



OFFICIAL PROGRAMME OF THE OLYMPIC GAMES TOKYO 2020

SPORTS	QUOTAS			MEN'S EVENTS	WOMEN'S EVENTS	MIXED/OPEN EVENTS	TOTAL
	M	W	T				
AQUATICS	664	746	1410	23	25	1	49
<i>Diving</i>	68	68	136	3m Springboard 10m Platform Synchronised 3m Springboard Synchronised 10m Platform	3m Springboard 10m Platform Synchronised 3m Springboard Synchronised 10m Platform		
<i>Marathon Swimming</i>	25	25	50	10km Marathon Swimming	10km Marathon Swimming		
<i>Swimming</i>	439	439	878	50m Freestyle 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 1500m Freestyle 100m Backstroke 200m Backstroke 100m Breaststroke 200m Breaststroke 100m Butterfly 200m Butterfly 200m Individual Medley 400m Individual Medley 4 x 100m Freestyle Relay 4 x 200m Freestyle Relay 4 x 100m Medley Relay	50m Freestyle 100m Freestyle 200m Freestyle 400m Freestyle 800m Freestyle 1500m Freestyle 100m Backstroke 200m Backstroke 100m Breaststroke 200m Breaststroke 100m Butterfly 200m Butterfly 200m Individual Medley 400m Individual Medley 4 x 100m Freestyle Relay 4 x 200m Freestyle Relay 4 x 100m Medley Relay	4x100m Mixed Medley Relay	
<i>Synchronised Swimming</i>	-	104	104		Duets Teams		
<i>Water Polo</i>	132	110	242	12-team tournament	10-team tournament		
ARCHERY	64	64	128	2	2	1	5
				Individual competition Team competition	Individual competition Team competition	Mixed Team	
ATHLETICS	988	912	1900	24	23	1	48
				100m 200m 400m 800m 1,500m 5,000m 10,000m 110m Hurdles 400m Hurdles 3,000m Steeplechase 4 x 100m Relay 4 x 400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Javelin Throw Decathlon 20km Race Walk Marathon 50km Race Walk	100m 200m 400m 800m 1,500m 5,000m 10,000m 100m Hurdles 400m Hurdles 3,000m Steeplechase 4 x 100m Relay 4 x 400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Javelin Throw Heptathlon 20km Race Walk Marathon	4x400m Mixed Relay	
BADMINTON	86	86	172	2	2	1	5
				Singles Doubles	Singles Doubles	Mixed Doubles	
BASKETBALL	176	176	352	2	2		4
<i>3x3</i>	32	32	64	8-team tournament	8-team tournament		
<i>Basketball</i>	144	144	288	12-team tournament	12-team tournament		
BOXING	206	80	286	8	5		13
				Fly (48 kg to 52 kg) Feather (52 kg to 57 kg) Light (57 kg to 63 kg) Welter (63 kg to 69 kg) Middle (69 kg to 75 kg) Light Heavy (75 kg to 81 kg) Heavy (81 kg to 91 kg) Super Heavy (91 kg to +91 kg)	Fly (48 kg to 51 kg) Feather (54 kg to 57 kg) Light (57 kg to 60 kg) Welter (64 kg to 69 kg) Middle (69kg - 75 kg)		



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CANOE	164	164	328	8	8		16
<i>Slalom</i>	41	41	82	Kayak (K-1) Canoe Single (C-1)	Kayak (K-1) Canoe Single (C-1)		
<i>Sprint</i>	123	123	246	Kayak Single (K-1) 200m Kayak Single (K-1) 1,000m Kayak Double (K-2) 1,000m Kayak Four (K-4) 500m Canoe Single (C-1) 1,000m Canoe Double (C-2) 1,000m	Kayak Single (K-1) 200m Kayak Single (K-1) 500m Kayak Double (K-2) 500m Kayak Four (K-4) 500m Canoe Single (C-1) 200m Canoe Double (C-2) 500m		
CYCLING	300	228	528	11	11		22
<i>BMX Freestyle</i>	9	9	18	Park	Park		
<i>BMX Racing</i>	24	24	48	Race	Race		
<i>Mountain Bike</i>	38	38	76	Cross-Country	Cross-Country		
<i>Road</i>	130	67	197	Road Race Individual Time Trial	Road Race Individual Time Trial		
<i>Track</i>	99	90	189	Team Sprint Sprint Keirin Team Pursuit Omnium Madison	Team Sprint Sprint Keirin Team Pursuit Omnium Madison		
EQUESTRIAN	100	100	200			6	6
<i>Dressage</i>			60			Team Competition Individual Competition	
<i>Eventing</i>			65			Team Competition Individual Competition	
<i>Jumping</i>			75			Team Competition Individual Competition	
FENCING	106	106	212	6	6		12
				Individual Foil Individual Epée Individual Sabre Team Sabre Team Foil Team Epée	Individual Foil Individual Epée Individual Sabre Team Sabre Team Foil Team Epée		
FOOTBALL	288	216	504	1	1		2
				16-team tournament	12-team tournament		
GOLF	60	60	120	1	1		2
				Individual Stroke Play	Individual Stroke Play		
GYMNASTICS	114	210	324	9	9		18
<i>Artistic</i>	98	98	196	Team competition Individual All-Around competition Floor Exercise Pommel Horse Rings Vault Parallel Bars Horizontal Bar	Team competition Individual All-Around competition Floor Exercise Uneven Bars Beam Vault		
<i>Rhythmic</i>		96	96		Individual All-Around competition Group All-Around competition		
<i>Trampoline</i>	16	16	32	Individual competition	Individual competition		
HANDBALL	168	168	336	1	1		2
				12-team tournament	12-team tournament		
HOCKEY	192	192	384	1	1		2
				12-team tournament	12-team tournament		
JUDO	193	193	386	7	7	1	15
				- 60kg - 66kg - 73kg - 81kg - 90kg - 100kg + 100kg	- 48kg - 52kg - 57kg - 63kg - 70kg - 78kg + 78kg	Mixed Team	
MODERN PENTATHLON	36	36	72	1	1		2
				Individual competition	Individual competition		



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	M	W	T				
ROWING	263	263	526	7	7		14
				Single Sculls (1x) Pair (2-) Double Sculls (2x) Four (4-) Quadruple Sculls (4x) Eight (8+) Lightweight Double Sculls (2x)	Single Sculls (1x) Pair (2-) Double Sculls (2x) Four (4-) Quadruple Sculls (4x) Eight (8+) Lightweight Double Sculls (2x)		
RUGBY	144	144	288	1	1		2
<i>Rugby Sevens</i>				12-team tournament	12-team tournament		
SAILING	175	175	350	5	4	1	10
				RS:X - Windsurfer Laser - One Person Dinghy Finn - One Person Dinghy (Heavyweight) 470 - Two Person Dinghy 49er - Skiff	RS:X - Windsurfer Laser Radial - One Person Dinghy 470 - Two Person Dinghy 49er FX - Skiff	Nacra 17 Foiling - Mixed Multihull	
SHOOTING	180	180	360	6	6	3	15
				50m Rifle 3 Positions 10m Air Rifle 25m Rapid Fire Pistol 10m Air Pistol Trap Skeet	50m Rifle 3 Positions 10m Air Rifle 25m Pistol 10m Air Pistol Trap Skeet	10m Air Rifle Mixed Team 10m Air Pistol Mixed Team Trap Mixed Team	
TABLE TENNIS	86	86	172	2	2	1	5
				Singles Team	Singles Team	Mixed Doubles	
TAEKWONDO	64	64	128	4	4		8
				- 58 kg - 68 kg - 80 kg + 80 kg	- 49 kg - 57 kg - 67 kg + 67 kg		
TENNIS	86	86	172	2	2	1	5
				Singles Doubles	Singles Doubles	Mixed Doubles	
TRIATHLON	55	55	110	1	1	1	3
				Individual competition	Individual competition	Mixed Team Relay	
VOLLEYBALL	192	192	384	2	2		4
<i>Beach Volleyball</i>	<i>48</i>	<i>48</i>	<i>96</i>	24-team tournament	24-team tournament		
<i>Volleyball</i>	<i>144</i>	<i>144</i>	<i>288</i>	12-team tournament	12-team tournament		
WEIGHTLIFTING	98	98	196	7	7		14
				61 kg 67 kg 73 kg 81 kg 96kg 109 kg + 109kg	49 kg 55 kg 59 kg 64 kg 76 kg 87 kg + 87 kg		
WRESTLING	192	96	288	12	6		18
<i>Freestyle</i>	<i>96</i>	<i>96</i>		6 57kg 65kg 74kg 86kg 97kg 125kg	6 48kg 53kg 58kg 63kg 69kg 75kg		
<i>Greco-Roman</i>	<i>96</i>			6 59kg 66kg 75kg 85kg 98kg 130kg			
TOTAL (28)	5440	5176	10616	156	147	18	321



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TOKYO 2020 OCOG PROPOSAL SPORTS							
BASEBALL/SOFTBALL	144	90	234	1	1		2
				Baseball	Softball		
KARATE	40	40	80	4	4		8
<i>Kata</i>	<i>10</i>	<i>10</i>	<i>20</i>	Kata	Kata		
<i>Kumite</i>	<i>30</i>	<i>30</i>	<i>60</i>				
				Three weight categories to be confirmed	Three weight categories to be confirmed		
SKATEBOARDING	40	40	80	2	2		4
				Park	Park		
				Street	Street		
SPORT CLIMBING	20	20	40	1	1		2
				Bouldering, Lead & Speed Combined	Bouldering, Lead & Speed Combined		
SURFING	20	20	40	1	1		2
				Shortboard	Shortboard		
TOTAL (5)	264	210	474	9	9		18