

## PHYSICAL THERAPIST

San Diego FC (<u>San Diego FC</u>) is the newest member of the MLS family. As part of the unique <u>Right to Dream</u> model and the <u>Sycuan</u> Tribe's deep roots, we are proud to be building a San Diego-centric soccer organization that honors our history and celebrates emerging excellence.

### SUMMARY:

The Club Physical Therapist will be primarily responsible for the rehabilitation of the Player. The Physical Therapist will report directly to the Chief Medical Officer and Head Athletic Trainer/Head of Medical. Under that supervision, the Physical Therapist will coordinate rehabilitation, evaluations, plan of care, progress notes, and discharge notes on all Players. These notes need to be kept on file in the MLS electronic medical record (EMR).

#### Key Responsibilities:

- Develop and implement individualized physical therapy treatment plans for San Diego FC athletes.
- Conduct thorough assessments of athletes' physical conditions to diagnose issues and plan interventions.
- Provide hands-on therapy, including manual therapy techniques, to alleviate pain and restore function.
- Oversee rehabilitation programs to ensure athletes' safe and effective return to play.
- Collaborate with team physicians and other healthcare professionals to coordinate comprehensive care.
- Educate athletes on injury prevention techniques, proper body mechanics, and performance enhancement strategies.
- Maintain detailed records of athletes' treatment plans, progress notes, and outcomes.
- Ensure the physical therapy facilities and equipment are properly maintained and stocked.
- Stay current with advancements in physical therapy practices and incorporate evidence-based techniques.
- Participate in the planning and implementation of strength and conditioning programs to optimize athletic performance and prevent injuries.

#### QUALIFICATIONS:

Candidates can meet the requirements with a combination of experience in the following areas:

- Doctor of Physical Therapy degree.
- Passed National Physical Therapy Exam
- Possess personal professional liability insurance
- Active, credentialed and licensed in the state(s)/province(s) where the Club has home matches or trains (CA)
- CPR certification for Health Care Provider
- Preferred APTA OCS, SCS or NATABOC Certified Athletic Trainers/Therapists, CSCS, and/or PES, Certified Performance Sport Specialist (CPSS)
- 3+ years' experience in elite soccer.
- Extensive experience in soccer player rehabilitation and manual treatment.
- Excellent verbal and written communication skills
- Knowledge and experience utilizing and integrating medical technologies
- Experience of medical data management systems to ensure the secure and efficient collection, storage and front-end utilization.
- Strong medical knowledge and its application to soccer
- Strong organizational and time management skills
- Bi-lingual (Spanish/English) or multi-lingual skills is a plus.

# ABOUT SAN DIEGO FC:

Our **VISION** is to be the epicenter of football excellence and innovation in North America. Our **MISSION** is to create opportunities for talent to flourish and San Diego to shine.

We value community, diversity, and acting with purpose. We are looking for leaders at all levels to co-create the culture of a new organization that is built on the premise that you can discover, understand, and re-define excellence by nurturing talent and creating opportunity anywhere – specifically though soccer.

Globally, Right to Dream partners with talented young people to give them a nurturing environment to flourish and thrive. We do this through a holistic model of athletic development, where young people grow as human beings and great footballers. RTD's promise is set out in their <u>Manifesto</u>: a set of 8 commitments which will be central to the San Diego FC ethos from the front office to the field, when games start at Snapdragon Stadium in 2025.

This is an opportunity to be a part of a great team building something meaningful for San Diego. We offer excellent benefits including health coverages with generous company contributions, over 30 days of paid time off, and a 4% company match on your 401(k). Soccer is humanity and together, we can make a meaningful impact both on and off the field, fostering a culture that embraces excellence and equal opportunities. SDFC is an Equal Opportunity Employer.

Apply at <u>JointheTeam@SanDiegoFC.com</u> – reference Physical Therapist