



Australian Football Anti-Doping Code

Therapeutic Use Exemption (TUE) Requirements

Australian Football players may at times need to use a prohibited substance or method to treat a legitimate medical condition.

A TUE is an exemption that allows a player to use, for therapeutic purposes only, an otherwise prohibited substance or method.

TUEs are administered for the AFL by the Australian Sports Drug Medical Advisory Committee (**ASDMAC**).

TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who is required to have a TUE

Players in the following competitions/pathways are required to seek a TUE in accordance with the Australian Football Anti-Doping Code:

1. players playing AFL and AFLW Competitions

This TUE must be applied for, and approved, prior to the use of a prohibited substance or method, other than in emergency or urgent medical situations

Note: Players in State League competitions and below are still bound by the AFL Anti-Doping Code. However, they are not required to apply for a TUE in advance of using a prohibited substance or method. If they are subject to Anti-Doping testing, and return an adverse analytical finding (AAF), they should apply for a retroactive TUE. The assessment criteria for approval of a TUE are the same and Players will be required to meet all the criteria. It is recommended that all players in lower tiers of football who are using a prohibited substance or method keep a medical file in case required.

How do you apply for a TUE

To seek a TUE, players must follow the process outlined by ASDMAC at the following website:
<https://www.sportintegrity.gov.au/what-we-do/therapeutic-use-exemption/apply-tue>