



Dallas Center-Grimes Community School

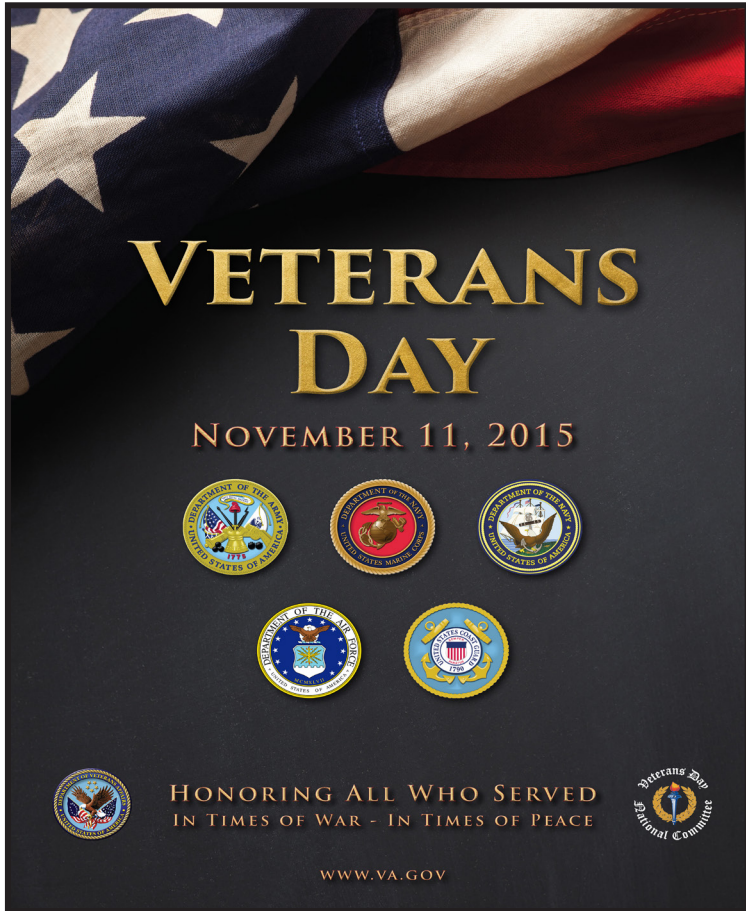
Mustang Monthly



“Empowering Students to Take Charge of Their Futures”

Volume 18, Issue 3

November 2015



Veterans Day Celebrations

Middle School Veterans Day Breakfast and Assembly

Wednesday, November 11, 2015
 Breakfast - 7:30-8:00 a.m. in DC-G Middle School Media Center
 Assembly - 8:15 a.m. in DC-G Middle School Gymnasium

Veterans and guests, please RSVP to Julie Morgan Kopecky at jkopecky@dc-grimes.k12.ia.us or 992-4343 by 11/4/15.

High School Veterans Day Assembly

In coordination with the DC-G HS Social Studies Department, DC-G High School will continue to promote the importance of celebrating our nation and its people. In September, we focused on our nation's Constitution in celebrating Constitution Day. In November, DC-G will hold our annual celebration of Veterans Day on:

Wednesday, November 11, 2015
 9:30 a.m.
 DC-G High School Auditorium

Originally called Armistice Day to commemorate the end of World War I, Veterans Day now honors all those who have defended our nation. We would like to extend an invitation to all those in the community to come honor our veterans on this day.

School Schedule at a Glance

Tuesday, November 3 - 2:30 p.m. Early Dismissal for Parent Teacher Conferences
 Wednesday, November 11 - 1:00 p.m. Early Dismissal for Staff Professional Development
 Wednesday, November 25 through Friday, November 27 - No School for Thanksgiving Break

Parent Teacher Conferences

Thursday, October 29 and Tuesday, November 3 – 2:30 p.m. dismissal with conferences held from 3:00 p.m. – 8:00 p.m.

Many Thanks For Supporting Our Homecoming Festivities !

A big thank you needs to be extended to all the students in Student Council and National Honor Society for all of their amazing, hard work throughout homecoming week to promote such a sense of pride and school spirit in our buildings. Thank you to Mr. Justmann and Mr. Watson for all of their guidance and support the entire week. Thank you to all the staff members that volunteered their time to make homecoming a memorable week for the students. Thank you to the students for having such a great time all week in such a positive way. Finally, thank you to the Dallas Center-Grimes community members for all of your support for our tremendous students and staff throughout our district. For more information on the homecoming festivities see page 5.

DC-G Grads Making a Difference

Do you know a DC-G graduate who is making a difference in our community/ state/country/world? We would like to start a tradition of recognizing our grads that have left our halls and gone on to make the world a better place – be it locally or worldwide. If you have someone who deserves recognition for the work they are doing, please email their name, year of graduation and some of their accolades to Cary Justmann at cjustmann@dc-grimes.k12.ia.us.

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SchoolMessenger Notification Service

The Dallas Center-Grimes School District is using SchoolMessenger as its Parent Notification system, a leading provider of notification services for parent outreach, emergency broadcasts, and other communications for education.

The SchoolMessenger system is designed to automatically notify parents for reasons that impact the safety and academic performance of students. SchoolMessenger will allow us to enhance our communication with additional features, such as text messages and individual parent control of who receives messages and how they are received.

Student Assistance Program

Free, confidential program for DCG students! The Student Assistance Program has counselors available 24 hours/day and seven days a week for a phone consultation and extensive hours for in person sessions. A student and/or their parents can make the contact that allows for three visits per year per issue. Call 515-244-6090.

District Celebrations

At the beginning of the year we had an all staff training day, and staff had the opportunity to share celebrations of the Dallas Center – Grimes School District. Throughout the year, we will be sharing these with you as well. Look for them scattered throughout the pages in the Mustang Monthly with #DCGexcellence following them.

Class of 2012 Cumulative Records

It is time to clean out the storage room and cumulative records! The school keeps and maintains permanent records on every student forever but only keeps cumulative records for three years. We will be disposing of cumulative records for the 2012 graduation year. If you graduated in 2012 and would like your cumulative record, you may pick it up at the high school office. Please call the high school office at 986-9747. Any cumulative records remaining by December 2015 will be destroyed.

Nondiscrimination Statement

Students, parents, employees and others doing business with or performing services for the Dallas Center-Grimes Community School District are hereby notified that this school district does not discriminate on the basis of race, color, creed, religion, gender, national origin, sexual orientation, gender identity, disability, age (for employment), marital status (for programs), or socio-economic status (for programs) in admission or access to, or treatment in, its programs and activities or hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), §504 or Iowa Code §280.3 is directed to contact: Mitzi Chizek, 1414 Walnut St. Suite 200, Dallas Center, Iowa 50063, telephone: 515-992-3866, who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, §504 and Iowa Code §280.3

Iowa Sex Offender Registry

Many communities in Iowa, including Dallas Center and Grimes, have residents living in the community that are on the Iowa Sex Offender Registry. We are aware of residents living in Grimes and in Dallas Center that are on the sex offender register, although we no longer receive any official notification. We want to make you aware of the situation so you can discuss it with your child(ren).

The sex offender register is available online at <http://www.iowasexoffender.com/>. Parents are encouraged to be aware of this information by accessing this website. If you do not have access to the Internet, or need assistance in accessing this information, please contact 992-3866. If you are unable to access this information, we will provide the information verbally or send copies of the information in the mail.

Please be aware that this notification is to serve only as a means for the public to protect themselves. Any action taken by anyone against these individuals, including vandalism of property, verbal or written threat of physical harm, or physical assault against these individuals or their families can result in arrest and prosecution.

Dallas Center-Grimes Community School District Offices

Elementary Offices

Patty Morris, Principal/South Prairie Elementary Bldg.

E-mail: pmorris@dc-grimes.k12.ia.us

Telephone Number: (515) 986-4057

Fax Number: (515) 986-4532

500 SW James Street, Grimes, Iowa 50111

Office Hours: 7:30 a.m. – 4:00 p.m.

April Heitland, Principal/North Ridge Elem. Building

E-mail: aheitland@dc-grimes.k12.ia.us

Telephone Number: 515-986-5674

Fax Number: 515-986-5376

400 N.W. 27th Street, Grimes, Iowa 50111

Office Hours: 7:30 a.m. – 4:00 p.m.

Diann Williamson, Principal/Dallas Center Elem. Bldg.

E-mail: dwilliamson@dc-grimes.k12.ia.us

Telephone Number: (515) 992-3838

Fax Number: (515) 992-3467

1205 13th Street, P.O. Box 400, Dallas Center, Iowa 50063

Office Hours: 7:30 a.m. – 4:00 p.m.

Middle School Office

Jerry Hlas, Principal

E-mail: jhlas@dc-grimes.k12.ia.us

Telephone Number: (515) 992-4343

Fax Number: (515) 992-4076

1400 Vine Street, P.O. Box 608, Dallas Center, Iowa 50063

Office Hours: 7:30 a.m. – 4:00 p.m.

Meadows Office

Lori Phillips, Principal

E-mail: lphillips@dc-grimes.k12.ia.us

Telephone Number: (515) 986-0105

Fax Number: (515) 986-3155

2555 W. 1st Street, Ste. 200, Grimes, Iowa 50111

Office Hours: 7:30 a.m. – 4:00 p.m.

High School Office

Cary Justmann, Principal

E-mail: cjustmann@dc-grimes.k12.ia.us

Telephone Number: (515) 986-9747

Fax Number: (515) 986-9734

2555 W. 1st Street, Grimes, Iowa 50111

Office Hours: 7:30 a.m. – 4:00 p.m.

Central Office/Business Office

Scott Grimes, Superintendent

E-mail: sgrimes@dc-grimes.k12.ia.us

Telephone Number: (515) 992-3866

Fax Number: (515) 992-3079

1414 Walnut Street, Suite 200, P.O. Box 512

Dallas Center, Iowa 50063

Office Hours: 7:30 a.m. – 4:30 p.m.

Golden Apple Awarded to DCG Teacher

On September 8th, Channel 13 News and Nationwide Insurance visited Meadows to present the Golden Apple Award to one of our most passionate and dedicated educators. Ariana Krueger was the deserving recipient of this special recognition. Maddie Duey, a ninth-grader, nominated Mrs. Krueger after she had been in her class for only a few short weeks. She wrote to the television station to tell them about the variety of fun and motivating activities that occur in eighth grade science. Maddie mentioned that one of her favorite lessons is when Mrs. Krueger climbs into a dunk-tank each period to show the students how density works. Maddie shared that she looked forward to going to science every day because Mrs. Krueger made science interesting and fun!

Besides teaching eighth grade science, Mrs. Krueger coaches cross country, creates the 8/9 yearbook, runs a voluntary summer running club, leads the positive climate team, and is a PLC Leader. Mrs. Krueger has dedicated her life to educating young adolescents, and we are extremely fortunate to have her in our district!



Professional Development

Professional development for staff is very important to advance our learning and practices and therefore, increase student learning.

For the 2015-2016 school year, the elementary is refocusing on effective reading instruction. The secondary is continuing the focus of learning additional strategies to increase complex reading and writing for our students. Authentic Literacy is the backbone, or spine, to increase our students' engagement in higher order thinking, including critical thinking and problem solving.

The science curriculum committees and English Language Arts (ELA) will be meeting throughout the year to align content and skills to the Iowa Core as well as look at vertical alignment.

The state of Iowa has recently adopted the Next Generation Science Standards (NGSS). There will be many changes in our science curriculum K-12 over the next few years. The biggest change will be in the elementary and middle school. Previously, the Iowa Core had science content organized by grade bands, i.e. K-2 and 3-5. The NGSS has specific content identified for each grade level. At the middle school, it was also grade bands (6-8) with Earth Science at sixth, Life Science at seventh, and Physical Science at eighth. With the adoption of NGSS, each grade will teach all three strands of Science in an integrated approach.

If you have questions or comments, please contact Heather Nerem at hnerem@dc-grimes.k12.ia.us for elementary or Mitzi Chizek at mchizek@dc-grimes.k12.ia.us for secondary.

School Improvement Advisory Committee (SIAC)

DCG has very supportive parents and community members. Our SIAC group has been very involved in recommending education needs and goals to our school board. Last year, we started placing our members on a 3-year rotation, therefore, this year we have many members leaving that have served for several years.

WE NEED YOU to be part of something great! WE NEED YOU to learn more about the education at DCG! WE NEED YOU to make recommendations to the school board! Join our School Improvement Advisory Committee! Please call Mitzi Chizek at 992-3866 or email to mchizek@dc-grimes.k12.ia.us if you would like to be a part of this committee. Males are especially encouraged to join to provide a gender balance.

The first meeting of the School Improvement Advisory Committee will be held on Monday, November 9 from 6:30-8:00 p.m. in the board room at North Ridge Elementary in Grimes. We will meet five times throughout the school year. The purpose of this committee is to make recommendations to the board about the following components:

- Major educational needs
- Student learning goals
- Long range goals
- Harassment and bullying prevention goals, programs, training and other initiatives

Will also serve to make recommendations regarding multi-culture, gender fair issues, and gifted and talented.

During these meetings, we will be reviewing a variety of data and information to make these recommendations.



DCG eBackpack

Can't find the bottom of the backpack for handouts? When are the athletic and fine arts camps? We have the answer! A helpful link on the school website is DC-G eBackpack. No longer will you wonder if your child has lost an important handout! All information regarding upcoming fundraisers, camp registrations, library programs, youth sports camps, and much more can be found by visiting the DC-G eBackpack page for your child's specific school building. You can access the direct link from the right side menu or by clicking the "Parent Info" tab along the top of this page. You can subscribe to the eBackpack for your child's school to get automatic email updates every time new information is published.

Iowa Assessment Social Studies

Dallas Center-Grimes completed the Iowa Assessments for the 2014-15 School year. In the charts below, the percent of students that scored in the proficient range has been determined. The light gray cells are where 80% or more of the students scored in the proficient range. The dark gray cells are where 90% or more of the students were considered proficient. As you can see, overall our students perform very well. Thank you to the parents, teachers, and administration who all work together for the success of each individual child!

	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th
2002-03	88.9%	91.0%	81.8%	84.6%	77.6%	84.8%	83.2%	Not Tested	88.1%
2003-04	81.2%	93.7%	82.2%	80.7%	82.6%	79.3%	83.5%	82.0%	83.5%
2004-05	80.7%	95.7%	85.8%	82.3%	75.8%	82.1%	79.8%	79.6%	89.5%
2005-06	83.3%	89.5%	86.7%	89.1%	84.1%	79.5%	86.4%	77.6%	86.8%
2006-07	89.3%	92.4%	86.5%	81.9%	81.0%	76.8%	86.2%	77.3%	85.2%
2007-08	83.8%	92.0%	93.3%	85.9%	83.7%	90.0%	75.8%	73.1%	83.6%
2008-09	92.8%	90.1%	91.6%	83.9%	82.4%	81.6%	76.2%	72.8%	68.5%
2009-10	90.3%	90.9%	94.8%	84.6%	89.8%	89.5%	84.6%	84.1%	81.3%
2010-11	Not Tested	Not Tested	Not Tested	Not Tested	Not Tested	Not Tested	Not Tested	Not Tested	Not Tested
2011-12	90.3%	95.1%	88.6%	86.0%	87.2%	86.3%	94.4%	93%	91.9%
2012-13	88.5%	92.7%	88.7%	81.2%	87.2%	74.7%	94.6%	93.7%	93.7%
2013-14	91.8%	92.2%	83.5%	75.0%	80.1%	80.2%	92.0%	94.6%	88.6%
2014-15	92.0%	90.4%	86.4%	81.9%	84.7%	73.1%	93.6%	91.4%	86.7%

Our students are able to participate in so many different activities, and they don't have to sacrifice one or the other. They can be in sports and fine arts, and make it work, because the coaches/leaders of the activities work together.
#DCGexcellence



Negotiating Your Way Towards Financial Peace

Have you ever tried to bargain, or negotiate, your way to a lower price? If you did, were you very successful? If you weren't, you probably didn't utilize Dave Ramsey's seven basic rules to negotiating.

Let's be honest, you aren't going to go out of your way to lower the price on your \$1.49 candy bar at the gas station. But when you are going for those big ticket items, such as a car or that brand-new La-Z-Boy you plan to watch Sunday Night Football in, it never hurts to try and talk the price down. The first rule to negotiating is to maintain your walk away power. The moment you get emotionally attached to the item, you have lost the deal. Secondly, use the power of cash to make the deal. Cash is a very visual tool, offering an immediate transaction while avoiding the threat of debt that credit cards bring. Always remember that silence is golden. When making a deal, just be quiet and shut up sometimes. You would be surprised at how the price will drop once the awkward silence sets in. Once the deal starts to lower, you can use our fourth tip and say, "That's not good enough." This phrase puts you in control and puts the seller in an uncomfortable position. If they refuse to lower the price, then you can use the take away technique in order to get the most out of the deal. For example, if the price of that TV won't come down any more, then you can say, "Throw in that TV stand and I'll buy it at this price." As a buyer, you should always be aware of negotiating techniques the seller will use against you. A very common one is the "good cop/bad cop" technique, where the salesman is usually the "good cop" and the manager is the "bad cop". Finally, always maintain integrity when making a deal. Lying your way towards a deal is not the ethical thing to do, and we want to make and maintain good relationships with those we do business with.

Using these tips to negotiating a deal will help bring you down the path to financial peace. Remember Mustangs and Fillies, "If you will live like no one else, later you can live like no one else!" - Dave Ramsey.

DC-G Mission Statement

Empowering Students to Take Charge of Their Futures!

The Dallas Center-Grimes Community School District is committed to developing positive, productive, and responsible citizens who are independent thinkers, value themselves and others, and have the knowledge, skills, and desire to be life-long learners. Excellence in education comes from setting high expectations for all and providing the resources needed for every student to excel.

Student Learning Goals

Effective Communicator
Problem Solver

Knowledgeable Person
Critical Thinker

Contributing Citizen
Collaborative Worker

Life-long Learner

DC-G Statements of Belief

We believe:

- student learning is our primary purpose.
- effective teaching is essential to student success.
- in high expectations for students and staff striving for excellence in all areas.
- a safe and caring environment is essential to learning.
- students must share in the responsibility for their own learning.
- students must possess sound basic skills.
- students' success is the responsibility of the school staff, parents, students, and community members, working together as a team.
- all individuals deserve to be treated with dignity and respect.

HIGH SCHOOL NEWS

Dallas Center-Grimes Homecoming 2015

By: Scott Blum

Homecoming Parade and Coronation

It was an electric atmosphere on October 1 in Dallas Center for a wonderful parade and coronation that brought our communities together for a memorable evening. Led by our state champion band, the various clubs, sports teams, and school organizations walked down Main Street under perfect weather. The evening concluded with Sonya Harwood being named Homecoming Queen, and Dody Kim being named Homecoming King. The entire Homecoming Court was truly a terrific representation of a remarkable senior class.



Homecoming Games

The 2015 homecoming week was kicked off at the Grimes Sports Complex with over 40 student teams participating in the homecoming games on September 27. There was a wide range of games for the students to show off their athletic, intellectual, and creative talents. The junior class prom parents host the event and deserve a great amount of a credit for an outstanding start to the Homecoming season.

Football Game

The afternoon pep assembly fired up the student body for the evening's football game against Atlantic on October 2. The students, led by the always energetic Mr. Roy, heard from Coach Heitland and the football captains and even got to witness a set of truly talented teachers dance to an array of fresh new music. Later on that night, an outstanding crowd, with many alumni in attendance, was able to watch a dominating performance by the Mustang football team.

Powder Puff Games

The Powder Puff games were held under the lights on the high school football field on September 28, with a slight change to the event structure. For the first time in many years, the sophomore girls joined the fun and played the junior girls in the first game, with the winning team earning the right to play the senior girls. The Junior Jellyfish came out on top over the Sophomore Starfish in a very competitive game. In a battle of defensive intensity, the Junior Jellyfish scored with less than two minutes left to play and defeated the Senior Sharks in an instant classic. The junior girls will have bragging rights for the rest of the school year!

Iron Man Volleyball

The Iron Man Volleyball competition on September 29, was held in the Meadows gym with several teams from each grade level represented. There was a great fan base, great music, and some talented volleyball players in attendance. In the championship game, it was the senior boys who came out on top over the junior boys.



Building Assemblies

Throughout the week, members of the band, the football team, and our cheerleaders attended all the DC-G buildings to have a pep assembly for the students and staff. The drum line fired up the students, followed by a performance by the cheerleaders, and ended with a relay race with the football players.

Homecoming Dance

The homecoming week festivities ended on October 3 with our homecoming dance in the high school gym. Student council decorated the walkway, commons, and gym very tastefully, focusing on the "Tropical Paradise" theme. Over 400 students attended the dance and had an outstanding time.



Key Club Week November 2-6

Key Club is an organization through Kiwanis International designed for high school students to become leaders in their communities. The DC-G Key Club was chartered in April of 2010. We will celebrate our club throughout the week of November 2-6, since that week is "Key Club Week." Each day of Key Club Week has a special theme to generate interest in the club. The themes are as follows:

Monday: Show your K in every way – Key Club members will wear their club t-shirts to generate questions about the club from other students.

Tuesday: Kudos to the Key Players – Key Club members will be given lists of the names of the members of our sponsoring Kiwanis clubs, Kiwanis of Northwest Des Moines and Countyline/Grimes Kiwanis. The members will be encouraged to write a note of thanks for supporting our club.

Wednesday: Dare to Care –DC-G Key Club is planning to gather together to make fleece tie blankets for the homeless shelter in Des Moines. If you would like to donate fleece for this project, please bring fleece to the High School of office no later than 4:00 p.m. on Wednesday, November 4.

Thursday: Random of Acts of Kindness – Key Club members will be encouraged to perform random acts of kindness to their classmates throughout the day, such as leaving kind notes on lockers, holding the door for people, or picking up someone's trash at lunch.

Friday: Connect the K's – This day's theme is to encourage Key Club members to meet their sponsoring Kiwanis members. DC-G Key Club is currently planning a Key Club family and Kiwanis cookout. The details will be sent to the parents of Key Club members and Kiwanis members as they are worked out.

DC-G Key Club officers for this school year are Sonya Harwood, Dody Kim, Makenna Crosby, Megan Dillivan, Kavi Wilson, Grace Judd, Haley Greiman, and Kole Hicok. The club's faculty sponsor is Joanna Poole. Mrs. Poole is supported by principal Cary Justmann, the president of Countyline/Grimes Kiwanis.



Economics Students Compete in the Stock Market Game

By: Erica Woods-Schmitz

Current Economics students began the "Sifma Stock Market Game" on October 5. The Sifma Stock Market Game in conjunction with Dordt College allows DC-G students in Economics to begin to understand the process of investing in stocks and mutual funds.

It is free through a statewide grant and involves the chance to compete with high school students across the state of Iowa. Students are given a hypothetical \$100,000 to invest over the course of a semester. The simulation is part of the Iowa Core, under the study of economics, that aims at providing students with an understanding of different financial investments.

Students are encouraged to diversify their portfolio, invest in at least one mutual fund, and learn the beginning skills of looking at long term financial choices.

Italy and Greece Trip for Art Club

DC-G high school students involved in Art Club will have the opportunity to travel to Italy & Greece during Summer 2016. Mr. Burgher is leading his eighth student trip to the roots of western culture. The trip will highlight two days in Florence, four days in Rome, and two days in Athens, along with a day trip to Pompeii.



France and Spain Trip 2017

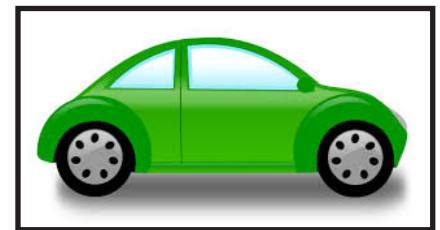
The World Language department at Meadows and the High School will be traveling to France and Spain during Spring Break 2017. We will be traveling to Paris, the Provence region of France, Barcelona and Madrid. We are currently enrolling students and parents who are interested in traveling with us. Students in grades 8-11 are eligible to travel on this trip. They can either be current Spanish or French students or have completed at least one year of Spanish or French. For more information go to www.eftours.com and enter the tour number: 1754827WE. This will take you to the tour website and give you the itinerary and cost of the trip. The trip cost includes all entrances to museums, lodging, travel within the country, flight and two meals daily. Enroll now to receive a \$200 early enrollment discount. The price can potentially rise as we get closer to the trip, so signing up early will save you money! Payment plans are available. There will be an informational meeting in the Meadows media center on Monday, November 9 at 5:30 p.m. If you have questions or need more information please contact: Erin Lane elane@dc-grimes.k12.ia.us, Lara Roy lroy@dc-grimes.k12.ia.us, LaRee Hawks lhawks@dc-grimes.k12.ia.us, Katie Almeida kalmeida@dc-grimes.k12.ia.us or Bree Darr bdarr@dc-grimes.k12.ia.us.



2015-2016 Drivers Education for Dallas-Center Grimes High School and Meadows

We will continue to offer four sessions of driver's education each year, if we have enough interest. Please call the Meadows school office at 986-0105 to sign up your child for any of these programs. Students must be at least 14 years old and have a permit to sign up, as well as a signed parent permission slip. 8th through 12 graders may sign up for each session. The cost at present time is \$320 for each session. Fees for out of district students are \$375. All payments and permission slips should be made or turned in before the first class. Payment plans may be arranged with the office. Usually the fall and spring session are the busiest. The Fall session is already underway. Below you will find information about the next session which begins in January.

Winter Session 2016---The winter program will begin in early January and end before spring break in March. There will be a meeting in December to hand out information and collect payment. Classroom days are Tuesday, Thursday, and Friday from 6:45 to 8:00a.m. Most students will drive during their study hall times. If this can't be worked out, before or after school times may be arranged. All students who drive during study halls will drive at least once on Saturday for 2 hours in downtown Des Moines. Shuttle bus service from Dallas Center will also be available in the morning to bring students to the classroom. Class size is limited to 40 students. Home school students are welcome. Classrooms are held in the Meadows media center. If we don't have at least 12 students sign up the session will be cancelled until spring session.



"All of our staff members take pride in the school district. For instance, the maintenance staff works hard all summer and makes the floors glisten."

#DCGexcellence

Infusing Technology Into Foods Classes

By Dana Means

Students in high school Family and Consumer Sciences (FCS) Foods classes are using more than just kitchen technology during labs. As students prepare recipes, they are taking pictures of their Mise en Place – a French phrase for “putting in place” – to upload into the app Seesaw.

The Seesaw website says, “Seesaw empowers students to independently document what they are learning at school. They can “show what they know” using photos, videos, drawings, text, PDFs, and links. When students add to their Seesaw journal, content is uploaded, organized by student, and immediately accessible to teachers from any device. Seesaw makes it easy for students and teachers to review progress over time and demonstrate growth.” We are looking forward to experimenting with the app a little more in the near future, possibly adding some audio to the uploaded material.

Technology is also used by students to document and keep track of recipes and actual photos of their completed food products. The Google app “Blogger” is used to organize recipes and write reflections of the learning that takes place in the foods lab. At the end of the semester, students will have a virtual recipe collection to access for years to come.

If you have a child in high school foods class, ask them to share their blogger link so you can follow their journey of discovery and learning through preparation, reflection, and consumption of delicious food products.

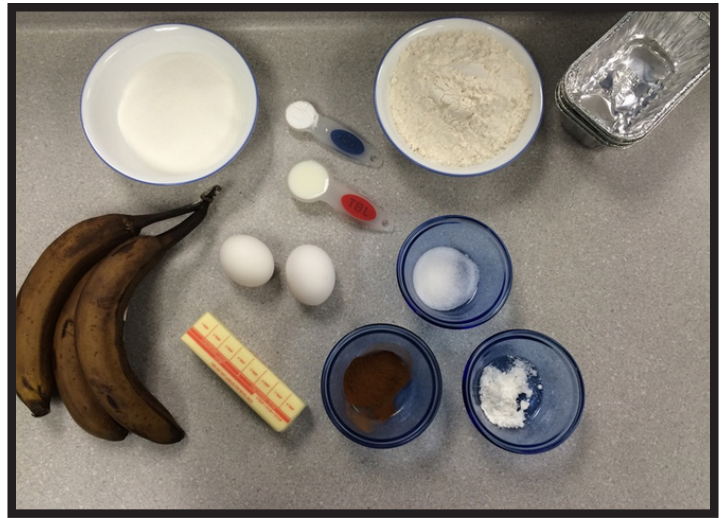


This banana bread finished product was uploaded to Seesaw by Sean Madsen, Tateon Calease, Daly Jarnagin, and Ean Followwill.

High School Artists of the Month

By: Mike Burgher

This month, there are many graphic design projects up around the high school promoting the goals of our building. The graphic design class all worked hard to complete these designs. The class includes Mohammed Al Abbasy, Lexi Blank, Peyton Braunschweig, Brooklyn Burgher, Brett Foreman, Sophia Goeaner, Nolan Grimes, David Long, Caiden Mandernach & Megan Pebsworth.



This Mise en Place was uploaded to Seesaw by Tori Peters, Brianna Nelsen, and Leticia Nolte.

DC-G High School Social Studies PLC

By: Jack Vanderflucht

The high school Social Studies Department has been busy working on improving our curriculum alignment and student social studies skills. Our focus this fall is to incorporate the use of document-based essay writing into all of the courses in the social studies curriculum. Our purpose is to practice higher-order thinking skills and better prepare students for college level classes.

Members of our department are also going beyond our local Professional Learning Communities (PLC) to improve our knowledge and skills. Several of our staff attended the Iowa Council for the Social Studies Conference in Ankeny. In this conference, our teachers had the opportunity to work with teachers in other districts, attend keynote addresses, visit with exhibitors, and attend a variety of training sessions. These sessions included topics addressing the courts, civil rights, curriculum development, the presidential campaign process, digital tools, citizenship, and PLC development.

ASVAB Career Exploration Program Exam

Participants: Juniors

Test Dates: November 12 or 13

Cost: Free!

DC-G juniors will have the opportunity to participate in the ASVAB/Career Exploration Program on Thursday, November 12 or Friday, November 13. The Armed Services Vocational Aptitude Battery (ASVAB) is a multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military. The exam has a well-established capacity to assess not only the ability to learn new skills, but to predict success in a wide variety of occupations. The ASVAB/Career Exploration Program...

- Meets the career development needs of today's high school and post-secondary students, whether they plan to enter the workforce right away or pursue further education at a university, community college, or vocational institution.
- Provides a world class, comprehensive career exploration and planning experience based on current career development theory and practice.
- Encourages students to explore a wide variety of careers, rather than limiting their exploration by telling them what they can or should do.
- Empowers students; encourages them to determine if and how they could improve their skills to become qualified for an occupation of interest.
- Emphasizes the importance of career planning and decision-making.
- Provides a full-spectrum of career opportunities to students, regardless of their gender, ethnicity, or ability level.

Please email Linda Baker or Scott Blum in the High School Dean's Office if you have any questions. lbaker@dc-grimes.k12.ia.us or sblum@dc-grimes.k12.ia.us

MEADOWS/MIDDLE SCHOOL NEWS



Seventh Grade Family and Consumer Sciences

By Penny Erickson

Seventh grade middle school Family and Consumer Sciences (FCS) students are enjoying the Food Unit. During this time we have many opportunities to practice cutting and measuring techniques when preparing food. Students use collaboration as they plan their cooking labs and enjoy the results when they get to eat their product.

Making and baking mini-pizzas with a variety of toppings allowed them to practice the cutting techniques they learned in class. Other projects let them learn and practice stovetop cooking, baking and blender use. This quarter, to practice their measuring skills, they made "Cake In A Mug" in the microwave.

Parents, be sure to encourage your student to demonstrate at home what they have learned in FCS (including cleanup!)



Meadows Family and Consumer Sciences

By: Addreonna Tucker

Meadows FCS is off to a great start this year!! Eighth grade exploratory started off learning about jobs, careers, and the skills they need to someday be an employable person. The students researched two of their top career choices and looked at job outlook, required education, and projected growth. Students also conducted mock interviews with one another to practice communication skills.

Recently we finished up our budgeting unit. Students explored the difference between credit and debit cards as well as savings and checking accounts. We discussed the importance of maintaining a budget and completed a budgeting project where they were given a set monthly income and had to pay your typical monthly expenses (rent, utilities etc.). The students then looked to the future and explained in their own words the importance of budgeting. They now see what parents/guardians go through every month!



We are currently working through our sewing unit. This year students will be working on hand stitching and sewing on buttons as well as creating a pincushion and a pillow. We have new machines this year and the students are excited to begin working on them to create their projects. I am excited to see the students so eager to participate and learn!

2015 Middle School Fitness Run Winners

Sixth Grade Winners: Avery Korsching, Cole Glasgow
Seventh Grade Winners: Emma Angus, Brock Wolf



2015 Middle School Mile Fitness Run

By: Todd Lewis

The middle school P.E. students worked hard preparing themselves for the 27th Annual Mile Run. The students had been running each day in P.E. class since the start of school working their way up to the mile distance. The students ran at the middle school track starting with a quarter mile, half, and then three quarters of a mile in preparation for the mile fitness test. The annual mile run began 27 years ago and was initiated by then elementary P.E. teachers Andy Davidson and Pam German. It started as a celebration of fitness and was offered as a way to get the students and community involved. It allows the students to run the mile on more of a road course instead of just running laps in P.E. class. Each year it coincides with DC-G homecoming activities. This was the first of many fitness tests that will be administered throughout the school year that will test strength, power, speed, endurance and flexibility. A special thanks to Mrs. Kopecky and Mr. Hlas for all of



their efforts organizing the event. We would also like to thank the high school cross country teams and coaches for their help during the run.

ELEMENTARY NEWS



Curriculum Corner

Heather Nerem, Director of Elementary Curriculum & Instruction

Focus on Learning

Collaborative Culture

Results-Oriented

Growth Mindset

As a district, our mission is to empower students to take charge of their futures. Our elementary staff believes firmly that we must instill a growth mindset (not a fixed mindset) in children to help them become empowered to take charge of their futures.

A "fixed mindset" assumes that our character, intelligence, and creative ability are static, which we can't change in any meaningful way; striving for success and avoiding failure at all costs become a way of maintaining the sense of being smart or skilled.

A "growth mindset," on the other hand, thrives on challenge and sees failure not as evidence of unintelligence but as a heartening springboard for growth and for stretching our existing abilities.

Check out more information on our elementary curriculum webpage!

Fixed Mindset		Growth Mindset
<ul style="list-style-type: none"> Innate Unchanging 	SKILLS	<ul style="list-style-type: none"> Result of hard work Can always improve
<ul style="list-style-type: none"> Something to avoid Will reveal lack of skill Overwhelm 	CHALLENGES	<ul style="list-style-type: none"> Embrace Opportunity to change Calls for perseverance
<ul style="list-style-type: none"> Not necessary Linked to being not good enough 	EFFORT	<ul style="list-style-type: none"> Essential Leads to mastery
<ul style="list-style-type: none"> Produces defensiveness Personalized 	FEEDBACK	<ul style="list-style-type: none"> Useful and positive Welcomed Identify areas to improve
<ul style="list-style-type: none"> Blame others, not my fault Easily discouraging 	SETBACKS	<ul style="list-style-type: none"> Opportunities to learn from Focus on making changes

PTO NEWS

CALLING ALL VOLUNTEERS!!!

We always need volunteers to help with fundraisers and events. If you want to get involved, please join us at our next meeting, or email us at dallascentergrimespto@gmail.com

We will be doing another clothing sale this winter with different designs and some new item options. Be on the lookout for the new eBlyer!!!

MOVIE NIGHT!

Join us for a Family Movie Night at South Prairie Elementary on November 13th at 6:30 PM. We will have free popcorn and a snack bar where extra treats can be purchased. There will also be raffle prizes!!

We look forward to seeing you there!

our mission...

The Dallas Center-Grimes Parent Teacher Organization works to support the students, schools, and families of all three of the district's elementary schools. Our areas of focus include raising funds to enhance the educational experiences of our children, supporting student literacy, encouraging school spirit, and sponsoring social activities for families.

MARK YOUR CALENDAR

PTO Meeting
November 9th - 6:30 PM
Meadows Media Center

Skate Night
Coming in January!

Reading Rocks
May 6th
Grimes Community Center

"Stampede to Read"

Read-A-Thon 2015

We have completed our "Stampede to Read" fall fundraiser, and we are excited to determine and share with you the success of our first annual Read-A-Thon!

Instead of doing catalog sales, our first Read-A-Thon fundraiser encouraged our students to spend more time reading, while allowing for 100% of the profits to go directly to help our students, teachers, and school buildings.

If you would like to help us with future fundraisers or have ideas on how we can improve our Read-A-Thon for next year, please email Kristen Holcomb at dallascentergrimespto@gmail.com.

Thanks for your participation and support!

Our Math program, especially in elementary, gets kids to learn math differently. The way our kids think about math now, because of Bridges, is how everyone who didn't learn this way should.

#DCGexcellence



Elementary Curriculum Webpage

Visit the Elementary Curriculum web page on the district website www.dcgschools.com. This page was created to get curriculum into the hands of parents and guardians, as well as provide links to resources in one central location. In addition to curriculum resources, parents are also able to access the library page, each elementary building page, DC-G eBackpack, and many other things.

The Elementary Curriculum web page can be accessed by scrolling down on the district's main page and clicking on "Elementary Curriculum" from the menu on the left-hand side. Once at the Elementary Curriculum page, you can click on grade-level folders on the left to see what your child is learning in math and literacy. You can also find helpful links, such as a link to the Bridges website, along with helpful videos on math strategies. We will continue to update this page, and we hope you find this resource helpful!

If you have ideas about things to place on the web page, please contact Heather Nerem at hnerem@dc-grimes.k12.ia.us.

Social Studies Spotlight

Kindergarten: Apples

By Ann Kurth

In social studies, kindergarten students are studying apples. They are learning about the parts of an apple (stem, skin, flesh, core, seeds). They visited the apple orchard and were able to pick apples from real apple trees! While there, they were able to visit a petting farm, a one-room schoolhouse, jump in a corn pool, and slide down a big slide. They also learned how the apples are sorted, cleaned, and stored.



First Graders on their trip to the Apple Orchard



First Grade – Differences Between Life Then and Now

By: Alicia Williams

One of the areas of study for our first grade students was comparing and contrasting life long ago to today. The highlight of this unit was visiting Living History Farms for their field trip. The students toured the town of Walnut Hill. They visited businesses, trade sites, and homes typical of an 1875 town. Before visiting Living History Farms, classes studied the differences between life then and now. Students learned about the changes in transportation, homes, and schools. This was an experience most students won't forget.

Second Grade – Kate Shelley

By Laurie Thompson

Recently second-graders went on a field trip to Boone to learn more about historical figure, Kate Shelley. Kate was an Iowa teenager who risked her life to stop an express train that was heading toward a broken bridge during a terrible summer storm in 1881. The students rode the Boone and Scenic Valley Railroad and visited the Boone Historical Museum where Kate's lantern and other artifacts from that night are on display. They were also able to trace Kate's steps on a hike from the Des Moines River to the Moingona train station. These activities helped the students understand that primary resources such as artifacts, photographs, and documents could be used to learn about the past (an Iowa Core Essential Concept).



Above: Second-graders at the Boone Historical Museum



Third Grade – Native Americans

By: Jana Peyton

During the month of November, third-graders will be comparing and contrasting the various Native Americans that first lived here in the United States. Students will discover that their homes, food, customs, and beliefs differed based on their environment and resources that were available to them. We hope to generate an understanding and appreciation, and instill empathy in our students for the lives of the Native Americans.



Native Americans of the Northeast used False Face Masks to heal the sick. Also pictured is a Talking Stick and a "Dream Catcher" to protect the dreamer from bad dreams.

North Ridge Third Grade Concert "Go West!"

By: Michelle Breach

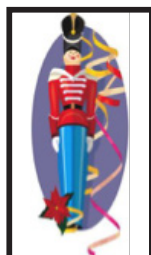
North Ridge third grade students will display their musical talents in their performance of "Go West!" a musical celebration of America's westward expansion. Third grade students will be studying the motivations and journeys of America's early pioneers, frontiersman, and adventurers throughout this school year. Students will perform folk songs from the 1800's as well as newly composed music by John Jacobson and Roger Emerson that expresses the excitement of this time period. The performance will take place November 19 in the high school auditorium. Classes will split into two groups for the performance with the first group including: Ms. Sloan's, Ms. Gerdes', and Mrs. Gossling's classes performing at 6:00 p.m. and the second group including: Mrs. Mackey's, Mrs. Peyton's, Mrs. Teigland's, and Mrs. Wambold's classes performing at 7:00 PM. Students are encouraged to dress up for the performance or to wear western wear fitting with the concert's theme.

Third Grade Music Field Trip to the Nutcracker

By: Michelle Breach

During the months of November and December, third-graders across the district will be busy studying the famous composer, Peter Tchaikovsky and the "Nutcracker Suite." As a culminating activity, all third-graders in the district will be attending the Civic Center's performance of "The Nutcracker" ballet on Friday, December 11, 2015.

This trip is made possible through the Connecting Kids and Culture Grant. Connecting Kids and Culture provides culturally enriching educational opportunities for elementary students (kindergarten through fifth grade) and is made possible by contributions from the Principal Charity Classic®, The Community Foundation of Greater Des Moines, and Bravo Greater Des Moines (Bravo)'s combined contributions from the event to fund Connecting Kids and Culture.



Fourth Grade: A Study of the States of Our Nation

By Sarah Hinrichs

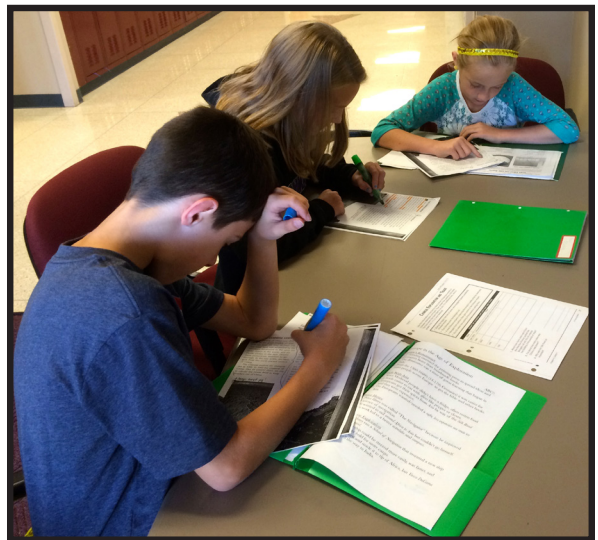
Our fourth grade social studies curriculum is based on the regions of the United States. In studying the Northeast, the South, the Midwest, and the West, each region is taught through the four themes of geography. The students are introduced to the history, the settling of the region, land and water features, wildlife and plants, weather and climate, ways to make a living, and how each region has changed to exist today. The students learn the location, name, capital, and abbreviation of all 50 states as they are presented in each region. Each region is enhanced by a special project where students are involved with research, performance, and/or creative final presentations. Social studies in fourth grade is a vital and interesting adventure through our 50 states!

Fifth Grade - History

By: Tom Clark

In social studies, fifth grade students are completing their first history unit on the Age of Exploration and their study of the ancient cultures for the Maya, Aztec, and Inca. Their second major history unit will cover Colonial America and the American Revolution. In this unit we compare the three colonial regions and the developments that led to the Revolution, with a focus on the background, leadership, and strategy decisions of George Washington. Our final history unit, to finish up the year, will be on slavery and an introduction to the Civil War.

Students will also be preparing for and competing in the Geography Bee as part of our focus on world geography. In the classroom, students have been studying a new continent of the world each month. Geography connections are also found in the *Weekly Reader* periodical, which students regularly complete to keep up on current events.



Students from Mrs. Pickell's class highlighting main ideas using the 5 W's.

2015 Elementary Mile Fitness Run

The 27th annual, mile fitness run was held on October 2 in Dallas Center. Over 400 elementary students from fourth and fifth grade participated. The fourth and fifth grade girls ran first, followed by the boys.

The run started at the middle school track before heading up 13th Street to Main Street. From there they went one block west and then came back to the track. They finished in front of the bleachers, where parents and students cheered them on to the finish line.

Prior to the fitness run, the students ran in P.E. class. They ran ¼ mile, ½ mile, and ¾ mile before running a practice mile. That practice time determined where they started for the fitness run.

Fifth Grader Meredith McDermott ran the fastest time for the girls in 6:15. Ava Gannon was the fastest fourth grade girl with a time of 7:14. For the boys Tate McDermott, a fourth grader, ran a 5:49 time and was the fastest runner of all. Braeden Roberts ran the fastest fifth grade time with a 6:17.

Mr. Nihart, the fourth and fifth grade P.E. teacher, said, "I think the fitness run went very well again this year. I want to thank all the staff, administration, high school cross country coaches and runners, and any others who had a hand in helping put this on. The students really worked hard to do as well as they could."

Dallas Center Elementary Art

By: Linday Korpanty

The year is getting off to a great start. Students in all grades are very involved with the Art Curriculum.

Kindergarten students have solidified their understanding of the Concept of Line and have been applying their skills to creating pictures using these types of line. The students have also had the fun of painting with a Q-tip as their art tool, while creating a fall landscape, as we discuss how the leaves change color during this season. Since this season includes pumpkins, we are discussing drawing and blending our pumpkins with watercolor, which is a product of our line types understanding and application.

First-graders reviewed the concept of line by creating an abstract similar to that of artist, Kandinsky. While learning the style of Kandinsky, the students used a variety of line types, added heavy color as the students desired, and completed the picture with a diluted tempera wash. They are presently completing their fall leaves project, which is a drawing of a variety of leaves, creating a collage look. They will consider how the changing leaves look and blend the oil pastel colors to achieve the same. These will be finished with a blue tempera wash, implying the sky.



Second grade students have reviewed their understanding of line and how we can use line, but one area, which is always new to them, is how can we create line without the use of a writing/drawing utensil. If you can create a line with a pencil you should be able to problem-solve how to create a line using another medium. Students created a line collage by cutting their line types from construction paper and gluing them in a randomly planned manner on their paper. Learning to manipulate the scissors and or the paper to create a specific type of line is not as easy as one might think.

Third-graders have enjoyed the start of the color unit as they have blended the primary color paint to achieve a specific end result. The students learned the method for using primary colors to create the secondary colors. They then had to problem solve the placement of the primary colors along a fold line, so when pressure was applied along the fold line the specific placement would force the colors in those specific locations to blend and create the secondary (and possibly the tertiary) colors. The outcomes are interesting, similar to the Rorschach Ink Blot Test.



Fourth grade students have reviewed the concept of line and are applying their understanding by drawing their fall fruits still life. During this project, perspective is an essential understanding that not everyone will be seeing the same thing from the same side or possibly height. Students are also using their foreground, middle ground, and background understanding to problem-solve the size and height of the objects. The students will learn and practice the blending of watercolor paints to create a more-realistic composition.

Fifth-graders have been pre-occupied with the mini graphic design project in which the students learn that a project has a purpose and the purpose influences the design. Lettering and symbols representing the purpose for the yearbook cover design has everyone trying to decide what to create for the elementary yearbook cover. Students are not allowed to trace or create on a computer, but rather learn by doing. We brainstorm the items necessary to create an informational as well as aesthetic piece of work. Observing previous samples helps students to think about what they want to do, as well as what each student thinks he/she can do. Students are assisted in how to draw what they envision, creating a more successful experience.

South Prairie Elementary Art

By April Busch

This month's highlight is on second grade art. Students have been learning about rural, urban, and suburban areas in their classrooms. In art they learned farming is an important part of their history as well as their community. They created a paper collage of a farm and then created a barn quilt square. They learned the meaning behind barn quilts and how to fold a square paper in different ways to get different designs.

Now, students are using nature as their inspiration to learn to draw from observation. They studied leaves and noticed how the leaf shape shows you the type of tree as well as the texture of the leaves. (They already knew that the veins carry water through the leaves as well as how to draw the tree from first grade). The second grade color focus is warm and cool colors. As small groups they looked at famous paintings and decided which ones looked warm and which looked cool and hung them in each category on the board and talked about how colors choices give different feelings or moods to each painting.

They colored their leaf drawings by blending warm colors with oil pastels and mixing cool colors with watercolors for the background. They had fun discussing the new colors they made by blending each material.



Brevyn Fuller and Piper Six are drawing leaves.



Saydee Jackson and Emily Derby are painting leaves and discussing color mixing.

Students from Mrs. Washington's class are hanging warm and cool colored paintings.



November Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1 7:00pm Football- Varsity Away vs. TBA	2 SCIBA 8th Grade Honor Band at Ankeny Centennial P/T Conferences/Dismiss at 2:30 pm 6:30pm Girls CC Awards @ DCG Meadows 8/9 School 7:00pm FOFA Meeting @ High School Commons 7:00pm Volleyball- Varsity Away vs. TBA	3	4	5 3:30pm Large Group Speech Auditions @ DCG HS Auditorium 4:30pm Wrestling- Middle School Southeast Polk vs. Multiple Schools 7:00pm 9-12 Winter Sports Parent Meetings	6 7:00pm Football- Varsity Away vs. TBA	7 State Cheerleading Contest 8:00am-12:00pm Show Choir Rehearsal 12:00pm Girls Swimming
8 4:30pm Basketball- G/8th Grade Away vs. Waukee 4:30pm Wrestling- Middle School Marshalltown vs. Multiple Schools 6:30pm Fall Cheerleading Awards @ Meadows Commons	9 TBD Volleyball-Varsity Away vs. TBA 4:30pm Basketball- G/8th Grade Away vs. Marshalltown 6:30pm HS Boys CC Awards @ DCG Meadows 8/9 School	10 Dismiss at 1:00-Staff Development 6:00pm Booster Club Meeting @ High School Commons 6:30pm Fall Cheerleading Awards @ DCG Meadows 8/9 School	11	12 TBD Volleyball-Varsity Away vs. TBA 4:30pm Basketball- G/8th Grade Johnston MS Purple 7:00pm Football-Varsity Away vs. TBA	13 TBD Volleyball-Varsity Away vs. TBA	14 2:00pm-9:00pm Dance Marathon @ DCG Meadows Gym
15 4:30pm Basketball- G/8th Grade WDM- Stilwell 4:30pm Basketball- G/7th Grade Norwalk 6:30pm High School Volleyball Awards @ DCG Meadows Gym	16 LHC Vocal Concert TBD Basketball- G/Varsity Away vs. North Polk 4:30pm Wrestling- Middle School Dallas Center-Grimes HS vs. Multiple Schools	17	18	19 All State Music Festival 4:30pm Basketball- G/8th Grade WDM- Indian Hills 4:30pm Basketball- G/7th Grade Away vs. Fort Dodge 4:30pm Wrestling- Middle School WDM- Stilwell vs. Multiple Schools 6:00pm Northridge 3rd Grade Concert @ DCG HS Auditorium 7:00pm Football- Varsity Away vs. TBA	20 All State Music Festival 6:00pm Basketball- G/9th Grade Johnston 6:30pm Basketball- G/JV Johnston 7:15pm Basketball- G/Varsity Johnston	21 All State Music Festival
22 3:00pm High School Football Awards	23 4:15pm Basketball- G/7th Grade Adel DeSoto Minburn CSD 4:15pm Basketball- G/8th Grade Away vs. Adel DeSoto Minburn CSD 6:30pm Financial Aid Night @ DCG HS Auditorium	24 4:30pm Wrestling- Middle School Johnston vs. Multiple Schools 4:45pm Basketball- G/JV Away vs. Southeast Polk 6:00pm Basketball- G/9th Grade Away vs. Southeast Polk 7:30pm Basketball- G/Varsity Away vs. Southeast Polk	25 No School- Thanksgiving Break	26 No School-Thanksgiving Break	27 No School-Thanksgiving Break	28
29	30					





Make Half
your meal
fruits and
vegetables.

Dallas Center Grimes Breakfast Menu

NOVEMBER 2015

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Breakfast Pizza 2</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit Milk</p>	<p>Mini Pancakes or Waffle 3</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice Milk</p>	<p>Cheesy Ham Melt Tri Tator 4</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Milk</p>	<p>Bosco Stick 5</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice Milk</p>	<p>Nutty Quesadilla 6</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Milk</p>
<p>Breakfast Pizza 9</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit Milk</p>	<p>Mini Pancakes or Waffle 10</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice Milk</p>	<p>Cheesy Ham Melt Tri Tator 11</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Milk</p>	<p>Bosco Stick 12</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice Milk</p>	<p>Nutty Quesadilla 13</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice Milk</p>
<p>Breakfast Pizza 16</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit Milk</p>	<p>Mini Pancakes or Waffle 17</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice Milk</p>	<p>Cheesy Ham Melt Tri Tator 18</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Fresh Fruit Milk</p>	<p>Bosco Stick 19</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice Milk</p>	<p>Nutty Quesadilla 20</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Orange Juice Milk</p>
<p>Breakfast Pizza 23</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit Milk</p>	<p>Mini Pancakes or Waffle 24</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice Milk</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>Breakfast Pizza 30</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Canned Fruit Milk</p>	<p>Mini Pancakes or Waffle</p> <p>OR</p> <p>Choice of WG Cereal Graham Crackers</p> <p>Vegetable Selection Apple Juice Milk</p>	<p>Choose MyPlate.gov</p>	<p>Mushrooms have their own immune system.</p>	<p>Free & Reduced Price Meal Benefit information & application can be obtained by contacting the Food Service Office.</p>

PRICES

Regular	\$1.60
Reduced	\$0.30
Milk	\$0.45
Adult	\$1.80
Extra Entrée	\$1.25

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
For questions or comments,
contact the Food Service Office at:
d.sevenich@dc-grimes.k12.ia.us
or call 555-555-5555 ext. 555



Menus are subject to change without notice. This Institution and USDA are an equal opportunity employer and provider.

www.taher.com



**Make Half
your meal
fruits and
vegetables.**

Dallas Center Grimes Elementary Lunch Menu

NOVEMBER 2015

MONDAY

French Toast Sticks 2
Cinnamon Apples & Ham

Turkey Ranch Wrap
Chef Salad

Corn
Tomato Slices
Celery Sticks
Seasonal Fruit

TUESDAY

Chicken Nuggets 3
Cheesy Broc Mash, Roll

Deli Sub
Harvest Chicken Salad

Cauliflower
Baby Carrots
Beets
Seasonal Fruit

WEDNESDAY

Spaghetti & Meat Sauce 4
Garlic Bread

Ham Pinwheel
Chicken Caesar Salad

Broccoli
Garbanzo
Celery Sticks
Seasonal Fruit

THURSDAY

Beefy Nachos w/ Cheese 5
Sauce, Mexican Corn

Deli Sandwich
Popeye Salad

Romaine Lettuce
Green Onions
Tomatoes
Seasonal Fruit

FRIDAY

Cheesebread Dunkers 6
Tator Tots

Tuna Salad on Wheat
Chef Salad

Green Peas
Baby Carrots
Garbanzo Beans
Seasonal Fruit

Chicken Tenders, Mashed 9
Potatoes w/Gravy, Bread

WG Chips, Salsa, Cheese
Cubes

Baby Spinach
Black Beans
Radishes
Seasonal Fruit

Chicken Alfredo, Noodles 10
Garlic Herb Broccoli

Pretzel Bites w/ Cheese
Cubes/Turkey BLT Salad

Green Peas
Baby Carrots
Cauliflower
Seasonal Fruit

Corn Dog 11
Firenze Corn Salad

Chef Salad

Baby Spinach
Black Beans
Pepper Medley
Seasonal Fruit

Grilled Cheese Sandwich 12
Chicken Noodle Soup

Chicken Patty on WG Bun
Chicken Noodle Soup

Corn
Tomato Slices
Celery Sticks
Seasonal Fruit

Pizza Parlor Pizza 13
Kettle Chips

Deli Sub

Broccoli Florets
Baby Carrots
Cauliflower
Seasonal Fruit

Cheeseburger on WG Bun 16
Roasted Squash

Turkey BLT Wrap
Chef Salad

Celery Sticks
Tomato Slices
Cauliflower
Seasonal Fruit

Tony's Cheese Pizza 17
Fruited Gelatin

Deli Sub

Corn
Baby Carrots
Beets
Seasonal Fruit

Hotdog on WG Bun 18
Mexican Rice

Combo Sliders
Chicken Caesar Salad

Broccoli
Garbanzo Beans
Celery Sticks
Seasonal Fruit

Turkey and Gravy 19
Mashed Potatoes, Roll

Yogurt Pak
Chef Salad

Green Peas
Baby Carrots
Garbanzo Beans
Seasonal Fruit

Chicken Nuggets 20
WG Breadstick

Deli Sandwich

Romaine Lettuce
Green Onions
Tomatoes
Seasonal Fruit

Hamburger on WG Bun 23
Baked Beans

Macaroni & Cheese
Green Peas/Chef Salad

Pinto Beans
Cherry Tomatoes
Seasonal Fruit

Cheesy Flatbread with 24
Dipping Sauce, Side Salad

Deli Sandwich
Popeye Salad

Broccoli Florets
Baby Carrots
Cauliflower
Seasonal Fruit

25

Thanksgiving Day 26

27

Popcorn Chicken 30
Mashed Potatoes, Gravy

WG Chips, Salsa, Cheese
Chef Salad

Broccoli Florets
Baby Carrots
Cauliflower
Seasonal Fruit



**FOOD
4
Thought**

Mushrooms
have their own
immune system.

Free & Reduced Price
Meal Benefit
information &
application can be
obtained by
contacting the
Food Service Office.

PRICES

Regular	\$2.50
Reduced	\$0.40
Adult	\$3.45
Price Change	
Extra Entrée	\$1.85

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
For questions or comments,
contact the Food Service Director at:
d.sevenich@dc-grimes.k12.tx.us
or call 515-986-9747 ext.162



Menus are subject to change without notice. This Institution and USDA are an equal opportunity employer and provider.

www.taher.com

POSTAL CUSTOMER

Meadows Eighth Grade Art

By Danell Duncan

The eighth grade art students at Meadows recently finished their portrait project. Students are instructed on facial proportion and methods of drawing features. Using a photograph as reference, the students create a realistic representation of themselves. Jayme Augusma did an exceptional job.



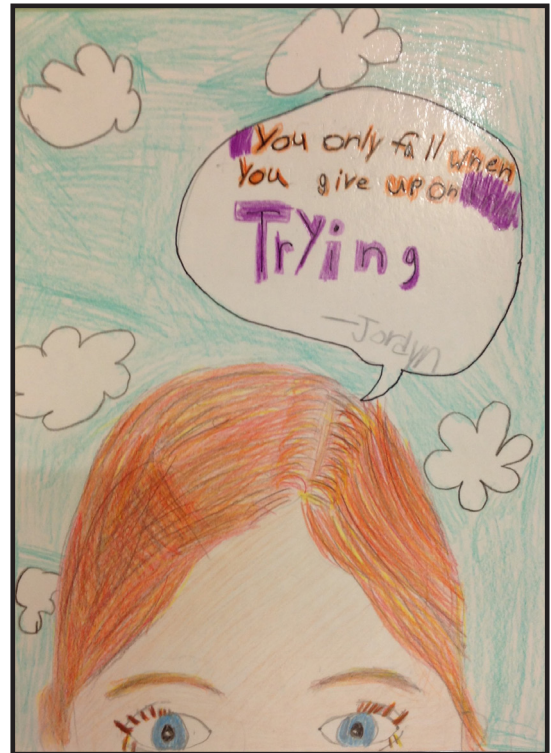
Meadow's Eighth-grader Jayme Augusma's Self Portrait

North Ridge Elementary Art

By Kayde Sberal

Third-graders created original artwork telling about themselves using a radial design. Claire Boerre was awarded "Artist of the Month" for her exceptional use of creativity and craftsmanship.

Fourth-graders created self-portraits and that included positive words they want to tell others written by the student. The students utilized face-mapping techniques to create a realistic self-portrait using shape and proportion. They used prior knowledge, such as complementary colors, to solve problems as they mixed realistic colors. Jordyn Jamison was awarded "Artist of the Month" for her attention to detail.



North Ridge Fourth Grade "Artist of the Month" - Jordyn Jamison



North Ridge Third Grade "Artist of the Month" - Claire Boerre