

abdomen Khwiri (**gi-ma**) *n* abdomen; **Rumbu (gi-ma)₁** *n* abdomen
ache ku Bayisa₁ *v* ache; ku Hisa₁ *v* ache
acne Xirumbani₂ *n* acne
Adam's apple Khololwani (**gi-ma**) *n* Adam's apple
AIDS SIDA Portuguese *n* AIDS
allergen Alergico Portuguese *n* allergen
allergy Alergia Portuguese *n* allergy
amputate ku Tsema₁ *n* amputate
anesthesia Anastesia Portuguese *n* anesthesia
anesthetic Anestesico Portuguese *n* anesthetic
ankle Hlakala (**gi-ma**) *n* ankle
antibiotic Antibiotico Portuguese *n* antibiotic
antidote Antidoto Portuguese *n* antidote
anti-retro-viral (HIV/AIDS) TARV *n* Anti-retro viral (HIV/AIDS)
anus Nyovi (**mu-mi**)₁ *n* anus
anxiety Kukanakanela *n* anxiety; **Kungaruli hi xilo xo kari** *n* anxiety; **Kuxaniseka₁** *n* anxiety
anxious (to be) ku Kanakanela *v* anxious (to be); ku Karatekela *v* anxious (to be)
appendicitis Appendicite Portuguese *n* appendicitis
appendix Appendice Portuguese *n* appendix
arm Woko (**gi-ma**) *n* arm
armpit Khahala (**gi-ma**) *n* armpit
artery Siha (**mu-mi**)₁ *n* artery
arthritis Nyamakazi *n* arthritis; **Wubabyi ga marambu** *n* arthritis; **Xithlavi₁** *n* arthritis
aspirate ku Hefemula *v* aspirate
asthma Asma Portuguese *n* asthma; **Lifuva₁** *n* asthma; **Phakama (gi-ma)₂** *n* asthma
baby Lisana (**li-ti**)₃ *n* baby (newborn); **Xihlangana (xi-zi)**₃ *n* baby (a nursing child)
back Hlana (**mu-mi**) *n* back
bacteria Zitsongwatsongwani *n* bacteria
ball
bandage Ceka (**mu-mi**) *n* bandage
bathe ku Hlamba *v* bathe (the body)
bed Mubhedi (**mu-mi**) *n* bed
bee sting Livole *n* bee sting

belch ku Bhis₁ *v* belch
better Chukwana *adj* better (feeling better)
bile Nyongwa (yi) *n* bile
bilharzia Xikohe *n* bilharzia; Xitshunga *n* bilharzia
birthdate Dia de anos Portuguese *n* birthdate
bladder Tshunzelo (gi-ma) *n* bladder
blanket ku Fenengela *v* wrap (the body in a blanket); Kumba (mu-mi) *n* blanket; Xifenengelo (xi-zi) *n* blanket
bleed ku Huma nkhata *v* bleed; ku Lumeka *v* bleed (by cupping); ku Phophoma nkhata₂ *v* bleed (heavy haemorrhage)
bleeding Xikhuyu *n* bleeding (of the gums)
blister ku Kupuka *v* blister; ku Tlhukurela₂ *v* blister; Nyalove (mu-va) *n* blister (water blister on the knees); Pswhapswhati (gi-ma) *n* blister (caused by heat or a burn); Rukubya (gi-ma)₂ *n* blister (water blister)
blood Madinjhi *n* blood (clots of coagulated blood); Nkhata (wu) *n* blood
blood clot Sangue coagulo₁ Portuguese *n* blood clot
blood pressure Pressar sanguinea Portuguese *n* blood pressure
blood vessel Siha (mu-mi)₃ *n* blood vessel
body Miri *n* body
boil Xidlayi (xi-zi)₂ *n* boil
bone Rambu (gi-ma) *n* bone
bowels Marumbu (ma)₃ *n* bowels
boy Mufana (mu-va) *n* boy
brain Cerebro Portuguese *n* brain
breast Vele (gi-ma) *n* breast (of a woman)
breastfeed ku Anwisa *v* breastfeed; ku Mamisa *v* breastfeed
bruise ku Balesa *v* bruise; ku Khuvaza *v* bruise; ku Lamata *v* bruise; Phanja (yi-ti)₂ *n* bruise
burn Queimadura Portuguese *n* burn
burp ku Bhis₂ *v* burp
bury ku Lahla *v* bury (a body)
buttock Nhako (yi-ti)₂ *n* buttock (male); Rako (gi-ma)₂ *n* buttock (female)
cadaver Ntumbu (mu-mi)₂ *n* cadaver; Xirumbi (xi-zi)₂ *n* cadaver
calf Xiguba (xi-zi) *n* calf (of the leg); Xihlafa (xi-zi) *n* calf (of the leg)
calm ku Bhuwatela₁ *v* calm (a crying baby); ku Miyeta *v* calm (to calm another); ku Rula *v* calm

(be calm); **ku Rulisa** *v* calm (to calm another)

cancer **Cancro** Portuguese *n* cancer

cane **Nhonga (yi-ti)** *n* cane (walking stick)

cataract **Nzololo (yi-ti)** *n* cataract (of the eye); **Xanga (yi-ti)** *n* cataract (of the eye); **Xitsope (xi-zi)** *n* cataract (of the eye)

catarrh **Mukhuhlwani** *n* catarrh (mucus drainage in the throat)

caul **Mpambani (wu)₁** *n* caul

cauterize **ku Pfota** *v* cauterize

cheek **Rama (gi-ma)** *n* cheek

cheekbone **Xitlongo (xi-zi)₂** *n* cheekbone

chest **Xifuva (xi-zi)** *n* chest

chicken-pox **Ximungwamungwani** *n* chicken-pox

child **Lisana** *n* child (newborn); **Nwana (mu-va)** *n* child; **Nzhumulo (yi-ti)₂** *n* child (weaned); **Xihlangana (xi-zi)₂** *n* child (a nursing child); **Xisivamarumbu** *n* child (the youngest child of a mother who has stopped bearing children); **Xisumbi (xi-zi)** *n* child (toddler)

childbirth **Kubeleka** *n* childbirth; **Kupswala** *n* childbirth

chin **Xilevu (xi)** *n* chin

choke **ku Phira** *v* choke (on food or liquid)

cholera **Colera** Portuguese *n* cholera

circumcise **ku Ceka** *v* circumcise

circumcised **Xitshiva (xi-zi)** *n* circumcised male

circumcision **Wukwera (gi)** *n* circumcision

clavicle **Xiphanga (xi-zi)₂** *n* clavicle

cleanliness **Kuhlazeka** *n* cleanliness

clini **Clinica** Portuguese *n* clinic

coagulate; rigid **ku Tiya₂** *v* coagulate; rigid

coffin **Nghaxa yo lahlela munhu** *n* coffin

colic **Bhulula** *n* colic; **Kulumelwa₂** *n* colic

collar bone **Xiphanga (xi-zi)₁** *n* collar bone

colon **Ngonji (gi-ma)** *n* colon (large intestine); **Nkwilakwila (mu-mi)₂** *n* colon (large intestines)

comfortable **ku Tshameka khwatsi** *v* comfortable

complaint **Nghumbe (yi-ti)₃** *n* complaint (disease; symptoms)

complexion **Muvala (mu-mi)** *n* complexion (color)

compress **Nkanzani (mu-mi)** *n* compress (dressing)

conceive ku Xura nyimba *v* conceive
conception Kuxura-Nyimba *n* conception
condom Preservativo Portuguese *n* condom
confinement Kubeleka nwana *n* confinement (for childbirth)
confusion Kukanganyiswa *n* confusion (of mind)
constipation ku Vimbelwa *v* constipation (to suffer with constipation); Kuvaleka ka lomu nzeni
n constipation
contagious ku Thapela₂ *adj* contagious; ku Tlulela *adj* contagious; Tungu (mu-mi) *n* contagious
(person)
contaminate ku Bihisa *v* contaminate; ku Nyenyezisa *v* contaminate; ku Onhakalisa *v*
contaminate
contraception Anticonceptivo Portuguese *n* contraception
convalesce ku Kalamuka₂ *v* convalesce; ku Sisimuka₂ *v* convalesce; ku Vuka anzhako ka
wubabyi *v* convalesce
convalescence Kukalamuka *n* convalescence
corpse Ntumbu (mu-mi)₁ *n* corpse; Xirumbi (xi-zi)₁ *n* corpse
cough ku Kohlola *v* cough; Mukhuhlwani₂ *n* cough; Xikohlola *n* cough
cramp Caimbra Portuguese *n* cramp; Wukhazu (gi)₂ *n* cramp
cranium Pala (gi-ma)₂ *n* cranium (skull); Xikodo (xi-zi)₂ *n* cranium
cripple Xigono (xi-zi) *n* cripple; Xilema (xi-zi)₂ *n* cripple
crippled Xikhurubu (xi-zi) *n* crippled (legs)
cross-eyed ku Va ni Maswori₁ *n* cross-eyed
cry; weep ku Rila *v* cry; weep
cure ku Chuma₂ *v* cure; ku Hanyisa₂ *v* cure
cut ku Tsema₄ *v* cut
cuticle Hlonge (yi)₁ *n* cuticle; skin
daibetes Diabetes Portuguese *n* diabetes
daily Siku ginwani ni ginwani *adv* daily
dead ku Fa *adj* dead; ku Hunza *v* dead (polite form); ku Nwalala *v* dead (lit. vanish or pass,
polite form); Munhu a fileko *n* dead (person)
deaf kufa Mbhumbha₁ *adj* deaf (hard of hearing); kufa Tindleve *adj* deaf
deaf person Xiwiri (xi-zi) *n* deaf (deaf person)
death Kufa *n* death; Lufu (li) *n* death
decay ku Bola *v* decay (to rot); ku Wonza *v* decay

deceased **Matsuva** *n* deceased (person)
defecate **ku Nya** *v* defecate
dehydrated **Desidratado** Portuguese *adj* dehydrated
delirium **Mihamuhamu** *n* delirium
deliver **ku Tekela** *v* deliver (a baby; to assist a woman in labor)
depression **Kuxaniseka₂** *n* depression
diabetic **Diabetico** *n* diabetic
diarrhea **Kubhululeka** *n* diarrhea
diet **Kuga** *n* diet; **Zakuga** *n* diet; **Zoga** *n* diet
discharge **ku Pupuma wubovu** *v* discharge; **Wubovu (gi)₂** *n* discharge (of a wound or sore)
disease **Nghumbe (yi-ti)₄** *n* disease; **Wubabyi (gi-ma)₁** *n* disease
dislocate **ku Khuduka** *v* dislocate (a bone)
disorder **Nghumbe (yi-ti)₅** *n* disorder (disease)
dissect **Dissecar** Portuguese *n* dissect
distaste **ku Kolwa** *v* distate (for food)
dizziness **Sululwani (gi)₃** *n* dizziness
doctor **Dokodela₁** *n* doctor; **N'anga (yi-ti)₃** *n* doctor (witchdoctor; traditional healer)
dress **ku Bohela** *v* dress (a wound)
drown **ku Mbemba** *v* drown
drowsiness **Tshongotshongo (gi)** *n* drowsiness; **Wurongo₂** *n* drowsiness
drug **Muri (mu-mi)₁** *n* drug
dysentery **Nyokani** *n* dysentery
ear **Ndleve (yi-ti)** *n* ear
eardrum **Dema (gi-ma)₂** *n* eardrum
earwax **Wukoko (gi)** *n* earwax
eat **ku Ga** *v* eat
elbow **Xisungunu (xi-zi)** *n* elbow
elephantiasis **Mbucaka** *n* elephantiasis
embolism **Sangue coagulo₂** Portuguese *n* embolism
epidemic **Ntungu (mu-mi)₁** *n* epidemic
epilepsy **Zichira** *n* epilepsy; **Zitsuri** *n* epilepsy
eruption **Tisalu₁** *n* eruption (skin disorder)
examine **ku Tsevetela** *v* examine (by feeling)

expectorate **ku Phela** *v* expectorate
expectorate **ku Tsekela** *v* expectorate (spit)
expel **ku Hlongola** *v* expel; **ku Humesa** *v* expel
external **wa Lahandle** *adj* external
extract **ku Kunula** *v* extract (a tooth); **ku Tlhawula** *v* extract (a thorn)
eye **Tilho** *n* eye
eyebrow **Lisiyi (li-ti)** *n* eyebrow; **Siyi (yi-ti)** *n* eyebrow
eyeglasses **Tihokola** *n* eyeglasses
eyelash **Lihohe (li-ti)** *n* eyelash
eyelid **Dewu gi valako tihlo** *n* eyelid; **Xivalo xa tihlo** *n* eyelid
face **Nghohe (yi-ti)** *n* face
faint **ku Titivala** *v* faint
faintness **Sululwani (gi)₂** *n* faintness
fart **ku Futa₁** *v* fart (pass gas); flatulence
fatal **xo Daya** *adj* fatal
fatigue **Kukarala** *n* fatigue
febrile **ku Hisa₃** *adj* febrile; **ku Rurumela₂** *adj* febrile
feeble **ni Gome₁** *adj* feeble
female **Nkati** *n* female; **Wasati** *n* female
femur **Tshambukhulu (gi-ma)** *n* femur
fever **Feveri** *n* fever; **Mukhuhlwani₁** *n* fever; **Xirami** *n* fever
feverish **ku Hisa₂** *adj* feverish; **ku Rurumela₁** *adj* feverish
finger **Litiho (li-ti)** *n* finger; **Mukombi (mu-va)** *n* finger (index)
finger nail **Nyala (yi-ti)₁** *n* finger nail; **Xikamba (xi-zi)₁** *n* finger nail
fist **Xibhakela (xi-zi)** *n* fist
flank **Khonzo (gi-ma)** *n* flank
flatulence **ku Futa₂** *v* flatulence (to pass gas or fart)
food poisoning **Intoxicacao alimentar** Portuguese *n* food poisoning
foot **Nkonzo (mu-mi)** *n* foot
forceps **Forceps** Portuguese *n* forceps
forearm **Nkono (mu-mi)** *n* forearm; **Ntsomo (mu-mi)** *n* forearm
forehead **Xikanza (xi-zi)** *n* forehead; **Ximombo (xi-zi)** *n* forehead
foreskin **Dewu₁** *n* foreskin (after being cut off); prepuce; **Suwu** *n* foreskin (prepuce)

fracture **Fratura** Portuguese *n* fracture
frail **ni Gome₂** *adj* frail
fungus **Fungo** Portuguese *n* fungus
gag **ku Hlamuka timbilu** *v* gag; **ku Jamutana** *v* gag
gangrene **Gangrena** Portuguese *n* gangrene
gash **ku Gangatsa** *v* gash; **ku Tsema₃** *v* gash; **Xivanga (xi-zi)** *n* gash
gasp **ku Konya** *v* gasp (convulsively, from pain); **ku Kumakuma** *v* gasp (convulsively, from pain)
gauze **Gaze** Portuguese *n* gauze
gender **Lixaka la munhu₂** *n* gender
genitals **Libolo (li-ti)₂** *n* genitals (male); **Xitombo (xi-zi)** *n* genitals (female)
germs **Ziharana** *n* germs
girl **Nhanyana (mu-va)** *n* girl (young girl); **Nhwana (mu-va)** *n* girl (grown girl)
glands **Glandula** Portuguese *n* glands
gout **Gota** Portuguese *n* gout
graze **ku Pswhomula₂** *v* graze (to abrade the skin)
groin **Nyanya (yi-ti)** *n* groin
gum **Gengiva** Portuguese *n* gum
gush **ku Xilila** *v* gush (as blood)
gut **Rumbu (gi-ma)₃** *n* gut
hair **Fefeleti (gi-ma)** *n* hair (chest and arm); **Hehe (gi-ma)₁** *n* hair (pubic); **Sisi (mu-mi)** *n* hair (general term)
hand **Canja (gi-ma)** *n* hand
head **Hloko (yi-ti)** *n* head; **Makosi** *n* head (back of the head)
headache **Nzi na ni hloko** *n* headache; **Nzizwa hloko** *n* headache
heal **ku Holisa** *v* heal (a wound)
health **Kuhanya** *n* health
healthy **ku Hanya** *adj* healthy
heart **Mbilu (yi-ti)** *n* heart
heart attack **Ataque cardiaco** Portuguese *n* heart attack
heartburn **Xiwungulela₁** *n* heartburn
heel **Xirenze (xi-zi)** *n* heel
hemorrhage **ku Phophoma nkhata₁** *v* hemorrhage; **Kuhuma nkhata** *n* hemorrhage
hernia **Hernia** Portuguese *n* hernia

hiccup ku Tsikwila *v* hiccup; **Tsikwani** *n* hiccup
hip Nyonga (yi-ti) *n* hip
hoarse ku Fa gezu₁ *adj* hoarse; ku Kakarela₁ *adj* hoarse
hospital Xipitali (xi-zi) *n* hospital
hunchback Xikukununu *n* hunchback; Xitshuku (xi-zi) *n* hunchback
hurt ku Bayisa₃ *v* hurt (to injure); ku Onha *v* hurt (to damage); ku Ronyinga *v* hurt (to hurt an old injury)
hygiene Higiene Portuguese *adj* hygiene; Higienico Portuguese *n* hygiene
hypertension Hypertensao Portuguese *n* hypertension
hypertensive (high blood pressure) Hypertensiva (vos) Portuguese *adj* hypertensive (high blood pressure)
hypochondria Hipocondria Portuguese *n* hypochondria
ill ku Babya₂ *adj* ill
illness Kubabya *n* illness; Mahati *n* illness (terminal); Nghumbe (yi-ti)₁ *n* illness; Nkoxa *adj* illness (chronically ill; person who has been ill for years)
impotence Kuhluleka *n* impotence; Kutsanzeka *n* impotence
incurable Xilambananga *adj* incurable; Ximange *adj* incurable
indigestion Kukhukhumelwa *n* indigestion; Kulumelwa₁ *n* indigestion
infant Lisana (li-ti)₁ *n* infant; Xihlangana (xi-zi)₁ *n* infant
infect ku Nyiketa wubabyi *v* infect
infection Infeccao Portuguese *n* infection
infectious ku Thapela₁ *adj* infectious
infertility Infertil Portuguese *adj* infertile; Infertilidade *n* infertility
infirmary Enfermaria Portuguese *n* infirmary
influenza Mukhuhlwani₃ *n* influenza
inhale Aspirar Portuguese *v* inhale
inhaler Inalador Portuguese *n* inhaler
inject ku Thlava njesawu *v* inject; ku Tlhava kasi ku chela muri *v* inject
injure ku Bayisa₂ *v* injure
injury Kuonheka *n* injury; Mhango (yi-ti) *n* injury
insanity Lihuhi *n* insanity; Wuhlanyi *n* insanity
insomnia Xindwave *n* insomnia
inter ku Lahla munhu *v* inter (to bury a corpse)
intestines Marumbu (ma)₂ *n* intestines; Nkwilakwila (mu-mi)₁ *n* intestines (the large intestines);

colon)

intravenous **Intravenoso** Portuguese *n* intravenous (IV)

invalid **Xilema (xi-zi)₁** *n* invalid

irritate **ku Sosonya₁** *v* irritate (the skin)

isolate **Isolar** Portuguese *v* isolate

isolation **Isolacao** Portuguese *n* isolation

itch **ku Fehla** *v* itch; **ku Nyakanyela** *v* itch; **Tisalu₂** *n* itch

jaw **Hlaya (yi-ti)** *n* jaw

jaw-bone **Rambu ga hlaya** *n* jaw-bone

joint **Dingo (gi-ma)** *n* joint (of the fingers); **Gunyungu (gi-ma)** *n* joint (of an arm)

kidney **Yiswa (pl. Tiswa)** *n* kidney

knee **Dzolo (gi-ma)** *n* knee

kneecap **Rotula** Portuguese *n* kneecap

lab tests **Laboratorio teste** Portuguese *n* lab tests

labor pains **Kulunwa₂** *n* labor pains

laboratory **Laboratorio** Portuguese *n* laboratory

laceration **Laceracao** Portuguese *n* laceration

lame **ku Lamala** *v* lame (to limp)

lameness **Wulema₁** *n* lameness; **Wurela** *n* lameness

lance **ku Bhoxa** *v* lance (an abscess); **ku Khaya** *v* lance (an abscess); **ku Phuxuta** *v* lance (a boil)

lancet **Likari (li-ti)** *n* lancet

languish **ku Hloka** *v* languish (to become thin); **ku Wuna** *v* languish (to wither)

laryngitis **ku Fa gezu₂** *n* laryngitis

lean **ku Khigela** *v* lean (to lean on)

leg **Nenge (mu-mi)₁** *n* leg

leper **Munhu a nga ni Xilambananga** *n* leper; **Munhu wa Hlokonho** *n* leper

leprosy **Hlokonho (yi)** *n* leprosy; **Nkhatankulu (wu)** *n* leprosy; **Xilambananga** *n* leprosy

lethargy **Kurereka** *n* lethargy

lice **Nhwala (yi-ti)** *n* lice

lie down **ku Etlela₁** *v* lie down

ligament **Siha (mu-mi)₄** *n* ligament

light-headed **ku Hambana hloko** *adj* light-headed

limp **ku Khwita** *v* limp

lip Nomu (mu-mi)₁ *n* lip; Xipapa (xi-zi) *n* lip
listlessness Wuphukuphuku (gi) *n* listlessness
liver Xivinzi (xi-zi) *n* liver
loins Xiwunu *n* loins
low blood pressure Pressao baixa Portuguese *n* low blood pressure
lungs Mahahu (gi-ma)₁ *n* lungs
malnutrition Desnutricao Portuguese *n* malnutrition; **Subalimentacao** Portuguese *n* malnutrition
medication Medicamento Portuguese *n* medication
menopause Menopausa Portuguese *n* menopause
menses Zitlhata *n* menses
menstruate ku Xamela *v* menstruate
mentally deficient kufa Mbhumbha₂ *adj* mentally deficient
miscarry ku Tlhela hi lenzhako *v* miscarry; ku Vumala *v* miscarry
monthly ka Hweti ni hweti *adv* monthly
mouth Nomu (mu-mi)₃ *n* mouth
muscle Musculo Portuguese *n* muscle
nasal congestion Funzeketa (gi) *n* nasal congestion (including mucus drainage)
nausea Nausea Portuguese *n* nausea
navel Kovu (mu-mi) *n* navel (enlarged); Nkava (mu-mi)₂ *n* navel
neck Nhamu (yi-ti) *n* neck
needle Chingani (yi-ti) *n* needle
newborn Lisana (li-ti)₂ *n* newborn
nipple Hlofu (yi-ti) *n* nipple
nit Matayi *n* nit (of a louse)
nose Nhovu (yi-ti)₂ *n* nose
nosebleed Zongola (gi) *n* nosebleed
nostril Nhovu (yi-ti)₁ *n* nostril
numbness Makhazu *n* numbness; Wukhazu (gi)₁ *n* numbness (caused by holding a limb in one position for a long time); Wukhazu (gi)₃ *n* numbness
nurse Enfermeira Portuguese *n* nurse; ku Anwa *v* nurse (breastfeed); ku Hlayisa₁ *v* nurse (to tend or care for the sick)
obese ku Borokelana *adj* obese
obesity Kukuluka *n* obesity
odor Kunuhela *n* odor; Masema *n* odor

ointment Mafure *n* ointment
ooze ku Dzunuka₁ *v* ooze
operate ku Tsema₂ *v* operate
operation Operacao Portuguese *n* operation
orifice Nomu (mu-mi)₂ *n* orifice
pain ku Chachara₁ *n* pain (cause by syphilis); **ku Panza**₂ *n* pain (throbbing pain); **Kubayisa** *n* pain (in general); **Kulunwa**₁ *n* pain (childbirth or labor pains); **Xinyalo** *n* pain (piercing pain in the side); **Xithlavi**₂ *n* pain (shooting pain); **Xithlavi**₁ *n* pain (piercing pain in the side)
painful ku Bayisa₄ *adj* painful
palsy Wukhurubu *n* palsy
panic Panico Portuguese *n* panic
pant ku Bhibhika *v* pant (breathe hard); **ku Gavatana** *v* pant (breathe hard); **ku Va ni mahika** *v* pant (breathe hard)
paralysis Kukhanyana ka ziro *n* paralysis; **Wulema**₂ *n* paralysis
paralytic Xikhurubu *n* paralytic; **Xinzunzela** *n* paralytic; **Xirela** *n* paralytic
parasite Phakama (gi-ma)₁ *n* parasite
pelvis Pelvis Portuguese *n* pelvis
penicillin Penicilina Portuguese *n* penicillin
penis Libolo (li-ti)₁ *n* penis
pericardium Mahahu (gi-ma)₂ *n* pericardium; **Mpambani (wu)**₂ *n* pericardium
perspiration Nyuko (wu)₁ *n* perspiration
perspire ku Dzunuka₃ *v* perspire; **ku Nyuka**₁ *v* perspire
pharmacy Farmacia Portuguese *n* pharmacy
phlegm Mari (ma)₁ *n* phlegm
physician Dokodela₂ *n* physician; **N'anga (yi-ti)**₁ *n* physician
piles Vivi (gi-ma) *n* piles (hemorrhoids)
pill Muri (mu-mi)₃ *n* pill
pimple Xirumbani₁ *n* pimple
placenta Gulu (gi-ma) *n* placenta
plague Ntungu (mu-mi)₂ *n* plague
pleurisy Xithlavi₂ *n* pleurisy
pneumonia Tlhofo (gi) *n* pneumonia; **Xithlavi**₃ *n* pneumonia
poison Venene (yi) *n* poison (of plants); **Wutsulu (gi)**₂ *n* poison; **Wuxungu (gi)**₃ *n* poison (of animals)

posterior **Nhako (yi-ti)₁** *n* posterior (male); **Rako (gi-ma)₁** *n* posterior (female)
pregnancy **Kusika ka wasati** *n* pregnancy (far advanced); **Nyimba** *n* pregnancy (general term)
pregnant **ni Nyimba** *adj* pregnant
premature **Lexi humeleko hi mahlweni ka xikhathi xi yimisilweko** *adj* premature
prepuce **Dewu₂** *n* prepuce; foreskin
prescribe (medicine) **ku Chela muri wo chuma wubabyi** *v* prescribe (medicine)
prescription **Receita** Portuguese *n* prescription
prick **ku Poroketa** *v* prick; **ku Tlhava** *v* prick
pubic hair **Hehe (gi-ma)₂** *n* pubic hair
pulse **Pulso₁** Portuguese *n* pulse
pus **Wubovu (gi)₁** *n* pus
rape **ku Pfinya wasati** *v* rape; **ku Xakela nhwana** *n* rape
rash **ku Tlhukurela₁** *v* rash (to be infected with a rash); **Manyoke** *n* rash; **Zirumbani** *n* rash
recover **ku Kalamuka₁** *v* recover (regain health); **ku Sisimuka₁** *v* recover (regain health); **ku Tlhatlhamuka** *v* recover (regain health)
rectum **Nyovi (mu-mi)₂** *n* rectum
reflux **Xiwungulela₂** *n* reflux
relapse **ku Tlhelela nzhako** *v* relapse
relief **Kuvuna** *n* relief
remove **ku Susa** *v* remove
repugnance **ku Swira** *v* repugnance for food
respiration **Kuhefemula** *n* respiration
resuscitate **ku Hanyisa₁** *v* resuscitate; **ku Vuxa** *v* resuscitate
rib **Limbambu (li-ti)** *n* rib
rickets **Raquitismo** Portuguese *n* rickets
rigid **ku Tiya₁** *adj* rigid; coagulate
ringworm **Wuhlhlungu (ti)** *n* ringworm
rub **ku Puca** *v* rub; **ku Pucela** *v* rub
rupture **Lifa (li-ti)** *n* rupture
saline **xo Dzunga** *adj* saline
saliva **Mari (ma)₂** *n* saliva
sanitary pad/napkin **Absorvente** Portuguese *n* sanitary pads/napkins
scab **Kuva (mu-mi)** *n* scab

scapula **Kakatla (gi-ma)** *n* scapula (shoulder blade)
scar **Bawa (gi-ma)** *n* scar (from a cut); **Rimbiri (yi-ti)** *n* scar (after a wound); **Xibalavati** *n* scar (from a burn)
scrape **ku Khwetsa** *v* scrape (to graze off the skin); **ku Kurumuta** *v* scrape (to graze off the skin); **ku Pswhomula₁** *v* scrape (to graze off the skin); **ku Retemula** *v* scrape (to graze off the skin)
scratch **ku Kwaramuta** *v* scratch (as a thorn); **ku Tshuva** *v* scratch (to relieve an itch); **Kwarambuto (mu-mi)** *n* scratch (from being clawed)
scrub **ku Gurunya** *v* scrub (by washing)
seizure **Kukhonwa** *n* seizure
semen **Wudzonyo (gi)** *n* semen
septic **Septico** Portuguese *adj* septic
serum **Songoti (yi)** *n* serum (liquid portion of the blood)
severe **ni Mona** *adj* severe
sex **Lixaka la munhu₁** *n* sex (gender)
sexually transmitted disease **Sexual doenca transmitir** Portuguese *n* sexually transmitted disease
shave **ku Cinga** *v* shave; **ku Hluva** *v* shave (hair from the armpits or pubic area)
shoulder **Katla (gi-ma)** *n* shoulder
sick **ku Babya₃** *adj* sick; **ku Zwa kubayisa** *adj* sick
sickness **Wubabyi (gi-ma)₂** *n* sickness
sickness **Nghumbe (yi-ti)₂** *n* sickness
sight **Kuwona₂** *n* sight (eye-sight)
sinew **Siha (mu-mi)₆** *n* sinew
skeleton **Makoco** *n* skeleton; **Xiwumbeko xa marambu** *n* skeleton
skin **Hlonge (yi)₂** *n* skin; cuticle
skull **Pala (gi-ma)₁** *n* skull (cranium); **Xikodo (xi-zi)₁** *n* skull; **Xikuwakuwa (xi-zi)** *n* skull; **Xipala (xi-zi)** *n* skull; **Xirwarwa (xi-zi)** *n* skull
sleep **ku Etlela₂** *v* sleep; **Wurongo₁** *n* sleep
sleepy **ku Gowotana** *adj* sleepy; **ku Khudzehela** *adj* sleepy
smallpox **Xikele** *n* smallpox
sneeze **ku Timula** *v* sneeze; **ku Wetshemula** *v* sneeze
soothe **ku Bhuwatela₂** *v* soothe (a crying baby)
sore **Rukubya (gi-ma)₁** *n* sore (blister); **Rumba (gi-ma)** *n* sore (boil); **Xilonza** *n* sore (festering sore)
sore eyes **Wukohani** *n* sore eyes

spasm Kutshukwatshukwa *n* spasm
spinal marrow Khilukhilu (wu) *n* spinal marrow
spine Coluna vertebral Portuguese *n* spine
sponge Fofoti (gi-ma) *n* sponge (spongy substance); **ku Hlangula** *v* sponge
sprain ku Khereka *v* sprain; **ku Nghuduka** *v* sprain; **ku Suleka** *v* sprain
spurt ku ku Vutsu *v* spurt; **ku Pfhururuka** *v* spurt (to gush)
stab ku Phuruta *v* stab (pierce the body); **Mbanga (yi-ti)₂** *n* stab
sterility Ngonwa *n* sterility (female; a barren woman)
stiff ku Gwanya *adj* stiff (of a limb); **ku Oma** *adj* stiff (a limb)
stiffness Kunoneha *n* stiffness; **Kutiya** *n* stiffness
sting ku Luma *v* sting (insect); **ku Sosonya₂** *v* sting (nettles)
stomach Rumbu (gi-ma)₂ *n* stomach; **Xingwengwe (xi-zi)** *n* stomach (digestive organ)
stool Macimba₁ *n* stool (feces; excrement); **Manyanya** *n* stool (excrement)
strabismus ku Va ni Maswori₂ *n* strabismus
strain ku Hahula *v* strain (a muscle)
stretch ku Navalata *v* stretch (the leg while sitting or lying down); **ku Raxa** *v* stretch (the leg)
stroke Kuba *n* stroke; **Timbirimbi** *n* stroke; **Trombose** Portuguese *n* stroke
stump Xigurumbu *n* stump (of an amputated arm); **Xigwiri** *n* stump (a limb lacking fingers or toes); **Ximbhobo** *n* stump (amputated limb)
sty Hlokela (yi-ti) *n* sty (tumor on the edge of the eyelid)
suffer ku Zwa bayisa *v* suffer (pain)
suicide ku ti Hinga *v* suicide (to commit suicide); **ku ti Sunga** *n* suicide (by hanging)
supine ku ku Ga hi lenzhako *adj* supine
support ku Hletela *v* support (to steady one who is too weak to walk unassisted)
surgeon N'anga (yi-ti)₂ *n* surgeon
suture Sutura Portuguese *n* suture
sweat ku Dzunuka₂ *v* sweat; **ku Nyuka₂** *v* sweat; **Nyuko (wu)₂** *n* sweat
swelling Kuvimba *n* swelling
swollen Vimbile *adj* swollen
symptom Xikombiso (xi-zi) *n* symptom
syphilis Buva (gi) *n* syphilis; **ku Chachara₂** *n* syphilis (pain caused by syphilis)
syringe Seringa Portuguese *n* syringe
teeth Meno *n* teeth

temperature **Kuhisa** *n* temperature (heat); **Kutitimela** *n* temperature (cold)

tendon **Siha (mu-mi)₅** *n* tendon

testicle **Kenze (gi-ma)** *n* testicle

thigh **Hangaswa** *n* thigh (inner part of thigh); **Nenge (mu-mi)₂** *n* thigh; **Rumbi (gi-ma)** *n* thigh

thirsty **ku Va ni tora** *adj* thirsty; **ku Zw tora** *adj* thirsty

throat **Nkolo (mu-mi)₃** *n* throat

throb **ku Bongola** *v* throb (as a headache); **ku Panza₁** *v* throb (as a tooth); **ku Tshukuma** *v* throb (as an artery)

thumb **Litiho la hombe** *n* thumb

tibia **Mondlo (mu-mi)** *n* tibia

tick **Xidzadza (xi-zi)** *n* tick

tingle **kuva ni Wukhazu** *v* tingle (the tingling sensation caused by the return of the blood to a numb limb)

tired **ku ku Ngule** *adj* tired

toe **Litiho la nkonzo (li-ti)** *n* toe

toenail **Nyala (yi-ti)₂** *n* toenail; **Xikamba (xi-zi)₂** *n* toenail

tongue **Lirimi (li-ti)** *n* tongue

tonsil **Lakalaka (gi-ma)** *n* tonsil

tonsillitis **Xitesani** *n* tonsillitis

tooth **Tino (gi-ma)** *n* tooth

torso **Torso** Portuguese *n* torso

towel **Thwula (gi-ma)** *n* towel

trachea **Nkolo (mu-mi)₂** *n* trachea

treat **ku Chuma₁** *v* treat

trunk **Bhokisa (gi-ma)** *n* trunk; **Nghaxa (yi-ti)** *n* trunk

tuberculosis **Liferu** *n* tuberculosis; **Ndere (yi)** *n* tuberculosis

tumor **Nzhumbe (mu-mi)** *n* tumor; **Xidlayi (xi-zi)₁** *n* tumor

twin **Hahla (gi-ma)** *n* twin

tympanic membrane **Dema (gi-ma)₁** *n* tympanic membrane

typhoid **Tifoide** Portuguese *n* typhoid

ulcer **Khoro (gi-ma)** *n* ulcer (large; difficult to heal); **Xilonza (xi-zi)** *n* ulcer

ulcerate **ku Baleka xilonza** *v* ulcerate; **ku Huma xilonza** *v* ulcerate

umbilical cord **Likavani** *n* umbilical cord

umbilicus **Nkava (mu-mi)₁** *n* umbilicus; **Nkovu (mu-mi)** *n* umbilicus

uncircumcised male Khuna (**gi-ma**) *n* uncircumcised male

uncover (lift clothing to expose the body) ku Bakanya₁ *v* uncover (lift clothing to expose the body); undress

undress ku Bakanya₂ *v* undress; ku Tlhatlha tinguwo *v* undress

unwell ku Babya₁ *adj* unwell; ku Hanyisa tshiku *adj* unwell (for a long time); chronic illness

urinate ku Halata mati *v* urinate; ku Jova *v* urinate; ku Runza *v* urinate

urine Nzhunzo (**wu**) *n* urine

uterus Xiamukelo₂ *n* uterus

vaccinate ku Tlhavela *v* vaccinate

vein Siha (**mu-mi**)₂ *n* vein

venom Chefu (**yi**) *n* venom; Wutsulu (**gi**)₁ *n* venom; Wuxungu (**gi**)₁ *n* venom

vertigo Sululwani (**gi**)₁ *n* vertigo; Suluwani (**gi**) *n* vertigo

virus Wuxungu (**gi**)₂ *n* virus

viscera Marumbu (**ma**)₁ *n* viscera

vision Kuwona₁ *n* vision (eyesight)

vitamin Vitamina Portuguese *n* vitamin

vomit ku Hlata *v* vomit; ku Kolola *v* vomit (continuously; prolonged); ku Paleka *v* vomit; Mahlata (**ma**) *n* vomit

wash ku Hlaza *v* wash (cleanse, rinse)

waste away ku Bohla *v* waste away (in body)

weak ni Gome₃ *adj* weak; wa Gome *adj* weak

weaken ku Rera *v* weaken

wean ku Lumula *v* wean

weaned child Nzhumulo (**yi-ti**)₁ *n* weaned child

weekly Viki ni viki *adv* weekly

weight Kubinza *n* weight; Kutika *n* weight

well ku Hanya khwatsi *adj* well

wheelchair Cadeira de rodas Portuguese *n* wheelchair

whooping cough Xikohlola lexo biha xa vanana *n* whooping cough

windpipe Nkolo (**mu-mi**)₁ *n* windpipe

womb Xiamukelo₁ *n* womb; Xibeleko *n* womb

worms Pungwani (**mu-mi**) *n* worms; Xiwungwani (**xi-zi**) *n* worms

worse (to become worse) ku Ya mahlweni *v* worse (to become worse)

wound Mbanga (yi-ti)₁ *n* wound; Phanja (yi-ti)₁ *n* wound

wrist Pulso₂ Portuguese *n* wrist

zygomatic bone Xitlongo (xi-zi)₁ *n* zygomatic bone