smoking Cessation Program

234 E. 149th St.

Bronx, NY 10451



718-579-4943 or 718-579-6570

Get referred through a Lincoln Hospital provider. Hours of operation: Monday and Friday, 1:40 to 3 p.m.; Tuesday, Wednesday and Thursday, 8:40 to 10:30 a.m.

Services are provided in English and Spanish.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Brooklyn



NYC Health+Hospitals/ Kings County



Smoking Cessation Program



451 Clarkson Ave.



E-Building, Seventh Floor, Room E67

V Brooklyn, NY 11203

718-245-2782

Call for an appointment and information about group sessions. Hours of operation: Monday to Friday, 8 a.m. to 9 p.m.

Services are provided in English and Spanish.

The program is led by a Coordinator.

NYC Health+Hospitals/Woodhull Smoking Cessation Program

760 Broadway

Brooklyn, NY 11206

844-NYC-4NYC (844-692-4692)

Get referred through a Woodhull Medical Center provider. Hours of operation:

Monday to Friday, 9 a.m. to 5 p.m.

Manhattan



Asian Americans for Equality



Smoking Cessation Program



111 Division St.

New York, NY 10002

212-979-8988

No appointment required. Hours of operation: Monday to Friday, 9 a.m. to 5 p.m.

Services are provided in English, Mandarin, Cantonese, Fuzhounese and Toishanese.

Smoking Cessation Program

111 Norfolk St.

New York, NY 10002

212-358-9922

No appointment required. Hours of operation: Monday to Friday, 9 a.m. to 5 p.m.

Services are provided in English, Mandarin, Cantonese, Fuzhounese and Toishanese.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



Charles B. Wang Community Health Center



Smoking Cessation Program



268 Canal St., Fourth Floor
New York, NY 10013
718-661-6040

Call for an appointment.

Free in-person or telephone cessation services are provided in English, Mandarin and Cantonese.



Harlem Health Advocacy Partners



Public Health Solutions



East Harlem Neighborhood Health

Action Center

158 E. 115 St.
New York, NY 10029
646-619-6737

Program serves NYCHA residents.

Call 646-682-3375 or email

hhap@health.nyc.gov for more information.

Services are provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program



315 Fifth Ave. Number 705

New York, NY 10016



212-463-9685

Call for an appointment. Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean, Cantonese, Mandarin and English.



Memorial Sloan Kettering Cancer Center (MSKCC)



MSKCC Rockefeller Outpatient Pavilion



Tobacco Treatment Program



160 E. 53rd St., Second Floor

New York, NY 10022



212-610-0507

Call for an appointment to discuss cessation options. MSKCC providers can prescribe cessation medications, which are usually covered by health insurance.

Services are provided in multiple languages.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Manhattan



MSKCC Ralph Lauren Center, Harlem



Tobacco Treatment Program



1919 Madison Ave. (entrance on 124th Street)



New York, NY 10027



212-987-1777



Call for an appointment. Counseling and prescriptions are available.

Services are provided in multiple languages.

Tobacco treatment medications may be covered, depending on insurance plan coverage.

Mount Sinai

Margarita Camche Smoking Cessation Clinics

For both of the following programs, counseling and prescriptions are available. Most insurance plans are accepted; a sliding fee scale is available for uninsured patients.

Services are provided in English and Spanish.



Mount Sinai West



1000 10th Ave. (at West 59th Street)



New York, NY 10019



212-523-6056

Call for an appointment.



Mount Sinai Morningside



1111 Amsterdam Ave. (at West 114th Street)



New York, NY 10025



212-523-4410

Call for an appointment.



NewYork-Presbyterian



Hospital/Columbia Campus



Ambulatory Care Network Tobacco



Cessation Program

21 Audubon Ave.

New York, NY 10032

347-266-7447

Call for an appointment.

Most Medicaid and Medicare plans are accepted. For details, visit nyp.org

and search for **ambulatory network participating plans**.

Services are offered virtually through telehealth or on-site and provided in English and Spanish.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



**New York-Presbyterian
Hospital/Cornell Campus
Ambulatory Care Network Tobacco
Cessation Program**

505 E. 70 St.
Helmsley Tower, Fourth Floor
New York, NY 10021
Call for an appointment: 212-746-2900, option 1.
Most Medicaid, Medicare and commercial plans
are accepted.



**NYC Health+Hospitals/Bellevue
Smoking Cessation Program**

462 First Ave.
New York, NY 10016
212-562-8710
Call for an appointment. Same-day
appointments are available. Hours of
operation: Monday to Friday, 8 a.m. to 4 p.m.
*Services are available in English and Spanish
and through interpreter services.*



**NYC Health+Hospitals/
Gotham Health
Sydenham Community Health Center
Smoking Cessation Program**

264 W. 118th St.
New York, NY 10026
212-932-6336
Call for an appointment. Hours of operation:
Thursday and Friday, 9 a.m. to 4 p.m.
Services are provided in English and Spanish.



**Dyckman Family Health Center Smoking
Cessation Program**

175 Nagle Ave. (at 200th Street)
New York, NY 10034
212-544-2001
Call for an appointment. Hours of operation:
Monday to Wednesday, 9 a.m. to 4:30 p.m.
Services are provided in English and Spanish.

Legend



Individual
Counseling



Telephone Counseling



Free or Low-Cost
Medications



Charges a Fee



Group Counseling
or Support Group



Video Counseling
or Telemedicine



Vaping Cessation

Manhattan



Gouverneur Smoking Cessation Program



227 Madison St., Second Floor



New York, NY 10002



212-441-5391 or 212-238-8130

Get referred through a Gouverneur Health provider. Hours of operation: Monday to Friday, 9 a.m. to 4 p.m.

Services are provided in English, Spanish, Bengali, Cantonese, Mandarin and Chinese.



NYC Health+Hospitals/Harlem



Smoking Cessation Program



46 W. 137th St., Third Floor

New York, NY 10037

212-939-8222

Walk-in appointments are available. Hours of operation: Monday to Friday, 8 a.m. to 4 p.m.

Services are provided in English and Spanish.

This program is led by a Public Health Educator.



NYC Health+Hospitals/



Metropolitan



Smoking Cessation Program



1901 First Ave.

New York, NY 10029

212-423-6510 or 212-423-6511

Get referred through a Metropolitan Hospital provider. Hours of operation: Every first, third and fifth Thursday of each month, 8 a.m. to noon.

Services are provided in English and Spanish.

Queens



Charles B. Wang Community



Health Center



Smoking Cessation Program



131-72 40th Road

Flushing, NY 11354

718-587-1232

Call for an appointment for free in-person or telephone cessation services.

Services are provided in English, Mandarin, Cantonese and Toishanese.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



Flushing Hospital Medical Center



Stop Smoking Program

4500 Parsons Blvd.



Flushing, NY 11355

718-206-8494 or 917-943-7348

Call for an appointment.

The program is provided in English and Spanish.



Jamaica Hospital Medical Center



Stop Smoking Program

134-20 Jamaica Ave.



Jamaica, NY 11418

718-206-8494

Call for more information on program workshops.

The program is provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program

203-05 32nd Ave.



Bayside, NY 11361



718-939-6137

Call for an appointment. Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean, Cantonese, Mandarin and English.



NYC Health+Hospitals/Queens



Smoking Cessation Program

82-68 164th St.



Jamaica, NY 11432



718-883-3774

Call for an appointment. Hours of operation: Monday to Wednesday, 9 a.m. to 2 p.m.

Staten Island



Richmond University



Medical Center



Tobacco Cessation Program

355 Bard Ave.

Staten Island, NY 10310

718-818-2391

A free program is available. Call for an appointment.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Other Resources



New York State Smokers' Quitline



Enroll to talk to a quit coach and apply for a free starter kit of nicotine medications.



Visit nysmokefree.com or call 866-NY-QUITS (866-697-8487).

GetCoveredNYC

Do you need health insurance to cover treatment? Get free enrollment assistance to sign up for low- or no-cost health insurance, including Medicaid. Call **311** or visit nyc.gov/health/healthcoverage to connect with an enrollment counselor from the New York City (NYC) Department of Health and Mental Hygiene.



This is Quitting



For help quitting vaping, teens and young adults (ages 13 through 24) can text **DROPTHEVAPE** to 88709 to join a text support program. Parents can also text "QUIT" to 202-899-7550 to receive daily advice to help youth quit. Visit truthinitiative.org/thisisquitting to learn more.



American Lung Association



Telephone counseling and an online Freedom From Smoking program are available.



Visit lung.org/quit-smoking or call 800-LUNG-USA (800-586-4872).



Asian Smokers' Quitline



For free resources, self-help materials and nicotine patches, call 800-838-8917 (Chinese), 800-556-5564 (Korean) or 800-778-8440 (Vietnamese), Monday to Friday, 10 a.m. to midnight, or visit asiansmokersquitline.org.



Counseling is provided in Cantonese, Mandarin, Korean and Vietnamese.



National Cancer Institute



To speak with a trained smoking cessation specialist, call 877-44U-QUIT (877-448-7848), Monday to Friday, 9 a.m. to 9 p.m., or visit smokefree.gov/tools-tips/speak-expert.



Services are provided in English and Spanish.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



National Cancer Institute: Quit VET



Quit VET serves military veterans who receive health care through Veterans Affairs.



The program includes counseling and follow-up calls. Counselors are available Monday to Friday, 9 a.m. to 9 p.m. Call 855-QUIT-VET (855-784-8838) or visit mentalhealth.va.gov/quit-tobacco/quit-vet.asp. *Services are provided in English and Spanish.*



Nicotine Anonymous

To obtain group support services, visit nymainica.org (NYC metropolitan area), call 877-TRY-NICA (877-879-6422) or email info@nicotine-anonymous.org.



NYC BigAppleRx Prescription Discount Card



This card provides discounts on tobacco treatment medications. Prescriptions are required for all medications, including over-the-counter medications. For more information, call 888-454-5602 or **311**, or visit bigapplerx.com.



Smoke-Free NYCHA



This program provides public housing residents with free support to quit or cut back on their tobacco use, connections to other wellness resources and education on NYCHA's smoke-free policy. For more information, visit on.nyc.gov/nycha-smoke-free or email smoke-free@nycha.nyc.gov.

Not ready to quit?

No matter what your goals are, treatment options are available. Learn more about how medications can help you cut back or stay smoke-free in places and situations where smoking is not allowed: Call **311** or visit nyc.gov/health and search for **coping with nicotine withdrawal**.

Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

**Each time you
reach out for help,
you make progress.**