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APA Citation Examples

In-text Citations:

Book with One Author

- (Smith, 2019)

Journal Article with Two Authors

- (Johnson & Lee, 2020)

Website Article

- (Smith, 2021)

Online Video

- (TED, 2018)

Government Report

- (National Institute of Mental Health, 2020)



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Works Cited:

Book with One Author

- Smith, J. (2019). *The Power of Habit: Why We Do What We Do in Life and Business*. Random House.

Journal Article with Two Authors

- Johnson, A., & Lee, B. (2020). The Effects of Exercise on Mental Health. *Journal of Health Psychology*, 15(2), 123-135. <https://doi.org/10.1177/1359105309351627>

Website Article

- Smith, C. (2021, March 20). The Importance of Sleep for Cognitive Function. *Sleep Foundation*. <https://www.sleepfoundation.org/articles/how-sleep-affects-cognitive-function>

Online Video

- TED. (2018, September 20). The Power of Vulnerability [Video]. YouTube. <https://www.youtube.com/watch?v=iCvmsMzIF7o>

Government Report

- National Institute of Mental Health. (2020). *Mental Health Disorders in America: An Overview* (NIH Publication No. 20-3567). U.S. Government Printing Office.