
Tips for recording your video application: Personal, but not too private

Preparation

- ✓ **Position:** Be sure to sit in front of the camera in a clearly visible position. If possible, use a tripod or a fixed point for the camera to record the video.
- ✓ **Surroundings:** Make sure the background is tidy and clean. Avoid background noises (e.g. TV, radio, conversations).
- ✓ **Illumination:** Ensure a well exposed video recording. Use warm light and leave it as natural as possible. Filters and special effects are not recommended.
- ✓ **Message:** Think about what you want to say and prepare your key messages upfront before you start your video.
- ✓ **Clothing:** Avoid too casual leisurewear as it is about an official application.
- ✓ **Test recordings:** You can record the video as many times as you like, so feel free to test the quality and recording in advance.

Recording

- ✓ **Understandability:** Speak calmly and in clear sentences, use short pauses in your speech. Ideally, you can use a microphone for the recording.
- ✓ **Authenticity:** Stay natural and yourself. Feel free to make test recordings before you finally submit your application.
- ✓ **Length:** A video per question should not last longer than 2 to 3 minutes.



We explicitly distance from any racist and discriminatory content in video recordings

