

BASIC LIFE SUPPORT CHART

D

DANGER

Check for danger to yourself, bystanders and the patient.



R

RESPONSE

Check for response, talk and touch.



S

SEND FOR HELP

Call for an ambulance or get another person to make the call. Call 000 from a landline or 112 from mobile.



A

AIRWAY

Clear and open airway Adult/child – full tilt. Infant – neutral head position.



B

BREATHING

Look, listen and feel for breathing. If not breathing normally, start CPR.



C

CPR

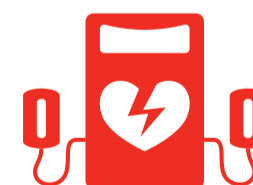
Perform 30 compressions followed by 2 breaths. Continue CPR until help arrives or patient recovers. If for any reason breaths are unable to be performed continue with uninterrupted chest compressions.



D

DEFIBILLATION

Attach automatic external defibrillator (AED) as soon as possible and follow its prompts.



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training

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