

Joseph Needed Support - Now He's Thriving

Joseph was scared because he knew he had come frighteningly close to overdosing. He was alone and didn't have anyone who would help him because he was positive for COVID-19.



He called on the only organization he knew that could help him, and the next morning Joseph stood outside of CRT's Behavioral Health Clinic. During a very lonely and challenging time, the CRT team put Joseph on the right path to recovery and made arrangements to keep him safe.

CRT staff began their work. Joseph was able to receive temporary shelter at a local hotel and provided with food to eat during the quarantine period. CRT conducted his medication and therapy appointments through telehealth and coordinated with his primary pharmacy to arrange for his substance use and mental health medications to be delivered to him at the hotel.

Recently Joseph took part in a research study with CRT and UConn to incorporate mindfulness training for individuals participating in CRT's Medical Assisted Treatment program for opioid dependence. He also received assistance with basic needs.

Joseph is doing much better and has been clean for a while now. He is an important asset to program and on more than one occasion has expressed that he is grateful for his CRT family.

AMAZING OPPORTUNITY!

GIVE TODAY TO PEOPLE WHO NEED HELP URGENTLY.

MY GIFT TO SAVE LIVES

Yes! I want to make a difference! I've enclosed a gift of: _____

- \$50** for a two month bus pass for a client to make their addiction recovery appointments.
- \$100** to give a bed to someone living in a shelter or supportive housing program.
- \$250** to buy 50 books for preschoolers enrolled in our Early Care and Education centers.
- \$500** to buy 5,000 pounds of food to fill the shelves of our food pantry.
- \$1,000** to feed a senior for a month with two meals a day delivered by Meals on Wheels.
- \$_____** to help as many people as possible.

I am giving: ___ by Credit Card ___ by Check

To give securely online with a credit card online go to www.crtct.org.

Or, to donate by check, please mail checks to:

Community Renewal Team, ATTN: Development, 555 Windsor Street,
Hartford, CT 06120

Questions? 860-560-5684, Development@crtct.org



Spring 2022



GRATITUDE REPORT

Your Impact in the Community

See Inside
How Your
Generosity
Changes Lives
INSIDE >>>

crtct.org

Matthew wanted to change his life - his dream was to get clean and live in his own apartment with his daughter, Aria.

INSIDE >>>





"YOU GAVE ME MY LIFE BACK...

AND I AM SO GRATEFUL" -Matthew Hjalmeer



Anthony Can Finally Spend Quality Time with his Granddaughter!

Anthony's lengthy substance abuse history destroyed his relationship with his children. He wanted them back in his life but was afraid he would relapse again and hurt them.

He is committed to his recovery at CRT, and he attributes his progress, in part, to his transitional case manager, **Shaquana** (pictured to the right), who is passionate about her work, but more importantly she can relate to the same issues her clients face every day.

In 2018, Shaquana's father died of complications attributed to drug use. Her clients are especially motivated to work harder on their recovery when they hear her traumatic experience of losing her father.

Anthony believes that CRT's



services and Shaquana's support are genuinely the reasons he, and many other people in the program, are getting better.

Anthony connects in a special way with his Transitional Case Manager. They grew up in the same area, walked the same streets, and went to the same schools. He is inspired to see that someone with his same background is making something of her life, and has dedicated her life's work to saving lives and saving their community.

Thanks to you, Anthony has rebuilt his life and has a much better relationship with his children, especially his daughter and granddaughter. He cherishes every day that he picks up his grandbaby for quality time together.

Community Renewal Team, Inc. as the designated community action agency for both Hartford and Middlesex Counties, is dedicated to helping people take steps toward healthy and economically stable futures. Our programs address challenges like hunger, homelessness, unemployment, and poverty.

Our mission, "Preparing Our Community to Meet Life's Challenges" is accomplished every day by increasing access to education, affordable housing, mental health services and much more for thousands of individuals and families throughout Central Connecticut each year.

Please visit our website at www.crtct.org to learn more about our programs and how you can help!

A Young Father's Dreams Came True

Matthew began drinking and experimenting with drugs in high school. His bad habits turned into a full-blown drug addiction at the age of 23.

Although he was hard-working, making decent money, and had a close relationship with his family, his addiction was ruining his life.

If he didn't get help soon, more than his own life would be affected because he and his wife were expecting a baby.

Matthew wanted to change his life, get clean and live in his own apartment with his daughter, Aria.

Matthew's life was changed when he met **James**, a CRT Substance Use Counselor, who connected him with recovery services. "You gave me my life back and I want to thank you!"

Your donation helps people struggling with life-threatening addictions.

Matthew is thankful to his family for taking care of Aria during his recovery, and his CRT Family who help keep him on the right path. He has been clean for two years, and lives with his daughter in his own apartment. **Thank you!**

Your gift is put into action, helping families like Matthew's!

Congratulations to Matthew!

He started a new job at CRT, as the Fatherhood Program Coordinator in Behavioral Health Services. Matthew feels great about the new opportunity. "It's my dream job!"

