

“Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003
Valley Vineyard Church
Reseda, California

WELCOME to our 12-session course sponsored by
Dallas Willard Ministries & Jesus College



DALLAS WILLARD
MINISTRIES
Living in the kingdom now



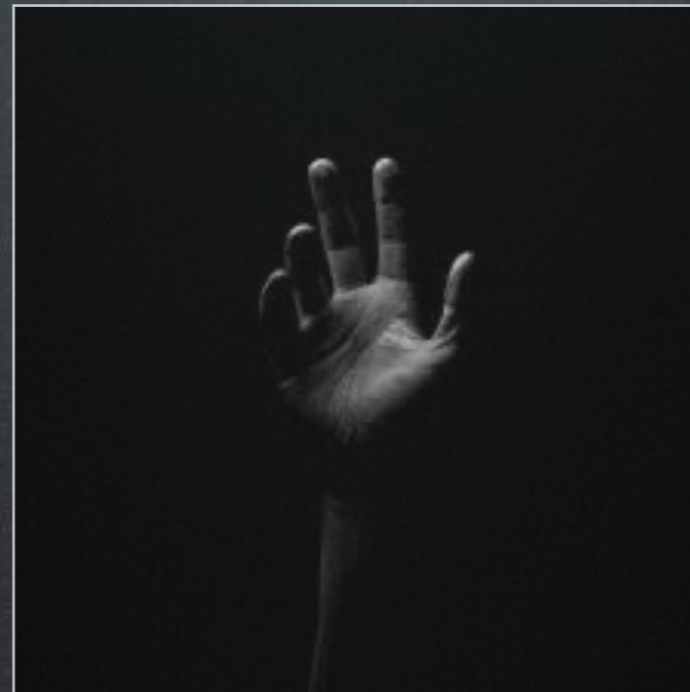
JESUS COLLEGE

A good school

“Healing the Heart”

Session 9 - “Healing the Soul” (part 1)

[Video 5A](#) [52:26 minutes]



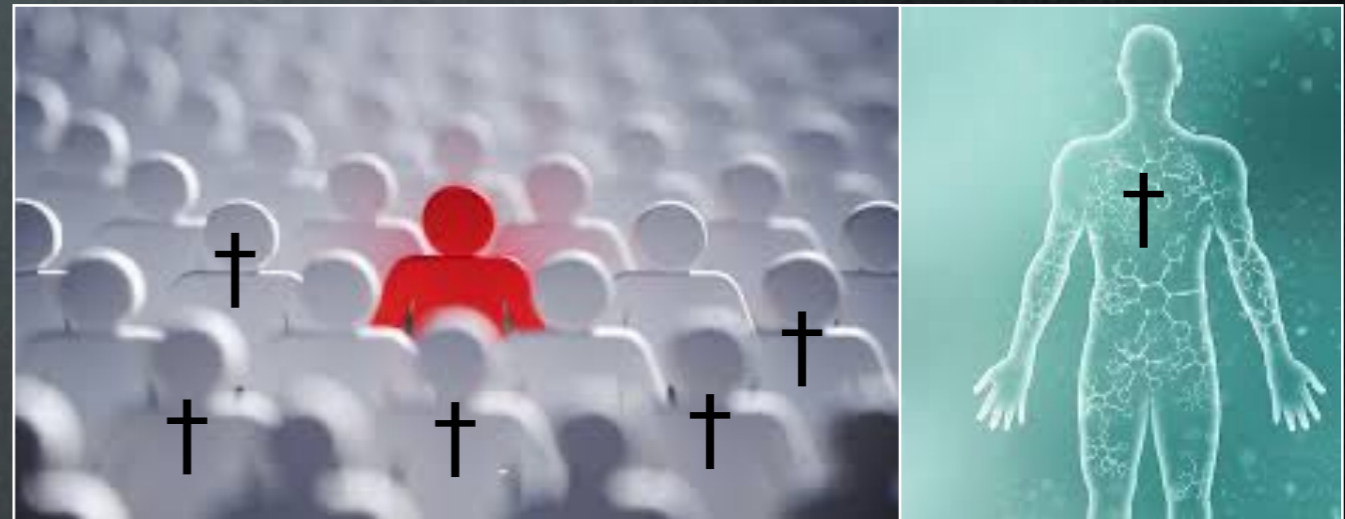
*We are grateful to Dallas Willard Ministries
for providing these videos for free!*

Review Sessions 7 & 8

“The Body & Social”

Jesus and His apostles teach that our habits reveal what we have sown in our bodies and social relations. By standing in worship through the gift and power of grace, we can learn how to embody the way of Jesus in our active temple.

This “temple” was created holy and it reveals to others who we are on the inside. Whether we live in sin or in the Spirit starts with genuine repentance and leads to choices we make by grace with our body and our relationships with others.



Session 9 — *“Healing the Soul”* (part 1)

Loving God with Our Whole Being

“Hear O Israel, the Lord our God is one Lord, and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength and love your neighbor as yourself.”

Mark 12:28-34; Deuteronomy 6:4

This is what it looks like to live with Jesus — to love God and our neighbor the way God loves and us and the way Jesus loved and lived daily.

Including the mind and no “attack & withdrawal”.

The Capstone of Love — *1 Corinthians 13*

Nothing in world literature comes close to teaching about love in the New Testament. Remember, [love] is something we are, we don't do. It is something love does.

“This is a new command I give you that you love one another as I have loved you. Greater love has no man than this, that he should lay down his life for his friends.” Jesus, John 15:12-13

What it means to love your neighbor
is redefined by Jesus.

We want our bodies involved in that...
a natural ability to step into goodness.

The Practice of Love in our Flesh

We are moving beyond the flesh of our bodies to union with Christ. We have to learn how to move. All the disciplines for the spiritual life are bodily behaviors.

What is love?

Love is will to good for all concerned in our presence and our action. Love is not desire.

Love comes to us from God in Jesus Christ.

“We love because He first loved us.” 1 John 4:19

“Nothing will separate us from the love of God.”



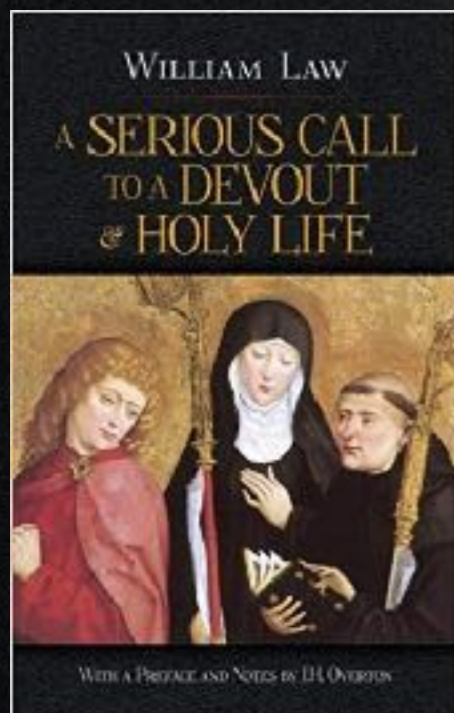
Romans 8:31-39

Love in Body & Soul

“For since we are neither all soul, nor all body, seeing none of our actions are either separately of the soul, or separately the body, seeing we have no habits, but such as are produced by the actions of both our souls and our bodies, it is certain that if we would arrive at habits of devotion or delight in God, we must not only meditate and exercise our souls, but we must practice and exercise our bodies. To all such outward actions are, as are conformable, to these inward tempers.”

William Law

A Serious Call to a Devout and Holy Life





The center of the universe is a wonderful community of persons that is characterized by love. God is Love.

Living in Kingdom Reality

Kingdom living is by the grace of God that comes from God acting in our lives in a loving way. And we know this grace by venturing on God.

When I'm faced with a choice, I won't just say,
"What do I want?" I will say, *"What is good?"*

When another voice says, *"If you do what is good,
then you will not get what you want."*

I say, *"Aha, there is a God! There is a God!"*

Shadrach, Meshach, Abednego & Daniel



Growing in Kingdom Reality

As we grow in character, love naturally and powerfully expresses the Kingdom.

Transformation of character and expressions of power will go hand in hand as that grace moves. Signs and wonders are a natural expression of the presence of the Kingdom of love. Our bodies should be in a position to convey that kind of power.

When acting in the name of Jesus, we invoke the Kingdom acting in the name of the King. As we grow in character, and love increasingly possesses our lives, we will naturally want to give the gift of the Kingdom to other people in speaking, and in action, and in our presence. The primary means of evangelization in the world is the bodies of disciples. “Love - the aroma of Christ” Eph. 5:1-2

The Core of Kingdom Living

The core of Kingdom living is a surrendered will.

A surrendered will to God is at the very heart of progression towards wholeness. And if that will is not surrendered, then the rest of it won't come along.

What that means is “what I want” is not what I live for. It's okay for me to want. I don't deny what I want, but it does not rule me. That's what it means to have a will surrendered to God. At the center of my being, I've settled that. *Good under God rules me!*

You can give your body to God...
all the parts of your temple.



The most important thing for us to understand in all this teaching — we're talking about the easy life. The hard life is the other way.

We're talking about actually coming in place where we just do the things that Jesus said. And we can all be summed up in terms of loving God and our neighbor in the way Jesus described it. But, it isn't an outward thing, it's an inward thing. And we can do it by the grace of God if we go by the inward route. And we can't even do it by the grace of God if we go the outward route, because the grace of God will not cooperate with us.



We are talking about living in interactive relationship with what God is doing now.

Matthew 5:20

Spiritual formation in Christlikeness is not just a matter of changing the wheel itself, but the whole person.

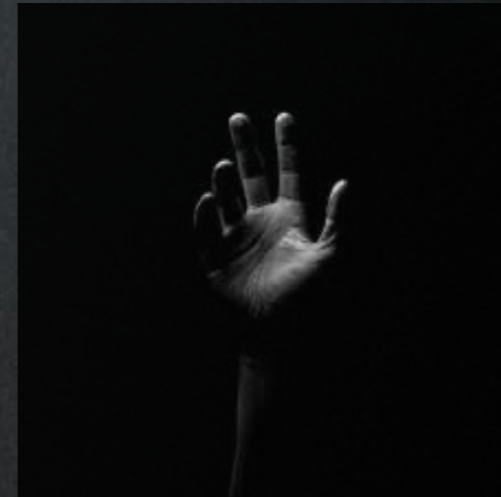
The Soul - The Deepest Part of You

The broken soul is really what we're talking about in this series!

The soul interfaces with God and brings all of our dimensions into one life.

“Nine Lives of the Broken Soul”

1. Dried up from self-absorption
2. Unable to make good decisions
3. Filled with duplicity
4. Transparency is lost
5. Incapable to love
6. Deceitful communication
7. Have to manage the world
8. Lost so a map will not help
9. Filled with regrets



Bethany Guttas offered this during the post-session discussion upon reflection of the session teaching.

Nine Lives of the Broken Soul

1. Dried up from self-absorption
2. Unable to make good decisions
3. Filled with duplicity
4. Transparency is lost
5. Incapable to love
6. Deceitful communication
7. Have to manage the world
8. Lost so a map will not help
9. Filled with regrets

The Reverse Map

1. (9) Realize I have regrets
2. (8) Find the map out
3. (7) I can't manage all
4. (6) Start honest talk
5. (5) Start loving better
6. (4) More transparent
7. (3) Duplicity leaves
8. (2) Better decisions made
9. (1) Become other focused

Sheep Without a Shepherd

The lost soul withdraws from God and focuses on self.

“All we like sheep have gone astray.” Isaiah 53:6

But we are found by our Good Shepherd...

“The Spirit of the Lord God is upon me because the Lord has anointed me to bring good news to the afflicted. He has sent me to bind up the brokenhearted, to proclaim liberty to captives, and freedom to the prisoners, and proclaim the favorable year of the Lord.” Isaiah 61:1-2a; Luke 4:18-19



Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A

80:00 + 10K

Meditation *Romans 8:31-39*

Application

VISION – What does “love” look like to me? How has God’s love change it?

INTENTION – How much do I will the good of others vs. wanting good for me?

MEANS – Take your soul on a walk with the Shepherd of Matthew 9 & 11



† Cross Fit

*Doug Webster offered this during
the post-session discussion.*

What is the difference between Mediation and Meditation,
conflict and calm, peace and panic?

You add the † at the center!

In whom do you place your trust to resolve the conflict?

When I am crossed or cross, go to the Cross!

Session 9 Summary

God's loving Kingdom is a community of divine and human love pouring into your soul to integrate all your dimensions through your body out to other people.

A broken soul withdrawn from God and focused on the self withers and dies a slow, disintegrated, public death.



Next Session

“Healing the Soul”

Part 2

[Video 5B](#) [Length 32:04]

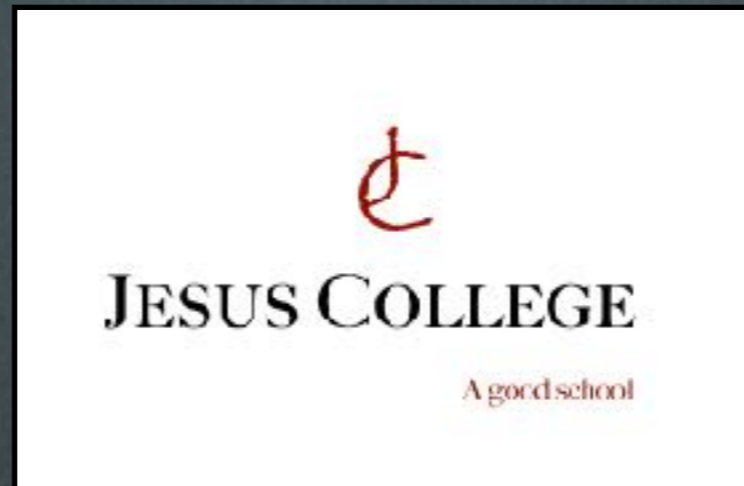
A final study guide with the transcript of videos 6A & 6B will be emailed to you and also posted in the Jesus College “Renovation” page.

Special thanks to Jake Fox, Sande Rajcic & Janet Ribet for their scribe work on the transcripts.

The SCHOOL of KINGDOM LIVING



Information...Registration — JohnC@dwillard.org



Apprentice to Master Love — //Nouns
“A Student of the Superior Benefactor”

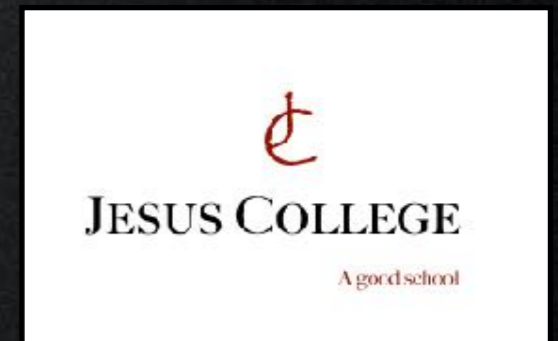
Apprentice to Master Love — //Verbs
“Training to be proficient in willing the good”

The Mission of Jesus College - To Empower Apprentices of the Master of Love who know Jesus as the One, great truth and to live a good life found in His truth.

The Vision of Jesus College - Equipping Trainers—Parents, Pastors, Professionals, Professors, Politicians—to mentor Senior Apprentices who will make Apprentices of Jesus.

Jesus College Storehouse of Courses & Resources

- * (20) FREE, ready-to-learn courses
- * In-person gatherings
- * 469 [FREE downloadable resources](#)
- * 6025+ pages of notes, slides, guides, links
...for a good life in the person, work, teachings and life of Jesus.



@OneAfterJesus

JesusCollege.com