

“Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003
Valley Vineyard Church
Reseda, California

WELCOME to our 12-session course sponsored by
Dallas Willard Ministries & Jesus College



DALLAS WILLARD
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Living in the kingdom now



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A good school

“Healing the Heart”

Session 2 - “Healing from Brokenness”

[Video 1B](#) [33:31 length]



*We are grateful to Dallas Willard Ministries
for providing these free videos.*

Session 1 Review

We change from the inside as apprentices of Jesus who put our confidence in Him, not our self-will to get what we want that leads to brokenness, but with child-like faith trusting the sufficiency of God to be enough for our daily lives.



A Disciple is a Loved Child

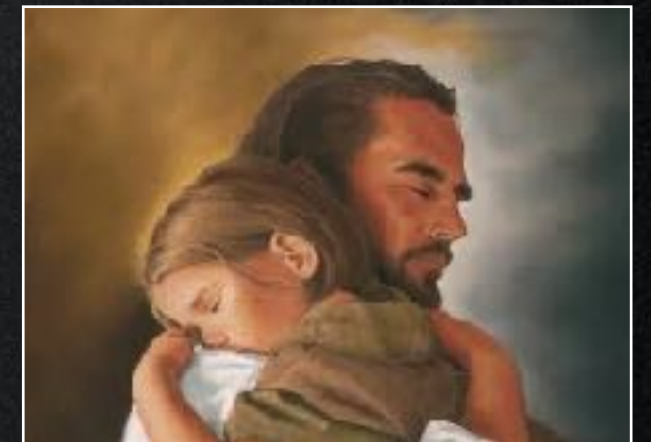
In God's eyes, we're all toddlers. That's how God looks at it. That's one reason why we need to repent and become like little children so we can accept that.

No matter how I have fixed my face, I'm still a toddler.

No matter how I have hidden my vulnerability,

I am still a toddler.

The wonderful truth is that God comes into the world to heal the broken hearted. I don't think we should conceive of that in a very narrow way. I think God is far more generous than we can begin to imagine.



“The Spirit of the Lord God is upon me
because the Lord has anointed me;
to bring good news to the afflicted,
he has sent me to bind up the brokenhearted,
to proclaim liberty to the captives
and freedom to the prisoners,
to proclaim the favorable year of the Lord...”

Isaiah 61:1-2 & Luke 4:18-19

Never lose the wonder of...

“God so loved the world He gave His son.” John 3:16

God so loved the world that He gave His Son to the world that those who put their confidence in Him would not lead a futile and failing life, but would receive the very kind of life that God has in Him — eternal life.

“Eternal life is not just long.

Eternal life is the quality of God’s life.”

And we are given the opportunity to receive that!

“Healing the Heart”

Session 2 - *“Healing from Brokenness”*

Video 1B [5:45 - 7:30]

A few moments with Dallas



The submission of my will to God is the first step to abandon my project of running the world. I don't run it. God runs it.

A Powerful Walk Through the 23rd Psalm

A seven-minute teaching through Psalm 23...

“The Lord is my shepherd.”

I'm not going to miss out on anything important!
All those things I thought I'd better take charge of
because I'm going to miss out on them, it won't matter.

I am a well rested, quenched, non-thirsty sheep.



A Powerful Walk Through the 23rd Psalm (cont'd)

A sheep lying down is a full sheep.

Recall “DEATH” of the “Four D’s” from session 1.

“Though I walk through the valley of the shadow of death,
I fear no evil for thou art with me.”

Death for many people is the ultimate fear. You’re thinking about what's going to happen to you. Remember the 23rd Psalm. Nobody who knows the Lord dies alone.

Many people are afraid of dying alone.

You'll never die alone.



A Powerful Walk Through the 23rd Psalm (cont'd)

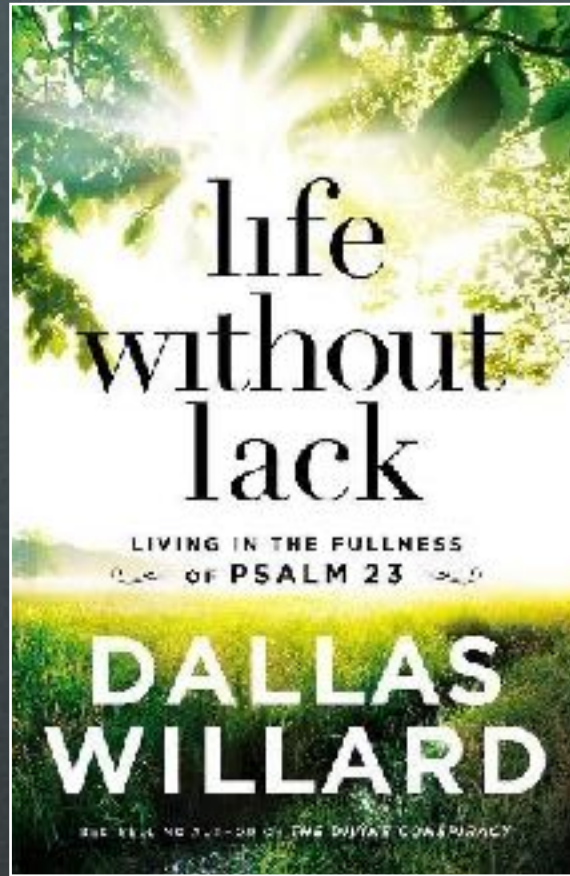
“He prepares a table before me in the presence of my enemies.”

Eating with enemies present? The Lord is present.

“Why don’t you have a bite with me?”

That would be a reasonable thing to do if the Lord is your shepherd. Jesus taught us to love our enemies, right?

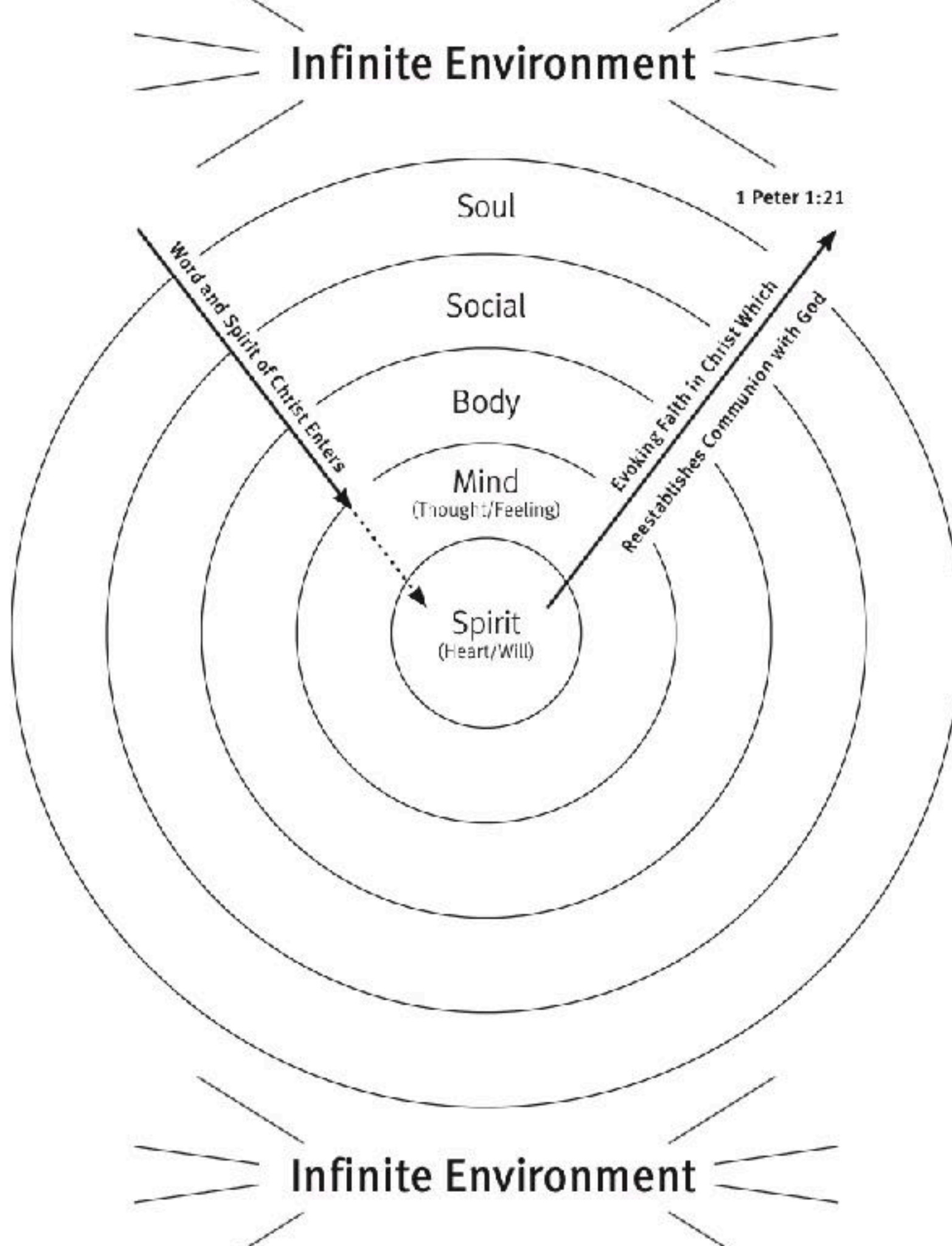




FREE 30 minute 9-session course

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Love God
with your
Heart,
Mind,
Soul,
Strength
and your
Neighbor



*Renovation of
the Heart*
(2021, p. 34)
(2002, p. 38)

The Six Dimensions of the Whole Person

- Spirit — The same as “heart” or “will”. To exalt myself and take control against the tough scene of the world.
- Mind — Full of the bad stuff all around us. Death. Killing. Longing to die. Bankruptcy. Desertion.
- Feelings — They go with the mind. You can only “will” what you know and have a feeling for.
- Body & Social — Set to do the wrong thing before you think about it. Primary forms: attack & withdrawal.
- Soul — The deepest part of us that is broken and dis-integrated and the whole person doesn't work.

“Healing the Heart”

Now, the good Shepherd comes and we give ourselves to Him. We begin to trust him and there begins to be recovery.

“Change me on the inside.” This is the inside!

The real issue for us is — What shall we do to meet the grace of God for healing and wholeness in every aspect of our person?



How do we change?

Become a Friend of Jesus

Going to church, hearing sermons, giving, witnessing is not enough.

The best preaching will not change your life.

*If you have received the Spirit of God in the birth from above,
you are now related to Jesus Christ.*

On Our Side – Trust, confidence, expectation and hope

On Jesus' Side – supplying, teaching, guiding through our experiences.

The question is...



The Question — Are you a friend of Jesus?

Have I drawn close to him so that the transformation inside has remarkably changed me and I no longer struggle with the outside?

Jesus says if I'm like that, I don't have a thing to worry about. This world is a perfectly safe place to be. Don't worry about tomorrow. Don't worry about what I am going to eat and drink and all that stuff. Why? Because my Father is looking out after me.

The Lord is my shepherd.



Changing Inside Out

† Character to Handle God's Power – Trusting the Shepherd heals us and moves the bad stuff out so we develop the the first issue - character. Like “transforming our mind” because what we think about is deeply indicative of our character.

† Thinking, Temptation & Sin – You have the thought, temptation is the inclination. Don't even think of it.

“How nice it would be if that person were dead.”

† Working with God on the Inside of our Being – Staying off the path to no longer think certain things. This is where choice comes in, where opinions matter.

Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A

80:00 + 10K

Spiritual Transformation Assignment

Work through the 23rd Psalm three times a day.

Morning — Mid-Day — Before Bed

Meditatively for 10-15 minutes each time

Let it be part of your furniture.

The Spirit of God will not meditate on it for you.

You have to do that.

Don't make a job out of it.

Do it in a way that you really enjoy it.

Let it roll over you.



Session 2 Summary

As a loved friend of the Good Shepherd Jesus, our whole person changes by learning from Him, beginning with our thought life, how to develop His character to handle the power of His Father's Kingdom.



Next Session

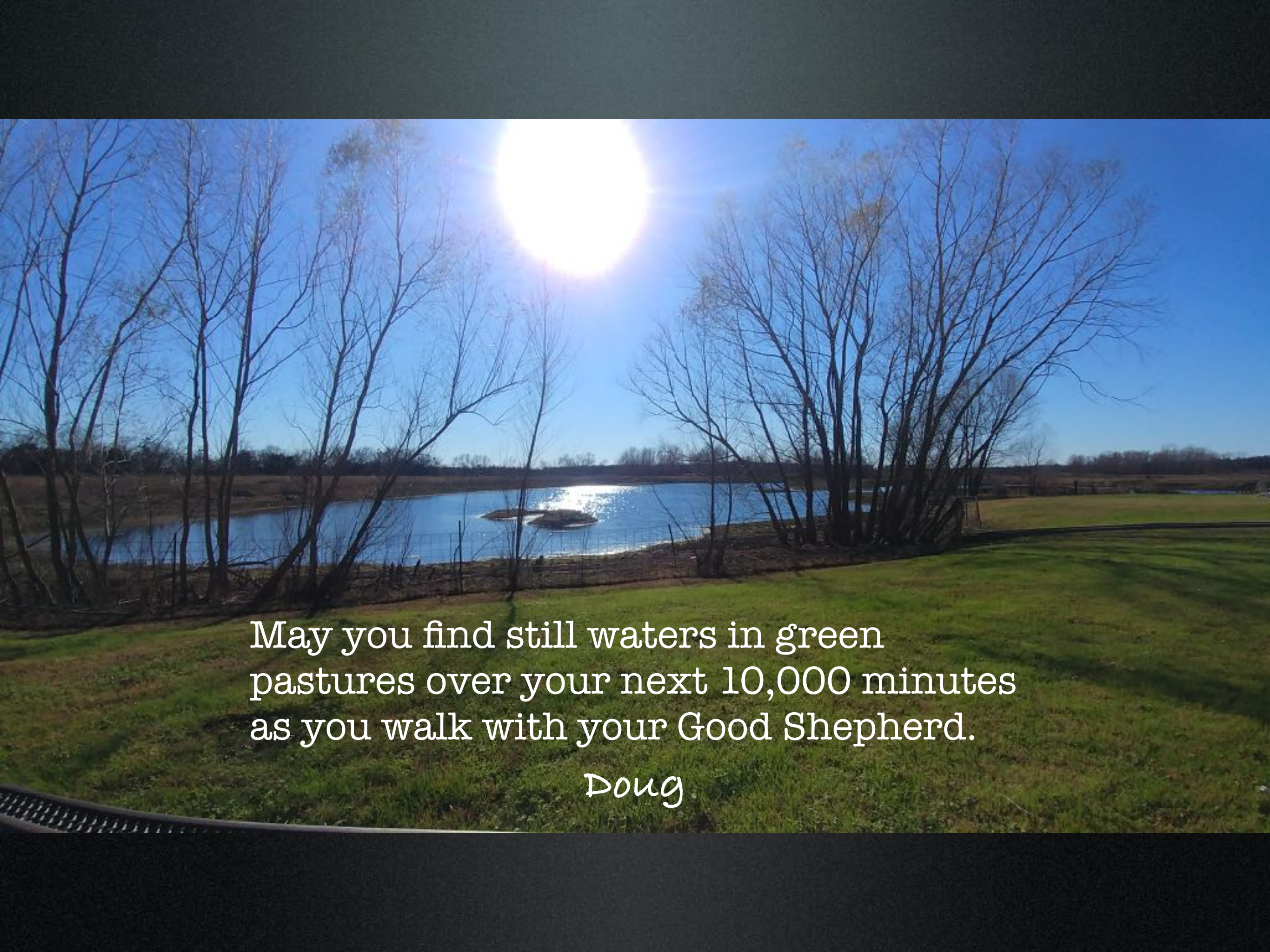
“Understanding the Will & Mind”

Part 1

[Video 2A](#) [Length 37:25]

Know others who might join us?
Register – info@JesusCollege.com

You will receive an updated study guide with the transcript of videos 2A & 2B.

A landscape photograph showing a green pasture in the foreground. In the middle ground, there is a pond with a small island in the center. The pond is surrounded by bare trees. The sky is blue with a bright sun in the upper center. The text is overlaid on the lower part of the image.

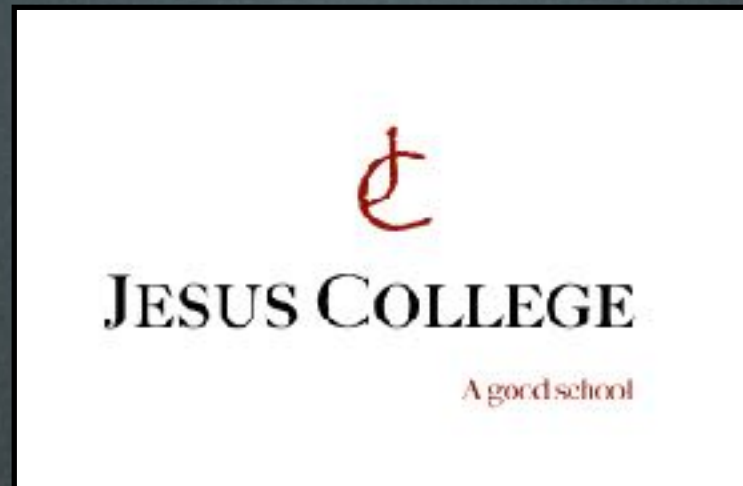
May you find still waters in green
pastures over your next 10,000 minutes
as you walk with your Good Shepherd.

Doug

The SCHOOL of KINGDOM LIVING



Information...Registration — JohnC@dwillard.org



Apprentice to Master Love — //Nouns
“A Student of the Superior Benefactor”

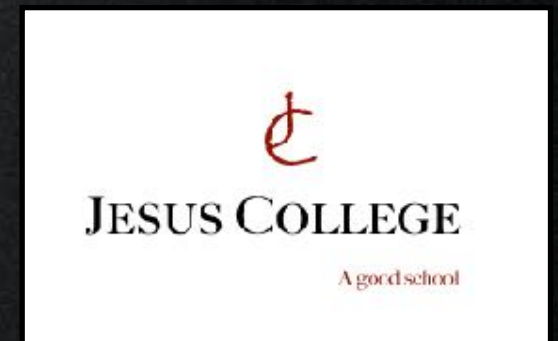
Apprentice to Master Love — //Verbs
“Training to be proficient in willing the good”

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