

# “Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003  
Valley Vineyard Church  
Reseda, California

WELCOME to our 12-session course sponsored by  
Dallas Willard Ministries & Jesus College



DALLAS WILLARD  
MINISTRIES  
*Living in the kingdom now*



JESUS COLLEGE

A good school

## **The Course VISION**

To offer hope and an action pathway to change on the inside.

## **The Course INTENTION**

- \* Pursue true healing of the heart
- \* Provide biblical, relevant and transformative teaching
- \* Provide a community of encouragement & accountability

## **The Course MEANS**

- \* 12 interactive sessions with optional, extended Q&C
- \* Study resources for learning and spiritual growth practices
- \* A global Cadre of Apprentices of Jesus Christ



## **Format** - 30 minutes

- Welcome, Focus & Review
  - Session Highlights
  - Your Q&C's
  - Summary & Blessing
- — —
- After: Optional more Q&C

Recorded sessions, slides,  
& study guide in the  
[Jesus College Library](#)

# Your Worldview Coach

## *Doug Webster*

- \* Following Jesus for 50 years & working with Him since age 18.
- \* Vanguard University & Fuller Seminary
- \* Met the Jesus Dallas knew 17 years ago
- \* Started Jesus College in 2015
- \* “Healing the Heart” is our 31st webinar engaging over 2950 participants from 57 Countries.
- \* Guiding Jesus College’s “Master’s in the Master” spiritual training
- \* A blessed Family of 16 2/3!



# “Healing the Heart”

## Session 1 - “Healing from Brokenness”

[Video 1A](#) [41:15 length]



*We are grateful to Dallas Willard Ministries for making these videos available for free.*

# The Invitation

Change on the inside is possible, accessible, it comes to us from God. The way to heal the brokenness of human life is by these truths...

We have to act for that to happen.

Change is not passive . Change is active.



<sup>4</sup>“Love is patient; love is kind; love is not envious or boastful or arrogant <sup>5</sup>or rude. It does not insist on its own way; it is not irritable; it keeps no record of wrongs; <sup>6</sup>it does not rejoice in wrongdoing but rejoices in the truth. <sup>7</sup>It bears all things, believes all things, hopes all things, endures all things.”

1 Corinthians 13:4-7

# Everything Promised in Scripture is Possible in God

What I'm saying to you is that's for you. That's for me!

Now, it doesn't say I do it. And if you think you're going to do that, you're in real trouble. It says love does it.

So, now what are we to do? We are to receive love into our lives. And we can do that. Now, we can't do it without God, but we don't have to. We're not waiting on God. He's ready.

So, now the question that really comes to us is,

*“Would we feel safe being like that?”*

# Everything Promised in Scripture is Possible in God

Do I really want to “bear all things?”

That's a challenge, isn't it? We have to have a vision of God that would allow us to be enthusiastic about that. And we have to be able to answer the question, “What's going to happen to me if I do that?” That's where the main change on the inside has to occur.

The question,

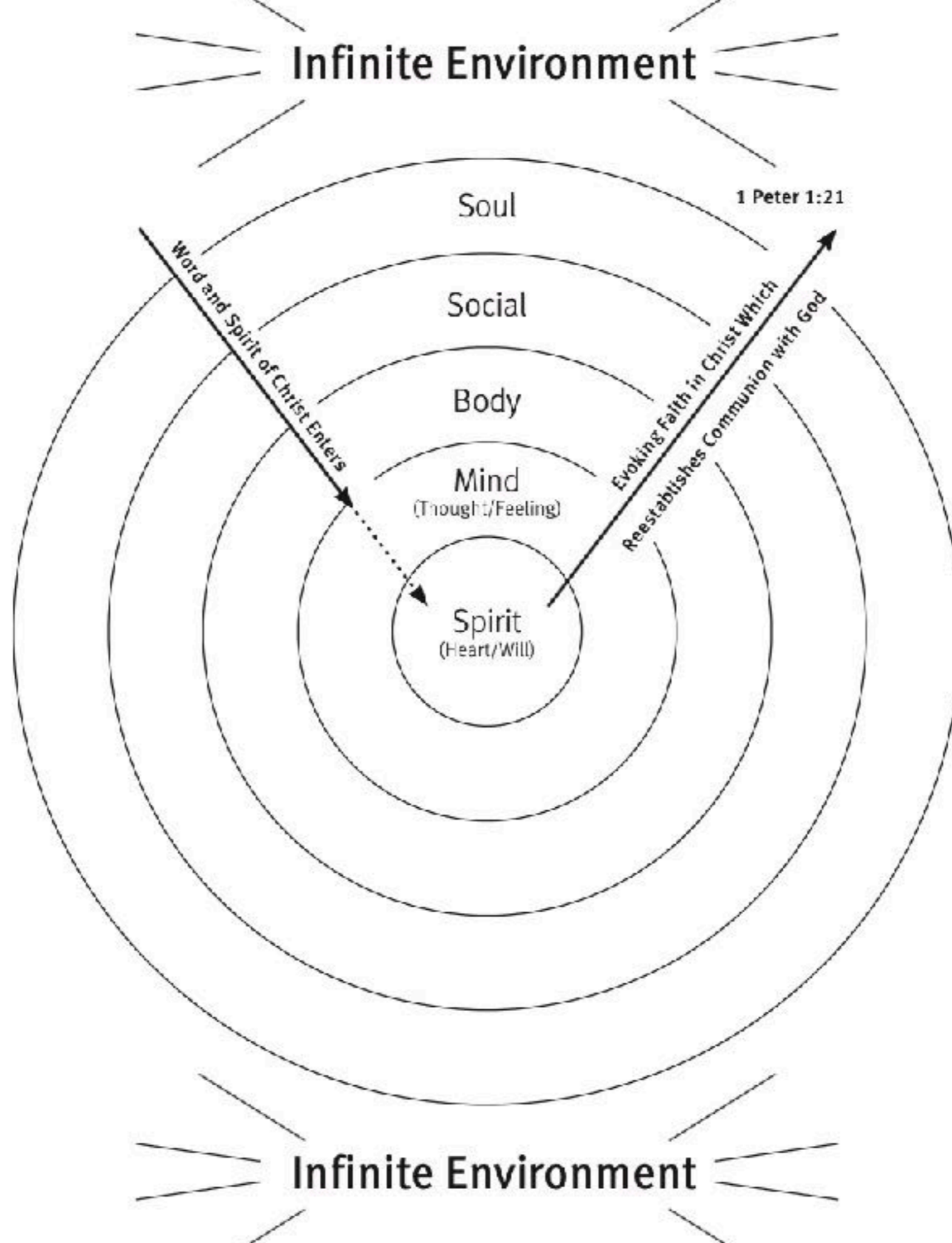
“What's gonna happen to me?”...is the universal human question. And the only answer to it is given through the Scriptures and the Son of God who came and let it happen to him.



# **“Healing the Heart”**

## **Overview of the Six Sessions**

- Session 1 – How are Hearts and Lives are Broken and the Promise of Healing ([Video 1A](#) & [Video 1B](#))
- Session 2 – Understanding the Will and the Mind ([Video 2A](#) & [Video 2B](#))
- Session 3 – Out of the Furnace of Feeling ([Video 3A](#) & [Video 3B](#))
- Session 4 – The Broken Body and Its Social World ([Video 4A](#) & [Video 4B](#))
- Session 5 – Healing the Soul ([Video 5A](#) & [Video 5B](#))
- Session 6 – Living Wholeness of Life in the Kingdom and Power of God ([Video 6A](#) & [Video 6B](#))



*Renovation of  
the Heart*

(2021, p. 34)  
(2002, p. 38)

# **“Healing the Heart”**

## Session 1 Theme

*“How our hearts and lives are broken  
and the promise of healing.”*

We have to understand “brokenness.”

What is the one simple source of brokenness?

What is the one simple source of brokenness?

SELF-WILL



## **SELF-WILL**

*I must have my way no matter what!*

Look back down to history. Go all the way back to the Garden of Eden and when you look at all of the calamities that befall people, and you're looking to families, which is the primary source of continued human brokenness — the family.

But “will” is a good thing. God gave it to us.

The Will — Our capacity to bring things about to initiate courses of actions and events that bring things about.

*God created us as creators.*

The will of individuals and groups to get what they want, regardless of what it does to others, is what continually destroys life.

## **SELF-WILL & Brokenness**

We live in a world of disappointment, insufficiency, injury and hurt, mental, emotional, physical and social, with scarred and dysfunctional, painful souls and bodies.

One of the saddest things is what happens to children in this world, and it's universal. It takes different forms in different places, but children have to come to terms with the reality of the world they live in.



Jesus was very stern about this.  
He said,

*“If you offend a little child, it'd be better for you to have a millstone tied around your neck and thrown into the ocean.”* Matt. 18:6

Thank God somebody in the universe takes this seriously.

Jesus said,

*“Their angels do always behold the face of my Father who is in heaven.”* (v. 10)



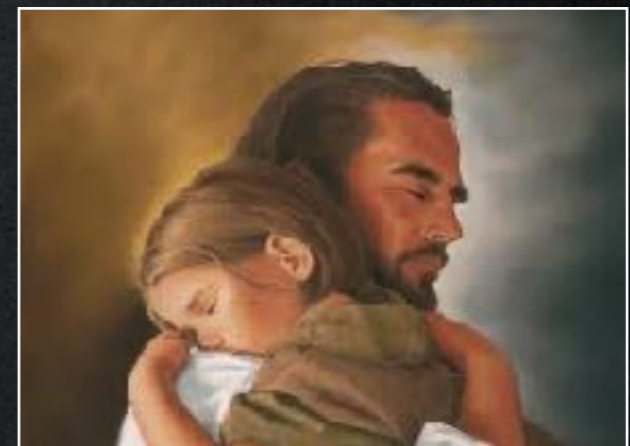
## Healing Children from Brokenness

Children can escape the brokenness if they are welcomed in the presence of parents who are not themselves at the mercy of their brokenness and are able to make a place of love and generosity for the child.

Jesus wasn't just whistling dixie when he said,

*“You have to repent and become like a little child, or you can not enter the kingdom of heaven.” (Matthew 18:3)*

We need to give a lot of thought to that when we're talking about this kind of transformation.





## **The Four D's of Brokenness**

Our lives are characterized by thoughts and feelings of:

**DEFICIENCY** — I won't quite do.

**DESERTION** — No one really cares about me. So I have to do everything I can to manage them.

**DREAD** — Tomorrow morning, work, sickness, aging.

**DEATH** — The end.



## **The Sufficiency of God Over Brokenness**

One of the great gifts of healing that comes from Jesus is His assurance that those (we) who know Him and love His Word will never experience **death**.

And they (we) will never experience **desertion**.

And they (we) are sufficient in God.

And that there's really nothing to **dread**.

Do you believe that?

*“I'm with you always.” Matthew 28:20*

*“I will never leave you nor forsake you.” Hebrews 13:5*

*“A city made without hands.” Hebrews 13:14*

*“A Kingdom that can not be shaken.” Hebrews 12:28*

*“If you really dread nothing because of your knowledge of God, well, then you’re moving out of brokenness.”*

## **Healing of Brokenness through Discipleship**

We really do want to recognize that just profession of faith in Jesus doesn't bring that. Can we be honest about that? There's no reason why it should. It was never meant to.

*The healing of brokenness, overcoming the brokenness, comes from a path of discipleship to Jesus, not just faith in Him.*

We have to recognize that we have a form of Christianity\* today that accepts that, and says, “*You can have faith in Christ and not change. You can have faith in Christ and not be a disciple.*” If you don't accept that discipleship, you certainly will not change because the change comes as a process of disciple.

*\* Take our “Spiritual Formation & Salvation” Course*

## What is a Disciple?

An Apprentice!

*Please try to think about your faith in Jesus as confidence in him.*

...not just something He did or something He said, you have confidence in Him, then you believe He's right. You believe what He does is good and you want to be in on it.

So, everything He said, and everything He did, that says, "Wow, I want to learn how to do that."

Like an apprentice in the plumbing trade.

Who knows how not to envy – resentment of someone who has what you don't? Someone who has learned how. It's a deprived person who has trouble with envy.

*Like the Pharisees who envied the love of people for Jesus.*

# The Problem of Taking Charge of Our Lives

We see ourselves forced to take charge of our life and world in whatever way we can resulting in further injuries and disappointments to ourselves and others.

Satan's Temptation to Eve...

*"You better take charge because God is not going to look out for you. In fact, he's going to deprive you of something good."*

Children go out into the world starting with young bullies at "recess" play time. It's the same story. We live in this broken world of people incapable of doing the good they intend to do. The pattern we fall into...

- > Moral failure
- > Lack of peace, joy, contentment
- > Little or no productivity of good



“For from within, out of the heart of men precede evil thoughts, fornication, theft, murder, adultery, deeds of coveting and wickedness, as well as deceit, sensuality, envy, slander, pride and foolishness.” Mark 7:21-23

“For the flesh sets its desires against the Spirit and the Spirit against the flesh for these are in opposition to one another, so that you may not do the things you please.”  
Galatians 5:17

## **We Wind Up Hiding from People**

Because of the brokenness, we develop a place to hide. Actually, it's in our bodies. One of the main things that our bodies allows us to do is to hide from others.



*“God has given you one face  
and you make yourself another one.”  
William Shakespeare, “Hamlet”*

That's the picture of human brokenness. We want to recognize that God is always reaching out trying to find the human being in their brokenness. It's hard for us to believe somehow that He could actually love everyone, but He does.



# Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A



You are graced with 10,080 minutes weekly. If you invest 80 minutes studying for the session and our course session, you have 10,000 minutes of apprenticeship in your life with God in His Kingdom among us learning from Jesus how He would lead your life if He were you.

**80:00 + 10K**

**Meditation** – *Galatians 5:17-21 & Mark 7:21-23*

## **Application**

VISION - What does an apprenticeship with Jesus look like to me?

INTENTION - How does “envy” reveal what I really want?

MEANS - How will I bring my self-will into my apprenticeship with Jesus this week?



† Cross Fit

## Session 1 Summary

We change from the inside as apprentices of Jesus who put our confidence in Him, not our self-will to get what we want that leads to brokenness, but with child-like faith trusting the sufficiency of God to be enough for our daily lives.



## **Next Session**

# **“Healing from Brokenness”**

Video 1B [Length 33:31]

Know others who might join us?

Register — [info@JesusCollege.com](mailto:info@JesusCollege.com)

May the knowledge of the love and sufficiency of God empower your next 10,000 minutes to learn as an apprentice the way of a good heart.

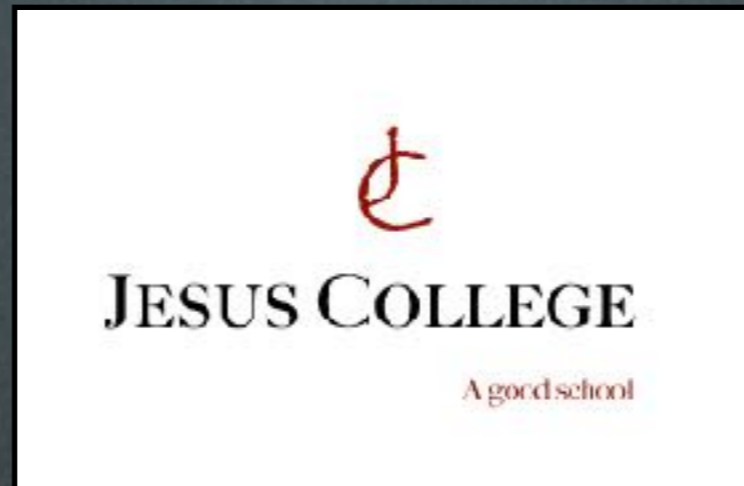
Doug



# The SCHOOL of KINGDOM LIVING



Information...Registration — [JohnC@dwillard.org](mailto:JohnC@dwillard.org)



Apprentice to Master Love — //Nouns  
*“A Student of the Superior Benefactor”*

Apprentice to Master Love — //Verbs  
*“Training to be proficient in willing the good”*



**The Mission of Jesus College** - To Empower Apprentices of the Master of Love who know Jesus as the One, great truth and to live a good life found in His truth.

**The Vision of Jesus College** - Equipping Trainers—Parents, Pastors, Professionals, Professors, Politicians—to mentor Senior Apprentices who will make Apprentices of Jesus.

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