

# “Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003  
Valley Vineyard Church  
Reseda, California

WELCOME to our 12-session course sponsored by  
Dallas Willard Ministries & Jesus College



DALLAS WILLARD  
MINISTRIES  
*Living in the kingdom now*



JESUS COLLEGE

A good school

# “Healing the Heart”

Session 3 - “Understanding the Will & the Mind -  
The Center of Brokenness” (part 1)  
[Video 2A](#) [37:25 length]



*We are grateful to Dallas Willard Ministries  
for providing these free videos.*

# Dallas' Teaching #1

## *"Healing from Brokenness"* Sessions 1 & 2 Summary

As a loved friend of the Good Shepherd Jesus, our whole person changes by learning from Him, beginning with our thought life, how to develop His character to handle the power of His Father's Kingdom.

We change from the inside as apprentices of Jesus who put our confidence in Him, not our self-will to get what we want that leads to brokenness, but with child-like faith trusting the sufficiency of God to be enough for our daily lives.



## **Dallas' Teaching # 2** (part 1)

### “Understanding the Will & the Mind” Introduction

**The Obstacle** — “When we try to change ourselves, normally we fail because we focus on what we want to change instead of changing what causes what we want to change.”

**The Operation** — “Taking the heart - the center of the personality, bringing it to God, let healing come to the whole personality.”

**The Opportunity** — “The human life is increasingly made whole by living in interactive relationship with Jesus.”

“Renewing the Mind”

Romans 12:1-3



# Three Dimensions of “Brokenness 101”

Galatians 5:17, 9-21: The Picture of Brokenness

5:22-23: The Picture of Wholeness

1. Moral failure - fear of telling the truth
2. Unhappiness - no rest or peace
3. Inability to accomplish the good - *Holy Spirit fruitful?*

Outcome = *Fruit of the flesh* - v. 19-21

*Fruit of the Spirit* - v. 22-23

“Fruit from deep character”



A little girl in Sunday School is asked,

*“What is a lie?”*

*“An abomination to God...*

*and a very present help in time of trouble.”*



*“When we live from self-will , we have to resort to these kinds of things [works of the flesh] in order to succeed in our project of getting what we want.*

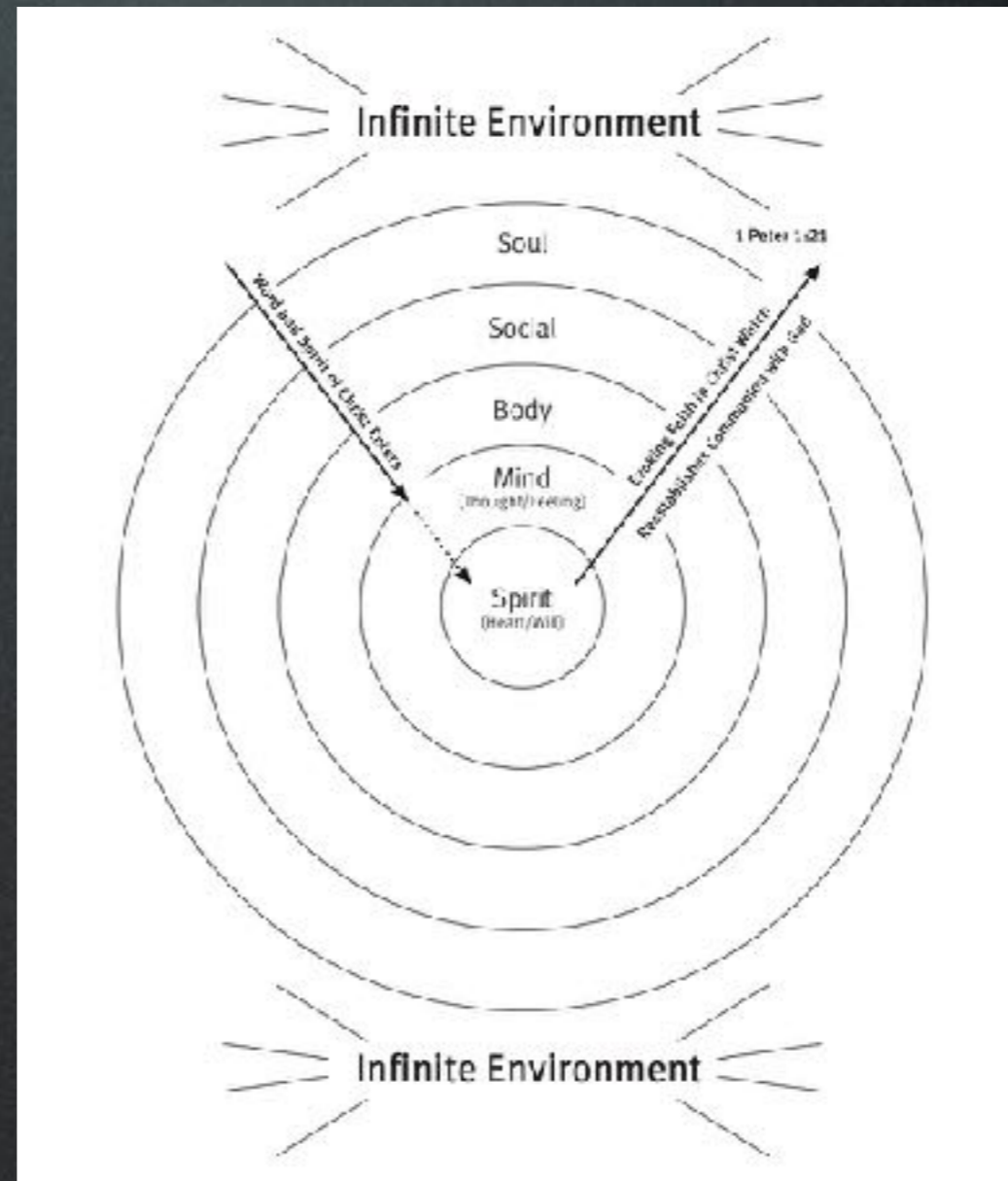
*This is the natural outcome of a life that is devoted to getting what I want.”*

# The Dimensions of the Human Self & The Spirit/Mind

Mark 12:29-30

The Word and Spirit of Christ come into my mind and my mind can change my spirit. Having that, I am able to relate back to God. The primary function of the will is to trust God.

Change can begin!



Love God  
with your  
Heart,  
Mind,  
Soul,  
Strength,  
and love  
your  
Neighbor



# God Reaching out to Everyone

## Salvation and Trust in God

The only thought requirement...

*“Jesus, you are really it! You are the greatest!”*

*“Whosoever shall call on the Lord shall be saved.” Romans 10:13*

As long as we're on the throne, He'll let us run it.

When we abandon the throne to Him, things change.

It is only the living relationship to Jesus that can actually pull us straight and begin to help us find our way in Him towards the fullness that is in Christ.



## **Working out Our Salvation with Fear & Trembling**

Our effort meets with His Spirit and grace progressively redeems every dimension of the self and we increasingly love God in the way that Jesus said.

See how that works?



*In this 12-minute segment [14:55ff], Dallas Willard presents a wholistic, life changing view of salvation - “deliverance from the broken condition of human life”. We will do well for our lives and all we know to truly understand what being “saved” really means.*

# Thought Life & Feelings

## The Power of Images & Thoughts

*The thought life and feelings are absolutely essential  
for the changes that have to happen!*

† The Good Shepherd on the Throne - *Psalm 23*

† Washing of the water of the Word - *Ephesians 5:26*

Cleansing our minds of harmful images.

† Destroying strongholds of worldly rationalizations

*II Corinthians 10:3-5*

*“Divine weapons of  
mental warfare”*



*Is the Lord  
my Shepherd?*

# Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A

80:00 + 10K

**Meditation** — *II Corinthians 10:3-5*

## **Application**

VISION - Do I see a dimension of brokenness as a current obstacle?

INTENTION - What is my part in working out my salvation? How well am I working?

MEANS - What “idea stronghold” will I apply Ephesians 5:26 to?



† Cross Fit

## Session 3 Summary

It is only the living relationship to Jesus that can actually pull us straight and begin to help us find our way in Him towards the fullness that is in Christ. From that point of view — the thought of Jesus on the throne — all of the wonderful promises that God gives and that we see in Jesus Christ become real.



## Next Session

# “Understanding the Will & Mind”

Part 2

[Video 2B](#) [Length 31:15]

Know others who might join us?  
Register – [info@JesusCollege.com](mailto:info@JesusCollege.com)

*You will receive an updated study guide with the transcript of videos 3A & 3B.*

May the pattern of your mind  
in the next 10,000 minutes  
be filled with the image and  
incarnation of Jesus as your  
Shepherd.

Doug

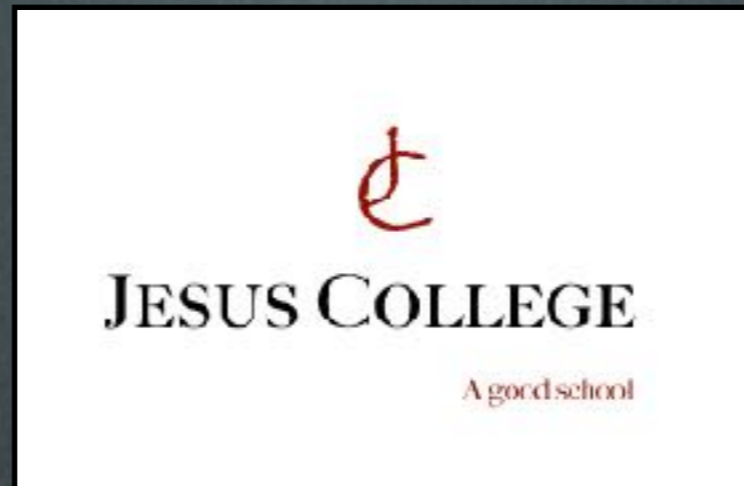




# The SCHOOL of KINGDOM LIVING



Information...Registration — [JohnC@dwillard.org](mailto:JohnC@dwillard.org)



Apprentice to Master Love — //Nouns  
*“A Student of the Superior Benefactor”*

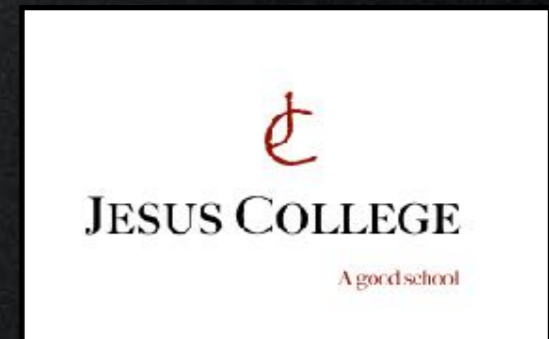
Apprentice to Master Love — //Verbs  
*“Training to be proficient in willing the good”*

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