



## PERFORMANCE SCIENTIST

San Diego FC ([San Diego FC](#)) is the newest member of the MLS family. As part of the unique [Right to Dream](#) model and the [Sycuan](#) Tribe's deep roots, we are proud to be building a San Diego-centric soccer organization that honors our history and celebrates emerging excellence.

### **SUMMARY:**

Reporting to the Head of Physical Development, the Performance Scientist applies scientific principles to enhance athletic performance and support the physical development of San Diego FC athletes. This role involves conducting research, analyzing performance data, and implementing evidence-based strategies to improve training, recovery, and overall athletic performance.

### **Key Responsibilities:**

- Conduct performance testing and monitoring to assess athletes' physical capacities and progress.
- Assist the development and implementation of evidence-based training programs tailored to the specific needs of San Diego FC athletes.
- Analyze performance data using sports science technologies to provide insights for optimizing training and recovery.
- Collaborate with coaches, medical staff, and strength and conditioning specialists to design integrated training plans.
- Research and apply the latest advancements in sports science to enhance performance and reduce injury risk.
- Educate athletes and staff on scientific principles related to performance, recovery, and injury prevention.
- Maintain accurate records of performance metrics, training loads, and recovery data.
- Provide real-time feedback and recommendations during training sessions and matches.
- Stay current with sports science research and advancements to ensure best practices are applied.
- Support the development of a data-driven approach to athlete management and performance enhancement.

## QUALIFICATIONS:

Candidates can meet the requirements with a combination of experience in the following areas:

- Bachelor/Master's degree in exercise science or related field.
- Professional certification from a recognized body (CSCS, NSCA, ASCA)
- CPSS certification.
- CPR/AED certification.
- HIPAA compliance Course and Health Information Certification required.
- 3+ years' experience in elite sports.
- Extensive experience in data handling and analysis.
- Extensive experience in data visualization with PowerBI or similar.
- Excellent verbal and written communication skills
- Strong organizational and time management skills
- Bi-lingual (Spanish/English) or multi-lingual skills is a plus.

## ABOUT SAN DIEGO FC:

*Our **VISION** is to be the epicenter of football excellence and innovation in North America. Our **MISSION** is to create opportunities for talent to flourish and San Diego to shine.*

We value community, diversity, and acting with purpose. We are looking for leaders at all levels to co-create the culture of a new organization that is built on the premise that you can discover, understand, and re-define excellence by nurturing talent and creating opportunity anywhere – specifically though soccer.

Globally, Right to Dream partners with talented young people to give them a nurturing environment to flourish and thrive. We do this through a holistic model of athletic development, where young people grow as human beings and great footballers. RTD's promise is set out in their [Manifesto](#): a set of 8 commitments which will be central to the San Diego FC ethos from the front office to the field, when games start at Snapdragon Stadium in 2025.

This is an opportunity to be a part of a great team building something meaningful for San Diego. We offer excellent benefits including health coverages with generous company contributions, over 30 days of paid time off, and a 4% company match on your 401(k). Soccer is humanity and together, we can make a meaningful impact both on and off the field, fostering a culture that embraces excellence and equal opportunities. SDFC is an Equal Opportunity Employer.

Apply at [JointheTeam@SanDiegoFC.com](mailto:JointheTeam@SanDiegoFC.com) – reference Performance Scientist