

# 4 Steps to Strengthening Team-based Care

The American Hospital Association conducted research to examine how team-based care contributes to infection prevention, and how it has evolved since the onset of the pandemic. The findings produced several recommendations for how to respond to the current challenges.

## 1 Support Team Mental Health and Well-Being



Reduce barriers to mental health care access and acknowledge and address pandemic posttraumatic stress.

**“Employee assistance programs are not enough anymore. We are going to need additional resources for our staff.”**

Director of nursing at a rural Midwestern critical access hospital stressed,

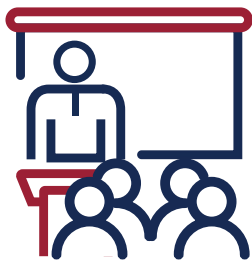
## 2 Leverage Technology



Improve interoperability between EHR vendors and improve team well-being via technology.

**A multi-site health system chief medical and sciences officer shared how a pilot program that used digital sensors to monitor hand washing, rather than having a staff member monitor it, reduced the labor burden in conducting audits.**

## 3 Focus on Training and Education



Spread understanding of team-based models and create balance between in-person and simulation-based-training.

## 4 Reexamine Organizational Structure and Processes



Collaborate to build a culture of transparency toward improving patient safety.

To download the whitepaper

**“Advancing Team-based Health Care — Lessons Following the COVID-19 Pandemic”**  
visit [www.aha.org/system/files/media/file/2023/07/WorkforceWhitePaper.pdf](http://www.aha.org/system/files/media/file/2023/07/WorkforceWhitePaper.pdf)