

“Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003
Valley Vineyard Church
Reseda, California

WELCOME to our 12-session course sponsored by
Dallas Willard Ministries & Jesus College



DALLAS WILLARD
MINISTRIES
Living in the kingdom now



JESUS COLLEGE

A good school

“Healing the Heart”

Session 7 - “The Broken Body & Its Social World (part 1)

Video 4A [44:47 minutes]



We are grateful to Dallas Willard Ministries for providing these free videos.

Session 6 Review

By the grace of God through our relationship with Jesus, we decide to intentionally seek mastery over our feelings through the perfecting work of love found in God and the practices of the way of Jesus.



“Out of the Furnace of Feeling”

Flashback

“If we concede to feelings the rule of our life, living to gratifying them, they will corrupt our thinking and thought will become crazy and devoted to rationalizing our acts.”

~ ~ ~

“I am prepared to have my desires, feelings and emotions crucified...to allow God to take over and direct them into ways that are good.”



Review

Grace - *We don't go at this alone.*

GRACE is God acting in our lives. If “unmerited favor” is all you say, you don't know what grace is.



Review

Worship - *Living in the greatness of God.*

WORSHIP is the intense focusing of a surrendered will with the mind and feelings on the greatness of God.

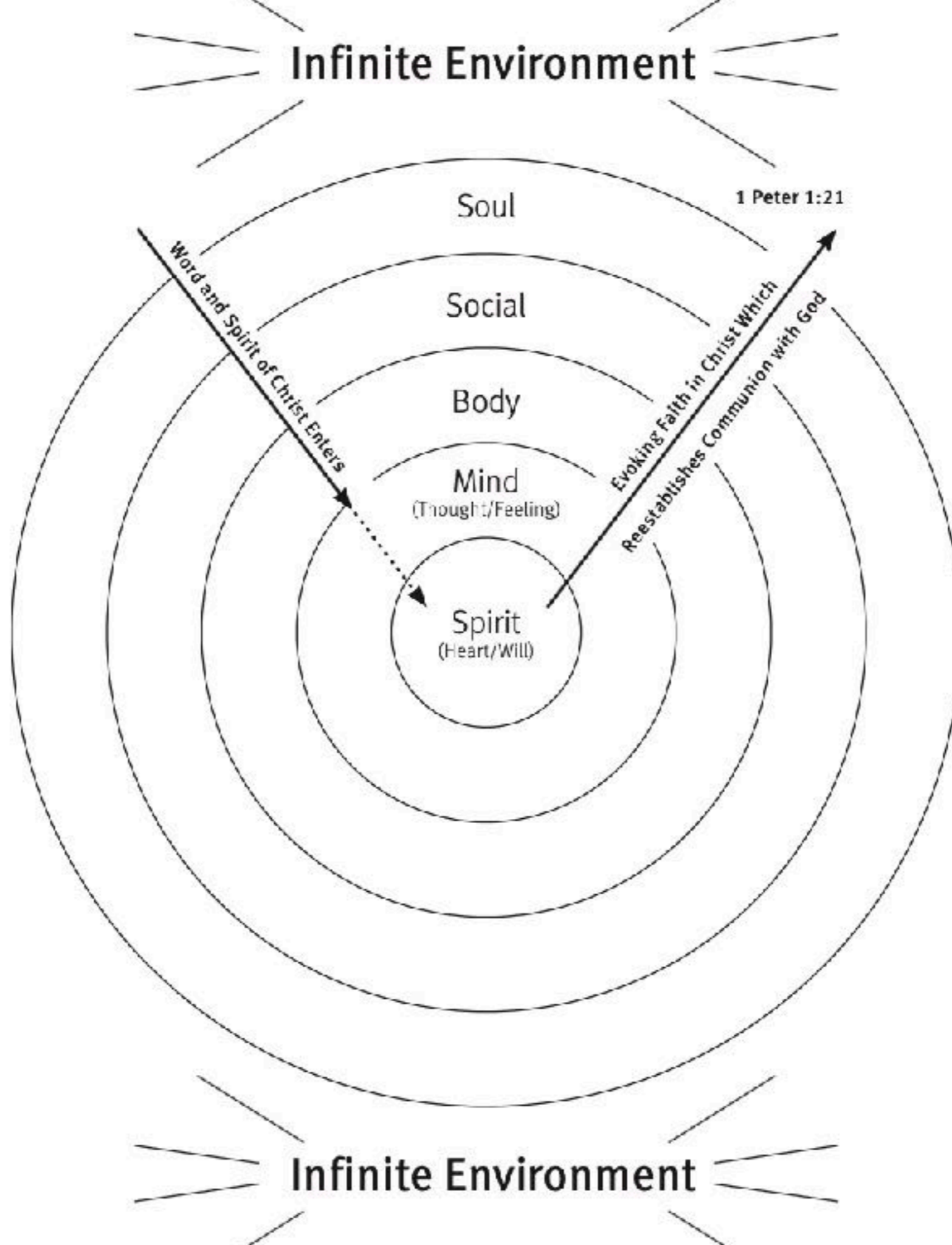
“Worthy is the Lamb that was slaughtered to receive power, wealth, wisdom, might, honor, glory, and blessing.”

“To Him who sits on the throne and to the Lamb be the blessing, the honor, the glory, and the dominion forever and ever.”

Revelation 5:11-13



Love God
with your
Heart,
Mind,
Soul,
Strength,
and your
Neighbor



Living
with an
attitude
of
worship

*Renovation of
the Heart*
(2021, p. 34)
(2002, p. 38)

In the midst of worship, we stand secure against sin and evil. That place where we stand and worship is the most powerful discipline of all in the moment.

“Whom have I in heaven, but Thee? And besides Thee, I desire nothing on earth. My heart...my flesh, and my heart may fail.” Psalm 73:25-26

The Lord is my portion.

“The Broken Body & Its Social World (part 1)

Healing the Body & Our Relations to Others

1) The Body & Social Go Together

If it’s not in my body, I ain’t got it yet.

The body is central to redemption.

“Body Language” – Our body says who I am.

“Therefore, put aside all [bad stuff]...” 1 Peter 2:1

“Therefore, put away all [bad stuff]...” Ephesians 4:31-32





“Therefore, put away all [bad stuff]...” Say Peter & Paul

Dallas — “What is the mistake I'm most likely to make when I hear that?”

Mary [participant] — “I try doing those things on my own.”

The mistake is focusing on the action. I want to become the kind of person for whom the [bad stuff] would be unnatural.

Healing the Body & Our Relations to Others (continued)

2) Living in the Flow of the World

The process where the body comes in.

Your body is potential energy for your action.

It's the center of your kingdom, your queendom.

You don't own your body. It was made for the Lord.

Romans 1 - "God gave them over to their lusts, desires, futility"

This happens over and over again in history.





Our body is a temple...

Using it to get our way and it becomes degraded by sin.

“Dead in trespasses and sin” — Ephesians 2:1

Or filled with the Spirit of God — *Romans 8*



Our body living “in terms of”...

“If Christ is in you, though the body is dead because of sin, the spirit is alive because of righteousness.” Romans 8:10

You've got a new force other than your natural bodily abilities and energies. Your body is different. The potential energy is not just your natural abilities. A new “life” — self sustaining, self directing, self initiating.

As you live, our character and experience become part of your body. Like learning to write: C-A-T H-A-T B-A-T

After a while, you don't even have to think about it.

Healing the Body & Our Relations to Others (continued)

The Difference between Sin and Sins

Sin (singular) dwells in our body and in the automatic tendencies of the social setting. We are swept along. We're driving so fast that you can't see where you would be by the time you could stop. That's in our bodies, in our social situations, and far beyond what any of our unredeemed character and intentions can manage.

“That which I am doing, I don't understand, for I'm not practicing what I would like to do. But I am doing the very thing I hate.” Romans 7:15

The Difference between Sin and Sins (continued)

“No longer am I the one doing it, but sin which indwells me.”

Romans 7:17

If we don't get anything else done tonight, I really would like for us to go away understanding that. The sin that is in Paul's members are not his DESIRES. It's rather the HABITS that his body has taken on so that it runs on its own. That is one of the most important verses to understand when you're dealing with problems of doing what you don't want to do. You have to have your identity to stand somewhere else and say that is not me. And if you don't have that, it will probably beat you completely to death. Grace enables,

“I have a life that's different than this and I can stand in that life.”

Life in the Spirit

“There is therefore no condemnation to them that are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death, for what the law could not do, and that it was weak through the flesh, God did.” Romans 8:1-3a

That's where we have to live.

“Sow to the Spirit.” Gal. 6:8

The kind of life that is in God will come back to you.





Jesus Teaching on the Weak Flesh

*“Before the cock crows,
you’ll deny me three times.”*

Jesus knew that sin is deeper than sins. It is sin, not sins, that must be dealt with in healing of the broken life by walking with Jesus.

Sin (def.) The condition of readiness of the socialized, embodied person to do what is wrong.

You can’t overcome it by intentions. You have to receive redemption into the body and into the social relations at a much deeper level if you're going to overcome it at all.

Please think about this,
because this is the way to deliverance.

What we're talking about here is the transformation of the person internally so that they are prepared to do what is right automatically, whatever the social situation is, and whatever their condition, their body is ready to go... in the right direction.

Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A

80:00 + 10K

Meditation Romans 8:11

Application

VISION — Looking back last week, where did I show who I was (am) before I thought about who I wanted to be in that moment? *“It’s the sin in me!”*

INTENTION — What one bodily action will I identify and surrender to the Lord? With whom will I share this intention? *“I will die for you, Lord!”*

MEANS — What discipline will I practice this week by grace to surrender my flesh to His Spirit that dwells in me?

“I sow to the Spirit.”



† Cross Fit

Session 7 Summary

Jesus and His apostles teach that our habits reveal what we have sown in our bodies and social relations. By standing in worship through the gift and power of grace, we can learn how to embody the way of Jesus in our active temple.



Next Session

“The Body & Social”

Part 2

[Video 4B](#) [Length 34:08]

An updated study guide with the transcript of videos 5A & 5B will be emailed to you and also posted in the Jesus College “Renovation” page.

Special thanks to Jake Fox, Sande Rajcic & Janet Ribet for their scribe work on the transcripts.

Pray for upcoming gatherings

RENOVATION of the HEART Gathering



An In-person, In-depth, Informative, Inspiring Gathering

Engage a journey through Dallas Willard's life changing book *Renovation of the Heart* that has provided a path for thousands of Jesus followers for over 20 years to put on the character of Christ. Our interactive conversation will encourage and equip you to love God and your neighbor through the six dimensions of your human nature.

Saturday, October 5, 2024

9 AM - 4 PM

Campbellsville University, Kentucky

\$10 includes lunch & *Renovation of the Heart in Daily Practice* book

Interactive Teaching ~ Community Conversation ~ Fellowship ~ Book Resource

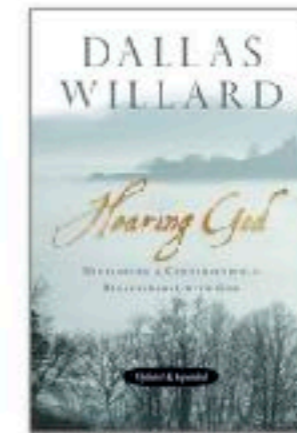
Led by Doug Webster, JESUS COLLEGE & Dr. Eric Bruns, CU Psychology Professor

Registration or Information — info@JesusCollege.com

Presented by



HEARING GOD Gathering



An In-person, In-depth, Informative, Inspiring Gathering

Join a small group of apprentices of Jesus engaging Dallas Willard's first Christian book *Hearing God* covering topics such as: *How do you hear God's voice? How can you be sure it is not your subconscious? What role does the Bible play? What if the message is unclear?* Invest a day to gain rich insight into how to develop a conversational relationship with God to become as Dallas writes, "confident and competent in practice of life in Christ and bearing His voice."

Saturday, October 12, 2024

9 AM - 7 PM

Los Angeles

\$49 includes lunch & dinner

Interactive Teaching ~ Community Conversation ~ Fellowship Meals ~ Study Resources

Led by Doug Webster, JESUS COLLEGE

Registration or Information — info@JesusCollege.com

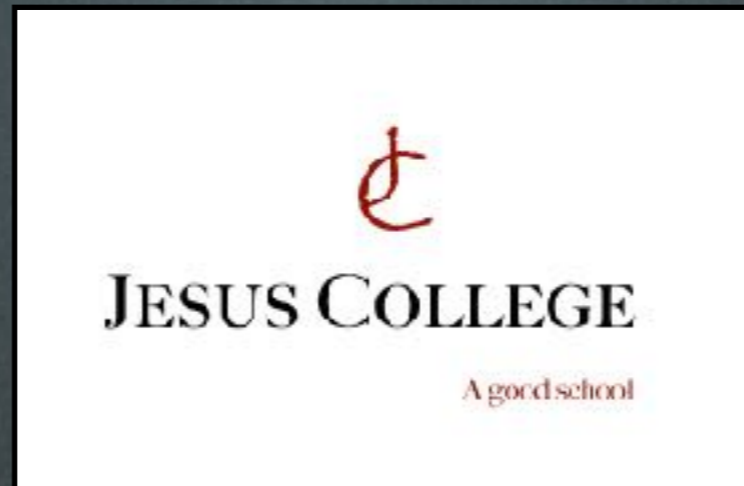
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“A Student of the Superior Benefactor”

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“Training to be proficient in willing the good”

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