

# Resignation Letter For Toxic Workplace

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[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[Date]

[Manager's Name]

[Company Name]

[Company Address]

[City, State, Zip Code]

Dear [Manager's Name],

I am writing to formally resign from my position at [Company Name], with my last day being [Date, typically two weeks from the date of the letter].

This decision has not been easy and comes after considerable thought about my professional journey and personal well-being. While I have cherished the opportunity to work with a talented team and contribute to our shared goals, I find that the current work environment is not conducive to my professional growth or mental health.

I believe it is in my best interest to step back and explore new opportunities where I can continue to grow and thrive in a positive and supportive environment. I am grateful for the valuable experiences and skills I have gained during my time at [Company Name] and for the professional relationships I've developed.

I am committed to ensuring a smooth transition and will do everything in my power to hand over my responsibilities effectively. I am willing to assist in the training of my replacement or help in any other way to minimize the impact of my departure.

Please let me know how I can assist during this transition period. I wish [Company Name] and all my colleagues the best, and I hope for the company's continued success.

Thank you for the opportunity to be part of [Company Name].

Sincerely,

[Your Name]