

- Rae, T., Middleton, T., Walshe, J. (2020) *Nurturing Peer Supervision: Supporting The Wellbeing of Those Who Nurture* London: [NurtureUK](#).
- Rae, T., Bunn, H. & Walshe, J. (2019) *The Essential Guide to Positive Psychology with Young People* Buckingham: Hinton House Publishers
- Rae, T. (2019) *The Well Being Took Kit for Teens* (co-authoring 6 of the 20 sessions on sexual identity, drugs and health, mindfulness, self-harm, coping with difference, managing stress) London: [NurtureUK](#).
- Rae, T., Thomas, M. & Walshe, J. (2018) *The Essential Guide to Solution Focused Brief Therapy (SFBT) with Young People* Buckingham: Hinton House Publishers
- Rae, T. & Walshe, J. (2017) *Understanding and Prevention Self-Harm in Schools: Effective Strategies for Identifying Risk & Providing Support* Buckingham: Hinton House Publishers
- Rae, T., Walshe, J. & Wood, J. (2017) *The Essential Guide To Mindfulness With Young People* Buckingham: Hinton House Publishers