How to Wear a Mask
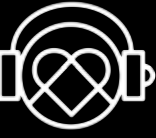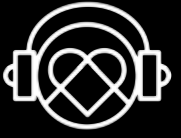
When I go outside, I will see many people are wearing a mask or face covering.

The mask or face covering can look different.

It is important that I wear a face covering or mask when I am around other people.

Wearing a mask keeps me safe from germs. Wearing a mask also keeps other people safe.

To put my mask on I will put the elastic loops around my ears. Or it might be ties around my head. Sometimes, it can be a bandana.

My mask will cover my nose and mouth. I may not like wearing my mask at first but that's ok. I will keep practicing wearing the mask until I am used to it.

I will try not to touch my face or mask with my hands after I put the mask on.

I can take my mask off when I am not around other people or when my family tells me it is ok.