Supplementary information for

Artificial intelligence driven definition of food preference endotypes in UK Biobank volunteers is associated with distinctive health outcomes and blood based metabolomic and proteomic profiles

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Supplementary Data 1: UK Biobank Field ID

Field ID	Description		
Field ID	Description		
31	Sex		
21003	Age when attended assessment centre		
21001	Body mass index (BMI)		
23099	Body fat percentage		
21002	Weight		
6138	Qualifications		
22189	Townsend deprivation index at recruitment		
22032	IPAQ activity group		
20116	Smoking status		
20600	Liking for adding salt to foods		
20601	Liking for aniseed		
20602	Liking for apple juice		
20603	Liking for apples		
20604	Liking for asparagus		
20605	Liking for aubergine		
20606	Liking for avocados		
20607	Liking for bacon		
20608	Liking for baked/steamed fish		
20609	<u>Liking for bananas</u>		
20610	Liking for barbequed or grilled meat		
20611	Liking for beef steak		
20612	<u>Liking for beetroot</u>		
20613	<u>Liking for bell pepper</u>		
<u>20615</u>	<u>Liking for biscuits</u>		
20616	<u>Liking for bitter foods</u>		
20617	<u>Liking for bitter/ale</u>		
<u>20618</u>	<u>Liking for black olives</u>		
<u>20619</u>	<u>Liking for black pepper</u>		
20620	<u>Liking for blue cheese</u>		
<u>20621</u>	<u>Liking for bolognese sauce</u>		
20622	<u>Liking for broad beans</u>		
20623	<u>Liking for broccoli</u>		
<u>20624</u>	<u>Liking for brown rice</u>		
<u>20625</u>	<u>Liking for brussel sprouts</u>		
20626	<u>Liking for burgers (meat)</u>		
20627	<u>Liking for burn of spicy foods</u>		
20628	<u>Liking for butter on bread</u>		
20629	<u>Liking for butternut squash</u>		
20630	<u>Liking for cabbage</u>		
20631	<u>Liking for cake</u>		
20632	Liking for cake icing		
20633	<u>Liking for capers</u>		
20634	<u>Liking for cauliflower</u>		
20635	Liking for cereal/granola bar		
<u>20636</u>	<u>Liking for cheesecake</u>		

- <u>20637</u> <u>Liking for cherries</u>
- 20638 Liking for chicken
- 20639 Liking for chilli pepper
- 20640 Liking for chips/french fries
- 20642 Liking for cod
- 20643 Liking for coffee with sugar
- 20644 Liking for coffee without sugar
- 20645 <u>Liking for coriander</u>
- 20646 Liking for corn flakes
- 20647 Liking for cream
- 20648 Liking for croissant
- 20649 Liking for cucumber
- 20650 Liking for curry
- 20651 <u>Liking for dairy products</u>
- 20652 Liking for dark chocolate
- 20653 Liking for diet fizzy drinks
- 20654 Liking for dried fruit
- 20655 Liking for eggs
- 20658 Liking for extra virgin olive oil
- 20659 Liking for fatty foods
- 20660 Liking for fresh tomatoes
- 20661 Liking for fried chicken
- 20662 <u>Liking for fried/battered fish</u>
- 20663 Liking for fruit
- 20664 Liking for garlic
- 20665 <u>Liking for gherkins</u>
- 20666 Liking for globe artichoke
- 20667 <u>Liking for goat's cheese</u>
- 20671 Liking for grapefruit
- 20672 <u>Liking for green olives</u>
- 20673 Liking for haddock
- 20674 Liking for ham
- <u>20675</u> <u>Liking for hard cheese</u>
- 20676 Liking for herring
- 20677 Liking for honey
- 20678 Liking for horseradish/wasabi
- 20679 <u>Liking for ice cream</u>
- 20680 Liking for jam
- 20681 Liking for kiwi fruit
- 20682 <u>Liking for lager</u>
- 20683 Liking for lamb
- 20684 <u>Liking for lemons</u>
- <u>20685</u> <u>Liking for lentils/beans</u>
- 20686 <u>Liking for liver</u>
- 20687 <u>Liking for mackerel</u>
- 20688 Liking for marzipan
- 20689 Liking for mayonnaise
- 20690 Liking for melon

- 20691 <u>Liking for milk chocolate</u>
- 20692 <u>Liking for mushrooms</u>
- 20693 Liking for onions
- 20694 <u>Liking for orange juice</u>
- <u>20695</u> <u>Liking for oranges</u>
- 20696 Liking for pasta
- 20697 Liking for pears
- 20698 Liking for pizza
- 20699 <u>Liking for plain yogurt</u>
- 20700 Liking for plums
- 20701 Liking for pollock
- 20702 Liking for pork chop
- 20703 Liking for porridge
- <u>20704</u> <u>Liking for potato crisps</u>
- 20705 Liking for potatoes
- 20706 Liking for prawns
- 20707 <u>Liking for raw carrots</u>
- 20708 Liking for red meat
- 20709 Liking for red wine
- 20710 Liking for regular (non-diet) fizzy drinks
- 20711 Liking for roast chicken
- 20712 Liking for salad dressing
- 20713 Liking for salad leaves
- <u>20714</u> <u>Liking for salami</u>
- 20715 Liking for salmon
- 20716 Liking for salty foods
- 20717 Liking for salty pretzels
- 20718 Liking for sardines
- 20719 Liking for sausages (meat)
- 20720 <u>Liking for savoury biscuits</u>
- 20721 Liking for shellfish (other than prawns)
- 20722 <u>Liking for skimmed milk</u>
- <u>20723</u> <u>Liking for smoked fish</u>
- 20724 Liking for soft cheese
- 20725 Liking for soy sauce
- 20726 Liking for soya milk
- <u>20727</u> <u>Liking for spicy foods</u>
- 20728 <u>Liking for spinach</u>
- 20729 <u>Liking for spirits</u>
- <u>20730</u> <u>Liking for strawberries</u>
- 20731 Liking for sweet coffee house drinks
- 20732 <u>Liking for sweet foods</u>
- <u>20734</u> <u>Liking for tea with sugar</u>
- <u>20735</u> <u>Liking for tea without sugar</u>
- 20737 Liking for tinned tuna
- 20736 Liking for tomato ketchup
- 20738 Liking for turnip (white)
- 20739 Liking for vegetables

- 20740 Liking for vinegar
- 20742 Liking for whisky
- 20743 Liking for white bread
- 20744 Liking for white rice
- 20745 Liking for white wine
- 20746 Liking for whole grain breakfast cereal
- 20747 Liking for whole milk
- 20748 Liking for wholemeal bread
- 26013 Carbohydrate
- <u>26002</u> <u>Energy</u>
- 26017 Englyst fibre
- 26008 Fat
- 26012 Free sugar
- 26005 Protein
- 26014 Saturated fatty acids
- 26011 Total sugars
- 30620 Alanine aminotransferase
- 30600 Albumin
- 30610 Alkaline phosphatase
- 30630 Apolipoprotein A
- 30640 Apolipoprotein B
- 30650 Aspartate aminotransferase
- 30710 C-reactive protein
- 30680 Calcium
- 30690 Cholesterol
- 30700 Creatinine
- 30720 Cystatin C
- 30660 Direct bilirubin
- 30730 Gamma glutamyltransferase
- 30740 Glucose
- 30750 Glycated haemoglobin (HbA1c)
- 30760 HDL cholesterol
- 30770 IGF-1
- 30780 LDL direct
- 30790 Lipoprotein A
- 30800 Oestradiol
- 30810 Phosphate
- 30820 Rheumatoid factor
- 30830 SHBG
- 30850 Testosterone
- 30840 Total bilirubin
- 30860 Total protein
- 30870 Triglycerides
- 30880 Urate
- 30670 Urea
- 30890 <u>Vitamin D</u>
- 23474 3-Hydroxybutyrate
- 23475 Acetate

23476 Acetoacetate 23477 **Acetone** 23460 **Alanine** 23479 Albumin 23440 Apolipoprotein A1 23439 Apolipoprotein B 23484 Cholesterol in Chylomicrons and Extremely Large VLDL 23526 Cholesterol in IDL 23561 Cholesterol in Large HDL 23533 Cholesterol in Large LDL 23498 Cholesterol in Large VLDL 23568 Cholesterol in Medium HDL 23540 Cholesterol in Medium LDL 23505 Cholesterol in Medium VLDL 23575 Cholesterol in Small HDL 23547 Cholesterol in Small LDL 23512 Cholesterol in Small VLDL 23554 Cholesterol in Very Large HDL 23491 Cholesterol in Very Large VLDL 23519 Cholesterol in Very Small VLDL 23485 Cholesteryl Esters in Chylomicrons and Extremely Large VLDL 23418 Cholesteryl Esters in HDL 23527 Cholesteryl Esters in IDL 23417 Cholesteryl Esters in LDL 23562 Cholesteryl Esters in Large HDL 23534 Cholesteryl Esters in Large LDL 23499 Cholesteryl Esters in Large VLDL 23569 Cholesteryl Esters in Medium HDL 23541 Cholesteryl Esters in Medium LDL 23506 Cholesteryl Esters in Medium VLDL 23576 Cholesteryl Esters in Small HDL 23548 Cholesteryl Esters in Small LDL 23513 Cholesteryl Esters in Small VLDL 23416 Cholesteryl Esters in VLDL 23555 Cholesteryl Esters in Very Large HDL 23492 Cholesteryl Esters in Very Large VLDL 23520 Cholesteryl Esters in Very Small VLDL 23473 Citrate 23404 Clinical LDL Cholesterol 23481 Concentration of Chylomicrons and Extremely Large VLDL Particles Concentration of HDL Particles 23430 23523 Concentration of IDL Particles 23429 Concentration of LDL Particles 23558 Concentration of Large HDL Particles 23530 Concentration of Large LDL Particles 23495 Concentration of Large VLDL Particles

Concentration of Medium HDL Particles

Concentration of Medium LDL Particles

23565

23537

23502	Concentration of Medium VLDL Particles
23572	Concentration of Small HDL Particles
23544	Concentration of Small LDL Particles
23509	Concentration of Small VLDL Particles
23428	Concentration of VLDL Particles
23551	Concentration of Very Large HDL Particles
23488	Concentration of Very Large VLDL Particles
23516	Concentration of Very Small VLDL Particles
23478	Creatinine
23443	Degree of Unsaturation
23450	Docosahexaenoic Acid
23486	Free Cholesterol in Chylomicrons and Extremely Large VLDL
23422	Free Cholesterol in HDL
23528	Free Cholesterol in IDL
23421	Free Cholesterol in LDL
23563	Free Cholesterol in Large HDL
23535	Free Cholesterol in Large LDL
23500	Free Cholesterol in Large VLDL
23570	Free Cholesterol in Medium HDL
23542	Free Cholesterol in Medium LDL
23507	Free Cholesterol in Medium VLDL
23577	Free Cholesterol in Small HDL
23549	Free Cholesterol in Small LDL
23514	Free Cholesterol in Small VLDL
23420	Free Cholesterol in VLDL
23556	Free Cholesterol in Very Large HDL
23493	Free Cholesterol in Very Large VLDL
23521	Free Cholesterol in Very Small VLDL
23470	Glucose
20280	Glucose-lactate
23461	Glutamine
23462	Glycine
23480	Glycoprotein Acetyls
23406	HDL Cholesterol
23463	Histidine
23465	Isoleucine
23405	LDL Cholesterol
23471	Lactate
23466	Leucine
23449	Linoleic Acid
23447	Monounsaturated Fatty Acids
23444	Omega-3 Fatty Acids
23445	Omega-6 Fatty Acids
23468	Phenylalanine
23437	Phosphatidylcholines
23434	Phosphoglycerides
23483	Phospholipids in Chylomicrons and Extremely Large VLDL
20400	Please the limited in Constructions and Extremely Large VLDL

Phospholipids in HDL

23414

23525	Phospholipids in IDL
23413	Phospholipids in LDL
23560	Phospholipids in Large HDL
23532	Phospholipids in Large LDL
23497	Phospholipids in Large VLDL
23567	Phospholipids in Medium HDL
23539	Phospholipids in Medium LDL
23504	Phospholipids in Medium VLDL
23574	Phospholipids in Small HDL
23546	Phospholipids in Small LDL
23511	Phospholipids in Small VLDL
23412	Phospholipids in VLDL
23553	Phospholipids in Very Large HDL
23490	Phospholipids in Very Large VLDL
23518	Phospholipids in Very Small VLDL
23446	Polyunsaturated Fatty Acids
23472	Pyruvate
23402	Remnant Cholesterol (Non-HDL, Non-LDL -Cholesterol)
23448	Saturated Fatty Acids
20281	Spectrometer-corrected alanine
23438	Sphingomyelins
23400	Total Cholesterol
23401	Total Cholesterol Minus HDL-C Total Cholines
23436 23464	Total Concentration of Branched-Chain Amino Acids (Leucine + Isoleucine +
20404	Valine)
23427	Total Concentration of Lipoprotein Particles
23415	Total Esterified Cholesterol
23442	Total Fatty Acids
23419	Total Free Cholesterol
23482	Total Lipids in Chylomicrons and Extremely Large VLDL
23426	Total Lipids in HDL
23524	Total Lipids in IDL
23425	Total Lipids in Lorge HDL
23559	Total Lipids in Large HDL Total Lipids in Large LDL
23531	Total Lipids in Large LDL
23496	Total Lipids in Large VLDL
23423	Total Lipids in Lipoprotein Particles
23566	Total Lipids in Medium HDL
23538	Total Lipids in Medium LDL
23503	Total Lipids in Medium VLDL
23573	Total Lipids in Small HDL
23545	Total Lipids in Small LDL
23510	Total Lipids in Small VLDL
23424	Total Lipids in VLDL
<u>23552</u>	Total Lipids in Very Large HDL
23489	Total Lipids in Very Large VLDL

Total Lipids in Very Small VLDL

23517

23411	Total Phospholipids in Lipoprotein Particles
23407	<u>Total Triglycerides</u>
23487	Triglycerides in Chylomicrons and Extremely Large VLDL
23410	<u>Triglycerides in HDL</u>
23529	<u>Triglycerides in IDL</u>
23409	<u>Triglycerides in LDL</u>
23564	Triglycerides in Large HDL
23536	Triglycerides in Large LDL
23501	Triglycerides in Large VLDL
23571	Triglycerides in Medium HDL
23543	Triglycerides in Medium LDL
23508	Triglycerides in Medium VLDL
23578	Triglycerides in Small HDL
23550	Triglycerides in Small LDL
<u>23515</u>	Triglycerides in Small VLDL
23408	Triglycerides in VLDL
23557	Triglycerides in Very Large HDL
23494	Triglycerides in Very Large VLDL
23522	Triglycerides in Very Small VLDL
23469	<u>Tyrosine</u>
23403	VLDL Cholesterol
23467	<u>Valine</u>
<u>1072</u>	olink_data

<u>41270</u> <u>Diagnoses - ICD10</u>

Supplementary Data 2: List of the 41 chronic conditions included in the definition of multimorbidity and its ICD10 code use for analysis.

l٥	Chronic condition	ICD10 code
	1 Anaemia	D5[0-3]
	2 Angina pectoris	120
	3 Anxiety	F41
	4 Asthma	J45
	5 Atrial fibrilation	148
	6 Bronchiectasis	J47
	7 Cancer	C[0-9]
	8 Chronic kidney disease	N18
	9 Chronic obstructive pulmonary disease	J44
1	0 Chronic sinusitis	J32
1	1 Cirrhosis	K74
1	2 Dementia	F0[1-3]
1	3 Depression	F3[2-3]
1	4 Dermatitis	L[2-3]
1	5 Diabetes	E1[0-4]
1	6 Epilepsy	G4[0-1]
1	7 Glaucoma	H4[0-2]
1	8 Heart failure	150
1	9 Hepatitis	B1[5-9]
2	0 Hypertention	I1[0-5]
2	1 Inflammatory bowel disease	K5[0-2]
2	2 Irritable bowel syndrome	K58
2	3 Meningitis	G0[0-3]
2	4 Migraine	G43
2	5 Multiple schlerosis	G35
2	6 Myocardial infarction	I2[1-2]
2	7 Osteoporosis	M8[0-2]
2	8 Parkinson's disease	G2[0-1]
2	9 Peripheral vascular diseases	l73
3	0 Prostate problem	N4[0-2]
3	1 Rheumatoid arthritis	M0[5-6]
3	2 Schizophrenia	F2[0-9]
3	3 Stroke	I6[0-9]
3	4 Thyroid problem	E0[0-7]
3	5 Tuberculosis	A1[5-9]
3	6 Vestibular disorder	H8[1-3]
3	7 Constipation	K59
3	8 Dyspepsia	K3[0-1]
3	9 Diverticular disease of intestine	K5[7-8]
4	0 Endometriosis	N80
4	1 Hearing loss	H9[0-1]