



headspace Presentation Request Form

Organisation Name:	
Organisation Address:	
Name of Requester:	
Position of Requester:	
Phone:	
Email:	

Details of Request:

Date of proposed event:		Event/Presentation Start Time:	
Alternate date(if applicable)		Event/Presentation Finish Time:	
Age range/year group		Number of Participants:	

What would you like us to do? Please tick box/boxes

<p>Power Point Presentations Available:</p> <p><input type="checkbox"/> An introduction to Mental Health</p> <p><input type="checkbox"/> Tips for a Healthy headspace</p> <p><input type="checkbox"/> Meet headspace</p> <p><input type="checkbox"/> Stress</p> <p><input type="checkbox"/> Bullying</p> <p><input type="checkbox"/> Anxiety</p> <p><input type="checkbox"/> Depression</p> <p><input type="checkbox"/> Body Image and Eating</p> <p><input type="checkbox"/> Understanding Grief</p> <p><i>All presentations appropriate for young people aged 12-25 years</i></p>	<p>Pop Up Shop:</p> <p><input type="checkbox"/> Recess or lunch visit</p> <p><input type="checkbox"/> 2 x headspace staff</p> <p><input type="checkbox"/> Set up Marquee in playground</p> <p><input type="checkbox"/> Disseminate Fact Sheets</p> <p><input type="checkbox"/> Disseminate merchandise</p> <p><i>*Note: Pop Up Shops will only be offered in conjunction with a presentation (and will be offered on the same day as the presentation)</i></p>	<p>Capacity Building</p> <p><input type="checkbox"/> Meeting with the SRC for mental health literacy education</p> <p><input type="checkbox"/> Meeting with identified "Student Champions" for mental health literacy education</p> <p><input type="checkbox"/> Meet with relevant students to provide input into mental health framework for student population</p> <p><i>Capacity building involves headspace supporting identified school champions to provide relevant information to other students on mental health service</i></p>	<p>headspace School support: (Suicide Postvention for Teachers)</p> <p><input type="checkbox"/> Phone and email support</p> <p><input type="checkbox"/> Preparing a school in the event of a suicide occurring</p> <p><input type="checkbox"/> Staff capacity building around the issues of suicide</p> <p><input type="checkbox"/> Staff and parent information sessions</p> <p><input type="checkbox"/> Evidence based resources, including range of fact sheets</p> <p><input type="checkbox"/> Comprehensive postvention toolkit</p> <p><input type="checkbox"/> Assistance with critical incident review</p> <p><input type="checkbox"/> Education and training related to suicide</p> <p><input type="checkbox"/> Media liaison and advice</p> <p><i>If you would like support in these areas, we will provide your contact details to the headspace School Support Service.</i></p>
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*All requests will be subject to availability and approval process. You will be contacted to discuss your request.

Please email your request to CCLHD-HeadspaceYAT@health.nsw.gov.au
 And for any further enquiries, contact headspace Gosford on 02 43047870