

“Healing the Heart & Life by Walking with Jesus Daily” by Dallas Willard



September 23 - October 28, 2003
Valley Vineyard Church
Reseda, California

WELCOME to our 12-session course sponsored by
Dallas Willard Ministries & Jesus College



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MINISTRIES
Living in the kingdom now



JESUS COLLEGE

A good school

“Healing the Heart”

Session 5 - “Out of the Furnace of Feeling” (part 1)

[Video 3A](#) [49:26 minutes]



*We are grateful to Dallas Willard Ministries
for providing these free videos.*

“Understanding the Will & the Mind”

Part 1 Review

“It is only the living relationship to Jesus that can actually pull us straight and begin to help us find our way in Him towards the fullness that is in Christ. From that point of view — the thought of Jesus on the throne — all of the wonderful promises that God gives and that we see in Jesus Christ become real.”



Part 2 Review

“The path forward towards the healing of the heart means the renovation of the mind, and that means that the images and thoughts and the teachings of the Scripture about God and your world now come in and occupy your mind, and that lays a foundation for your will to act differently.”



“Just call me Dallas.”

“I’m one of those kinds of doctors that can't do anyone any good.”

“What we're hoping to see come out of this can only be accomplished if we do our best, but the blessing of God falls and touches lives, and change is on the inside. See, what I'm hoping to do is to lead you into an easy life of righteousness and joy. That's what Jesus came to give.”



“Out of the Furnace of Feeling (part 1)



*“The beast in me is caged
in frail and fragile bars.”* Johnny Cash

We are holding an identity conceived in our minds.

We keep feeding that beast. We don't have to do that.

The old beast is primarily thoughts and feelings.

We're talking about really changing how we think and feel.



The way of Christ is all real. Not a single thing that happens to us in this world is not redeemable.

Romans 8:28, "All things work together for good to those who love God and are called into His purposes."

This takes work because our thoughts have often been obsessed with the bad stuff that happens to us. Then we become fixed on that, and we become angry, and unforgiving, and superior in our outlook to defend ourselves. It's pulling our souls.

That's why we need the discipline of celebration.



Romans 5:8, “God recommended his love for us that while we were yet sinners, Christ died for us.”

The center of our focus is the goodness of God as seen in the person of Jesus Christ. We have to be willing to turn our minds and live there.



Learning Contentment in the Goodness of God

Major point — If we don't have help teaching the grace of God, our feelings will capture our thoughts.

Philippians 4:4-13

“I can do all things* through Christ who strengthens with me.”

“Rejoice in the Lord always. Again, I say, rejoice. Be anxious for nothing, but in everything with prayer, and supplication with thanksgiving, let your requests be made known unto God. And the peace of God will set a guard on your heart.”

Seeing the goodness of God in all things* like in beauty.

“Out of the Furnace of Feeling” (part 1)

1) Who God is: Loving, all-powerful Father, King, Shepherd—a Savior who died.

2) Who I am: An unceasing spiritual being with an eternal destiny in God's great universe.

The most important thing that God gets out of your life is the person you become.

3) The Good Things God has given to me and placed around me.

Mind Cleanup Operation, *“God has done well by me.”*

The Role of Feelings

Feelings move us, incline us, engage our “will”.
And they set on self are against God and they cause
terrible pain and suffering as the first phase of brokenness.

Art can help us understand the brokenness unless
corrupted and set against God and it loses its purpose of
healing and revelation of truth.

*“We have to have right thoughts to guide because we
can’t allow our feelings to define what is good.”*

Feelings and Inclinations to Good or Evil

STAGES toward SIN – “Do not look to lust.”

The thought of sin is not sin.

Temptation, still not a sin, is the inclination to sin.

Sin is “willingness” to act.

If we want to stay out of sin, stay out of temptation.

If we want to stay out of temptation,
stay out of the thought by changing how we think.

Feelings and Inclinations to Good or Evil

STAGES toward Good — “Turn the other cheek.”

The thought of goodness is not enough.

The inclination to goodness is not enough.

Goodness is to be poised to act.

Why would I want to hit him just because he hit me?

This is a total shifting of thought and feeling.

I have to retrain myself so that all of those things which would normally lead me to act wrongly, I now “recognize the occasion” to do what is right.

Doing what Jesus taught us to do

“The one who hears my words and puts them into practice is like a wise man building his house on a rock.”

The normal person reads what Jesus says and thinks, “I gotta do that.” The answer is — no, you can't do that, and if you try, you just mess yourself up, and a lot of other people, too. You wind up faking it. You create a legalism of some sort. There you are. You said no. You don't want to do that.

*You want to become the kind of person
who would do that.*



Q&C

Your Questions & Comments are welcome!

(Use the Q&A on the bottom of your Zoom screen)



Q&A

80:00 + 10K

Meditation “All things” Romans 8:28 & Philippians 4:13

Application

VISION — Am I seeing evil more as simply crazy?

INTENTION — Am I ready to let go of emotions like anger or envy that rule me?

MEANS — Replace “How am I feeling today?” with “How am I thinking today?”



† Cross Fit

Sesssion 5 Review

The thought of being an “unceasing spiritual being with an eternal destiny in God's great universe” can place feelings in the proper position to incline us to will what is good with Jesus like Jesus by Jesus.



Next Session

“Out of the Furnace of Feeling”

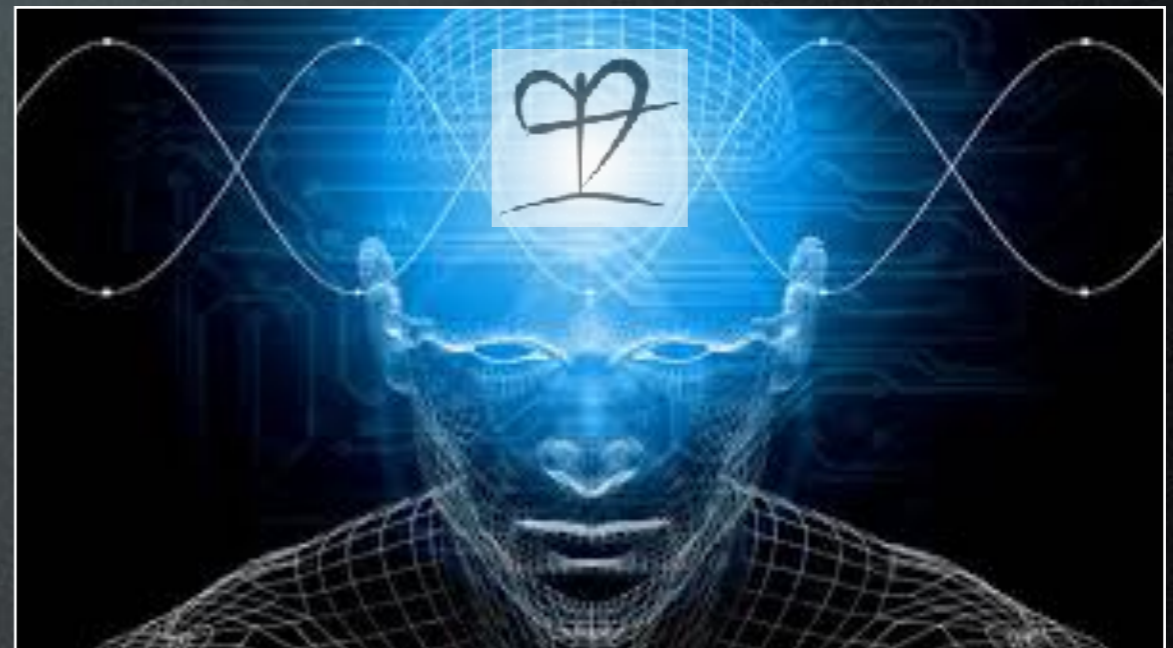
Part 2

[Video 3B](#) [Length 29:43]

*We will email you and post in the Jesus College
“Renovation” page an updated study guide with the
transcript of videos 4A & 4B.*

Good awaits your next
10,000 minutes as you train
to think your way into feeling
good about God's thoughts
about you.

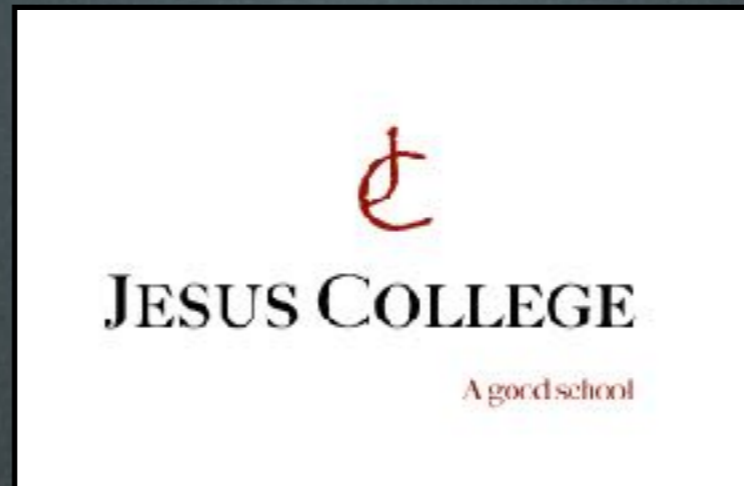
Doug



The SCHOOL of KINGDOM LIVING



Information...Registration — JohnC@dwillard.org



Apprentice to Master Love — //Nouns
“A Student of the Superior Benefactor”

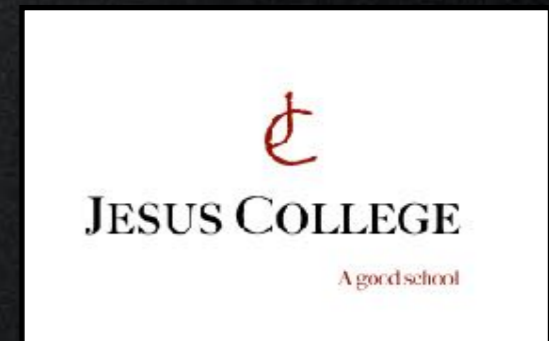
Apprentice to Master Love — //Verbs
“Training to be proficient in willing the good”

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