

LIVWELL

Updates



Total Reward Statements

- Total Reward Statements will be distributed this month.
- Statements are provided to non-bargaining unit employees hired before July 1, 2022.
- FAQs, sample statements and employee communications will be provided to HR the week of February 15. Look for these resources in an upcoming email from your HR Department.
- Salaried employees will receive an email with online access instructions on February 25.
- Hourly employee's statements will be mailed approximately the week of March 1.



NEW 2023 BENEFITS!



***NEW* Pet Insurance Effective 1/1/2023**

Pet Insurance through ASPCA

(877) 343-5314

Code: EBLENNOX

ASPCApetinsurance.com/lennox

[Click here to learn more](#)



***NEW* Omada Health Effective 1/1/2023**

New Diabetes & Hypertension Provider

Omadahealth.com/Lennox

Use your Medical ID Number to Register



Say *ahhh* to virtual primary care.

From quick check-ups to full work-ups, now you can get everything you expect from a doctor's appointment, except the office. See a doctor, therapist, or psychiatrist at anytime from your smartphone, tablet, or computer.

Get started by visiting DoctorOnDemand.com/Lennox

Welcome to Doctor On Demand.

From virtual primary care to behavioral health care, we've got you covered. Connect with board-certified doctors, psychiatrists, and therapists who are rated 4.9/5 stars by members like you.

Medical Visits

\$30*

Therapy Visits

\$30*

Psychiatry Visits

\$30*

Virtual Primary Care Services are available to non-union employees** starting 1/1/22.

**With the exception of those ineligible

Getting primary care has never been easier.



Connect face-to-face with your virtual primary care doctor from your smartphone, tablet, or computer



Get a diagnosis and treatment plan, manage chronic conditions, or check in with a wellness visit at anytime

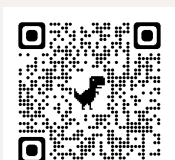


Have prescriptions sent to the pharmacy of your choice, and lab orders to your nearest location

Get started

Join Doctor On Demand® in 3 easy steps.

1. Go to doctorondemand.com/Lennox
2. Sign up and create an account
3. Add your coverage



Our board-certified doctors are your first stop for everyday care from the comfort of your home.

PRIMARY CARE

- Wellness visits
- Labs and screenings
- Chronic care
- Diet and nutrition
- Rx management
- Referrals

URGENT CARE

- Cough
- Cold and flu
- Sinus infections
- Skin rashes
- Asthma
- Urinary tract infections

BEHAVIORAL HEALTH

- Anxiety
- Stress
- Depression
- Trauma
- PTSD
- Bipolar disorder

Scan the QR code to get started.

Building a Thriving Life



Interested in Financial Wellness? Join an upcoming Financial Forum this month to help you plan ahead.

- Understanding Tax Returns - [February 14th](#)
- Retirement Planning - [February 23rd](#)

FEBRUARY

Understanding Tax Returns

February 14th. Register here: [9 am PT](#) | [12 pm PT](#)

For most taxpayers, tax season usually amounts to “How much is my refund?” or “How much do I owe?” We’ll cover how income tax is calculated, types of adjustments/ deductions, and ways to reduce taxation. We will also review any tax law changes and explore some common mistakes that could be avoided with proper planning.

Retirement Planning: Getting Started

February 23rd. Register here: [9 am PT](#) | [12 pm PT](#)

Whether you are at the beginning or near the end of your career, the most important first step toward building a retirement plan is creating or establishing a savings goal. Knowing that there are many competing needs or wants for the dollars you save, we will review goal-setting strategies that can help you stay on track. We will also review common types of investment accounts for your savings.