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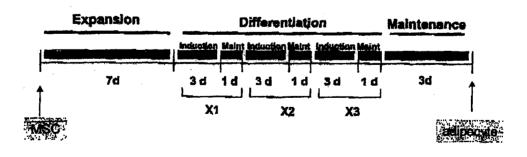
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(54) Title: METHODS AND COMPOSITIONS USING IMMUNOMODULATORY COMPOUNDS FOR THE TREATMENT OF DISORDERS ASSOCIATED WITH LOW PLASMA LEPTIN LEVELS

#### 1: MSC-derived adipocyte differentiation protocol



MSCBM suppl: 10 % serum, L-glu, Peri-Strep

AIM suppl: 10 % serum, ins. L-glu, Dex, indomethacin, iBMX, Pen-Strep

AMM suppl: 10 % serum, lns, L-glu, Pen-Strep

(57) Abstract: Methods of treating, preventing and/or managing disorders associated with low plasma leptin levels are disclosed. Specific methods encompass the administration of an immunomodulatory compound alone or in combination with a second active agent.

# METHODS AND COMPOSITIONS USING IMMUNOMODULATORY COMPOUNDS FOR THE TREATMENT OF DISORDERS ASSOCIATED WITH LOW PLASMA LEPTIN LEVELS

#### 1. FIELD OF THE INVENTION

[1] This invention relates to methods of treating, preventing and/or managing diseases or disorders associated with low plasma leptin levels by the administration of one or more immunomodulatory compounds. The invention also encompasses the use of specific combinations, or "cocktails," of immunomodulatory compounds, drugs and other therapies for treating such diseases or disorders. The invention also relates to pharmaceutical compositions and dosing regimens.

#### 2. <u>BACKGROUND OF THE INVENTION</u>

### 2.1 <u>DISORDERS ASSOCIATED WITH HYPOLEPTINEMIC STATE</u>

- [2] Leptin is a protein hormone predominantly secreted by adipocytes. It has been reported that leptin plays a significant role in regulating body weight, metabolic and endocrine functions, immunity, inflammation, and hematopoiesis. *See*, *e.g.*, Fantuzzi *et al.*, *Journal of Leukocyte Biology*, 68: 437-446 (2000).
- Leptin is also believed to play a role in skin repair and hair growth. It has been reported that systemic and topical application of recombinant leptin improves reepithelialization of wounds in ob/ob mice, and accelerates normal wound-healing conditions in wild type mice. Frank et al., J. Invest. Clin., 106: 501-509 (2000) and Ring et al., Endocrinology, 141: 446-449 (2000). During skin repair, leptin acts as a mitogenic agent by inducing proliferation of keratinocytes. See, e.g., Goren et al., Biochem. Biophys. Res. Comm., 303: 1080-1085 (2003) and Stallmeyer et al., J. Invest. Dermatol., 117: 98-105 (2001). Leptin has also been implicated in human hair biology. Iguchi et al., J. Invest. Dermatol., 117: 1349-1356 (2001).
- [4] Disorders associated with leptin deficiency often represent severe metabolic disorders. One example is lipodystrophy syndrome, which is characterized by reduction of glucose and triglyceride levels, and/or reduction of liver size. Insulin resistance and hypertriglyceridemia that characterize lipodystrophy have been reported to be refractory to treatments. See, e.g., Garg, Am J. Med., 108: 143-152 (2000). Recently, it was reported that leptin therapy results in the amelioration of the major metabolic features from lipodystrophy syndrome. Oral et al., New England Journal of Medicine, 346: 570-578 (2002) and Peterson et al., JCI, 109: 1345-1350 (2002).

accompanied by alterations of circulating adipokines. Plasma leptin levels decrease, and adiponectin levels increase in anorexic state. In addition, anorexic patients suffer from endocrine and metabolic anomalies such as amenorrhea, delayed puberty, hypothyroidism, hypercorticosolism, and alterations in the growth hormone (GH) axis, bone metabolism and immune functions. Munoz et al., J. Pediatr. Endocrinol. Metab., suppl. 3: 478-480 (2004) and Brichard et al., Horm. Metab. Res., 35: 337-342 (2003). Leptin replacement therapy has been reported to result in increase in plasma thyroid hormone levels, age-dependent effects on gonadotropin secretion and pubertal development, and improvement in immunodeficiencies. Farooql et al., JCI, 110: 1093-11030 (2002). It was also reported that increase in serum leptin levels have favorable effects in long-term hemodialysis patients, resulting in better nutritional status and erythopoietin response. Hung et al., American Journal of Kidney Diseases, 45(6): 1073-1083 (2005).

- [6] Typically, these disorders have been treated using a combination of medications including, for example, insulin, oral hypoglycemic agents (e.g., metformin and thiazolidinediones ("TZD")), and lipid lowering drugs such as fibrates and statins. However, known therapies are of limited value. For example, in the case of lipodystrophy, patients continue to have severe hyperglyceridemia, leading to recurrent attacks of acute pancreatitis, severe hyperglycemia and diabetic retinopathe and nephropathy potentially associated with it, and nonalcoholic steatohepatitis and potential cirrhosis.
- [7] In addition, although leptin replacement therapy is reported to have a much improved efficacy, it also has many problems. For example, the treatment can become painful and bothersome since the current leptin therapy involves daily intravenous administrations of recombinant leptin. Furthermore, by using recombinant leptin, the current leptin replacement therapy can only provide constant doses of leptin, which may differ significantly from the natural fluctuation of leptin levels in the body, and the gender-based difference of leptin levels. Therefore, a need exists for effective and convenient therapies for disorders associated with hypoleptinemic state.

#### 2.2 IMIDSTM

[8] A number of studies have been conducted with the aim of providing compounds that can safely and effectively be used to treat diseases associated with abnormal production of TNF- $\alpha$ . See, e.g., Marriott, J.B., et al., Expert Opin. Biol. Ther. 1(4):1-8 (2001); G.W. Muller, et al., Journal of Medicinal Chemistry, 39(17): 3238-3240 (1996); and G.W. Muller, et al., Bioorganic & Medicinal Chemistry Letters, 8: 2669-2674 (1998). Some

WO 2007/033112 PCT/US2006/035378 studies have focused on a group of compounds selected for their capacity to potently inhibit

TNF-α production by LPS stimulated PBMC. L.G. Corral, *et al.*, Ann. Rheum. Dis. 58:(Suppl I) 1107-1113 (1999). These compounds, which are referred to as IMiDs<sup>TM</sup> (Celgene Corporation) or Immunomodulatory Drugs, show not only potent inhibition of TNF-α but also marked inhibition of LPS induced monocyte IL1β and IL12 production. LPS induced IL6 is also inhibited by immunomodulatory compounds, *albeit* partially. These compounds are potent stimulators of LPS induced IL10. *Id.* Particular examples of IMiD<sup>TM</sup>s include, but are not limited to, the substituted 2-(2,6-dioxopiperidin-3-yl) phthalimides and substituted 2-(2,6-dioxopiperidin-3-yl)-1-oxoisoindoles described in United States Patent Nos. 6,281,230 and 6,316,471, both to G.W. Muller, *et al.* 

#### 3. SUMMARY OF THE INVENTION

- [9] This invention encompasses methods of treating, preventing and/or managing diseases or disorders associated with a hypoleptinemic state, *e.g.*, low plasma leptin levels. The methods comprise administering to patients in need of such treatment, prevention, and/or management immunomodulatory compounds, and pharmaceutically acceptable salts, solvates (*e.g.*, hydrates), stereoisomers, and prodrugs thereof.
- [10] In some embodiments, an immunomodulatory compound is administered in combination with a therapy or agent conventionally used to treat, prevent and/or manage disorders associated with hypoleptinemic state.

# 4. <u>BRIEF DESCRIPTION OF THE FIGURES</u>

- [11] FIG. 1 is a schematic illustration of the generation of adipocytes from Mesenchymal Stem Cells ("MSCs").
- [12] FIG. 2A illustrates the effects of certain immunomodulatory compounds on triglyceride accumulation.
- [13] FIG. 2B illustrates the quantification of triglyceride accumulation in cells differentiated with DMSO or an immunomodulatory compound.
- [14] FIG. 3A illustrates the effects of 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline on leptin secretion in adipocytes.
- [15] FIG. 3B illustrates the effects of 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline on leptin secretion in adipocytes.
- [16] FIG. 3C illustrates the effects of certain immunomodulatory compounds on leptin secretion in dexamethasone treated adipocytes.

[17] FIG. 4 Illustrates the effects of certain immunomodulatory compounds on adiponectin secretion in adipocytes.

- [18] FIG. 5 illustrates the mRNA levels of leptin and adiponectin in adipocytes treated with DMSO or an immunomodulatory compound.
- [19] FIG. 6 illustrates the effects of certain immunomodulatory compounds on cell proliferation and viability.

## 5. <u>DETAILED DESCRIPTION OF THE INVENTION</u>

- [20] A first embodiment of the invention encompasses methods of treating, managing, and/or preventing a disease or disorder associated with a hypoleptinemic state, which comprises administering to a patient in need of such treatment or prevention a therapeutically or prophylactically effective amount of an immunomodulatory compound of the invention, or a pharmaceutically acceptable salt, solvate (e.g., hydrate), stereoisomer, or prodrug thereof.
- [21] In particular methods encompassed by this embodiment, the immunomodulatory compound is administered in combination with another drug ("second active agent") or other methods of treating, managing, and/or preventing a disorder associated with a hypoleptinemic state. Second active agents include small molecules and large molecules (e.g., proteins, antibodies, polynucleotides, and oligosaccharides), examples of which are provided herein, as well as stem cells.
- [22] Examples of disorders associated with a hypoleptinemic state include, but are not limited to: metabolic and eating disorders such as, but not limited to, lipodystrophy syndrome and anorexia nervosa; hypoleptinemia related neuroendocrine dysfunctions; hypoleptinemia related immunodeficiencies; hypothalamic amenorrhea; CNS disorders such as, but not limited to, acromegaly (pituitary adenoma); hypoleptinemia related infertility syndromes; skin damage; wounds; long-term hemodialysis; and loss of hair.

#### 5.1 **DEFINITIONS**

[23] As used herein, and unless otherwise specified, the term "pharmaceutically acceptable salt" refers to salts prepared from pharmaceutically acceptable non-toxic acids, including inorganic acids and organic acids. Suitable non-toxic acids include inorganic and organic acids such as, but not limited to, acetic, alginic, anthranilic, benzenesulfonic, benzoic, camphorsulfonic, citric, ethenesulfonic, formic, fumaric, furoic, gluconic, glutamic, glucorenic, galacturonic, glycidic, hydrobromic, hydrochloric, isethionic, lactic, maleic, malic, mandelic, methanesulfonic, mucic, nitric, pamoic, pantothenic, phenylacetic,

proprionic phosphoric, salicylic, stearic, succinic, sulfanilic, sulfuric, tartaric acid, ptoluenesulfonic and the like. Suitable are hydrochloric, hydrobromic, phosphoric, and sulfuric acids.

- [24] As used herein, and unless otherwise specified, the term "solvate" means a compound of the present invention or a salt thereof, that further includes a stoichiometric or non-stoichiometric amount of solvent bound by non-covalent intermolecular forces. Where the solvent is water, the solvate is a hydrate.
- [25] As used herein, and unless otherwise specified, the term "prodrug" means a derivative of a compound that can hydrolyze, oxidize, or otherwise react under biological conditions (*in vitro* or *in vivo*) to provide the compound. Examples of prodrugs include, but are not limited to, compounds that comprise biohydrolyzable moieties such as biohydrolyzable amides, biohydrolyzable esters, biohydrolyzable carbamates, biohydrolyzable carbonates, biohydrolyzable ureides, and biohydrolyzable phosphate analogues. Other examples of prodrugs include compounds that comprise -NO, -NO<sub>2</sub>, -ONO, or -ONO<sub>2</sub> moieties. Prodrugs can typically be prepared using well-known methods, such as those described in *Burger's Medicinal Chemistry and Drug Discovery*, 172-178, 949-982 (Manfred E. Wolff *ed.*, 5th ed. 1995), and *Design of Prodrugs* (H. Bundgaard ed., Elselvier, New York 1985).
- [26] As used herein, and unless otherwise specified, the terms "biohydrolyzable carbamate," "biohydrolyzable carbonate," "biohydrolyzable ureide" and "biohydrolyzable phosphate" mean a carbamate, carbonate, ureide and phosphate, respectively, of a compound that either: 1) does not interfere with the biological activity of the compound but can confer upon that compound advantageous properties *in vivo*, such as uptake, duration of action, or onset of action; or 2) is biologically inactive but is converted *in vivo* to the biologically active compound. Examples of biohydrolyzable carbamates include, but are not limited to, lower alkylamines, substituted ethylenediamines, aminoacids, hydroxyalkylamines, heterocyclic and heteroaromatic amines, and polyether amines.
- [27] As used herein, and unless otherwise specified, the term "stereoisomer" encompasses all enantiomerically/stereomerically pure and enantiomerically/stereomerically enriched compounds of this invention.
- [28] As used herein, and unless otherwise indicated, the term "stereomerically pure" or "enantiomerically pure" means that a compound comprises one stereoisomer and is substantially free of its counter stereoisomer or enantiomer. For example, a compound is stereomerically or enantiomerically pure when the compound contains 80%, 90%, or 95% or more of one stereoisomer and 20%, 10%, or 5% or less of the counter stereoisomer. In

stereomerically/enantiomerically pure (i.e., substantially the R-form or substantially the S-form) with respect to a chiral center when the compound is about 80% ee (enantiomeric excess) or greater, preferably, equal to or greater than 90% ee with respect to a particular chiral center, and more preferably 95% ee with respect to a particular chiral center.

- [29] As used herein, and unless otherwise indicated, the term "stereomerically enriched" or "enantiomerically enriched" also encompasses mixtures other than racemate such as mixtures of stereoisomers of compounds of this invention (e.g., R/S = 30/70, 35/65, 40/60, 45/55, 55/45, 60/40, 65/35 and 70/30).
- [30] As used herein, and unless otherwise specified, the terms "treat," "treating" and "treatment" contemplate an action that occurs while a patient is suffering from the specified disease or disorder, which reduces the severity of the disease or disorder, or retards or slows the progression of the disease or disorder.
- [31] As used herein, unless otherwise specified, the terms "prevent," "preventing" and "prevention" contemplate an action that occurs before a patient begins to suffer from the specified disease or disorder, which inhibits or reduces the severity of the disease or disorder.
- [32] As used herein, and unless otherwise indicated, the terms "manage," "managing" and "management" encompass preventing the recurrence of the specified disease or disorder in a patient who has already suffered from the disease or disorder, and/or lengthening the time that a patient who has suffered from the disease or disorder remains in remission. The terms encompass modulating the threshold, development and/or duration of the disease or disorder, or changing the way that a patient responds to the disease or disorder.
- [33] As used herein, and unless otherwise specified, the term "therapeutically effective amount" of a compound is an amount sufficient to provide a therapeutic benefit in the treatment or management of a disease or condition, or to delay or minimize one or more symptoms associated with the disease or condition. The term "therapeutically effective amount" can encompass an amount that improves overall therapy, reduces or avoids symptoms or causes of disease or condition, or enhances the therapeutic efficacy of another therapeutic agent.
- [34] As used herein, and unless otherwise specified, the term "prophylactically effective amount" of a compound is an amount sufficient to prevent a disease or condition, or one or more symptoms associated with the disease or condition, or prevent its recurrence. The term "prophylactically effective amount" can encompass an amount that improves overall prophylaxis or enhances the prophylactic efficacy of another prophylactic agent.

#### 5.2 IMMUNOMODULATORY COMPOUNDS

[35] In one embodiment, this invention relates to methods of treating, preventing, and/or managing diseases or disorders associated with hypoleptinemic state, *e.g.*, low plasma leptin levels using immunomodulatory compounds. As used herein and unless otherwise indicated, the terms "immunomodulatory compounds" and "IMiDs<sup>TM</sup>" (Celgene Corporation) encompasses small organic molecules that inhibit TNF-α, LPS induced monocyte IL1β and IL12, and may also inhibit IL6 production. Specific immunomodulatory compounds are discussed below.

- [36] TNF- $\alpha$  is an inflammatory cytokine produced by macrophages and monocytes during acute inflammation. TNF- $\alpha$  is responsible for a diverse range of signaling events within cells. Without being limited by theory, one of the biological effects exerted by the immunomodulatory compounds of the invention is the reduction of TNF- $\alpha$  production. Immunomodulatory compounds of the invention may enhance the degradation of TNF- $\alpha$  mRNA.
- [37] Further, without being limited by theory, immunomodulatory compounds used in the invention may also be potent co-stimulators of T cells and increase cell proliferation dramatically in a dose dependent manner. Immunomodulatory compounds of the invention may also have a greater co-stimulatory effect on the CD8+ T cell subset than on the CD4+ T cell subset. In addition, the compounds preferably have anti-inflammatory properties, and efficiently co-stimulate T cells. Further, without being limited by a particular theory, immunomodulatory compounds used in the invention may be capable of acting both indirectly through cytokine activation and directly on Natural Killer ("NK") cells, and increase the NK cells' ability to produce beneficial cytokines such as, but not limited to, IFN-γ.
- [38] Specific examples of immunomodulatory compounds, include, but are not limited to, cyano and carboxy derivatives of substituted styrenes such as those disclosed in U.S. patent no. 5,929,117; 1-oxo-2-(2,6-dioxo-3-fluoropiperidin-3yl) isoindolines and 1,3-dioxo-2-(2,6-dioxo-3-fluoropiperidine-3-yl) isoindolines such as those described in U.S. patent nos. 5,874,448 and 5,955,476; the tetra substituted 2-(2,6-dioxopiperdin-3-yl)-1-oxoisoindolines described in U.S. patent no. 5,798,368; 1-oxo and 1,3-dioxo-2-(2,6-dioxopiperidin-3-yl) isoindolines (*e.g.*, 4-methyl derivatives of thalidomide), including, but not limited to, those disclosed in U.S. patent nos. 5,635,517, 6,476,052, 6,555,554, and 6,403,613; 1-oxo and 1,3-dioxoisoindolines substituted in the 4- or 5-position of the indoline ring (*e.g.*, 4-(4-amino-1,3-dioxoisoindoline-2-yl)-4-carbamoylbutanoic acid)

described in U.S. patent no. 6,380,239; isoindoline-1-one and isoindoline-1,3-dione substituted in the 2-position with 2,6-dioxo-3-hydroxypiperidin-5-yl (*e.g.*, 2-(2,6-dioxo-3-hydroxy-5-fluoropiperidin-5-yl)-4-aminoisoindolin-1-one) described in U.S. patent no. 6,458,810; a class of non-polypeptide cyclic amides disclosed in U.S. patent nos. 5,698,579 and 5,877,200; aminothalidomide, as well as analogs, hydrolysis products, metabolites, derivatives and precursors of aminothalidomide, and substituted 2-(2,6-dioxopiperidin-3-yl) phthalimides and substituted 2-(2,6-dioxopiperidin-3-yl)-1-oxoisoindoles such as those described in U.S. patent nos. 6,281,230 and 6,316,471; and isoindole-imide compounds such as those described in U.S. patent publication no. 2003/0045552 published on March 6, 2003, U.S. patent publication no. 2003/0096841 published on May 22, 2003, and International Application No. PCT/US01/50401 (International Publication No. WO 02/059106). The entireties of each of the patents and patent applications identified herein are incorporated herein by reference. Immunomodulatory compounds do not include thalidomide.

[39] Other specific immunomodulatory compounds of the invention include, but are not limited to, 1-oxo-and 1,3 dioxo-2-(2,6-dioxopiperidin-3-yl) isoindolines substituted with amino in the benzo ring as described in U.S. Patent no. 5,635,517 which is incorporated herein by reference. These compounds have the structure I:

[40] in which one of X and Y is C=O, the other of X and Y is C=O or  $CH_2$ , and  $R^2$  is hydrogen or lower alkyl, in particular methyl. Specific immunomodulatory compounds include, but are not limited to:

- [41] 1-oxo-2-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline;
- [42] 1-oxo-2-(2,6-dioxopiperidin-3-yl)-5-aminoisoindoline;
- [43] 1-oxo-2-(2,6-dioxopiperidin-3-yl)-6-aminoisoindoline;
- [44] 1-oxo-2-(2,6-dioxopiperidin-3-yl)-7-aminoisoindoline;
- [45] 1,3-dioxo-2-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline;
- [46] 1,3-dioxo-2-(2,6-dioxopiperidin-3-yl)-5-aminoisoindoline; and
- [47] 1,3-dioxo-2-(3-methyl-2,6-dioxopiperidin-3-yl)-4-aminoisoindole.
- [48] Other specific immunomodulatory compounds of the invention belong to a class of substituted 2-(2,6-dioxopiperidin-3-yl) phthalimides and substituted 2-(2,6-dioxopiperidin-3-yl)-1-oxoisoindoles, such as those described in U.S. patent nos. 6,281,230; 6,316,471;

6,355,849; and 6,476,052, and International Patent Application No. PCT/US97/13375 (International Publication No. WO 98/03502), each of which is incorporated herein by reference. Representative compounds are of formula:

$$\begin{array}{c|c}
R^2 & & & & & & & & & & & \\
R^3 & & & & & & & & & & & & \\
R^4 & & & & & & & & & & & & \\
\end{array}$$

[49] in which:

one of X and Y is C=O and the other of X and Y is C=O or CH2;

(i) each of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$ , independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms or (ii) one of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  is - NHR<sup>5</sup> and the remaining of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  are hydrogen;

R<sup>5</sup> is hydrogen or alkyl of 1 to 8 carbon atoms;

R<sup>6</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, benzyl, or halo;

provided that R<sup>6</sup> is other than hydrogen if X and Y are C=O and (i) each of

 $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  is fluoro or (ii) one of  $R^1$ ,  $R^2$ ,  $R^3$ , or  $R^4$  is amino.

[50] Compounds representative of this class are of the formulas:

[51] wherein  $R^1$  is hydrogen or methyl. In a separate embodiment, the invention encompasses the use of enantiomerically pure forms (e.g. optically pure (R) or (S) enantiomers) of these compounds.

52 Still offer specific immunomodulatory compounds of the invention belong to a class of isoindole-imides disclosed in U.S. Patent Application Publication Nos. US 2003/0096841 and US 2003/0045552, and International Application No. PCT/US01/50401 (International Publication No. WO 02/059106), each of which are incorporated herein by reference. Representative compounds are of formula II:

ΙΙ

[53] and pharmaceutically acceptable salts, hydrates, solvates, clathrates, enantiomers, diastereomers, racemates, and mixtures of stereoisomers thereof, wherein:

one of X and Y is C=O and the other is CH<sub>2</sub> or C=O;

 $R^1 \text{ is H, } (C_1-C_8) \text{alkyl, } (C_3-C_7) \text{cycloalkyl, } (C_2-C_8) \text{alkenyl, } (C_2-C_8) \text{alkynyl, } \\ \text{benzyl, aryl, } (C_0-C_4) \text{alkyl-}(C_1-C_6) \text{heterocycloalkyl, } (C_0-C_4) \text{alkyl-}(C_2-C_5) \text{heteroaryl, } \\ \text{C(O)R}^3, \text{C(S)R}^3, \text{C(O)OR}^4, \text{ } (C_1-C_8) \text{alkyl-N(R}^6)_2, \text{ } (C_1-C_8) \text{alkyl-OR}^5, \text{ } (C_1-C_8) \text{alkyl-C(O)NR}^3, \text{ } (C_9) \text{NHR}^3, \text{ } (C_9) \text{$ 

 $R^2$  is H, F, benzyl, (C<sub>1</sub>-C<sub>8</sub>)alkyl, (C<sub>2</sub>-C<sub>8</sub>)alkenyl, or (C<sub>2</sub>-C<sub>8</sub>)alkynyl;

 $R^3$  and  $R^3$ ' are independently (C<sub>1</sub>-C<sub>8</sub>)alkyl, (C<sub>3</sub>-C<sub>7</sub>)cycloalkyl, (C<sub>2</sub>-C<sub>8</sub>)alkenyl, (C<sub>2</sub>-C<sub>8</sub>)alkynyl, benzyl, aryl, (C<sub>0</sub>-C<sub>4</sub>)alkyl-(C<sub>1</sub>-C<sub>6</sub>)heterocycloalkyl, (C<sub>0</sub>-C<sub>4</sub>)alkyl-(C<sub>2</sub>-C<sub>5</sub>)heteroaryl, (C<sub>0</sub>-C<sub>8</sub>)alkyl-N( $R^6$ )<sub>2</sub>, (C<sub>1</sub>-C<sub>8</sub>)alkyl-O $R^5$ , (C<sub>1</sub>-C<sub>8</sub>)alkyl-O(CO) $R^5$ , or C(O)O $R^5$ ;

 $R^4 is \ (C_1\text{-}C_8)alkyl, \ (C_2\text{-}C_8)alkenyl, \ (C_2\text{-}C_8)alkynyl, \ (C_1\text{-}C_4)alkyl\text{-}OR^5,$  benzyl, aryl,  $(C_0\text{-}C_4)alkyl\text{-}(C_1\text{-}C_6)$ heterocycloalkyl, or  $(C_0\text{-}C_4)alkyl\text{-}(C_2\text{-}C_5)$ heteroaryl;  $R^5 is \ (C_1\text{-}C_8)alkyl, \ (C_2\text{-}C_8)alkenyl, \ (C_2\text{-}C_8)alkynyl, \ benzyl, \ aryl, \ or \ (C_2\text{-}C_5)$ heteroaryl;  $C_5)$ heteroaryl;

each occurrence of  $R^6$  is independently H,  $(C_1-C_8)$ alkyl,  $(C_2-C_8)$ alkenyl,  $(C_2-C_8)$ alkynyl, benzyl, aryl,  $(C_2-C_5)$ heteroaryl, or  $(C_0-C_8)$ alkyl $-C(O)O-R^5$  or the  $R^6$  groups can join to form a heterocycloalkyl group;

n is 0 or 1; and

\* represents a chiral-carbon center.

[54] In specific compounds of formula II, when n is 0 then  $R^1$  is  $(C_3-C_7)$ cycloalkyl,  $(C_2-C_8)$ alkenyl,  $(C_2-C_8)$ alkynyl, benzyl, aryl,  $(C_0-C_4)$ alkyl- $(C_1-C_6)$ heterocycloalkyl,  $(C_0-C_4)$ alkyl- $(C_2-C_5)$ heteroaryl,  $C(O)R^3$ ,  $C(O)OR^4$ ,  $(C_1-C_8)$ alkyl- $N(R^6)_2$ ,  $(C_1-C_8)$ alkyl- $OR^5$ ,  $(C_1-C_8)$ alkyl- $C(O)OR^5$ ,  $C(S)NHR^3$ , or  $(C_1-C_8)$ alkyl- $O(CO)R^5$ ;

 $\mathbb{R}^2$  is  $\mathbb{H}^{\circ}$  of  $(C_1-C_8)$  alkyl; and

 $R^3 \ is \ (C_1-C_8)alkyl, \ (C_3-C_7)cycloalkyl, \ (C_2-C_8)alkenyl, \ (C_2-C_8)alkynyl,$  benzyl, aryl,  $(C_0-C_4)alkyl-(C_1-C_6)$ heterocycloalkyl,  $(C_0-C_4)alkyl-(C_2-C_5)$ heteroaryl,  $(C_5-C_8)alkyl-N(R^6)_2$ ;  $(C_0-C_8)alkyl-NH-C(O)O-R^5$ ;  $(C_1-C_8)alkyl-OR^5$ ,  $(C_1-C_8)alkyl-O(CO)R^5$ , or  $C(O)OR^5$ ; and the other variables have the same definitions.

- [55] In other specific compounds of formula II, R<sup>2</sup> is H or (C<sub>1</sub>-C<sub>4</sub>)alkyl.
- [56] In other specific compounds of formula II, R<sup>1</sup> is (C<sub>1</sub>-C<sub>8</sub>)alkyl or benzyl.
- [57] In other specific compounds of formula II, R<sup>1</sup> is H, (C<sub>1</sub>-C<sub>8</sub>)alkyl, benzyl, CH<sub>2</sub>OCH<sub>3</sub>,

[58] In another embodiment of the compounds of formula II, R<sup>1</sup> is

$$\sim CH_2$$
 or  $\sim CH_2$   $\sim R^7$   $\sim R^7$   $\sim R^7$   $\sim R^7$   $\sim R^7$ 

wherein Q is O or S, and each occurrence of  $R^7$  is independently H,(C<sub>1</sub>\_C<sub>8</sub>)alkyl, (C<sub>3</sub>\_C<sub>7</sub>)cycloalkyl, (C<sub>2</sub>\_C<sub>8</sub>)alkenyl, (C<sub>2</sub>\_C<sub>8</sub>)alkynyl, benzyl, aryl, halogen, (C<sub>0</sub>\_C<sub>4</sub>)alkyl–(C<sub>1</sub>\_C<sub>6</sub>)heterocycloalkyl, (C<sub>0</sub>\_C<sub>4</sub>)alkyl–(C<sub>2</sub>\_C<sub>5</sub>)heteroaryl, (C<sub>0</sub>\_C<sub>8</sub>)alkyl–N( $R^6$ )<sub>2</sub>, (C<sub>1</sub>\_C<sub>8</sub>)alkyl–O( $R^5$ , (C<sub>1</sub>\_C<sub>8</sub>)alkyl–O( $R^5$ , or C(O)OR<sup>5</sup>, or adjacent occurrences of  $R^7$  can be taken together to form a bicyclic alkyl or aryl ring.

- [59] In other specific compounds of formula II,  $R^1$  is  $C(O)R^3$ .
- [60] In other specific compounds of formula II,  $R^3$  is (C0–C4)alkyl–(C2–C5)heteroaryl, (C1–C8)alkyl, aryl, or (C<sub>0</sub>-C<sub>4</sub>)alkyl–OR<sup>5</sup>.
- [61] In other specific compounds of formula II, heteroaryl is pyridyl, furyl, or thienyl.
- [62] In other specific compounds of formula II, R<sup>1</sup> is C(O)OR<sup>4</sup>.
- [63] In other specific compounds of formula II, the H of C(O)NHC(O) can be replaced with  $(C_1-C_4)$ alkyl, aryl, or benzyl.
- Further examples of the compounds in this class include, but are not limited to: [2-(2,6-dioxo-piperidin-3-yl)-1,3-dioxo-2,3-dihydro-1H-isoindol-4-ylmethyl]-amide; (2-(2,6-dioxo-piperidin-3-yl)-1,3-dioxo-2,3-dihydro-1H-isoindol-4-ylmethyl)-carbamic acid tert-butyl ester; 4-(aminomethyl)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione; N-(2-(2,6-dioxo-piperidin-3-yl)-1,3-dioxo-2,3-dihydro-1H-isoindol-4-ylmethyl)-acetamide; N-{(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)methyl}-carboxamide; 2-chloro-N-{(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)-3-pyridylcarboxamide; 3-{1-oxo-4-(benzylamino)isoindolin-2-yl}-piperidine-2,6-dioxo(3-piperidyl))-4-

Well-William (2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)methyl} propanamide; N-{(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)methyl}-3-pyridylcarboxamide; N-{(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)methyl} heptanamide; N-{(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)methyl}-2-furylcarboxamide; {N-(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)carbamoyl} methyl acetate; N-(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)pentanamide; N-(2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl)-2-thienylcarboxamide; N-{[2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl]methyl} (butylamino)carboxamide; N-{[2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl]methyl} (octylamino)carboxamide; and N-{[2-(2,6-dioxo(3-piperidyl))-1,3-dioxoisoindolin-4-yl]methyl} (benzylamino)carboxamide.

[65] Still other specific immunomodulatory compounds of the invention belong to a class of isoindole-imides disclosed in U.S. Patent Application Publication Nos. US 2002/0045643, International Publication No. WO 98/54170, and United States Patent No. 6,395,754, each of which is incorporated herein by reference. Representative compounds are of formula III:

$$\begin{array}{c|c}
R^2 & & & & \\
R^3 & & & & & \\
R^4 & & & & & \\
\end{array}$$

III

and pharmaceutically acceptable salts, hydrates, solvates, clathrates, enantiomers, diastereomers, racemates, and mixtures of stereoisomers thereof, wherein:

one of X and Y is C=O and the other is CH<sub>2</sub> or C=O;

R is H or CH2OCOR';

(i) each of  $R^1$ ,  $R^2$ ,  $R^3$ , or  $R^4$ , independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms or (ii) one of  $R^1$ ,  $R^2$ ,  $R^3$ , or  $R^4$  is nitro or -NHR<sup>5</sup> and the remaining of  $R^1$ ,  $R^2$ ,  $R^3$ , or  $R^4$  are hydrogen;

R<sup>5</sup> is hydrogen or alkyl of 1 to 8 carbons

R<sup>6</sup> hydrogen, alkyl of 1 to 8 carbon atoms, benzo, chloro, or fluoro;

R' is  $R^7$ -CHR<sup>10</sup>-N( $R^8R^9$ );

 $R^7$  is m-phenylene or p-phenylene or  $-(C_nH_{2n})$ - in which n has a value of 0 to

4;

each of  $R^8$  and  $R^9$  taken independently of the other is hydrogen or alkyl of 1 to 8 carbon atoms, or  $R^8$  and  $R^9$  taken together are tetramethylene, pentamethylene, hexamethylene, or  $-CH_2CH_2X_1CH_2CH_2$ —in which  $X_1$  is -O-, -S-, or -NH-;

TRUITING TO BE CARBON atoms, or phenyl; and

\* represents a chiral-carbon center.

[66] Other representative compounds are of formula:

wherein:

one of X and Y is C=O and the other of X and Y is C=O or CH2;

(i) each of R<sup>1</sup>, R<sup>2</sup>, R<sup>3</sup>, or R<sup>4</sup>, independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms or (ii) one of R<sup>1</sup>, R<sup>2</sup>, R<sup>3</sup>, and R<sup>4</sup> is -NHR<sup>5</sup> and the remaining of R<sup>1</sup>, R<sup>2</sup>, R<sup>3</sup>, and R<sup>4</sup> are hydrogen;

R<sup>5</sup> is hydrogen or alkyl of 1 to 8 carbon atoms;

R<sup>6</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, benzo, chloro, or fluoro;

 $R^7$  is m-phenylene or p-phenylene or -( $C_nH_{2n}$ )- in which n has a value of 0 to 4; each of  $R^8$  and  $R^9$  taken independently of the other is hydrogen or alkyl of 1 to 8 carbon atoms, or  $R^8$  and  $R^9$  taken together are tetramethylene, pentamethylene, hexamethylene, or - $CH_2CH_2$   $X^1CH_2CH_2$ - in which  $X^1$  is -O-, -S-, or -NH-; and

R<sup>10</sup> is hydrogen, alkyl of to 8 carbon atoms, or phenyl.

[67] Other representative compounds are of formula:

$$\begin{array}{c|c}
R^2 & X & O \\
R^3 & R^4 & Y & R^6
\end{array}$$

in which

one of X and Y is C=O and the other of X and Y is C=O or CH<sub>2</sub>;

each of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$ , independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms or (ii) one of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  is nitro or protected amino and the remaining of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  are hydrogen; and

R<sup>6</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, benzo, chloro, or fluoro.

[68] Other representative compounds are of formula:

in which:

one of X and Y is C=O and the other of X and Y is C=O or CH<sub>2</sub>;

(i) each of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$ , independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms or (ii) one of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  is -NHR<sup>5</sup> and the remaining of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$  are hydrogen;

 $R^5$  is hydrogen, alkyl of 1 to 8 carbon atoms, or  $CO-R^7-CH(R^{10})NR^8R^9$  in which each of  $R^7$ ,  $R^8$ ,  $R^9$ , and  $R^{10}$  is as herein defined; and

R<sup>6</sup> is alkyl of 1 to 8 carbon atoms, benzo, chloro, or fluoro.

[69] Specific examples of the compounds are of formula:

in which:

one of X and Y is C=O and the other of X and Y is C=O or CH<sub>2</sub>;

R<sup>6</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, benzyl, chloro, or fluoro;

 $R^7$  is m-phenylene, p-phenylene or -( $C_nH_{2n}$ )- in which n has a value of 0 to 4; each of  $R^8$  and  $R^9$  taken independently of the other is hydrogen or alkyl of 1 to 8 carbon atoms, or  $R^8$  and  $R^9$  taken together are tetramethylene, pentamethylene, hexamethylene, or - $CH_2CH_2X^1CH_2CH_2$ - in which  $X^1$  is -O-, -S- or -NH-; and

R<sup>10</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, or phenyl.

[70] The most preferred immunomodulatory compounds of the invention are 4-(amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione and 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione. The compounds can be obtained via standard, synthetic methods (see e.g., United States Patent No. 5,635,517, incorporated herein by reference). The compounds are available from Celgene Corporation, Warren, NJ. 4-(Amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione has the following chemical structure:

[71] The compound 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione has the following chemical structure:

$$\begin{array}{c}
0\\
0\\
N\\
N\\
0
\end{array}$$

$$\begin{array}{c}
0\\
N\\
H\\
0
\end{array}$$

In another embodiment, specific immunomodulatory compounds of the invention [72] encompass polymorphic forms of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione such as Form A, B, C, D, E, F, G and H, disclosed in U.S. publication no. 2005/0096351, published May 5, 2005, which is incorporated herein by reference. For example, Form A of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is an unsolvated, crystalline material that can be obtained from non-aqueous solvent systems. Form A has an X-ray powder diffraction pattern comprising significant peaks at approximately 8, 14.5, 16, 17.5, 20.5, 24 and 26 degrees 20, and has a differential scanning calorimetry melting temperature maximum of about 270°C. Form A is weakly or not hygroscopic and appears to be the most thermodynamically stable anhydrous polymorph of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidine-2,6-dione discovered thus far. Form B of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is a hemihydrated, crystalline material that can be obtained from various solvent systems, including, but not limited to, hexane, toluene, and water. Form B has an X-ray powder diffraction pattern comprising significant peaks at approximately 16, 18, 22 and 27 degrees 20, and has endotherms from DSC curve of about 146 and 268°C, which are identified

forms in acetone and other anhydrous systems.

[74] Form C of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is a hemisolvated crystalline material that can be obtained from solvents such as, but not limited to, acetone. Form C has an X-ray powder diffraction pattern comprising significant peaks at approximately 15.5 and 25 degrees 2θ, and has a differential scanning calorimetry melting temperature maximum of about 269°C. Form C is not hygroscopic below about 85% RH, but can convert to Form B at higher relative humidities.

dehydration and melting by hot stage microscopy experiments. Interconversion studies

show that Form B converts to Form E in aqueous solvent systems, and converts to other

[75] Form D of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is a crystalline, solvated polymorph prepared from a mixture of acetonitrile and water. Form D has an X-ray powder diffraction pattern comprising significant peaks at approximately 27 and 28 degrees 20, and has a differential scanning calorimetry melting temperature

maximum of about 2700°C: Form D is either weakly or not hygroscopic, but will typically convert to Form B when stressed at higher relative humidities.

- [76] Form E of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is a dihydrated, crystalline material that can be obtained by slurrying 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione in water and by a slow evaporation of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione in a solvent system with a ratio of about 9:1 acetone:water. Form E has an X-ray powder diffraction pattern comprising significant peaks at approximately 20, 24.5 and 29 degrees 2θ, and has a differential scanning calorimetry melting temperature maximum of about 269°C. Form E can convert to Form C in an acetone solvent system and to Form G in a THF solvent system. In aqueous solvent systems, Form E appears to be the most stable form. Desolvation experiments performed on Form E show that upon heating at about 125°C for about five minutes, Form E can convert to Form B. Upon heating at 175°C for about five minutes, Form B can convert to Form F.
- [77] Form F of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is an unsolvated, crystalline material that can be obtained from the dehydration of Form E. Form F has an X-ray powder diffraction pattern comprising significant peaks at approximately 19, 19.5 and 25 degrees 20, and has a differential scanning calorimetry melting temperature maximum of about 269°C.
- [78] Form G of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is an unsolvated, crystalline material that can be obtained from slurrying forms B and E in a solvent such as, but not limited to, tetrahydrofuran (THF). Form G has an X-ray powder diffraction pattern comprising significant peaks at approximately 21, 23 and 24.5 degrees 20, and has a differential scanning calorimetry melting temperature maximum of about 267°C.
- [79] Form H of 3-(4-amino-1-oxo-1,3 dihydro-isoindol-2-yl)-piperidene-2,6-dione is a partially hydrated (about 0.25 moles) crystalline material that can be obtained by exposing Form E to 0 % relative humidity. Form H has an X-ray powder diffraction pattern comprising significant peaks at approximately 15, 26 and 31 degrees 2θ, and has a differential scanning calorimetry melting temperature maximum of about 269°C.
- [80] Other specific immunomodulatory compounds of the invention include, but are not limited to, 1-oxo-2-(2,6-dioxo-3-fluoropiperidin-3yl) isoindolines and 1,3-dioxo-2-(2,6-dioxo-3-fluoropiperidine-3-yl) isoindolines such as those described in U.S. patent nos. 5,874,448 and 5,955,476, each of which is incorporated herein by reference. Representative compounds are of formula:

$$\begin{array}{c|c}
R^2 & & & & & & & & & & \\
R^2 & & & & & & & & & \\
R^3 & & & & & & & & \\
R^4 & & & & & & & & \\
\end{array}$$

wherein:

Y is oxygen or H<sup>2</sup> and

each of  $R^1$ ,  $R^2$ ,  $R^3$ , and  $R^4$ , independently of the others, is hydrogen, halo, alkyl of 1 to 4 carbon atoms, alkoxy of 1 to 4 carbon atoms, or amino.

[81] Other specific immunomodulatory compounds of the invention include, but are not limited to, the tetra substituted 2-(2,6-dioxopiperdin-3-yl)-1-oxoisoindolines described in U.S. patent no. 5,798,368, which is incorporated herein by reference. Representative compounds are of formula:

wherein each of R<sup>1</sup>, R<sup>2</sup>, R<sup>3</sup>, and R<sup>4</sup>, independently of the others, is halo, alkyl of 1 to 4 carbon atoms, or alkoxy of 1 to 4 carbon atoms.

[82] Other specific immunomodulatory compounds of the invention include, but are not limited to, 1-oxo and 1,3-dioxo-2-(2,6-dioxopiperidin-3-yl) isoindolines disclosed in U.S. patent no. 6,403,613, which is incorporated herein by reference. Representative compounds are of formula:

$$\begin{array}{c|c}
R^{1} & 0 & 0 \\
C'' & R^{3} & N H \\
C'' & Y
\end{array}$$

in which

Y is oxygen or H<sub>2</sub>,

a first of  $R^1$  and  $R^2$  is halo, alkyl, alkoxy, alkylamino, dialkylamino, cyano, or carbamoyl, the second of  $R^1$  and  $R^2$ , independently of the first, is hydrogen, halo, alkyl, alkoxy, alkylamino, dialkylamino, cyano, or carbamoyl, and

R<sup>3</sup> is hydrogen, alkyl, or benzyl.

[83] Specific examples of the compounds are of formula:

$$\begin{array}{c|c}
R^1 & 0 & 0 \\
C'' & R^3 & N & H \\
C'' & R^3 & N & H
\end{array}$$

wherein

a first of R<sup>1</sup> and R<sup>2</sup> is halo, alkyl of from 1 to 4 carbon atoms, alkoxy of from 1 to 4 carbon atoms, dialkylamino in which each alkyl is of from 1 to 4 carbon atoms, cyano, or carbamoyl;

the second of R<sup>1</sup> and R<sup>2</sup>, independently of the first, is hydrogen, halo, alkyl of from 1 to 4 carbon atoms, alkoxy of from 1 to 4 carbon atoms, alkylamino in which alkyl is of from 1 to 4 carbon atoms, dialkylamino in which each alkyl is of from 1 to 4 carbon atoms, eyano, or carbamoyl; and

R<sup>3</sup> is hydrogen, alkyl of from 1 to 4 carbon atoms, or benzyl. Specific examples include, but are not limited to, 1-oxo-2-(2,6-dioxopiperidin-3-yl)-4-methylisoindoline.

[84] Other representative compounds are of formula:

$$\begin{array}{c|c}
R^1 & 0 & 0 \\
C'' & R^3 & NH \\
C'' & 0 & 0
\end{array}$$

wherein:

a first of  $R^1$  and  $R^2$  is halo, alkyl of from 1 to 4 carbon atoms, alkoxy of from 1 to 4 carbon atoms, dialkylamino in which each alkyl is of from 1 to 4 carbon atoms, cyano, or carbamoyl;

the second of R<sup>1</sup> and R<sup>2</sup>, independently of the first, is hydrogen, halo, alkyl of from 1 to 4 carbon atoms, alkoxy of from 1 to 4 carbon atoms, alkylamino in which alkyl is of from 1 to 4 carbon atoms, dialkylamino in which each alkyl is of from 1 to 4 carbon atoms, cyano, or carbamoyl; and

R<sup>3</sup> is hydrogen, alkyl of from 1 to 4 carbon atoms, or benzyl.

[85] Other specific immunomodulatory compounds of the invention include, but are not limited to, 1-oxo and 1,3-dioxoisoindolines substituted in the 4- or 5-position of the indoline ring described in U.S. patent no. 6,380,239 and co-pending U.S. application no. 10/900,270, filed July 28, 2004, which are incorporated herein by reference. Representative compounds are of formula:

$$X^{2} = X_{1}^{0} = X_{1}^{0$$

in which the carbon atom designated  $C^*$  constitutes a center of chirality (when n is not zero and  $R^1$  is not the same as  $R^2$ ); one of  $X^1$  and  $X^2$  is amino, nitro, alkyl of one to six carbons, or NH-Z, and the other of  $X^1$  or  $X^2$  is hydrogen; each of  $R^1$  and  $R^2$  independent of the other, is hydroxy or NH-Z;  $R^3$  is hydrogen, alkyl of one to six carbons, halo, or haloalkyl; Z is hydrogen, aryl, alkyl of one to six carbons, formyl, or acyl of one to six carbons; and n has a value of 0, 1, or 2; provided that if  $X^1$  is amino, and n is 1 or 2, then  $R^1$  and  $R^2$  are not both hydroxy; and the salts thereof.

[86] Further representative compounds are of formula:

in which the carbon atom designated  $C^*$  constitutes a center of chirality when n is not zero and  $R^1$  is not  $R^2$ ; one of  $X^1$  and  $X^2$  is amino, nitro, alkyl of one to six carbons, or NH-Z, and the other of  $X^1$  or  $X^2$  is hydrogen; each of  $R^1$  and  $R^2$  independent of the other, is hydroxy or NH-Z;  $R^3$  is alkyl of one to six carbons, halo, or hydrogen; Z is hydrogen, aryl or an alkyl or acyl of one to six carbons; and n has a value of 0, 1, or 2.

[87] Specific examples include, but are not limited to, 2-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-4-carbamoyl-butyric acid and 4-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-4-cabamoyl-butyric acid, which have the following structures, respectively, and pharmaceutically acceptable salts, solvates, prodrugs, and stereoisomers thereof:

$$\begin{array}{c|c} & & & & \\ & &$$

[88] Other representative compounds are of formula:

$$\chi^{2} = \chi^{1} = \chi^{1} = \chi^{1} = \chi^{2} = \chi^{2} = \chi^{2} = \chi^{1} = \chi^{2} = \chi^{2$$

in Which the carbon atom designated  $C^*$  constitutes a center of chirality when n is not zero and  $R^1$  is not  $R^2$ ; one of  $X^1$  and  $X^2$  is amino, nitro, alkyl of one to six carbons, or NH-Z, and the other of  $X^1$  or  $X^2$  is hydrogen; each of  $R^1$  and  $R^2$  independent of the other, is hydroxy or NH-Z;  $R^3$  is alkyl of one to six carbons, halo, or hydrogen; Z is hydrogen, aryl, or an alkyl or acyl of one to six carbons; and n has a value of 0, 1, or 2; and the salts thereof.

[89] Specific examples include, but are not limited to, 4-carbamoyl-4-{4-[(furan-2-yl-methyl)-amino]-1,3-dioxo-1,3-dihydro-isoindol-2-yl}-butyric acid, 4-carbamoyl-2-{4-[(furan-2-yl-methyl)-amino]-1,3-dioxo-1,3-dihydro-isoindol-2-yl}-butyric acid, 2-{4-[(furan-2-yl-methyl)-amino]-1,3-dioxo-1,3-dihydro-isoindol-2-yl}-4-phenylcarbamoyl-butyric acid, and 2-{4-[(furan-2-yl-methyl)-amino]-1,3-dioxo-1,3-dihydro-isoindol-2-yl}-pentanedioic acid, which have the following structures, respectively, and pharmaceutically acceptablesalts, solvate, prodrugs, and stereoisomers thereof:

[90] Other specific examples of the compounds are of formula:

$$X^{2} = X^{1} = X^{1$$

wherein:

one of  $X^1$  and  $X^2$  is nitro, or NH-Z, and the other of  $X^1$  or  $X^2$  is hydrogen; each of  $R^1$  and  $R^2$ , independent of the other, is hydroxy or NH-Z;

R<sup>3</sup> is alkyl of one to six carbons, halo, or hydrogen;

Z is hydrogen, phenyl, an acyl of one to six carbons, or an alkyl of one to six carbons; and

n has a value of 0, 1, or 2; and

if  $-COR^2$  and  $-(CH_2)_nCOR^1$  are different, the carbon atom designated  $C^*$  constitutes a center of chirality.

1911 LOther representative compounds are of formula:

wherein:

one of X<sup>1</sup> and X<sup>2</sup> is alkyl of one to six carbons;

each of R<sup>1</sup> and R<sup>2</sup>, independent of the other, is hydroxy or NH-Z;

R<sup>3</sup> is alkyl of one to six carbons, halo, or hydrogen;

Z is hydrogen, phenyl, an acyl of one to six carbons, or an alkyl of one to six carbons; and

n has a value of 0, 1, or 2; and

if  $-COR^2$  and  $-(CH_2)_nCOR^1$  are different, the carbon atom designated  $C^*$  constitutes a center of chirality.

[92] Still other specific immunomodulatory compounds of the invention include, but are not limited to, isoindoline-1-one and isoindoline-1,3-dione substituted in the 2-position with 2,6-dioxo-3-hydroxypiperidin-5-yl described in U.S. patent no. 6,458,810, which is incorporated herein by reference. Representative compounds are of formula:

$$\begin{array}{c|c}
 & 0 \\
 & 0 \\
 & N \\
 & R \\
\end{array}$$

$$\begin{array}{c}
 & N \\
 & N \\
 & R \\
\end{array}$$

$$\begin{array}{c}
 & N \\
 & N \\
 & N \\
\end{array}$$

$$\begin{array}{c}
 & N \\
 & N \\
 & N \\
\end{array}$$

$$\begin{array}{c}
 & N \\
 & N \\
 & N \\
\end{array}$$

wherein:

the carbon atoms designated \* constitute centers of chirality;

X is -C(O)- or  $-CH_2$ -;

R<sup>1</sup> is alkyl of 1 to 8 carbon atoms or -NHR<sup>3</sup>;

R<sup>2</sup> is hydrogen, alkyl of 1 to 8 carbon atoms, or halogen; and

R<sup>3</sup> is hydrogen,

alkyl of 1 to 8 carbon atoms, unsubstituted or substituted with alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms,

cycloalkyl of 3 to 18 carbon atoms,

phenyl, unsubstituted or substituted with alkyl of 1 to 8 carbon atoms, alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms,

benzyl, unsubstituted or substituted with alkyl of 1 to 8 carbon atoms, alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms, or -COR<sup>4</sup> in which

R4 is hydrogen, 1

alkyl of 1 to 8 carbon atoms, unsubstituted or substituted with alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms,

cycloalkyl of 3 to 18 carbon atoms,

phenyl, unsubstituted or substituted with alkyl of 1 to 8 carbon atoms, alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms, or

benzyl, unsubstituted or substituted with alkyl of 1 to 8 carbon atoms, alkoxy of 1 to 8 carbon atoms, halo, amino, or alkylamino of 1 to 4 carbon atoms.

- [93] Compounds of the invention can either be commercially purchased or prepared according to the methods described in the patents or patent publications disclosed herein. Further, optically pure compounds can be asymmetrically synthesized or resolved using known resolving agents or chiral columns as well as other standard synthetic organic chemistry techniques.
- [94] Various immunomodulatory compounds of the invention contain one or more chiral centers, and can exist as racemic mixtures of enantiomers or mixtures of diastereomers. This invention encompasses the use of stereomerically pure forms of such compounds, as well as the use of mixtures of those forms. For example, mixtures comprising equal or unequal amounts of the enantiomers of a particular immunomodulatory compounds of the invention may be used in methods and compositions of the invention. These isomers may be asymmetrically synthesized or resolved using standard techniques such as chiral columns or chiral resolving agents. See, e.g., Jacques, J., et al., Enantiomers, Racemates and Resolutions (Wiley-Interscience, New York, 1981); Wilen, S. H., et al., Tetrahedron 33:2725 (1977); Eliel, E. L., Stereochemistry of Carbon Compounds (McGraw-Hill, NY, 1962); and Wilen, S. H., Tables of Resolving Agents and Optical Resolutions p. 268 (E.L. Eliel, Ed., Univ. of Notre Dame Press, Notre Dame, IN, 1972).
- [95] Compounds used in the invention may be small organic molecules having a molecular weight less than about 1,000 g/mol, and are not proteins, peptides, oligonucleotides, oligosaccharides or other macromolecules.
- [96] It should be noted that if there is a discrepancy between a depicted structure and a name given that structure, the depicted structure is to be accorded more weight. In addition, if the stereochemistry of a structure or a portion of a structure is not indicated with, for example, bold or dashed lines, the structure or portion of the structure is to be interpreted as encompassing all stereoisomers of it.

#### 5.3 SECOND ACTIVE AGENTS

active compounds ("second active agents") in methods of the invention. The invention encompasses certain combinations that may be synergistic in the treatment, prevention and/or management of disorders associated with a hypoleptinemic state.

Immunomodulatory compounds can also work to alleviate adverse effects associated with certain second active agents.

- [98] This invention also encompasses the use of native, naturally occurring, and recombinant proteins.
- [99] The invention further encompasses mutants and derivatives (e.g., modified forms) of naturally occurring proteins that exhibit, in vivo, at least some of the pharmacological activity of the proteins upon which they are based. Examples of mutants include, but are not limited to, proteins that have one or more amino acid residues that differ from the corresponding residues in the naturally occurring forms of the proteins. Also encompassed by the term "mutants" are proteins that lack carbohydrate moieties normally present in their naturally occurring forms (e.g., nonglycosylated forms). Examples of derivatives include, but are not limited to, pegylated derivatives and fusion proteins, such as proteins formed by fusing IgG1 or IgG3 to the protein or active portion of the protein of interest. See, e.g., Penichet, M.L. and Morrison, S.L., J. Immunol. Methods 248:91-101 (2001).
- [100] In one embodiment of the invention, the large molecule active agent reduces, eliminates, or prevents an adverse effect associated with the administration of an immunomodulatory compound. Depending on the particular immunomodulatory compound and the disease or disorder being treated, adverse effects can include, but are not limited to, drowsiness and somnolence, dizziness and orthostatic hypotension, neutropenia, infections that result from neutropenia, increased HIV-viral load, bradycardia, Stevens-Johnson Syndrome and toxic epidermal necrolysis, and seizures (e.g., grand mal convulsions).
- [101] Second active agents that are small molecules can also be used to alleviate adverse effects associated with the administration of an immunomodulatory compound. However, like some large molecules, many are believed to be capable of providing a synergistic effect when administered with (e.g., before, after or simultaneously) an immunomodulatory compound.
- [102] Specific second active agents include, but are not limited to: antibiotics such as, but not limited to, chloramphenicol, tetracycline, chlortetracycline, sulfasalazine, ampicillin, penicillin, and trimethoprim-sulfamethoxazole; dexamethasone; insulin; hypoglycemic agents such as, but not limited to, metformin and thiazolidinediones ("TZD"); lipid

lowering agents such as, but not limited to, fibrates and statins; fluoxetine; clomiphene citrate; gonadotropins; GnRH; corticosteroids such as, but not limited to, betamethasone, clobetasol, amcinonide, desoximethasone, diflorasone, fluocinonide, halcinonide, mometasone, amcinonide, fluticasone, triamcinolone, fluocinolone, flurandrenolide, hydrocortisone, alclometasone, desonide, flumethasone, and pramoxine; minoxidil; finasteride; amylin and synthetic analogues thereof such as, but not limited to, pramlintide (symlin); and clomipramine.

- [103] In another embodiment, methods of this invention can be used in combination with other methods used for the treatment, prevention, and/or management of a disorder associated with hypoleptinemic state. Examples of other methods include, but not limited to, surgeries and psychological therapies.
- [104] Specific methods of the invention comprise administering an immunomodulatory compound of the invention, or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof, in combination with one or more second active agents or other therapies. Examples of immunomodulatory compounds and second active agents and other therapies are disclosed herein.
- [105] Administration of the immunomodulatory compounds and the second active agents to a patient can occur simultaneously or sequentially by the same or different routes of administration. The suitability of a particular route of administration employed for a particular active agent will depend on the active agent itself (e.g., whether it can be administered orally without decomposing prior to entering the blood stream) and the disease being treated. A particular route of administration for an immunomodulatory compound of the invention is oral. Particular routes of administration for the second active agents or ingredients of the invention are known to those of ordinary skill in the art. See, e.g., The Merck Manual, 1023-1041 (17<sup>th</sup> ed., 1999).
- [106] The amount of second active agent administered can be determined based on the specific agent used, the type of disease being treated or managed, the severity and stage of disease, and the amount(s) of immunomodulatory compounds of the invention and any optional additional active agents concurrently administered to the patient. Those of ordinary skill in the art can determine the specific amounts according to conventional procedures known in the art. In the beginning, one can start from the amount of the second active agent that is conventionally used in the therapies, and adjust the amount according to the factors described above. See, e.g., Physician's Desk Reference (60<sup>th</sup> Ed., 2006).
- [107] In one embodiment of the invention, the second active agent is administered intravenously or subcutaneously and once or twice daily in an amount of from about 1 to

about 50 to about 200 mg. The specific amount of the second active agent will depend on the specific agent used, the type of disease being treated or managed, the severity and stage of disease, and the amount(s) of immunomodulatory compounds of the invention and any optional additional active agents concurrently administered to the patient.

[108] In one embodiment, an immunomodulatory compound can be administered in an amount of from about 0.1 to about 150 mg, and preferably from about 1 to about 25 mg, more preferably from about 2 to about 10 mg orally and daily alone, or in combination with a second active agent disclosed herein, prior to, during, or after the use of conventional therapy.

# 5.4 METHODS OF TREATMENTS AND PREVENTION

- [109] Methods of this invention encompass methods of treating, preventing and/or managing various diseases and/or disorders associated with low levels of plasma leptin (hypoleptinemic state). As used herein, and unless otherwise specified, the term "diseases or disorders associated with hypoleptinemic state" means the diseases or disorders that are characterized by, or accompanied with, plasma leptin levels lower than those without such diseases or disorders. The term also encompasses diseases or disorders that respond favorably to the modulation (e.g., increase) in the plasma leptin levels.
- [110] Examples of such disorders include, but are not limited to: metabolic and eating disorders such as, but not limited to, lipodystrophy syndrome and anorexia nervosa; hypoleptinemia related neuroendocrine dysfunctions; hypoleptinemia related immunodeficiencies; hypothalamic amenorrhea; CNS disorders such as, but not limited to, acromegaly (pituitary adenoma); hypoleptinemia related infertility syndromes; skin damges; wounds; long-term hemodialysis; and loss of hair.
- [111] In another embodiment, this invention encompasses methods of treating, preventing, and/or managing metabolic disorders such as, but not limited to, obesity and diabetes comprising administration of an immunomodulatory compound, alone or in combination with another agent or therapy.
- [112] This invention also encompasses the treatment, prevention and/or management of symptoms associated with these disorders. For example, this invention encompasses methods of treating, preventing, and/or managing the symptoms such as, but not limited to, neuroendocrine defects, immunodeficiences, high glucose and triglyceride levels, and enlarged liver, which are commonly associated with lipodystrophy. This invention also encompasses methods of treating, preventing, and/or managing the symptoms such as, but

net limited to, endocrine and metabolic anomalies (e.g., amenorrhea, delayed puberty, hypothyroidism, hypercorticosolism, and alterations in growth hormone axis, circulating adipokines, bone metabolism, and immune functions).

- [113] Methods encompassed by this invention comprise administering one or more immunomodulatory compound of the invention, or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof, to a patient (e.g., a human) suffering, or likely to suffer, from a disorder associated with hypoleptinemic state.
- [114] In one embodiment of the invention, an immunomodulatory compound of the invention can be administered orally and in single or divided daily doses in an amount of from about 0.10 to about 150 mg/day. In other embodiments, an immunomodulatory compound is administered in an amount of from about 0.1 to about 1 mg per day, from about 1 to about 25 mg per day, from about 10 mg to about 25 mg per day, about 50 mg per day, or amount of about 25 mg per day. In other embodiments, an immunomodulatory compound is administered from about 0.1 to about 5 mg every other day or from about 10 to about 50 mg every other day. In other embodiments, the immunomodulatory compound is 4-(amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione or 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione.

#### 5.4.2 CYCLING THERAPY

- [115] In certain embodiments, the prophylactic or therapeutic agents of the invention are cyclically administered to a patient. Cycling therapy involves the administration of an active agent for a period of time, followed by a rest for a period of time, and repeating this sequential administration. Cycling therapy can reduce the development of resistance to one or more of the therapies, avoid or reduce the side effects of one of the therapies, and/or improves the efficacy of the treatment.
- [116] Consequently, in one specific embodiment of the invention, an immunomodulatory compound of the invention is administered daily in a single or divided doses in a four to six week cycle with a rest period of about a week or two weeks. The invention further allows the frequency, number, and length of dosing cycles to be increased. Thus, another specific embodiment of the invention encompasses the administration of an immunomodulatory compound of the invention for more cycles than are typical when it is administered alone. In yet another specific embodiment of the invention, an immunomodulatory compound of the invention is administered for a greater number of cycles that would typically cause dose-limiting toxicity in a patient to whom a second active ingredient is not also being administered.

1117 In one embodiment, an immunomodulatory compound of the invention is administered daily and continuously for three or four weeks at a dose of from about 0.1 to about 150 mg/d followed by a break of one or two weeks. In one embodiment, 4-(amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione is administered daily and continuously at an initial dose of 0.1 to 5 mg/d with dose escalation (every week) by 1 to 10 mg/d to a maximum dose of 50 mg/d for as long as therapy is tolerated. In another embodiment, 3-(4amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione is administered in an amount of about 1, 5, 10, or 25 mg/day for three to four weeks, followed by one week or two weeks of rest in a four or six week cycle. In another embodiment, 3-(4-amino-1-oxo-1,3-dihydroisoindol-2-yl)-piperidine-2,6-dione is administered in an amount of about 10 mg/day for three to four weeks, followed by one week or two weeks of rest in a four or six week cycle. [118] In one embodiment of the invention, an immunomodulatory compound of the invention and a second active ingredient are administered orally, with administration of an immunomodulatory compound of the invention occurring 30 to 60 minutes prior to a second active ingredient, during a cycle of four to six weeks. In another embodiment of the invention, the combination of an immunomodulatory compound of the invention and a second active ingredient is administered by intravenous infusion over about 90 minutes every cycle. In one specific embodiment, one cycle comprises the administration of from about 1 to about 25 mg/day of 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine -2,6-dione and from about 50 to about 200 mg/m<sup>2</sup>/day of a second active ingredient daily for three to four weeks and then one or two weeks of rest. In another specific embodiment, each cycle comprises the administration of from about 5 to about 10 mg/day of 4-(amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione and from about 50 to about 200 mg/m²/day of a second active ingredient for 3 to 4 weeks followed by one or two weeks of rest. Typically, the number of cycles during which the combinatorial treatment is administered to a patient will be from about one to about 24 cycles, more typically from about two to about 16 cycles, and even more typically from about four to about three cycles.

#### 5.5 PHARMACEUTICAL COMPOSITIONS AND DOSAGE FORMS

[119] Pharmaceutical compositions can be used in the preparation of individual, single unit dosage forms. Pharmaceutical compositions and dosage forms of the invention comprise an immunomodulatory compound of the invention, or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof, and a second active agent. Pharmaceutical compositions and dosage forms of the invention can further comprise one or more excipients.

one or more additional active ingredients. Consequently, pharmaceutical compositions and dosage forms of the invention comprise the active ingredients disclosed herein (e.g., an immunomodulatory compound and a second active agent). Examples of optional second, or additional, active ingredients are disclosed herein (see, e.g., section 5.3).

- [121] Single unit dosage forms of the invention are suitable for oral, mucosal (e.g., nasal, sublingual, vaginal, buccal, or rectal), parenteral (e.g., subcutaneous, intravenous, bolus injection, intramuscular, or intraarterial), topical (e.g., eye drops or other ophthalmic preparations), transdermal or transcutaneous administration to a patient. Examples of dosage forms include, but are not limited to: tablets; caplets; capsules, such as soft elastic gelatin capsules; cachets; troches; lozenges; dispersions; suppositories; powders; aerosols (e.g., nasal sprays or inhalers); gels; liquid dosage forms suitable for oral or mucosal administration to a patient, including suspensions (e.g., aqueous or non-aqueous liquid suspensions, oil-in-water emulsions, or a water-in-oil liquid emulsions), solutions, and elixirs; liquid dosage forms suitable for parenteral administration to a patient; eye drops or other ophthalmic preparations suitable for topical administration; and sterile solids (e.g., crystalline or amorphous solids) that can be reconstituted to provide liquid dosage forms suitable for parenteral administration to a patient.
- [122] The composition, shape, and type of dosage forms of the invention will typically vary depending on their use. For example, a dosage form used in the acute treatment of a disease may contain larger amounts of one or more of the active ingredients it comprises than a dosage form used in the chronic treatment of the same disease. Similarly, a parenteral dosage form may contain smaller amounts of one or more of the active ingredients it comprises than an oral dosage form used to treat the same disease. These and other ways in which specific dosage forms encompassed by this invention will vary from one another will be readily apparent to those skilled in the art. *See generally*, *Remington: The Science and Practice of Pharmacy*, 20<sup>th</sup> Ed. (2000)..
- [123] Typical pharmaceutical compositions and dosage forms comprise one or more excipients. Suitable excipients are well known to those skilled in the art of pharmacy, and non-limiting examples of suitable excipients are provided herein. Whether a particular excipient is suitable for incorporation into a pharmaceutical composition or dosage form depends on a variety of factors well known in the art including, but not limited to, the way in which the dosage form will be administered to a patient. For example, oral dosage forms such as tablets may contain excipients not suited for use in parenteral dosage forms. The suitability of a particular excipient may also depend on the specific active ingredients in the

dosage form. For example, the decomposition of some active ingredients may be accelerated by some excipients such as lactose, or when exposed to water. Active ingredients that comprise primary or secondary amines are particularly susceptible to such accelerated decomposition. Consequently, this invention encompasses pharmaceutical compositions and dosage forms that contain little, if any, lactose other mono- or disaccharides. As used herein, the term "lactose-free" means that the amount of lactose present, if any, is insufficient to substantially increase the degradation rate of an active ingredient.

- [124] Lactose-free compositions of the invention can comprise excipients that are well known in the art and are listed, for example, in the *U.S. Pharmacopeia* (USP) 25-NF20 (2002). In general, lactose-free compositions comprise active ingredients, a binder/filler, and a lubricant in pharmaceutically compatible and pharmaceutically acceptable amounts. Particular lactose-free dosage forms comprise active ingredients, microcrystalline cellulose, pre-gelatinized starch, and magnesium stearate.
- [125] This invention further encompasses anhydrous pharmaceutical compositions and dosage forms comprising active ingredients, since water can facilitate the degradation of some compounds. For example, the addition of water (e.g., 5%) is widely accepted in the pharmaceutical arts as a means of simulating long-term storage in order to determine characteristics such as shelf-life or the stability of formulations over time. See, e.g., Jens T. Carstensen, Drug Stability: Principles & Practice, 2d. Ed., Marcel Dekker, NY, NY, 1995, pp. 379-80. In effect, water and heat accelerate the decomposition of some compounds. Thus, the effect of water on a formulation can be of great significance since moisture and/or humidity are commonly encountered during manufacture, handling, packaging, storage, shipment, and use of formulations.
- [126] Anhydrous pharmaceutical compositions and dosage forms of the invention can be prepared using anhydrous or low moisture containing ingredients and low moisture or low humidity conditions. Pharmaceutical compositions and dosage forms that comprise lactose and at least one active ingredient that comprises a primary or secondary amine are preferably anhydrous if substantial contact with moisture and/or humidity during manufacturing, packaging, and/or storage is expected.
- [127] An anhydrous pharmaceutical composition should be prepared and stored such that its anhydrous nature is maintained. Accordingly, anhydrous compositions are preferably packaged using materials known to prevent exposure to water such that they can be included in suitable formulary kits. Examples of suitable packaging include, but are not

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Implied to, heimetically staled foils, plastics, unit dose containers (e.g., vials), blister packs, and strip packs.

[128] The invention further encompasses pharmaceutical compositions and dosage forms that comprise one or more compounds that reduce the rate by which an active ingredient will decompose. Such compounds, which are referred to herein as "stabilizers," include, but are not limited to, antioxidants such as ascorbic acid, pH buffers, or salt buffers.

[129] Like the amounts and types of excipients, the amounts and specific types of active ingredients in a dosage form may differ depending on factors such as, but not limited to, the route by which it is to be administered to patients. However, typical dosage forms of the invention comprise an immunomodulatory compound of the invention or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof in an amount of from about 0.10 to about 150 mg. Typical dosage forms comprise an immunomodulatory compound of the invention or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof in an amount of about 0.1, 1, 2, 5, 7.5, 10, 12.5, 15, 17.5, 20, 25, 50, 100, 150 or 200 mg. In a particular embodiment, a dosage form comprises 4-(amino)-2-(2,6dioxo(3-piperidyl))-isoindoline-1,3-dione in an amount of about 1, 2, 5, 10, 25 or 50 mg. In a specific embodiment, a dosage form comprises 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione in an amount of about 5, 10, 25 or 50 mg. Typical dosage forms comprise the second active ingredient in an amount of 1 to about 1000 mg, from about 5 to about 500 mg, from about 10 to about 350 mg, or from about 50 to about 200 mg. Of course, the specific amount of the agent will depend on the specific agent used, the type of disease or disorder being treated or managed, and the amount(s) of an immunomodulatory compound of the invention and any optional additional active agents concurrently administered to the patient.

#### 5.5.1 ORAL DOSAGE FORMS

- [130] Pharmaceutical compositions of the invention that are suitable for oral administration can be presented as discrete dosage forms, such as, but are not limited to, tablets (e.g., chewable tablets), caplets, capsules, and liquids (e.g., flavored syrups). Such dosage forms contain predetermined amounts of active ingredients, and may be prepared by methods of pharmacy well known to those skilled in the art. See generally, Remington: The Science and Practice of Pharmacy, 20<sup>th</sup> Ed. (2000).
- [131] Typical oral dosage forms of the invention are prepared by combining the active ingredients in an intimate admixture with at least one excipient according to conventional pharmaceutical compounding techniques. Excipients can take a wide variety of forms

suitable for use in oral liquid or aerosol dosage forms include, but are not limited to, water, glycols, oils, alcohols, flavoring agents, preservatives, and coloring agents. Examples of excipients suitable for use in solid oral dosage forms (e.g., powders, tablets, capsules, and caplets) include, but are not limited to, starches, sugars, micro-crystalline cellulose, diluents, granulating agents, lubricants, binders, and disintegrating agents.

- [132] Because of their ease of administration, tablets and capsules represent the most advantageous oral dosage unit forms, in which case solid excipients are employed. If desired, tablets can be coated by standard aqueous or nonaqueous techniques. Such dosage forms can be prepared by any of the methods of pharmacy. In general, pharmaceutical compositions and dosage forms are prepared by uniformly and intimately admixing the active ingredients with liquid carriers, finely divided solid carriers, or both, and then shaping the product into the desired presentation if necessary.
- [133] For example, a tablet can be prepared by compression or molding. Compressed tablets can be prepared by compressing in a suitable machine the active ingredients in a free-flowing form such as powder or granules, optionally mixed with an excipient. Molded tablets can be made by molding in a suitable machine a mixture of the powdered compound moistened with an inert liquid diluent.
- [134] Examples of excipients that can be used in oral dosage forms of the invention include, but are not limited to, binders, fillers, disintegrants, and lubricants. Binders suitable for use in pharmaceutical compositions and dosage forms include, but are not limited to, corn starch, potato starch, or other starches, gelatin, natural and synthetic gums such as acacia, sodium alginate, alginic acid, other alginates, powdered tragacanth, guar gum, cellulose and its derivatives (e.g., ethyl cellulose, cellulose acetate, carboxymethyl cellulose calcium, sodium carboxymethyl cellulose), polyvinyl pyrrolidone, methyl cellulose, pre-gelatinized starch, hydroxypropyl methyl cellulose, (e.g., Nos. 2208, 2906, 2910), microcrystalline cellulose, and mixtures thereof.
- [135] Suitable forms of microcrystalline cellulose include, but are not limited to, the materials sold as AVICEL-PH-101, AVICEL-PH-103 AVICEL RC-581, AVICEL-PH-105 (available from FMC Corporation, American Viscose Division, Avicel Sales, Marcus Hook, PA), and mixtures thereof. An specific binder is a mixture of microcrystalline cellulose and sodium carboxymethyl cellulose sold as AVICEL RC-581. Suitable anhydrous or low moisture excipients or additives include AVICEL-PH-103<sup>TM</sup> and Starch 1500 LM.
- [136] Examples of fillers suitable for use in the pharmaceutical compositions and dosage forms disclosed herein include, but are not limited to, talc, calcium carbonate (e.g., granules

of power, microcrystalline cellulose, powdered cellulose, dextrates, kaolin, mannitol, silicic acid, sorbitol, starch, pre-gelatinized starch, and mixtures thereof. The binder or filler in pharmaceutical compositions of the invention is typically present in from about 50 to about 99 weight percent of the pharmaceutical composition or dosage form.

- [137] Disintegrants are used in the compositions of the invention to provide tablets that disintegrate when exposed to an aqueous environment. Tablets that contain too much disintegrant may disintegrate in storage, while those that contain too little may not disintegrate at a desired rate or under the desired conditions. Thus, a sufficient amount of disintegrant that is neither too much nor too little to detrimentally alter the release of the active ingredients should be used to form solid oral dosage forms of the invention. The amount of disintegrant used varies based upon the type of formulation, and is readily discernible to those of ordinary skill in the art. Typical pharmaceutical compositions comprise from about 0.5 to about 15 weight percent of disintegrant, preferably from about 1 to about 5 weight percent of disintegrant.
- [138] Disintegrants that can be used in pharmaceutical compositions and dosage forms of the invention include, but are not limited to, agar-agar, alginic acid, calcium carbonate, microcrystalline cellulose, croscarmellose sodium, crospovidone, polacrilin potassium, sodium starch glycolate, potato or tapioca starch, other starches, pre-gelatinized starch, other starches, clays, other algins, other celluloses, gums, and mixtures thereof.
- [139] Lubricants that can be used in pharmaceutical compositions and dosage forms of the invention include, but are not limited to, calcium stearate, magnesium stearate, mineral oil, light mineral oil, glycerin, sorbitol, mannitol, polyethylene glycol, other glycols, stearic acid, sodium lauryl sulfate, talc, hydrogenated vegetable oil (e.g., peanut oil, cottonseed oil, sunflower oil, sesame oil, olive oil, corn oil, and soybean oil), zinc stearate, ethyl oleate, ethyl laureate, agar, and mixtures thereof. Additional lubricants include, for example, a syloid silica gel (AEROSIL200, manufactured by W.R. Grace Co. of Baltimore, MD), a coagulated aerosol of synthetic silica (marketed by Degussa Co. of Plano, TX), CAB-O-SIL (a pyrogenic silicon dioxide product sold by Cabot Co. of Boston, MA), and mixtures thereof. If used at all, lubricants are typically used in an amount of less than about 1 weight percent of the pharmaceutical compositions or dosage forms into which they are incorporated.
- [140] A particular solid oral dosage form of the invention comprises an immunomodulatory compound of the invention, anhydrous lactose, microcrystalline cellulose, polyvinylpyrrolidone, stearic acid, colloidal anhydrous silica, and gelatin.

#### 3.5:23 DELAYED RELEASE DOSAGE FORMS

[141] Active ingredients of the invention can be administered by controlled release means or by delivery devices that are well known to those of ordinary skill in the art. Examples include, but are not limited to, those described in U.S. Patent Nos.: 3,845,770; 3,916,899; 3,536,809; 3,598,123; and 4,008,719, 5,674,533, 5,059,595, 5,591,767, 5,120,548, 5,073,543, 5,639,476, 5,354,556, and 5,733,566, each of which is incorporated herein by reference. Such dosage forms can be used to provide slow or controlled-release of one or more active ingredients using, for example, hydropropylmethyl cellulose, other polymer matrices, gels, permeable membranes, osmotic systems, multilayer coatings, microparticles, liposomes, microspheres, or a combination thereof to provide the desired release profile in varying proportions. Suitable controlled-release formulations known to those of ordinary skill in the art, including those described herein, can be readily selected for use with the active ingredients of the invention. The invention thus encompasses single unit dosage forms suitable for oral administration such as, but not limited to, tablets, capsules, gelcaps, and caplets that are adapted for controlled-release.

[142] All controlled-release pharmaceutical products have a common goal of improving drug therapy over that achieved by their non-controlled counterparts. Ideally, the use of an optimally designed controlled-release preparation in medical treatment is characterized by a minimum of drug substance being employed to cure or control the condition in a minimum amount of time. Advantages of controlled-release formulations include extended activity of the drug, reduced dosage frequency, and increased patient compliance. In addition, controlled-release formulations can be used to affect the time of onset of action or other characteristics, such as blood levels of the drug, and can thus affect the occurrence of side (e.g., adverse) effects.

[143] Most controlled-release formulations are designed to initially release an amount of drug (active ingredient) that promptly produces the desired therapeutic effect, and gradually and continually release of other amounts of drug to maintain this level of therapeutic or prophylactic effect over an extended period of time. In order to maintain this constant level of drug in the body, the drug must be released from the dosage form at a rate that will replace the amount of drug being metabolized and excreted from the body. Controlled-release of an active ingredient can be stimulated by various conditions including, but not limited to, pH, temperature, enzymes, water, or other physiological conditions or compounds.

#### 5.5.3 PARENTERAL DOSAGE FORMS

but not limited to, subcutaneous, intravenous (including bolus injection), intramuscular, and intraarterial. Because their administration typically bypasses patients' natural defenses against contaminants, parenteral dosage forms are preferably sterile or capable of being sterilized prior to administration to a patient. Examples of parenteral dosage forms include, but are not limited to, solutions ready for injection, dry products ready to be dissolved or suspended in a pharmaceutically acceptable vehicle for injection, suspensions ready for injection, and emulsions.

[145] Suitable vehicles that can be used to provide parenteral dosage forms of the invention are well known to those skilled in the art. Examples include, but are not limited to: Water for Injection USP; aqueous vehicles such as, but not limited to, Sodium Chloride Injection, Ringer's Injection, Dextrose Injection, Dextrose and Sodium Chloride Injection, and Lactated Ringer's Injection; water-miscible vehicles such as, but not limited to, ethyl alcohol, polyethylene glycol, and polypropylene glycol; and non-aqueous vehicles such as, but not limited to, corn oil, cottonseed oil, peanut oil, sesame oil, ethyl oleate, isopropyl myristate, and benzyl benzoate.

[146] Compounds that increase the solubility of one or more of the active ingredients disclosed herein can also be incorporated into the parenteral dosage forms of the invention. For example, cyclodextrin and its derivatives can be used to increase the solubility of an immunomodulatory compound of the invention and its derivatives. *See, e.g.*, U.S. Patent No. 5,134,127, which is incorporated herein by reference.

# 5.5.4 TOPICAL AND MUCOSAL DOSAGE FORMS [useful?]

[147] Topical and mucosal dosage forms of the invention include, but are not limited to, sprays, aerosols, solutions, emulsions, suspensions, eye drops or other ophthalmic preparations, or other forms known to one of skill in the art. See e.g., Remington: The Science and Practice of Pharmacy, 20<sup>th</sup> Ed. (2000); and Introduction to Pharmaceutical Dosage Forms, 4th ed., Lea & Febiger, Philadelphia (1985). Dosage forms suitable for treating mucosal tissues within the oral cavity can be formulated as mouthwashes or as oral gels.

[148] Suitable excipients (e.g., carriers and diluents) and other materials that can be used to provide topical and mucosal dosage forms encompassed by this invention are well known to those skilled in the pharmaceutical arts, and depend on the particular tissue to which a given pharmaceutical composition or dosage form will be applied. With that fact in mind, typical excipients include, but are not limited to, water, acetone, ethanol, ethylene glycol,

pharmaceutical compositions and dosage forms if desired. Examples of such additional ingredients are well known in the art. See e.g., Remington: The Science and Practice of Pharmacy, 20<sup>th</sup> Ed. (2000).

[149] The pH of a pharmaceutical composition or dosage form may also be adjusted to improve delivery of one or more active ingredients. Similarly, the polarity of a solvent carrier, its ionic strength, or tonicity can be adjusted to improve delivery. Compounds such as stearates can also be added to pharmaceutical compositions or dosage forms to advantageously alter the hydrophilicity or lipophilicity of one or more active ingredients so as to improve delivery. In this regard, stearates can serve as a lipid vehicle for the formulation, as an emulsifying agent or surfactant, and as a delivery-enhancing or penetration-enhancing agent. Different salts, hydrates or solvates of the active ingredients can be used to further adjust the properties of the resulting composition.

#### 5.5.5 <u>KITS</u>

- [150] Typically, active ingredients of the invention are preferably not administered to a patient at the same time or by the same route of administration. This invention therefore encompasses kits which, when used by the medical practitioner, can simplify the administration of appropriate amounts of active ingredients to a patient.
- [151] A typical kit of the invention comprises a dosage form of an immunomodulatory compound of the invention, or a pharmaceutically acceptable salt, solvate, stereoisomer, or prodrug thereof. Kits encompassed by this invention can further comprise additional active ingredients. Examples of the additional active ingredients include, but are not limited to, those disclosed herein (*see*, *e.g.*, section 5.3).
- [152] Kits of the invention can further comprise devices that are used to administer the active ingredients. Examples of such devices include, but are not limited to, syringes, drip bags, patches, and inhalers.
- [153] Kits of the invention can further comprise cells or blood for transplantation as well as pharmaceutically acceptable vehicles that can be used to administer one or more active ingredients. For example, if an active ingredient is provided in a solid form that must be reconstituted for parenteral administration, the kit can comprise a sealed container of a suitable vehicle in which the active ingredient can be dissolved to form a particulate-free sterile solution that is suitable for parenteral administration. Examples of pharmaceutically

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acceptable vehicles include, but are not limited to: Water for Injection USP; aqueous

vehicles such as, but not limited to, Sodium Chloride Injection, Ringer's Injection, Dextrose Injection, Dextrose and Sodium Chloride Injection, and Lactated Ringer's Injection; water-miscible vehicles such as, but not limited to, ethyl alcohol, polyethylene glycol, and polypropylene glycol; and non-aqueous vehicles such as, but not limited to, corn oil, cottonseed oil, peanut oil, sesame oil, ethyl oleate, isopropyl myristate, and benzyl benzoate.

## 6. EXAMPLES

[154] Certain embodiments of the invention are illustrated by the following non-limiting examples.

#### 6.1 EXPERIMENTAL PROCEDURES

# 6.1.1 GENERATION OF ADIPOCYTE FROM MESENCHYMAL STEM CELL

[155] Human Mesenchymal Stem Cell (MSC) and adipocyte differentiation media were obtained from Cambrex (Walkersville, MD). MSCs were seeded in 24 well plates at 40,000 cells per well in MSC Basic Medium (MSCBM), supplemented with 10% serum and expanded for 7 days. At 100% of confluence, three cycles of induction/maintenance stimulated adipogetic differentiation. Each cycle consisted feeding MSCs with Adipogenic Induction Medium (AIM) for 3 days, followed by 1 day of culture in Adipogenic Maintenance Medium (AMM). AIM and AMM contained 10% serum, Pen-Sterep and L-Glu, supplemented with insulin, dexamethasone, indomethacin and IBMX, or insulin only. After 3 complete cycles of induction/maintenance, MSCs are cultured for 3 more days in AMM and analyzed. A schematic illustration of the procedures is shown in FIG. 1. [156] To study the effects of immunomodulatory compounds on adipocyte differentiation, MSCs were differentiated in the presence of DMSO or varying concentrations of an immunomodulatory compound. DMSO and immunomodulatory compounds were added to the medium during the differentiation and maintenance steps. Phenotypic characterization of the cells for adipocyte markers, such as triglyceride content and adipokine secretion, was performed.

#### 6.1.2 PROTEIN SECRETION

[157] Leptin and adiponectin were measured using the quantikine human leptin and human adiponectin immunoassay kits (R&D Systems, Minneapolis, MN). To measure leptin secretion, 100 µl of medium was collected from the cell plates, diluted 2 or 5 times

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the manufacturer's protocols. Results were corrected for the dilution factor. For adiponectin secretion, 50 µl of medium was collected and directly analyzed.

#### OIL RED STAINING 6.1.3

[158] Fat content in adipocyte was quantified by Oil Red O staining. Cells were washed with PBS and fixed with 3.7% formaldehyde for 15 minutes. Lipid vacuoles were stained with 0.5% Oil Red O in 60% isopropanol for 30 minutes at 37°C. Cells were then washed three times with water and Oil Red O content was dissolved into 100% propanol. The optical density of the solution was measured at 510 nm.

# 6.1.4 MSC VIABILITY AND PROLIFERATION

[159] MSC viability was assayed using cell proliferation kit II (XTT) (Roche, Indianapolis, IN). MSC proliferation was assayed using 5-bromo-2'-deoxy-uridine labeling and detection kit III (BrdU) (Roche, Indianapolis, IN). MSCs have been seeded in 96 well plates and expanded for 2 days in presence of DMSO or varying concentrations of an immunomodulatory compound. XTT and BrdU were added to the cells for 20 hours. The viability and proliferation of MSCs were assayed following manufacturer's instructions.

#### 6.1.5 NORTHERN BLOT

[160] RNAs from MSC-derived adipocytes were isolated with RNeasy lipid tissue kit (Qiagen, Valencia, CA). Ten micrograms of total RNA were separated by electrophoresis on 1.2% agarose containing formaldehyde and transferred on a Hybond-XL membrane (Amersham Biosciences, Piscataway, NJ) by vacuum blotting. The membrane was subjected to hybridization with labeled probes using Express Hyb (BD Biosciences clontech, Palo Alto, CA). Probes were obtained by PCR using GetLarge full-length cDNA human placenta library (Genemed, San Francisco, CA) as a template and the following primers:

Leptin:

5'-cttcccactggafft-3' (forward);

5'-catccctcacctccttcaaa-3' (reverse)

Adiponectin: 5'-cccaggactgggaacatagcat-3' (forward);

5'-tcagcattcagtgtgggattgg-3' (reverse)

5'-acagtcagccgcatcttctt-3' (forward); GAPDH:

5'-gtcttctgggtggcagtgat-3' (reverse).

Probes were labeled with  $\alpha$ -32P dCTP, using Rediprime kit (Amersham Biosciences, Piscataway, NJ).



## 6.2.1 TRIGLYCERIDE ACCUMULATION

[161] Triglyceride accumulation was observed by microscopy, and quantified using Oil Red O staining. As shown in FIG. 2A, 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline does not alter the ability of the cells to accumulate triglyceride. Indeed, lipid vacuoles were both present in cells cultured with DMSO and 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline. Quantification of triglyceride accumulation using Oil Red O staining confirmed this result. As shown in FIG. 2B, no significant difference was observed in triglyceride accumulation in cells cultured with DMSO, 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline, or 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline.

#### 6.2.2 LEPTIN SECRETION

[162] The effects of immunomodulatory compounds on leptin secretion of adipocytes were examined. As shown in FIG. 3A, adipocytes differentiated in the presence of 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline, at a concentration of 2.5, 10, 25, or 50  $\mu$ M, secreted higher levels of leptin than the cells differentiated in DMSO. A dose dependent response was observed, with a maximum at 25  $\mu$ M.

[163] As shown in FIG. 3B, a similar result was observed for adipocytes differentiated in the presence of 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline, at a concentration of 0.1, 1, 2.5, or 10  $\mu$ M. Dose-dependent response was also observed, with a maximum at 10  $\mu$ M of 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline.

[164] Furthermore, as shown in FIG. 3C, both 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline and 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline enhanced dexamethasone induced leptin secretion, when dexamethasone was added to the cells for 15 hours at the end of differentiation. These results show that immunomodulatory compounds enhance leptin secretion in adipocytes.

# 6.2.3 ADIPONECTIN SECRETION

[165] Adiponectin secretion of adipocytes was examined, and the results are shown in FIG. 4. As shown in the figure, adipocytes differentiated in the presence of 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline or 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline showed lower levels of adiponectin secretion than the cells differentiated in DMSO. These results show that adiponectin secretion in adipocytes is down-regulated by immunomodulatory compounds.

[166] To examine whether the up-regulation of leptin secretion and down-regulation of adiponectin secretion are associated with the change of mRNA levels of these proteins, mRNA levels of leptin and adiponectin were determined using northern blot. As shown in FIG. 5, the presence of 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline or 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline dose-dependently increase the level of leptin mRNAs. Conversely, dose-dependent decrease in adiponectin mRNAs was also observed in adipocytes treated with those immunomodulatory compounds. GAPDH mRNA (control) showed no significant change. These results show that the change in leptin and adiponectin

# 6.2.5 MSC VIABILITY AND PROLIFERATION

secretion is associated with the change in mRNA levels of these proteins.

[167] The viability and proliferation of MSCs treated with DMSO or immunomodulatory compounds for 2 days were examined. The viability and proliferation were determined using XTT based calorimetric assay and BrdU incorporation assay, respectively. As shown in Figure 6, neither 1-oxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline nor 1,3-dioxo-(2,6-dioxopiperidin-3-yl)-4-aminoisoindoline caused significant change in cell viability and proliferation. These results suggest that the increase in leptin secretion caused by immunomodulatory compounds is not due to the regulation of cell viability or number by these compounds.

[168] All of the references cited herein are incorporated by reference in their entirety. While the invention has been described with respect to the particular embodiments, it will be apparent to those skilled in the art that various changes and modifications may be made without departing from the spirit and scope of the invention as recited by the appended claims.

[169] The embodiments of the invention described above are intended to be merely exemplary, and those skilled in the art will recognize, or will be able to ascertain using no more than routine experimentation, numerous equivalents of specific compounds, materials, and procedures. All such equivalents are considered to be within the scope of the invention and are encompassed by the appended claims.

#### **CLAIMS**

What is claimed is:

- 1. A method of treating, managing or preventing a disorder associated with a hypoleptinemic state, or symptoms thereof, which comprises administering to a patient in need of such treatment, management or prevention a therapeutically or prophylactically effective amount of an immunomodulatory compound, or a pharmaceutically acceptable salt, solvate, or stereoisomer thereof.
- 2. The method of claim 1, wherein the disorder is a metabolic or eating disorder, hypoleptinemia related neuroendocrine dysfunction, hypoleptinemia related immunodeficiency, hypothalamic amenorrhea, acromegaly, hypoleptinemia related infertility syndrome, skin damage, wound, long-term hemodialysis, or loss of hair.
- 3. The method of claim 2, wherein the metabolic or eating disorder is lipodystrophy syndrome or anorexia nervosa.
- 4. The method of claim 1, wherein the symptoms are neuroendocrine defects, immunodeficiences, high glucose and triglyceride levels, enlarged liver, amenorrhea, delayed puberty, hypothyroidism, hypercorticosolism, abnormal bone metabolism, or alteration in growth hormone axis.
- 5. The method of claim 1, wherein the immunomodulatory compound, or a pharmaceutically acceptable salt, solvate, or stereoisomer thereof, is administered in combination with a therapeutically or prophylactically effective amount of a second active agent.
- 6. The method of claim 5, wherein the second active agent is an antibiotic, a thiazolidinedione, dexamethasone, insulin, a hypoglycemic agent, a lipid lowering agent, fluoxetine, clomiphene citrate, a gonadotropins, GnRH, a corticosteroid, minoxidil, finasteride, amylin, pramlintide, or clomipramine.

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Pit The method of claim 6, wherein the antibiotic is chloramphenicol,
tetracycline, chlortetracycline, sulfasalazine, ampicillin, penicillin, or trimethoprimsulfamethoxazole.

- 8. The method of claim 6, wherein the hypoglycemic agent is metformin or TZD.
- 9. The method of claim 6, wherein the lipid lowering agent is a fibrate or a statin.
- 10. The method of claim 6, wherein the corticosteroid is betamethasone, clobetasol, amcinonide, desoximethasone, diflorasone, fluocinonide, halcinonide, mometasone, amcinonide, fluticasone, triamcinolone, fluocinolone, flurandrenolide, hydrocortisone, alclometasone, desonide, flumethasone, or pramoxine.
  - 11. The method of claim 6, wherein the second active agent is dexamethasone.
- 12. The method of claim 1, wherein the immunomodulatory compound is 4-(amino)-2-(2,6-dioxo(3-piperidyl))-isoindoline-1,3-dione.
- 13. The method of claim 12, wherein the immunomodulatory compound is enantiomerically pure (R) or (S) isomer.
- 14. The method of claims 1, wherein the immunomodulatory compound is 3-(4-amino-1-oxo-1,3-dihydro-isoindol-2-yl)-piperidine-2,6-dione.
- 15. The method of claim 14, wherein the immunomodulatory compound is enantiomerically pure (R) or (S) isomer.
- 16. The method of any one of claims 1, wherein the immunomodulatory compound is of formula (I):

$$H_2N$$
 $R^2$ 
 $N$ 
 $N$ 
 $N$ 
 $N$ 

- 17. The method of claim 16, wherein the immunomodulatory compound is enantiomerically pure.
- 18. The method of any one of claims 1, wherein the immunomodulatory compound is of formula (II):

$$\mathbb{R}^{1}$$
  $\mathbb{N}$   $\mathbb{R}^{2}$   $\mathbb{N}$   $\mathbb{N}$ 

wherein

one of X and Y is C=O and the other is CH<sub>2</sub> or C=O;

 $R^1 \text{ is H, } (C_1-C_8) \text{alkyl, } (C_3-C_7) \text{cycloalkyl, } (C_2-C_8) \text{alkenyl, } (C_2-C_8) \text{alkynyl, benzyl,} \\ \text{aryl, } (C_0-C_4) \text{alkyl-}(C_1-C_6) \text{heterocycloalkyl, } (C_0-C_4) \text{alkyl-}(C_2-C_5) \text{heteroaryl, } C(O)R^3, \\ C(S)R^3, C(O)OR^4, (C_1-C_8) \text{alkyl-}N(R^6)_2, (C_1-C_8) \text{alkyl-}OR^5, (C_1-C_8) \text{alkyl-}C(O)OR^5, \\ C(O)NHR^3, C(S)NHR^3, C(O)NR^3R^3, C(S)NR^3R^3, O(C_1-C_8) \text{alkyl-}O(CO)R^5; \\ \text{The substitution of the context of$ 

 $R^2$  is H, F, benzyl,  $(C_1-C_8)$ alkyl,  $(C_2-C_8)$ alkenyl, or  $(C_2-C_8)$ alkynyl;

 $R^3$  and  $R^3$ ' are independently  $(C_1-C_8)$ alkyl,  $(C_3-C_7)$ cycloalkyl,  $(C_2-C_8)$ alkenyl,  $(C_2-C_8)$ alkynyl, benzyl, aryl,  $(C_0-C_4)$ alkyl- $(C_1-C_6)$ heterocycloalkyl,  $(C_0-C_4)$ alkyl- $(C_2-C_5)$ heteroaryl,  $(C_0-C_8)$ alkyl- $N(R^6)_2$ ,  $(C_1-C_8)$ alkyl- $O(C_8)$ alkyl- $O(C_8)$ alkyl- $O(C_8)$ 5, or  $O(C_8)$ 6, or  $O(C_8)$ 7, or  $O(C_8)$ 8, are independently  $O(C_8)$ 8, alkyl- $O(C_8)$ 8, or  $O(C_8)$ 9, or

 $R^4 \ is \ (C_1-C_8) alkyl, \ (C_2-C_8) alkenyl, \ (C_2-C_8) alkynyl, \ (C_1-C_4) alkyl-OR^5, \ benzyl, \ aryl, \ (C_0-C_4) alkyl-(C_1-C_6) heterocycloalkyl, \ or \ (C_0-C_4) alkyl-(C_2-C_5) heteroaryl;$ 

 $R^5$  is  $(C_1-C_8)$ alkyl,  $(C_2-C_8)$ alkenyl,  $(C_2-C_8)$ alkynyl, benzyl, aryl, or  $(C_2-C_5)$ heteroaryl;

each occurrence of  $R^6$  is independently H,  $(C_1-C_8)$ alkyl,  $(C_2-C_8)$ alkenyl,  $(C_2-C_8)$ alkynyl, benzyl, aryl,  $(C_2-C_5)$ heteroaryl, or  $(C_0-C_8)$ alkyl- $C(O)O-R^5$  or the  $R^6$  groups join to form a heterocycloalkyl group;

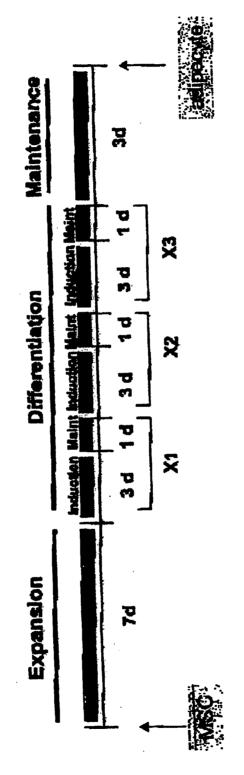
n is 0 or 1; and

<sup>\*</sup> represents a chiral-carbon center.

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The method of claim 18, wherein the immunomodulatory compound is
enantiomerically pure.

- 20. A pharmaceutical composition comprising an immunomodulatory compound, or a pharmaceutically acceptable salt, solvate, or stereoisomer thereof, and a second active ingredient, wherein the second active ingredient is an antibiotic, a thiazolidinedione, dexamethasone, insulin, a hypoglycemic agent, a lipid lowering agent, fluoxetine, clomiphene citrate, a gonadotropins, GnRH, a corticosteroid, minoxidil, finasteride, amylin, pramlintide, or clomipramine.
- 21. The pharmaceutical composition of claim 20, wherein the antibiotic is chloramphenical, tetracycline, chlortetracycline, sulfasalazine, ampicillin, penicillin, or trimethoprim-sulfamethoxazole.
- 22. The pharmaceutical composition of claim 20, wherein the hypoglycemic agent is metformin or TZD.
- 23. The pharmaceutical composition of claim 20, wherein the lipid lowering agent is a fibrate or a statin.
- 24. The pharmaceutical composition of claim 20, wherein the corticosteroid is betamethasone, clobetasol, amcinonide, desoximethasone, diflorasone, fluocinonide, halcinonide, mometasone, amcinonide, fluticasone, triamcinolone, fluocinolone, flurandrenolide, hydrocortisone, alclometasone, desonide, flumethasone, or pramoxine.
- 25. The pharmaceutical composition of claim 20, wherein the second active agent is dexamethasone.

Fig 1: MSC-derived adipocyte differentiation protocol



MSCBM suppl: 10 % serum, L-glu, Pen-Strep

AIM suppl: 10 % serum, ins, L-glu, Dex, Indomethacin, IBMX, Pen-Strep

AMM suppl: 10 % serum, Ins, L-glu, Pen-Strep

IMID 2 26 µM DMSO / IMID 1 / IMID 2 MiDi 2.5uM Minds 10uM Elimidi 10ªM Fig 2. Triglycerides accumulation 0.080 0,000 0.020 Triglyceride content (arbitrary units) P

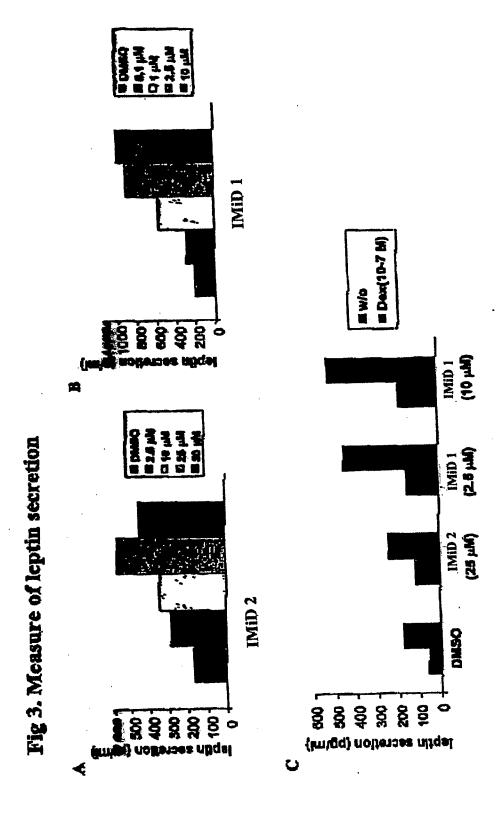
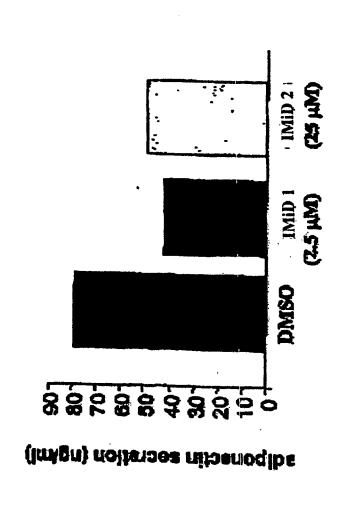
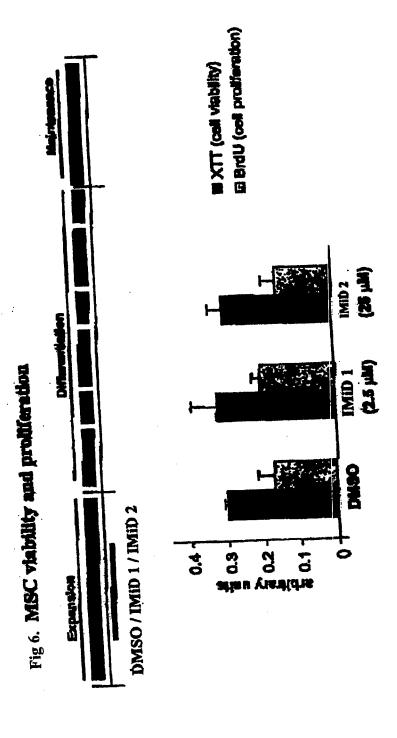


Fig 4. Measure of adiponectin secretion



IMID2 Fig 5. Leptin and adiponectin mRNA levels DMS() 0.25 uM 2.5 uM



#### INTERNATIONAL SEARCH REPORT

International application No PCT/US2006/035378

a. classification of subject matter INV. A61K31/00 A61K31/454 A61K45/06 A61P3/00 According to International Patent Classification (IPC) or to both national classification and IPC **B. FIELDS SEARCHED** Minimum documentation searched (classification system followed by classification symbols) A61K A61P Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched Electronic data base consulted during the international search (name of data base and, where practical, search terms used) EPO-Internal, WPI Data, BIOSIS, EMBASE, CHEM ABS Data C. DOCUMENTS CONSIDERED TO BE RELEVANT Category\* Citation of document, with indication, where appropriate, of the relevant passages Relevant to claim No. χ WO 03/034996 A2 (AMGEN INC [US]; DEPAOLI 1-6,8,9, ALEX M [US]; ORAL ELIF ARIOGLU [US]; 20,22,23 TAYLOR SI) 1 May 2003 (2003-05-01) abstract page 3, paragraph 10 page 5, paragraph 17 claims 6-11; examples Α GABAY CEM ET AL: "Leptin directly induces 1-6,8,9,the secretion of interleukin 1 receptor 20,22,23 antagonist in human monocytes' JOURNAL OF CLINICAL ENDOCRINOLOGY AND METABOLISM. vol. 86, no. 2, February 2001 (2001-02), pages 783-791, XP002419250 ISSN: 0021-972X abstract X Further documents are listed in the continuation of Box C. See patent family annex. Special categories of cited documents: "T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the "A" document defining the general state of the art which is not considered to be of particular relevance earlier document but published on or after the international "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to filing date document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified) involve an inventive step when the document is taken alone "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such docu-"O" document referring to an oral disclosure, use, exhibition or ments, such combination being obvious to a person skilled in the art. document published prior to the international filing date but later than the priority date claimed "&" document member of the same patent family Date of the actual completion of the international search Date of mailing of the international search report 14 February 2007 22/02/2007 Name and mailing address of the ISA/ Authorized officer European Patent Office, P.B. 5818 Patentlaan 2 NL – 2280 HV Rijswijk Tel. (+31–70) 340–2040, Tx. 31 651 epo nl, Fax: (+31–70) 340–3016 Hoff, Philippe

Form PCT/ISA/210 (second sheet) (April 2005)

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International application No
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C(Continua	tion). DOCUMENTS CONSIDERED TO BE RELEVANT	
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	LIN HUI ZHI ET AL: "Metformin reverses fatty liver disease in obese, leptin-deficient mice" NATURE MEDICINE, vol. 6, no. 8, September 2000 (2000-09), pages 998-1003, XP002419251 ISSN: 1078-8956 the whole document	1,2,4-6, 8,20,22
Х	WO 02/072092 A (UNIV KENTUCKY [US]; UNIV ARIZONA [US]) 19 September 2002 (2002-09-19) the whole document	1,2,4,5
А	DATABASE WPI Week 200229 Derwent Publications Ltd., London, GB; AN 2002-241704 XP002419253 & WO 02/11725 A1 (SHIONOGI & CO LTD) 14 February 2002 (2002-02-14) abstract	1,2,4,5
X	WO 02/059106 A (CELGENE CORP [US]; ROBARGE MICHAEL J [US]; CHEN ROGER SHEN-CHU [US]; M) 1 August 2002 (2002-08-01) cited in the application abstract page 84, line 25 - page 86, line 11; claims	20,21, 24,25
X	WO 2004/037199 A2 (CELGENE CORP [US]; ZELDIS JEROME B [US]; FALECK HERBERT [US]; MANNING) 6 May 2004 (2004-05-06) abstract page 20, line 10 - page 22, line 12; claims	20,24,25
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Ρ,Χ	W0 2005/105088 A (CELGENE CORP [US]; ZELDIS JEROME B [US]) 10 November 2005 (2005-11-10) abstract page 27, line 23 - page 28, line 22; claims	20,23

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# INTERNATIONAL SEARCH REPORT

Box II Observations where certain claims were found unsearchable (Continuation of item 2 of first sheet)								
This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:								
1. χ Claims Nos.: because they relate to subject matter not required to be searched by this Authority, namely:								
Although claims $1\!-\!19$ are directed to a method of treatment of the human/animal body, the search has been carried out and based on the alleged effects of the compound/composition.								
2. Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:								
3. Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).								
Box III Observations where unity of invention is lacking (Continuation of item 3 of first sheet)								
This International Searching Authority found multiple inventions in this international application, as follows:								
As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.								
2. As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.								
3. As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:								
4. No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:								
sounded to the mountained in the didning it is develod by signification.								
Remark on Protest  The additional search fees were accompanied by the applicant's protest.								
No protest accompanied the payment of additional search fees.								

# INTERNATIONAL SEARCH REPORT

Information on patent family members

International application No
PCT/US2006/035378

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