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# Morphological and physiological traits of the respiratory system in *Iguana iguana* and other non-avian reptiles

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## ABSTRACT

Functional morphology considers form and function to be intrinsically related. To understand organismal functions, a detailed knowledge of morphological and physiological traits is necessary. Regarding the respiratory system, the combined knowledge about pulmonary morphology and respiratory physiology is fundamental to understand how animals exchange gases and regulate critical functions to sustain metabolic activity. In the present study, the paucicameral lungs of Iguana iguana were analyzed morphometrically through stereological analysis using light and transmission electron images and compared with unicameral and multicameral lungs of six other non-avian reptiles. The morphological data were combined with physiological information to perform a principal component analysis (PCA) and phylogenetic tests of the relationship of the respiratory system. Iguana iguana, Lacerta viridis, and Salvator merianae presented similar pulmonary morphologies and physiologies when compared to Varanus examthematicus, Gekko gecko, Trachemys scripta, and Crocodylus niloticus. The former species showed an elevated respiratory surface area (%AR), a high diffusion capacity, a low volume of total parenchyma (V<sub>P</sub>), a low percentage of parenchyma concerning the lung volume (V<sub>L</sub>), and a higher surface/volume ratio of the parenchyma (SAR/VP), with high respiratory frequency (fR) and consequently total ventilation. The total parenchymal surface area (S<sub>A</sub>), effective parenchymal surface-to-volume ratio (S<sub>AR</sub>/V<sub>P</sub>), respiratory surface area  $(S_{AB})$ , and anatomical diffusion factor (ADF) showed a phylogenetic signal, evidence that the morphological traits are more strongly correlated with the species' phylogeny than the physiological traits. In sum, our results indicated that the pulmonary morphology is intrinsically related to physiological traits of the respiratory system. Furthermore, phylogenetic signal tests also indicate that morphological traits are more likely to be evolutionary conserved than physiological traits, suggesting that evolutive physiological adaptations in the respiratory system could happen faster than morphological changes.

## 1. Introduction

Amniotes present vast morphological variation in lung structure, especially concerning the degree of pulmonary subdivision and type, and distribution of gas exchange epithelium (Perry and Sander, 2004). Observations of the pulmonary embryological development in Madagascar ground geckos provide evidence that the last common ancestor of amniotes possessed complex multichambered lungs that gave rise to the bronchioalveolar mammalian lung as well as the multicameral lungs of archosaurs and testudines (Lambertz et al., 2015; Perry et al., 2019). In this scenario, the widespread unicameral lung type of many lepidosaurs would be a plesiomorphic character maintained

from ancestral lepidosaurs who underwent miniaturization and concomitantly lost the multichambered lung — whereas the more divided paucicameral and multicameral lungs (present in Iguania, Gekkota, Varanoidea; see Perry, 1998 for details) would represent secondary modifications (Lambertz et al., 2015).

Perry et al. (2019) commented that if the evolution of the pulmonary structure could be seen separately from all other organ systems, and if someone could establish an absolute functional criterion for that evolution, an ideal lung would possess two different sets of properties: one for the pump, and another for the gas exchanger. The pump should move large quantities of air while having substantial compliance needing a minimum amount of work to perform lung ventilation.

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On the other hand, the ideal gas exchanger should possess a large surface area, good air convection of respiratory surfaces, maximum exposure of capillary surfaces, and an effective diffusion capacity per unit of pulmonary surface area (Perry, 1983). When the oxygen diffusion capacity is determined morphometrically, the values are always greater than the ones measured physiologically. This can be explained by the fact that morphometric data are not influenced by physiological limitations related to the transport of oxygen towards the lungs and through respiratory epithelium into the blood. In this oxygen transport cascade, ventilation-perfusion, diffusion-perfusion inhomogeneities, pulmonary shunting, or blood oxygen-carrying capacities may reduce the amount of oxygen absorbed at the air/blood interface (Wang et al., 1998; Wang and Hicks, 2002).

Among Squamata, the various aspects of the oxygen transport cascade have only been extensively studied in a few species, such as *Crotalus durissus, Salvator merianae*, and *Iguana iguana*. Due to its wide-spread distribution, ease of reproduction in captivity, and relatively large size, the green iguana (*Iguana iguana*) has been widely used as an experimental model to understand different aspects of the gas transport cascade, such as lung ventilation (Giordano and Jackson, 1973; Carrier, 1987; Brainerd et al., 2016), circulation (Tucker, 1968; Wood and Moberly, 1970; Baker and White, 1970; Baker et al., 1972; Gleeson et al., 1980; Mitchell et al., 1981; Farmer and Hicks, 2000; Wang et al., 1997), or oxygen consumption (Maxwell et al., 2003; Sartori et al., 2017).

The paucicameral (transitional) lungs of *Iguana iguana* each consist of two chambers separated by a longitudinal septum. The cranio-medial chamber is composed of faveolar parenchyma while the caudal chamber exhibits faveolar parenchyma in its cranial portion but trabecular parenchyma in the caudal part, resulting in a heterogeneously distributed respiratory epithelium. The uneven parenchymal distribution in the two chambers is associated with greater specialization of the cranial chamber for gas exchange. In contrast, the caudal chamber seems better equipped to perform a more ventilatory function, moving air in and out of the lungs (Peixoto et al., 2018). There is evidence that airflow from the lungs of *I. iguana* is unidirectional (Cieri et al., 2014).

However, this view was disputed by Perry et al. (2019), arguing that within a single-chambered lung, any centralized jet stream of inspired air would show unidirectional lateral backflow once it hits the caudal end of the lung.

This study investigated whether Iguana iguana lung characteristics indicate morphofunctional and physiological differences compared to other non-avian reptiles, following our previous study of iguana lung morphometrics (Peixoto et al., 2018). Therefore, we determined stereological parameters of I. iguana lungs to analyze their functionality and compared them with morphometric data from other reptilian lungs. Only few species had detailed morphological and physiological data available in the literature that could be included into our analysis, this included the lizards Varanus exanthematicus, Lacerta viridis, Salvator merianae, Gekko gecko, the crocodilian Crocodylus niloticus, and the chelonian Trachemys scripta. Subsequently, we investigated relationships between morphometric data of the reptilian respiratory system and physiological variables to integrate morphology and physiology to understand the stages of pulmonary gas exchange in I. iguana. Furthermore, we verified whether morphological and physiological traits are phylogenetically related, thereby showing whether form and function are evolutionarily linked.

#### 2. Material and methods

## 2.1. Animals

The same *Iguana iguana* individuals use by Peixoto et al. (2018) provided the tissue samples analyzed in the present study. Briefly, animals of different body masses ( $M_B$ : 0.020, 0.026, 0.319, 0.546, and 2.4 kg) were obtained from the same population of animals held and reproduced at the Jacarezário, São Paulo State University "Julio de

Mesquita Filho" Rio Claro, SP, Brazil. The animals were euthanized by an overdose of Sodium Thiopental ( $100 \text{ mg.kg}^{-1}$ ), administered intraperitoneally (018/2014 Protocol of the Committee on Animal Use and Ethics, IBIO/UFBA). Subsequently, the lungs were fixed using intratracheal instillation of glutaraldehyde 5% in 0.2 M phosphate buffer (pH 7.4, 380 mOsm) at a pressure of 20 cmH<sub>2</sub>O for 12 h. Following fixation, the lungs were removed and stored for up to 10 days in glutaraldehyde 0.5% stock solution in 0.2 M phosphate buffer (pH 7.4; 380 mOsm) for light and electron microscopical processing.

## 2.2. Histological processing

The determination of the total lung volume of the five iguanas followed the results of Peixoto et al. (2018). The total lung volume was determined by the Cavalieri method, which estimates the total volume and area of cross sections multiplied by the distance between the sections (Cruz-Orive & Weibel, 1990). For this purpose, the size of each lung was measured in a craniocaudal direction, and ten cross sections were performed from a random starting point and at fixed distances, based on the total length of each lung. A test system was superimposed onto the cross sections, and the number of points covering lung parenchymal and lung lumen were counted. The total volume (V<sub>L</sub>) of the lungs was given by:  $V = T.a/p.\Sigma Pi$ , where "T" is the distance between sequential sections, "a/p" is the area represented by each point, and "Pi" is the number of points over the parenchymal and lumen. The same methodology was applied to estimate the parenchymal and lumen volume separately by counting the points over each structure.

The samples used for the light microscopy were dehydrated in a graded series of ethanol with their pleural surface facing down. They were systematically rotated and sectioned to obtain vertical uniform sections (VUR), according to Howard and Reed (2005). Subsequently, they were embedded in methacrylate (Historesina® Leica). Histological sections of 5  $\mu$ m were cut using a manual Zeiss Hyrax M15 microtome, mounted on slides, stained with toluidine blue (1%), and photomicrographed (Axiphot II Carl Zeiss, camera Axiocam MrC3 and capture software Axio Vision 4.8).

The samples for transmission electron microscopy were post-fixed in osmium tetroxide (1%), 0.8% potassium ferrocyanide, and 5 mM calcium chloride in 0.1 M sodium cacodylate buffer (pH 7.4) for one hour. They were washed three times for ten minutes each in the same buffer, dehydrated in a graded series of acetone, followed by three successive baths of 100% acetone and subsequent replacement of the acetone and Polybed® resin (1:1) for 6 h. Afterward, the samples were transferred to pure resin, where they remained until polymerization. Semithin (0.5  $\mu$ m) and ultrathin (80 nm) sections were performed using an ultramicrotome Leica EM UC7. The ultrathin sections were stained using uranyl acetate and lead citrate and analyzed with a transmission electron microscope JEOL 1230.

## 2.3. Stereological analysis

The surface area per unit volume (surface density =  $S_V$ ) and the total lung surface (S) were calculated by counting intersections with the lung surface and points on the same tissue using a cycloid arc test system, following Howard and Reed (2005),  $S_V = 2$ .  $\Sigma I_i/(I/p,\Sigma P_i)$  and  $S = S_V$ . V where  $P_i$  is the number of points on the tissue, I/p is the length of the cycloid arc by point of the test system. Ii is the number of the count of intersections with the respiratory surface under light microscopy (Fig. 1A).

The harmonic mean thickness of the air-blood diffusion barrier ( $\tau$ ht) was determined for each individual using transmission electron micrographs overlapping a test system of cycloid arcs (Fig. 1B). The length of each line segment of the test system connecting the surfaces of the epithelium with an erythrocyte was measured with a logarithmic ruler, according to the method of Perry (1983). The anatomical diffusion factor (ADF) was calculated as the ratio of the respiratory surface area to



**Fig. 1.** A) Light micrograph of a vertical section of the parenchymal lung of *Iguana iguana* showing a capillary network with capillaries (c) arranged on both sides supported by non-trabecular smooth muscle (m). The test array was superimposed on the microscopic image to estimate the stereological measurements of lung components. The thick arrow indicates the vertical axis of the lung section and test array. Erythrocytes (e). Scale bar: 10 µm. B) Merz grid superimposed on the transmission electron micrograph of epithelial surface. Intersection points (arrows) indicate starting points for randomly oriented blood–air barrier measurements. Scale bar: 2 µm. C) Square lattice graticule to perform point counting to estimate volume proportion of blood–air barrier components superimposed on a transmission electron micrograph. Epithelium (ep), basal membrane (bm), and endothelium (en). Scale bar: 2 µm.

body mass divided by the harmonic mean thickness of the diffusion barrier ( $\tau$ ht) (Moraes et al., 2005; Howard and Reed, 2005).

## 2.4. Estimation of morphological diffusion capacity for oxygen

Based on the values obtained for ADF, we calculated the morphological diffusing capacity for oxygen (DtO<sub>2</sub>) of the iguana lungs as DtO<sub>2</sub> = KtO<sub>2</sub>. ADF, where KtO<sub>2</sub> represents Krogh's diffusion constant for oxygen in lung tissue. Since KtO<sub>2</sub> has not yet been determined for reptilian lungs, the KtO<sub>2</sub> as determined by Grote (1967) for rat lung tissue was assumed for the parts of the diffusion barrier composed by lung epithelium and capillary endothelium, whereas the KtO<sub>2</sub> for frog connective tissue (Bartels, 1971) was applied to the parts of the diffusion barrier being composed of connective tissue or basal lamina.

This method to calculate morphometric diffusion capacity followed Moraes et al. (2005). We estimated the relative proportions of epithelium/endothelium and connective tissue by point-counting our electron micrograph images (Fig. 1C).

While Grote (1967) measured  $KtO_2$  for rat lung tissue at 20, 30, and 37 °C, the  $KtO_2$  for frog connective tissue is only available for 20 °C. Therefore, we corrected the frog connective tissue  $KtO_2$ , assuming a 1% change per °C, following Krogh (1919) to obtain corresponding values for 20 and 30 °C (Table 1).

## 2.5. Principal components analysis

We obtained the same morphometric variables measured in the present study for other species of non-avian reptiles available in Perry et al. (1994) (Table 2), as well as physiological variables describing respiratory system function in the same species (Table 3). The stereological morphometric data of the lungs of *I. iguana* were compared with those of other non-avian reptiles using a principal component analysis (PCA) based on a correlation matrix. This also allowed us to verify whether morphometric variables obtained using stereological principles correlated with physiological parameters. All quantitative data obtained from Perry et al. (1994) represented the mean values and were normalized per kg M<sub>B</sub> to facilitate comparisons. Note, however, that the variations were not provided for all species; hence, the comparisons presented in our results (see Section 3.2) should be interpreted with caution.

## 2.6. Phylogenetic analysis

We obtained the phylogenetic tree hypothesis including all species from the TimeTree project (Kumar et al. 2022). We calculated the phylogenetic signal for all physiological and morphological traits using Blomberg's k. Values of k closer to 1 indicate that the character follows a distribution expected under a Brownian Motion evolutionary mode. In contrast, values closer to 0 indicate the absence of a phylogenetic signal. Blomberg's k can also show values above 1, meaning that the trait is more evolutionary conserved than expected under a Brownian motion evolutionary mode. The p-values of Blomberg's k were generated using

## Table 1

Krogh's diffusion constants for epithelium/endothelium (Kt $_{c/e})$  and connective tissue/basal membrane (Kt $_{c/b})$  used to estimate pulmonary oxygen diffusion capacity.

Temperature (°C)	$Kt_{e/e}^{a}$ (10 <sup>-5</sup> cm <sup>2</sup> .min <sup>-1</sup> . mmHg <sup>-1</sup> )	$Kt_{c/b} (10^{-5} \text{ cm}^2.\text{min}^{-1}. \text{mmHg}^{-1})$
20	2.63 <sup>a</sup>	1.51 <sup>b</sup>
30	2.96 <sup>a</sup>	1.67 <sup>c</sup>
37	3.29 <sup>a</sup>	1.79 <sup>c</sup>

<sup>a</sup> value taken from Grote (1967)

<sup>b</sup> value taken from Bartels (1971)

<sup>&</sup>lt;sup>c</sup> value calculated from Bartels' (1971) 20 °C value

#### Table 2

Morphometric comparison of the lungs of *Iguana iguana* with those of other non-avian reptiles. Data from Perry et al. (1994) except for *I. iguana* (this study). Body mass (M<sub>B</sub>); total lung volume (V<sub>L</sub>); parenchymal volume (%P); parenchymal volume (V<sub>P</sub>); total parenchymal surface area (S<sub>A</sub>); respiratory surface area (%A<sub>R</sub>); effective surface-to-volume ratio in parenchyma (S<sub>AR</sub>/V<sub>P</sub>); respiratory surface area (S<sub>AR</sub>); harmonic mean thickness ( $\tau$ th); anatomical diffusion factor (ADF). All quantitative data obtained from Perry et al. (1994) represent mean values and were normalized per kg M<sub>B</sub> to facilitate comparisons.

	M <sub>B</sub> (kg)	$V_L$ (ml. $kg^{-1}$ )	%P (% of V <sub>L</sub> )	V <sub>P</sub> (ml. kg <sup>-1</sup> )	$S_A (10^3_{.} \text{ cm}^2. \text{ kg}^{-1})$	%A <sub>R</sub> (% of S <sub>A</sub> )	$S_{AR}/V_P$ (cm <sup>2</sup> . cm <sup>-3</sup> )	$S_{AR} (10^{3}_{.} cm^{2}. kg^{-1})$	τht (μm)	ADF $(10^3.cm^2.\mu m^{-1}.kg^{-1})$
Iguana iguana	0.66	277.56	17.89	48.02	2.90	52.70	95.31	4.40	0.63	6.95
Varanus	1.00	306.70	28.70	83.20	6.13	88.60	65.30	5.43	0.65	8.35
exanthematicus										
Lacerta viridis	0.02	94.80	34.60	32.00	6.07	70.00	129.60	4.25	0.53	8.01
Salvator merianae	0.72	84.40	26.00	22.00	3.76	78.20	133.60	2.94	0.46	6.39
Gekko gecko	0.19	164.60	11.70	19.30	1.38	69.30	36.40	0.95	1.08	0.90
Crocodylus niloticus	1.00	113.10	42.00	39.70	1.38	50.00	15.30	0.66	1.40	0.63
Trachemys scripta	0.44	262.30	44.90	117.80	2.49	82.70	18.00	2.06	0.50	4.20

## Table 3

Respiratory physiology parameters ( $\dot{V}O_2$ : oxygen consumption;  $V_T$ : tidal volume;  $\dot{V}e$ : pulmonary ventilation;  $f_R$ : breathing frequency) of non-avian reptile species, based on the respective references within a temperature range of 30 – 35 °C, used in PCAs. All quantitative data represent mean values.

	$\dot{\mathrm{VO}}_{2}$ (ml.min <sup>-1</sup> .kg <sup>-1</sup> )	$V_T$ (ml.kg <sup>-1</sup> )	$\dot{V}e$ (ml.min <sup>-1</sup> .kg <sup>-1</sup> )	$f_R (min^{-1})$	Source
Iguana iguana	4.14	15.60	105.40	6.90	Giordano and Jackson, 1973
Varanus exanthematicus	1.20	19.70	25.20	1.40	Hicks et al. 2000
Lacerta viridis	0.28	3.67	157.89	43.06	Cragg, 1978
Salvator merianae	2.70	10.50	37.60	3.60	Klein et al. 2003
Gekko gecko	2.30	10.00	280.00	34.00	Chiu et al. 1986
Crocodylus niloticus	0.55	11.00	29.12	3.45	Brown and Loveridge, 1981
Trachemys scripta	0.88	8.50	9.50	1.20	Jackson, 1971

permutations tests with 100 repetitions implemented in the Phytools package, function "phylosig" (Revell, 2012), for the R software version 4.1.0 (R core Team, 2021).

## 3. Results

## 3.1. Lung morphometry of Iguana iguana

The average parenchymal volume corresponded to 17.29% of the total volume of the lungs. In comparison, the average density of the respiratory surface (%A<sub>R</sub>) represented 52.70% of the proportion of the respiratory surface of the lung (S<sub>AR</sub>= 4.40  $\pm$  0.95  $10^3.\rm{cm}^2.\rm{kg}^{-1})$  of *Iguana iguana*, resulting in an effective surface-to-volume ratio in parenchyma of 95.31  $\rm{cm}^2.\rm{cm}^{-3}$ . The harmonic means thickness of the airblood diffusion barrier (7ht) varied between 0.51 and 0.76  $\mu m$ , and the anatomical diffusion factor (ADF) was calculated as 6.95  $\pm$  1.28  $\rm{cm}^2.\mu$   $m^{-1}.\rm{kg}^{-1}$  (Table 4).

Before determining the morphological diffusion capacity of *I. iguana* lungs, we determined that  $46.4 \pm 4.3\%$  of the diffusion barrier was composed of pulmonary epithelium,  $32.4 \pm 8.2\%$  of capillary endothelium, and  $21.2 \pm 5.2\%$  of connective tissue or basement membrane (Table 5). From these percentages and applying the respective Krogh diffusion constants (see Table 1), we calculated the morphological oxygen diffusion capacity in the lungs of *I. iguana* to vary between

## Table 5

Proportional distribution of pulmonary epithelium, capillary endothelium, and connective tissue/basal membrane within the diffusion barrier of the lungs of *Iguana iguana*. Sd: standard deviation.

Body mass (kg)	% pulmonary epithelium	% capillary endothelium	% connective tissue/ basal membrane
0.020	39.25	43.99	16.76
0.026	45.53	31.81	22.66
0.319	50.26	28.04	21.70
0.546	48.07	35.91	16.02
2.400	48.65	22.39	28.96
Mean	46.35	32.43	21.22
Sd	4.32	8.15	5.22

 $1.6528\ ml.min^{-1}.kg^{-1}.mmHg^{-1}$  at 20  $^\circ C$  and 2.0504 ml.min^{-1}.kg^{-1}. mmHg^{-1} at 37  $^\circ C$  (Table 6).

## 3.2. Comparative lung morphology

 $S_{AR}$  showed considerable variation in the analyzed species, being greatest in *V. exanthematicus* and smallest in *C. niloticus*. In relative terms and considering  $S_{AR}$  in *V. exanthematicus* being 100%,  $S_{AR}$  in *I. iguana* and *L. viridis* corresponded to 81% and 78%, respectively,  $S_{AR}$  in *S. merianae* was about half (54%), 38% in *T. scripta*, with *G. gecko* (17%)

## Table 4

Stereological data from lungs of *Iguana iguana* (n = 5). Body mass ( $M_B$ ); total lung volume ( $V_L$ ); parenchymal volume (%P); parenchymal volume ( $V_P$ ); total parenchymal surface area ( $S_A$ ); respiratory surface area ( $\%A_R$ ); effective surface-to-volume ratio in parenchyma ( $S_{AR}/V_P$ ); respiratory surface area ( $S_{AR}$ ); harmonic mean thickness ( $\tau$ ht); anatomical diffusion factor (ADF). Sd: standard deviation.

	M <sub>B</sub> (kg)	$V_L$ (ml. $kg^{-1}$ )	%P (% of V <sub>L</sub> )	$V_{\rm P}$ (ml. kg <sup>-1</sup> )	$S_A (10^3_{.} \text{ cm}^2. \text{ kg}^{-1})$	%A <sub>R</sub> (% of S <sub>A</sub> )	$S_{AR}/V_P$ (cm <sup>2</sup> . cm <sup>-3</sup> )	$S_{AR} (10^{3}_{.} cm^{2}. kg^{-1})$	τht (μm)	ADF (10 <sup>3</sup> .cm <sup>2</sup> .µm <sup>-1</sup> . kg <sup>-1</sup> )
1	0.020	335.00	11.94	40.20	0.11	68.80	139.34	5.57	0.76	7.26
2	0.026	330.80	13.95	49.60	0.09	40.62	79.33	3.66	0.65	5.61
3	0.319	284.30	18.19	52.00	1.05	35.68	63.98	3.30	0.58	5.64
4	0.546	238.50	19.89	47.50	2.78	59.69	107.71	5.10	0.66	7.74
5	2.400	199.20	25.52	50.80	10.51	58.72	86.22	4.38	0.51	8.50
Mean		277.56	17,89	48.02	2.90	52.70	95.31	4.40		6.95
Sd		58.83	5.32	4.67	4.38	13.96	29.20	0.95		1.28

#### Table 6

Morphological diffusion capacity for oxygen (DtO<sub>2</sub>) in lungs of *Iguana iguana* at different temperatures. Sd: standard deviation.

	DtO <sub>2</sub> (mlO <sub>2</sub> .min <sup>-1</sup> .kg <sup>-1</sup> .mmHg <sup>-1</sup> )						
Body mass (kg)	20 °C	30 °C	37 °C				
0.020	1.7282	1.9392	2.1440				
0.026	1.3446	1.5087	1.6681				
0.319	1.3437	1.5077	1.6670				
0.546	1.8142	2.0357	2.2307				
2.400	2.0332	2.2814	2.5223				
Mean	1.6528	1.8546	2.0504				
Sd	0.3068	0.3399	0.3732				

and *C. niloticus* (12%) showing very small  $S_{AR}$  (Table 7). Species with unicameral lungs demonstrated a greater effective surface-volume ratio ( $S_{AR}/V_P$ ) in the parenchyma than those with multicameral lungs, except for *G. gecko.* (Table 7).

The harmonic mean distance between the epithelial and endothelial surfaces gives the effective air-blood diffusion distance, varying in *I. iguana* between 0.51 and 0.76  $\mu$ m. The other non-avian reptiles analyzed possesses diffusion distances between 0.5 and 1.40  $\mu$ m. When comparing the seven species, we verified that the diffusion distances were independent of the type of lung being uni-, pauci-, or multicameral, with *G. gecko* (1.08  $\mu$ m; unicameral lung) and *C. niloticus* (1.40  $\mu$ m; multicameral lung) presenting the greatest diffusion distances.

Among non-avian reptiles, the calculated anatomical diffusion factor for *I. iguana* was  $6.95 \text{ cm}^2.\mu\text{m}^{-1}.\text{kg}^{-1}$ , similar to *S. merianae* (6.39), being somewhat smaller than the ADFs found in *V. exanthematicus* and *L. viridis*, but much greater than the ones found for *G. gecko* and *C. niloticus* (Table 4).

## 3.3. Principal component analysis

We selected the first three principal components (PC) of the PCA, corresponding to 80% of the total variance. PC1 (35.6%) was linked mainly to a smaller respiratory surface area ( $S_{AR}$  and  $S_A$ ) and a lower diffusion capacity (ADF and  $\tau$ ht), as well as to a lesser extent to lower lung volume ( $V_L$ ; Fig. 2). This was reflected in physiological variables by a lower tidal volume ( $V_T$ ), a slight drop in the rate of oxygen consumption, a small increase in respiratory frequency ( $f_R$ ) and pulmonary ventilation ( $\dot{V}_e$ ) (Table 8). This indicates that species having a small respiratory surface area (and partly low lung volumes) relative to their body size, compensate with a slight increase in breathing frequency. Positively linked to PC1 were: *Crocodylus niloticus* and *Gekko gecko*, while *Varanus exanthematicus* and *Iguana iguana* were inversely related to PC1. *Salvator merianae*, *Lacerta viridis*, and *Trachemys scripta* showed intermediate values (Fig. 2).

PC2 (26.7%) was mainly linked to a lower total parenchymal volume (V<sub>P</sub>), with a low percentage of parenchyma concerning lung volume (% P), but with a great  $S_{AR}/V_P$ . To a lesser extent, it was linked to a lower  $V_L$  and a greater parenchymal surface area ( $S_A$ ). From a physiological viewpoint, PC2 was linked to a considerable increase in  $f_R$  and increased

 $\dot{V}_{e}$ . To a lesser extent, it was related to an increase in  $\dot{V}O_{2}$  and a lower  $V_{T}$  (Table 8). Positively correlated to this axis were: *L. viridis, G. gecko, I. iguana*, and *S. merianae*, while *T. scripta, C. niloticus*, and *V. exanthematicus* were negatively related (Fig. 2).

PC3 (17.6%) was mainly linked to an increase in V<sub>L</sub> and a reduction in the proportion of parenchyma concerning total volume (%P). To a lesser extent, it was related to a decrease in the ratio of the respiratory surface (%A<sub>R</sub>) and S<sub>AR</sub>/V<sub>P</sub>. PC3 was linked mainly to an increase in  $\dot{VO}_2$ and V<sub>T</sub> regarding physiological variables. To a lesser extent, it was related to a decrease in f<sub>R</sub> (Table 8). This axis was positively associated with *I. iguana*, *G. gecko*, *V. exanthematicus*, and *C. niloticus*, while negatively related were *L. viridis*, *T. scripta*, and *S. merianae* (Fig. 2).

## 3.4. Phylogenetic analysis

The results from the phylogenetic signal analysis show that most morphological traits (%P, V<sub>P</sub>, S<sub>A</sub>, S<sub>AR</sub>/V<sub>P</sub>, S<sub>AR</sub>,  $\tau$ ht, and ADF) had a Blomberg's k value above 1 (see Table 9) — meaning that phylogenetically closer species tend to have morphological traits more similar than what would be expected under a Brownian Motion model. Although only S<sub>AR</sub>/V<sub>P</sub> had a significant p-value (<0.05), the other morphological traits also show a low probability for type I errors (all below 0.13), which suggests that the non-significance may be due to the small number of species analyzed. On the other hand, all physiological traits ( $\dot{V}O_2$ , V<sub>T</sub>, f<sub>R</sub>, and  $\dot{V}_e$ ) had k values below 0.93 and all p-values above 0.4, indicating no phylogenetic signal in these traits. Altogether, these results imply that morphological traits (Figs. 3 and 4). The only exceptions were the morphological traits V<sub>L</sub> and %A<sub>R</sub>, which, similar to the physiological traits, also presented k values below 1 with high p-values.

## 4. Discussion

Here, we described how the morphology of the respiratory system is related to physiological traits, further improving the understanding of the respiratory functions in non-avian reptiles— as well as other related functionalities, such as activity levels. The results of the phylogenetic signal tests also indicate that morphological traits are more likely to be evolutionary conserved along more comprehensive lineages than physiological traits, suggesting that evolutive physiological adaptations in the respiratory system could happen faster than morphological changes. Below we discuss the detailed interpretation of the results and their implications.

#### 4.1. Morphological analysis

One difference of *Iguana iguana lungs*, when compared with the other non-avian reptiles in our study, is the fact that they possess lungs of the paucicameral type instead of unicameral (*Lacerta viridis, Salvator merianae, Gekko gecko*) or multicameral lungs (*Varanus exanthematicus, Crocodylus niloticus, Trachemys scripta*) (Perry et al., 1994). Non-avian reptiles (except crocodilians) have larger lungs than mammals and

#### Table 7

Relative differences in morphological variables. For variables total lung volume ( $V_L$ ), parenchymal volume (%P), parenchymal volume ( $V_P$ ), total parenchymal surface area ( $S_A$ ), respiratory surface area (%A<sub>R</sub>), effective surface-to-volume ratio in parenchyma ( $S_{AR}/V_P$ ), respiratory surface area ( $S_{AR}$ ), harmonic mean thickness ( $\tau$ ht), and anatomical diffusion factor (ADF) the greatest value was set to 100%, and for  $\tau$ ht the smallest value was set to 100% and relative differences (in %) were calculated.

	VL	%P	$V_{\rm P}$	S <sub>A</sub>	%A <sub>R</sub>	$S_{AR}/V_P$	S <sub>AR</sub>	τht	ADF
Iguana iguana	91	40	41	47	60	66	81	137	83
Varanus exanthematicus	100	64	71	100	100	49	100	141	100
Lacerta viridis	31	77	27	99	79	97	78	115	96
Salvator merianae	28	58	19	61	88	100	54	100	77
Gekko gecko	54	26	16	23	78	27	17	235	11
Crocodylus niloticus	37	94	34	23	56	11	12	304	8
Trachemys scripta	86	100	100	41	93	13	38	109	50



**Fig. 2.** Principal component analysis biplots depicting the relationship between morphological and physiological respiratory variables in non-avian reptile species.

birds (Perry, 1983; Souza et al., 2021) and I. iguana is no exception, only being surpassed in V<sub>I</sub> by V. exanthematicus. Although there is significant variability among the non-avian reptiles analyzed, whether a lung is uni-, pauci-, or multicameral, the parenchyma may be more heterogeneously distributed in large lungs. The more sparsely partitioned regions of such lungs also show relatively poor vascularization or may even lack a pulmonary blood supply, as in some snakes. Therefore, lung volume is not necessarily related to lung diffusion capacity in non-avian reptiles. The large volume of heterogeneously partitioned lungs may serve several functions, some of which are not related to gas exchange (Duncker, 2004). For marine or aquatic species, the importance of the lungs as a buoyancy organ is evident (Perry, 1978). The large lung volume can also play a vital role in locomotion in many terrestrial lizards and snakes, ensuring optimal contact between the abdominal wall and the substrate. Another secondary function of large lungs may be important in species that consume large prey. The ventral and caudal lung portions, being in close contact with the esophagus and stomach, can generally be easily compressed without compromising the gas exchange conditions in the lung parenchyma during the ingestion and digestion of large prev items (Rosenberg, 1973).

The ultrastructure of *Iguana iguana* pulmonary epithelium does not differ from that reported for other non-avian reptiles (Peixoto et al., 2018). In this study, the parenchymal volume (%P) of *I. iguana* lungs showed to be smaller than in all the non-avian reptiles considered, except *G. gecko*, while V<sub>P</sub> in *I. iguana* was between the one seen for the multicameral lungs (*T. scripta* and *V. examthematicus*), and the one seen in the unicameral lungs. This increase in V<sub>P</sub> is expected (Peixoto et al., 2018) since greater pulmonary compartmentalization offers more surface area to carry respiratory parenchyma. In the case of *C. niloticus*, with its smaller lungs, parenchyma is distributed more homogeneously, meaning that the smaller V<sub>L</sub> is more fully used than in larger lungs with a heterogeneous partition.

The anatomical diffusion factor (ADF) can be used to describe the overall morphological structure of lungs by combining respiratory surface area and air-blood diffusion distance. However, ADF values need to be evaluated with reservations despite showing similarities, since the same ADF can be obtained through different combinations of  $S_{AB}$  and  $\tau ht$ (Perry, 1983). The ADF for the paucicameral iguana lung may be influenced by lung regions (cranial, medial and caudal) possessing different levels of gas exchange due to differences in vascularization, extension, and thickness of the respiratory parenchyma. Perry (1983) also comments that the ADF value represents only the anatomical hardware for gas exchange and indicates little about the respiratory surfaces' actual state of perfusion and ventilation. In C. niloticus with the lowest ADF of the analyzed species, blood flow to the lung varies with the ventilatory condition, increasing during breathing episodes and decreasing during non-ventilatory periods (Glass and Johansen, 1979). The same increase in perfusion is also observed in the lungs of T. scripta, contributing to the fast absorption of radioactive xenon gas in the parenchyma-rich, central lung region (Spragg et al., 1980).

Lambertz et al. (2015) hypothesized that the lungs of ancestral amniotes were multicameral, having been maintained in the lineages of synapsids, archosaurs, and testudines, while lung structure was simplified during a period of miniaturization of ancestral lepidosaurs, resulting in unicameral lungs predominating in extant species. Our morphological comparison revealed that lungs of varanids showed relatively greater values for several morphological traits. This possibly suggests that the secondary appearance of multicameral lungs in this lineage from a simpler uni- or paucicameral lung was not based on a *de novo* evolution of multichamberedness, but maybe only reactivating the genetic program for multicameral lungs. Identifying the genetic markers for multicameral lungs and comparing them among amniotes should provide important insights into the pulmonary evolution of this taxon.

## Table 8

Loads of variables in relation to the PCA axes. For description of variables see Ta-
bles 3 and 4. Color scale indicates the direction (blue negative, and red positive) and
intensity (lighter colors are closer to zero) of variable correlation with the PCA axes.

	PC1	PC2	PC3
$V_L$	-0.2722077	-0.2417766	0.31697203
%P	0.04475251	-0.3763708	-0.4062719
$V_P$	-0.1842613	-0.4392669	-0.0666178
$\mathbf{S}_{\mathrm{A}}$	-0.3909738	0.18376505	0.05968109
$A_R$	-0.2095108	-0.1351866	-0.2526284
$S_{AR}/V_P$	-0.2336772	0.37578068	-0.2423866
$\mathbf{S}_{\mathrm{AR}}$	-0.4320328	0.10394792	-0.0640935
τht	0.37383984	-0.0808009	0.24349501
ADF	-0.42877	0.12488833	-0.1816309
$\dot{v}_{O_2}$	-0.1466842	0.22375462	0.46780442
$V_{T}$	-0.2317691	-0.1546597	0.47415889
$\mathbf{f}_{R}$	0.14574168	0.38907774	-0.2247142
v <sub>е</sub>	0.17849831	0.39418183	0.11553363

Phylogenetic signal results for each variable, with associated p-values.

	Blomberg's k	p-value
VL	0.86	0.586
%P	1.191	0.093
Vp	1.038	0.132
S <sub>A</sub>	1.029	0.107
%A <sub>R</sub>	0.828	0.703
$S_{AR}/V_P$	1.391	0.01
S <sub>AR</sub>	1.205	0.075
τht	1.135	0.091
ADF	1.245	0.061
<sup>.</sup> VO <sub>2</sub>	0.821	0.685
V <sub>T</sub>	0.807	0.718
f <sub>R</sub>	0.807	0.757
Ve	0.935	0.404

#### 4.2. Principal component analysis

To check the relationship between structure and function, we also analyzed the main components of the PCA *Iguana iguana, Lacerta viridis,* and *Salvator merianae* presented similar results when considering pulmonary morphology and physiology, with high PC2 and low PC1 values. This indicates that these species possess morphological and physiological characteristics to provide conditions for metabolic increases, such as seen in females during the reproductive period. Despite *Iguana iguana* having sedentary habits, the females can travel about 3 km from their riparian habitat towards beaches to nest and lay eggs (Morales-Mávil et al., 2007). In this process, with the production of eggs throughout the reproductive cycle, there is a significant increase in mass, which exerts a musculoskeletal demand for maintaining locomotor performance with



Fig. 3. Phylogenetic distribution of principal components summarizing the morphological and physiological respiratory variables in non-avian reptile species.



Fig. 4. Phylogenetic distribution of morphological and physiological respiratory variables in non-avian reptile species.

increased energy expenditure (Scales and Butler, 2007). In *Lacerta viridis* females active during the reproductive season, metabolic rates increase as demonstrated by higher rates of  $CO_2$  production (Bradshaw et al., 1991). In *Salvator merianae*, the reproductive physiology of females supports the increase in metabolism associated with modulation of energy allocation during the annual cycles of folliculogenesis, nest building, and oviposition (Zena et al., 2019).

On the other hand, *Gekko gecko* appeared isolated with a high value of PC1 and PC2. This means that this species seems to have evolved a lung with a smaller respiratory surface and less diffusion capacity than the other analyzed Lepidosauria. Such pulmonary aspects of *G. gecko* seem to be associated with its sit-and-wait predatory habit, spending little time in locomotion (Aowphol et al., 2006). In this species, although breathing is arrhythmic and the respiratory rate is relatively low, breathing is a very explosive event, and the low rates result from prolonged periods of apnea.

*Varanus exanthematicus* showed low values for both PC1 and PC2, which indicates that this species has evolved to have a greater parenchymal volume, with a high percentage of parenchyma to lung volume and lower value of surface/volume ratio parenchyma, decreasing respiratory rate and total ventilation. Physiological results are also consistent with high aerobic capacities, with the voluntary activity of *V. exanthematicus* exceeding that of most other reptiles (Wood et al., 1978).

Crocodylus niloticus differs from the rest of the group with high PC1 and low PC2 values. This species, belonging to a lineage phylogenetically closer to the amniote ancestors, shows a reduced respiratory surface and a low diffusion capacity, with greater parenchymal volume, a high percentage of parenchyma to lung volume, but with a low surface/ parenchymal volume ratio, decrease in respiratory rate (f<sub>R</sub>) and consequently a lower rate of total ventilation. In the case of crocodilians, the group possesses a highly derived pulmonary ventilation system with the emergence of pelvic aspiration, involving the pelvic musculoskeletal system and the independently evolved diaphragmaticus muscles for accessory ventilatory functions (Farmer and Carrier, 2000). These authors also comment that it is difficult to reconcile these aspects with the low metabolic requirements and the sit-and-wait style of modern crocodilians. However, recent evidence suggests that endothermy evolved several times throughout the archosaurian radiation, including stempseudosuchia (Grigg et al., 2021), indicating the necessity for ventilatory specializations to sustain high aerobic activity and an ability to run and breathe simultaneously.

*Trachemys scripta* also showed a very low PC2 value. On the other hand, it differs from *C. niloticus* in that it shows intermediate values of PC1, i.e., intermediate values to the respiratory surface and oxygen diffusion capacity. This difference may be associated with different body plans, with *Trachemys* presenting a carapace that confers less compliance to the body wall. Instead of using intercostal muscles for ventilatory movements, they depend on muscles not associated with this function to move the entire visceral cavity to generate changes in lung volume and pressure (Souza and Klein, 2021).

Throughout this discussion, we observed that the morphological and physiological parameters of the analyzed non-avian reptile species were not always in a single direction, indicating possible different evolutionary paths to obtain  $O_2$  in the face of specific demands in other environmental conditions.

## 4.3. Phylogenetic analysis

The results of the phylogenetic signal analysis indicated higher phylogenetic conservation in morphological traits compared to physiological traits. While preliminary (due to the small sample size), these findings suggest that respiratory physiological traits can evolve faster than the morphological traits in reptiles. A possible mechanism to explain such a result is provided by the cis-regulatory hypothesis, which suggests that the evolution of anatomic traits requires more genetic mutations than physiological traits because genes associated with physiological traits (physiogenes) are closer to terminal points of genetic regulatory networks, while genes linked to morphological changes (morphogenes) are located deeper in these networks (Carroll, 2005; Stern and Orgogozo, 2008). Moreover, previous studies have indicated that while morphogenes show higher rates of expression divergence, physiogenes have higher rates of protein sequence evolution and gains and loss of genes (Liao et al., 2010). Finally, morphogenes tended to be more essential than physiogenes — i.e, their loss may lead to infertility or death before puberty (Liao et al., 2010) — which, in turn, may lead to stronger adaptative regulation of these characteristics.

#### 5. Conclusions

The integration between the morphological and physiological parameters of *I. iguana*, compared with other non-avian reptiles and the principal component analyzes, indicated relationships between morphology and physiology. Likewise, pulmonary morphometry showed a phylogenetic signal, suggesting being more conserved than physiological variables. In the sense of a possible morphological interrelation, we suggest that aspects of the respiratory morphology of the species in this study should not be interpreted only in terms of an exclusively respiratory function. Together, they can also work with other components of the body, such as muscles and skeleton, that provide the organism with an adequate supply of oxygen, ensuring energy for vital functions.

Therefore, future studies that evaluate the morphology of integrative organic systems may reveal new relationships with the physiology of non-avian reptiles and provide more comprehensive insights. Thus, supporting the notion that the integration of knowledge from different areas is necessary to understand the evolutionary history of vertebrate lineages.

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## CRediT authorship contribution statement

Conceptualization:A.L.C., W.K.; Methodology: A.L.C., B.V., WK; Formal analysis: A.L.C., B.V., WK.; Investigation: A.L.C., B.V., WK; Writing - original draft: A.L.C.; Writing - review & editing: A.L.C., B.V., WK; Project administration: AL.C., W.K.;Funding acquisition: W.K.

## **Declaration of Competing Interest**

The authors declare that they have no conflict of interest.

## **Data Availability**

Data will be made available on request.

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