

[CLICK HERE](#) to search domestic abuse and sexual violence support services in your area

### Live Fear Free Helpline

Help and advice about violence against women, domestic abuse and sexual violence:  
0808 80 10 800

### Bawso

Providing specialist services for BME communities : 0800 731 181 47

### NSPCC FGM Helpline

Help and support for those who have experienced or who are at risk of female genital mutilation: 0800 028 3550

### Dyn Wales

Providing support to Heterosexual, Gay, Bisexual & Trans men who are experiencing Domestic abuse from a partner: 0808 801 0321

### Respect

Work with perpetrators, male victims and young people's violence in close relationships:  
0808 802 4040

### Karma Nirvana

Supporting victims of honour-based abuse and forced marriage: 08005999247

### Cafcass Cymru

Child-focused advice, support and safeguarding : 03000 628 877

### Rights of Women

Helping women through the law: 020 7251 6577

### Hourglass Cymru

Safer aging and stopping abuse: 0808 808 8141

### NSPCC

National Society for the Prevention of Cruelty to Children: 0808 800 5000

### Modern Slavery Helpline

Provides victims and the public access to information and support: 08000 121 700