

HIPAA Security Guidelines



3 Key Safeguards:

Physical Safegaurds

this protects the physical security of their offices where PHI or ePHI may be stored or maintained. Some examples are: alarm systems, security systems, locking areas where PHI is stored.



Technical Safeguards

this protects ePHI from the threat of cyberattacks. Some examples include: firewall, data encryption, and data backup.

Administrative Safeguards

this ensures that staff members are properly trained to execute the security measures you have in place. These safeguards should include policies and procedures that document the security safeguards you have in place, as well as employee training on those policies and procedures.



Addressing HIPAA Cybersecurity

HIPAA regulations developed strict guidelines for standards that must be carried out in order to keep protected health information (PHI) secure.

“ The Cottage settlement reminds us that information security is a dynamic process and the risks to ePHI may arise before, during, and after implementing covered entity makes system changes”

- Roger Severino, OCR Director

The guidance identifies the following ten practices to alleviate the most impactful cybersecurity threats:



Email Protection Systems



Endpoint Protection System



Access Management



Data Protection & Loss Prevention



Asset Management



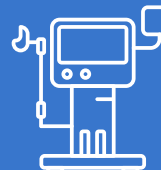
Network Management



Vulnerability Management



Incident Response



Medical Device Security



Cybersecurity Policies



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