

Integrating dental and medical plans for healthier employees

Dental health has a significant, direct impact on our overall health. Through the Oral Health for Overall HealthSM program, our dental and medical plans work together to help your employees live healthier.

Employees with eligible medical conditions (see table below) are automatically enrolled in the program based on their medical claims. Program benefits include preventive and periodontal services, outreach and education, and specialized medical care programs.

Mayo Clinic researchers found that members enrolled in a similar medical and dental care integration program experienced **25%-36% lower inpatient medical costs** and achieved **better health outcomes**.¹

Better health for employees—lower costs for everyone

- **Improved health outcomes:** Better oral health can reduce the severity of the conditions listed below.
- **Lower medical costs:** For members with qualifying medical conditions, Oral Health for Overall Health can help lower costs associated with their condition.¹
- **Valuable benefits:** The program includes dental services valued at more than \$1,000.
- **No additional cost:** Program services are covered 100% (in-network) with no out-of-pocket expenses or waiting periods. Services don't count toward the annual maximum.

Employees who do not have Florida Blue health coverage can easily enroll online.

Eligible medical conditions	Two additional cleanings or periodontal maintenance visits, plus:		
	Periodontal scaling covered 100%	Enhanced cleaning to remove excess plaque buildup	Oral health screenings; fluoride treatments
Chronic obstructive pulmonary disease	✓	✓	
Coronary artery disease	✓	✓	
Diabetes	✓	✓	
End-stage renal disease	✓	✓	
Metabolic syndrome	✓	✓	
Oral, head, and neck cancers		✓	✓
Pregnancy	✓	✓	
Sjögren's syndrome		✓	✓
Stroke	✓	✓	



To learn more, visit floridabluedental.com/oral-health.

¹Borah, B.J., Brotman, S.G., Dholakia, R., Dvoroznak, S., Jansen, M.T., Murphy, E.A., Naessens, J.M. (2022, March) "Association Between Preventive Dental Care and Healthcare Cost for Enrollees With Diabetes or Coronary Artery Disease: 5-Year Experience." *Compendium* 2022;43(3): 130-139.

Dental plans are offered by Florida Combined Life Insurance Company, Inc. (FCL), an affiliate of Florida Blue and an Independent Licensee of the Blue Cross and Blue Shield Association.

Florida Blue, Florida Blue HMO, Florida Blue Preferred HMO (collectively, "Florida Blue"), Florida Combined Life and the Blue Cross and Blue Shield Federal Employee Program® (FEP) comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. We do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). FEP: Llame al 1-800-333-2227.

ATANSYON: Si w pale Kreyòl ayisyen, ou ka resewva yon èd gratis nan lang pa w. Rele 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770). FEP: Rele 1-800-333-2227.