



CENTERSTONE

20 ANNUAL
19 REPORT



Kintsugi

The Japanese art of repairing broken pottery by embellishing the cracks with powdered gold.

Just like those who practice kintsugi, we believe that our broken pieces can be made whole again. Even more, we believe that our cracks – our fractures, our imperfections – are part of who we are. We believe that instead of hiding our histories, we should celebrate them.

The design of this report and the stories shared within it reflect the idea of finding strength and beauty through healing.

Who We Are

Centerstone has been a national leader in community-based mental health care for many years. We have specialists, providers and researchers spread across Florida, Georgia, Illinois, Indiana, Kentucky and Tennessee who work every day to help those who battle with mental health and addiction issues.

We are therapists and counselors caring for those that need it most. We are eager to lend a listening ear and a guiding hand. We are people who want to make a difference in the world.

We are scientists and researchers, using our expertise and knowledge to change the face of mental health care across the nation, through our Research Institute. We are creating technology and evidence-based practices to continue making innovations in how we care for the people we serve. We are increasing the speed of access for individuals and empowering clinicians to provide the best care possible.

We are legislative advocates fighting for the people who depend on us. Our dedication to constantly improving national policy has been instrumental in the recent battle against the opioid epidemic. Our work has brought light to how we, along with our representatives and policymakers, can make a better future for everyone impacted by mental health and substance use disorders.

We have specialized services devoted to ensuring that active duty service members, veterans and their loved ones have the resources and support they need to lead healthy lives. We provide in-person counseling, therapeutic retreats and online support groups, classes and workshops essential to battling the effects of post-traumatic stress and other issues related to military service.

We are philanthropists and supporters, working through our Foundation to support the work that's directly impacting clients and their families and advancing research and service innovation. In addition to securing philanthropic resources, our Foundation provides effective stewardship of endowments, including investments and disbursements, all to make sure that we can continue to improve the lives of individuals and families who come to us for care.

But more than all that, we are a community taking care of our communities. We want the best for our families, friends and neighbors, so we take every opportunity we can to give back by providing what every community needs – quality mental health care. Whether you need a listening ear and a guiding voice or someone to care for you and your mental health, we hope you think of us like your neighbor.

We can help.



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David C. Guth Jr.
CHIEF EXECUTIVE OFFICER
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Letter from the CEO

David C. Guth Jr.
Chief Executive Officer, Centerstone

Each year, our annual report gives me an opportunity to look back over the year and what we've accomplished here at Centerstone.

This year, I want to look a bit further back – to the years when I got started in mental health care.

I was a college student, interning in the state hospital helping what we used to call “disturbed youth.” These were kids who had experienced trauma on a staggering scale or were suffering from the devastating impact of an emerging mental illness. Working with those young people – who were really not much younger than me at that point – I immediately felt like I belonged there. Strange, I know – state hospitals aren't exactly known for their warmth or welcoming atmosphere. But right away, I knew that this place – this work – was the work I was meant to do.

Despite the fact that I've now spent the last 40 years working to improve the lives of those with mental health and substance use issues, I'm still always struck by one thing – how quickly things can improve. A new medication, a new treatment, a new way of understanding – these changes can be the difference between life and death for our clients.

One time, during a visit with clients in our adult day programs for the seriously mentally ill, one of the clients stood out to me in particular – a woman named Sarah who was completely unresponsive to everyone around her. She spent her day clutching herself, rocking back and forth and whispering to the voices in her

head. Though I felt compassion for her, I also felt relief that she was getting the help she needed.

A few years later, I ran into Sarah again. This time, she was still and collected – and she spoke with me and others around her! And not just that, but she was working, leading community activities. Thriving. She was an entirely different person. New medications and innovations in supportive care changed her life in just a few years time.

While we have certainly come a long way from the days when I first got started in mental health care, there is still much to improve upon. The sad fact is that the new treatments that are proven effective – like the one that helped this woman – can still take over a decade to become implemented into common practice in mental health care. A decade.

We can do better. For the people whose mental health can shift so dramatically over the course of a few days, we have to do better. We have a duty to get the people we serve the care they need – the care they deserve – as soon as possible.

That's why our dedicated Research Institute works tirelessly to reduce the “science to service” gap. That's why our clinicians are so eager to work with people like Sarah. Because they know their work can change lives. This mentality has been so integral to the people that come to work with us that we adapted it as our organization's mission: delivering care that changes people's lives.

As you read this report, we're going to share the many ways we're working to deliver that care and to use Centerstone's leadership in our field to transform care across the nation. Our goal is to ensure that those who come to us for help are able to see that their lives aren't determined by their mental illness, but rather the opposite. That their mental illness is only a part of them, never the whole.

Sincerely,

FY2019: By the Numbers

48,518

children served throughout enterprise

114,678

inpatient visits

154,646

individuals served nationwide

221

facilities providing mental health care, addiction treatment and community education

3,378,710

services provided across Centerstone footprint

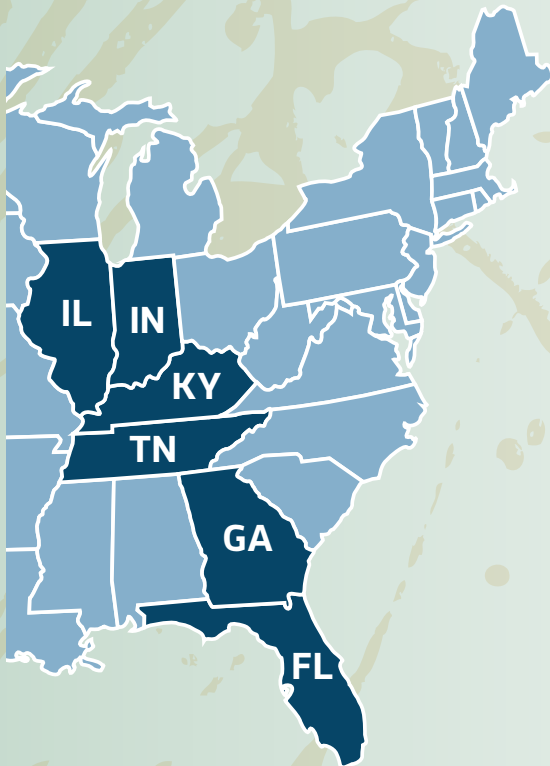
611

schools where we provide clinical services

8,789

services provided to military population

3,264,032 outpatient visits





Growth and Vision

As we tell so many of those that come to us for help: growth is key to betterment. We believe that, above all else, growth means working together to achieve your goal – whether it’s playing in an orchestra to create beautiful music, passing to your teammate to score a touchdown, or, in our case, delivering care that changes people’s lives. We’re always looking for ways to cultivate, to improve and to grow.

That’s why we have a shared-service model of departments; dedicated teams that are always there to help out fellow staff, no matter when, where or how they need help. As a result, everyone has everyone else’s back. We avoid becoming stagnant or bogged down waiting for other people to do our work, so we’re always able to focus on progress.

It’s the reason we have an entire team committed to supporting our growth: our grant writers. Since their inception just under fifteen years ago, our grant writing team has secured over \$250 million in public aid. This is an unprecedented amount for a not-for-profit of our size, especially for one in mental health care. These funds directly impact our ability to provide life-changing services to our more than 150,000 clients – not to mention our work toward bettering the mental health care industry as a whole.

Our efforts in improving national policy have affected the entire country. Just this year, the SUPPORT for Patients and Communities Act was passed, which will help thousands to fight addiction. This bill is just one result of years of advocating for change by many, whom we are proud to be among. Our national policy team have had countless meetings with Congress members, Senators and even with other mental health care providers. Because we know that fighting the opioid epidemic and achieving better mental health care has to be a collaborative effort. A win for us is a win for all.

Our scientists, researchers and academics are all experts devoted to growing mental health care through innovation. Whether it’s through developing smartphone apps that let our clients communicate with our counselors or making breakthroughs in medication-assisted treatment, our dedicated researchers are changing the world for the better.

And unlike physical health care where there is a commonly agreed-upon remedy for any given ailment, mental health care doesn’t have a common treatment –

yet. That's why, through countless studies, experiments, technological advancements and evidence-based practices, our Research Institute is constantly working to provide that clinical model. We know that growth is fundamental to success, which is why we're proud to be on the front-lines of creating the standard for mental health care across the country.

As we look to the future, we also look for opportunities to grow. While many avoid change, we seek it. Our providers are on an unending quest to better themselves and improve the care we give to those that seek our help. We even have an entire team leading this cause – our Center for Clinical Excellence – because we know there's always room for improvement. By 2020, we plan on having another Center for Clinical Excellence entirely devoted to depression, one of the most widespread forms of mental illness in the world.

In addition to that, we're always searching for ways to expand our care, whether by adding new services, by widening our range of locations, or by working with new partners in our communities. We have big plans, and we hope you'll be a part of them.

As long as we're growing, we know we're on the right path.

“

Without continual growth
and progress, such
words as improvement,
achievement, and success
have no meaning.

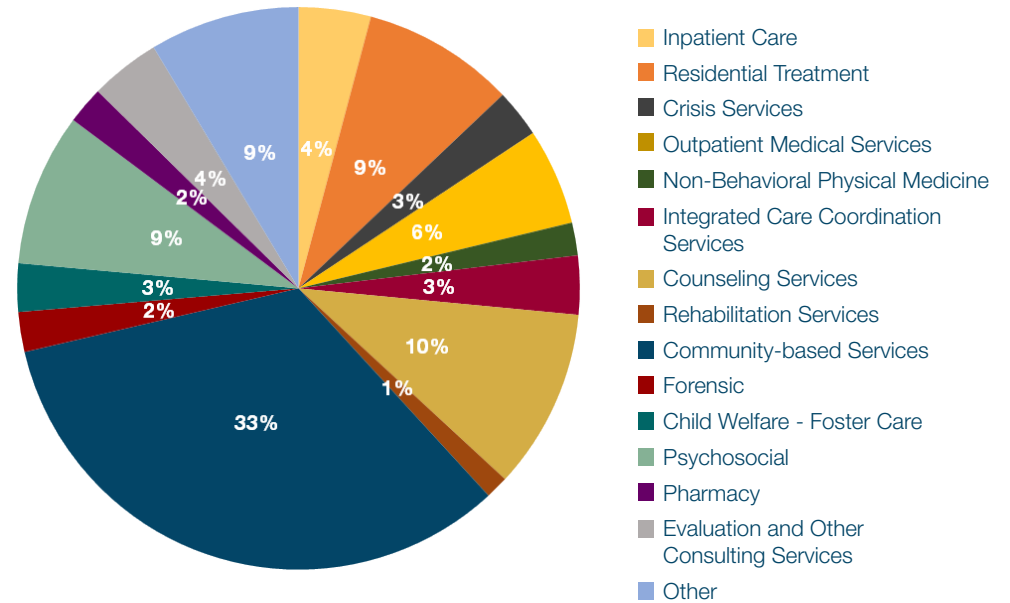
– Benjamin Franklin

What We Do

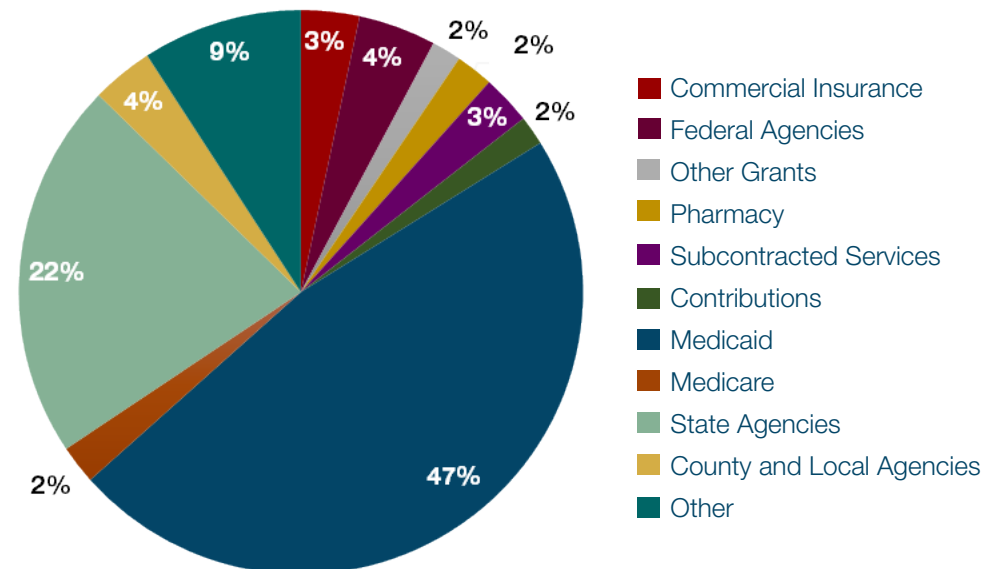
We are a not-for-profit health care organization dedicated to delivering care that changes people's lives. We provide mental health care, addiction treatment and community education in Florida, Georgia, Illinois, Indiana, Kentucky and Tennessee.

Nationally, we have specialized programs for service members, veterans and their loved ones. Our Research Institute improves behavioral healthcare through research and technology, and our Foundation secures philanthropic resources to support our work.

Revenue: How Used by Service Line



Revenue by Payer Type



Highlights

- Engaged with numerous Congressional offices and collaborated with coalitions to advocate for the inclusion and passage of bills related to opioid packages – including the creation of the Comprehensive Opioid Recovery Centers (CORC) legislation – as well as substance use disorder housing, reentry and incentive payments for coordinated care.
- More than \$33 million grant applications submitted, with more than \$14 million awarded, including support for pilots focusing on integrated care, opioid crisis care, suicide prevention and reentry services.
- Led application development for the SAMHSA/CMHS Certified Community Behavioral Health Clinic (CCBHC) Expansion Grants opportunity, resulting in a two-year, \$4 million award to establish Centerstone's Alton Clinic as a CCBHC.
- Development and promotion of the Workforce Investment Program model in Indiana, an intervention program to assist employers with addressing substance use disorder in their workforce.
- Deployed initial Esketamine pilot in Florida as a first step in developing a Depression Center of Excellence across Centerstone.
- Secured a 5-year, \$5M federal grant to provide addiction screening and referral training to primary care physicians in 14 Florida counties
- Research Institute provided implementation support to Tennessee to launch Medication Assisted Treatment as a new service in their addictions continuum.
- Fully implemented evidence-based Centerstone Addictions Model statewide in Illinois.
- In Kentucky, served 6,000 children, diverting 90% from hospital care, and served 435 children in the Crisis Stabilization Unit, keeping 99% of them out of higher levels of care.
- Expanded school-based services into 49 additional schools in Tennessee, bringing the total schools served there to 287.
- The opening of the Steven A. Cohen Military Family Clinic at Centerstone in Clarksville, Tenn., serving more than 900 individuals in the first year and offering counseling and treatment for depression, anxiety, post-traumatic stress and other behavioral health issues.
- The Foundation secured over \$4.5 million in philanthropic and other revenue for Centerstone in FY19 to support the delivery of care to our clients.

Our Foundation is just that – the foundation of the care we provide. **Your donations directly impact those who come to us for help.** Because of your generosity, we can focus on our mission: delivering care that changes people’s lives.

No matter how much you give, every donation matters. **Visit centerstone.org/give for more information.**

Highlights

- We connected with over 1,000 new donors since last year, and received 65 grant awards from private foundations and corporations.
- This year, we hosted numerous events to raise funds to aid the people we serve. These events included:
 - Hosted our second annual Military Services signature dinner in Nashville, Tennessee which benefitted care for veterans and active duty service members
 - Continuing our work from FY18, we held an additional showing of the documentary, “Suicide: The Ripple Effect,” which Centerstone helped produce. Star of the film Kevin Hines attended and gave incredibly inspirational words for our audience about surviving suicide and advocating for awareness.
 - Held our 18th Annual Bocce Tournament in Herrin, IL, with over 125 on site during the day including volunteers and Mayor’s Cup team members. This annual event supports our adult vocational and residential services in Illinois.
 - Over 450 guests attended the 5th annual Reclaiming Lives Luncheon in Nashville, Tennessee, featuring recognized Post Secret author and speaker, Frank Warren. Over \$228,000 was raised during the event to support services in Tennessee.
 - The Reclaiming Lives Luncheon expanded to add a new evening event, “Reclaiming Lives After Dark,” also featuring Frank Warren, with over 250 in attendance at the February event.
 - Held our 16th Annual Life;Story 5K/10K at Nathan Benderson Park in Sarasota, Florida, with over 900 in attendance and supporting our depression awareness and suicide prevention efforts in Florida

Your Gifts in Action

Through your gifts, we're able to:

- assist those who aren't able to pay for services or medication
- provide transportation to those who don't have a reliable way to get to their appointments
- equip school-based counselors with resources to enhance their work with the children they care for
- develop innovations in care, giving hope to people who previously had none

Rose

Client Story

Ten year old Rose was referred to Centerstone due to behavioral issues she was having at school. She was often angry and disruptive toward her classmates, which likely came as a result of her difficult life. She had lost an eye to cancer, her father was on disability, and her mother was always at work to support Rose and her three siblings.

When her new therapist at Centerstone first met with Rose, she saw that Rose wore glasses due to poor sight in her good eye – but these glasses were broken, with only one arm to fit over Rose's ears, barely holding the frames in place. Her family could not afford new glasses, Rose told her therapist.

So Rose's therapist jumped into action and called the Foundation team. Through the generous funds donated by people like you, we were able to provide brand new glasses for Rose, hopefully making her life a little bit easier. Rose's thank you card featured a drawing of a rainbow and butterflies and brought tears to the eyes of our team members as we shared it around the office.



Renee

Client Story

Renee's son wasn't learning to talk as quickly as her other kids. But she brushed it off. Different kids learn at different rates, she told herself. But after several months without much improvement, Renee realized that there was probably a reason her son wasn't speaking.

"He didn't like to be around other kids, he didn't like to be very close to other kids – he wanted to isolate himself."

So, after months of being unsure, Renee took her son to a doctor. At two years old, he was diagnosed with autism.

"I felt so unsure of what that meant. I didn't know what his life was going to be like, I didn't know what he was going to be like. And you don't know how to help. You don't know all the services that are available, you don't know who to turn to. I didn't know what to do. And that's when Centerstone stepped in and held my hand and guided me through the process."

As soon as Renee came to us for help, we were able to connect Renee and her son with a therapist who specializes in caring for autistic children.

"Our therapist will go into school with him. She interacts with his teacher, sees how he interacts with his peers – she's my son's therapist, but she's kind of like my therapist too. When I feel like I just want to go in and say 'I don't know what to do,' she calms me down and she calms him down. She's fantastic."

Renee says her son is thriving now.

"At the end of the year, he stood on stage. [His class] had to sing several songs, and he stood shoulder-to-shoulder with his peers. He sang these songs and he had the biggest smile on his face, and he was enjoying every moment of it. It was like a little miracle."

“ I went back to my therapist at Centerstone and her eyes were full of tears, I was crying as I was showing her the video. Because it was a moment. Because we knew the accomplishments that he had made. How far he had come.



Research and Grants

Our pursuit of science and clinical models help shape the way behavioral healthcare is provided. Currently, it takes far too long for best practices and treatments that have been developed by science and research to be fully integrated into real world practice.

Our Research Institute team has worked to reduce this science-to-service gap by developing more efficient evidence-based, value-added care models, enabling clinicians within Centerstone and beyond to provide the right care at the right time, which results in healthier, happier clients.

For example, the vision of Centerstone's Integrated Addictions Care Model is to equip people who have complex healthcare needs with the tools, skills, and community connections they need to take action to engage in recovery activities, improve mental and physical health, and improve their quality of life. The Research Institute, which comprises three divisions — Clinical and Translational Research, the Center for Clinical Excellence and Program Evaluation — works with clinical teams to improve the quality and effectiveness of care for individuals and families facing behavioral health disorders.

For individuals with mental health, co-morbid health conditions and co-occurring substance use disorders, the type of care they receive is determined more by where they present for treatment than by which treatments are backed by research as being the most effective for their unique needs. Centerstone wants to change that. We are committed to establishing models of world-class behavioral health care through the development and implementation of best-practice clinical pathways.

The Clinical and Translational Research team works with researchers to identify and test emerging, evidence-informed interventions in real-world settings. Following an initial pilot, this team works closely with the Center for

Clinical Excellence to develop implementation strategies that support rapid adoption of the selected interventions across Centerstone's footprint. The Center then partners with clinical leadership to implement and scale both clinical pathways and service innovations in our unique local environments. As a result, the Center manages multiple project pilots across Centerstone's footprint. One of the projects we're excited about is the Center of Excellence for the treatment of depression. We have traditionally focused on developing and implementing clinical models and pathways such as the Integrated Addictions Care and Health Home models. With the Center of Excellence for Depression, our goal is to provide robust treatment options for depression, inclusive of consumer driven features to better meet the unique needs of our clients.

A key component in supporting our research is our ability to obtain and leverage grants to advance our goal of closing the science to service gap, which we strategically link to the organization's leadership and financial goals. Over the last year, Program Evaluation partnered with the grant writing team to write and submit more than \$33 million in grant applications, with more than \$14 million awarded, increasing our opportunity to leverage grants to support the adoption of evidence-informed practices. In addition to our pursuit of federal grants, the Clinical and Translational Research team partnered with external researchers and internal clinical leadership to write and submit for multiple research grants, diversifying the award type and expanding the types of research projects implemented around the organization. Across the Centerstone footprint, our partnership with the grants team helps position the Research Institute to play an impactful role in enhancing Centerstone's care delivery.

The great work from each of these teams enables clinical teams across Centerstone to deliver care that changes people's lives.

Ben

Client Story

Ben grew up with alcoholic and addicted parents. It was always around him so, as a kid, he didn't even know how damaging drugs and alcohol could be.

"The first time I smoked pot, I stole it from them. And then I was just addicted to all types of opiates."

As he got older, he began to realize this behavior was a problem. But he was already an addict. It was already a regular part of his life, so even getting help was that much harder.

"I got arrested for shoplifting. They put me in jail and I kicked all that cold turkey. That was the last time I used the methadone. But I started drinking and relapsed again on heroin shortly after picking up a beer."

I couldn't be that person I wanted to be because the drugs controlled every decision I had. Nothing seemed to matter except that next high."

Ben was in and out of jail for years. As a result, he missed many of the precious moments that early parenthood bring.

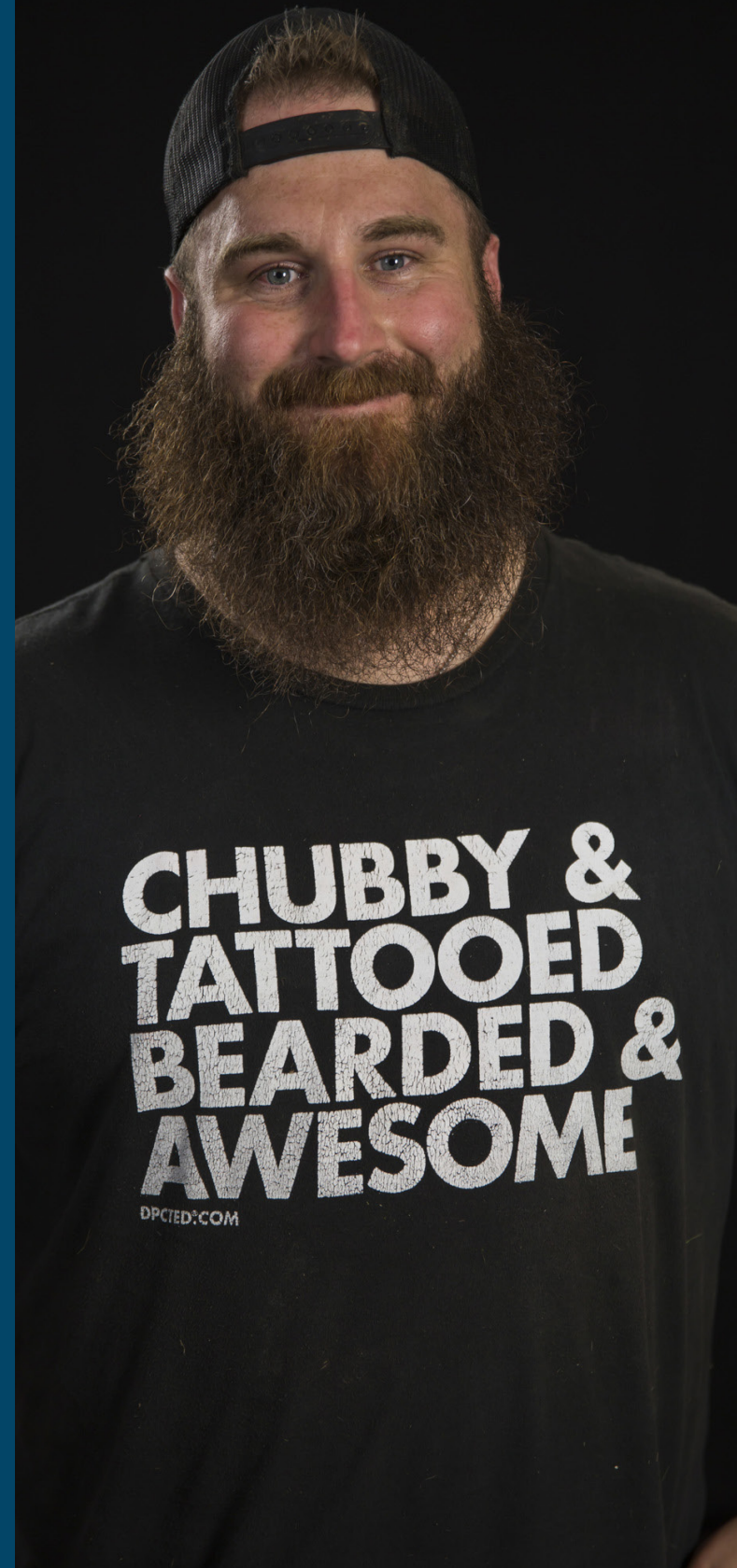
"I wasn't able to be a father. The times I was incarcerated, I was away from my daughter. My son was really young. I was in jail for five months, and I missed out a lot."

Eventually, Ben was able to see the position he was in and that he needed to get help.

"I decided to get clean. I was just sick and tired of being sick and tired. I didn't know how I going to get clean, I didn't know how to live life without drugs. But I knew that I couldn't keep living life with drugs. With my last relapse, in drug court, the judge recommended that I go to the new beginnings program through Centerstone.

The Centerstone staff went above and beyond for anything I need, and that's really nice to have that support. I learned that there a lot of people employed at Centerstone that really take appreciation in their job, and they truly do care. They help you become a productive member of society. They give people rides to find jobs. They call me and check on me. And you just don't find that with every treatment program.

The help that I've received through Centerstone has really helped me realize that I'm not alone in addiction and that there's people out there that see the good in me and believe in me."





“Healing, no matter what you’re doing, is never a linear process. There will be ups and downs – don’t let the downs discourage you from ever getting to the ups.”

Lillian

Client Story

At a young age, Lillian began experiencing chronic pain. She wasn't sure what caused it, but she knew it was severe because it stopped her from doing the things she loved like swimming and hanging out with friends.

"The pain just never really went away. It got to the point where I was walking with a cane."

In college, Lillian's pain got much worse, so she looked for help. After trying dozens of different types of treatments without much success, Lillian had to drop out of school and move back in with her parents because of the severity of the pain.

"They put me on a slew of medications. Sometime I was taking eighteen pills and supplements a day. There were many types of therapies that worked a little bit for me, but there was nothing that really got to the heart of why I was going through this pain and what I could do about it."

"I was very depressed. Nothing was really getting better, and I was really starting to feel helpless."

But Lillian didn't give up hope. She found information on Dr. Batson, a psychiatrist at Centerstone who specialized in working with patients with chronic pain.

"I had never heard of a psychiatrist that helps with chronic pain before. I was highly intrigued, and I booked an appointment as soon as I could."

Dr. Batson helped Lillian determine that her pain was the result of her body reacting to the mental strains she was putting on herself.

"It was both easy and hard to accept that my pain was coming from my brain. Correcting my self-deprecating thoughts – I did not think it would be that hard until I really clued in to how I was thinking about myself. I wouldn't tell my friend that her body looks disgusting. I wouldn't tell my friend that she was never going to get an A on this test. I wouldn't tell my friend that, so why am I treating myself like that? I have to treat myself like I treat my friends."

"I learned to consistently correct those negative thoughts. It started to become a habit. After about three months, my depression had lifted tremendously. I learned to take things as they come and have the confidence to know that I can get through life's hardest days because I have the tools, and I know how to now."

"My life has changed a lot since my pain has improved so much – I've gotten back into school. I'm studying to be an occupational therapist and help other people with disabilities and illnesses."

Military Services

Centerstone's Military Services division exists to break down the barriers to care experienced by veterans and their family members because we believe we owe our service members and their loved ones more than just a debt of gratitude for the sacrifices they have made.

In addition to the states where we provide services, our Military Services provides mental health services for military service members, veterans and their families across the nation using an independent provider network of more than 1,000 therapists. Our network serves all 50 states, including DC and Puerto Rico, and allows us to reach military and veteran families close to home — wherever, whenever and however they need help — in person, online, on the phone.

This fiscal year, COL (Ret) Kent Crossley made the decision to retire as executive director of Centerstone's Military Services. COL Crossley came to Centerstone in 2015 to fill the newly-created Executive Director position after a distinguished military career spanning 30 years. During his tenure, Kent taught us much about military culture, the needs of the military family and how to bridge the gap between those needs and our services.

We were grateful to find a perfect candidate and strong leader to take the helm of our military services following COL Crossley's departure. Dr. Jodie Robison stepped into the role of executive director for Centerstone's Military Services in September 2018, and has since led this department in expanding our services and reach to the military communities.

Jodie's entire life has been around the military. She is the child of an Air Force veteran, the spouse of a retired Army veteran and a military parent. It is her mission to serve those who have been willing to sacrifice so much for her and her family, and we are thrilled to have her on our leadership team.

Since 2002, over 100,000 current and former military service members have been diagnosed with Post Traumatic Stress Disorder (PTSD), with estimates suggesting 50% of those who suffer combat trauma do not receive adequate treatment. In addition to PTSD, current and former service members and their families struggle with other mental health issues such as anxiety, depression, substance use disorders, relationship problems, employment stress and problems readjusting to life after military service.

We know that many members of our military will not get the treatment they need to address these mental health conditions and thrive. Our Military Services has worked to change this by providing veterans and their families the services that help.

Highlights

- We partnered with Cohen Veterans Network to help launch the network's 10th national clinic, Steven A. Cohen Military Family Clinic at Centerstone.
- We provided online educational classes to hundreds of people.
- We provided educational classes in military culture surrounding domestic violence and military sexual trauma to dozens of clinical providers.
- We received an increase in the number of legislated dollars to support mental health care for Tennessee service members, veterans and their families.
- We increased our provision of mental health services on nationally recognized retreats.
- We recruited and maintained military culturally competent providers.

Nacole

Client Story

Nacole joined the military at a very young age, starting as a private, soon becoming an officer. Unfortunately, during her time in service, Nacole experienced sexual harassment and eventually became a victim of sexual assault.

“It was very tough. I didn’t really process it at the time. Lots of times, you suppress your feelings, your emotions, you try to act professional. But we all need our emotions.”

After nearly 14 years with the military, Nacole left to focus on her civilian career. Soon after, she witnessed a terrible accident – a young boy was hit by a car while riding his bike. Nacole immediately gave him CPR, saving his life. But for Nacole, the incident triggered emotions in her she wasn’t used to – feelings she had been suppressing.

“After that event, my life changed. I fell apart. My brain kept going backwards, and I kept reprocessing that assault in the military. I pulled away so much, it hurt. My parents said ‘you’re not there. You’re gone.’ And that was hard to hear, because I wasn’t there. I wasn’t living.”

That’s when Nacole decided she wanted to do something about how she was feeling. “I decided, to be whole, I had to face it.”

“Centerstone really helped me, so I could put the pieces of my trauma together. Telling your story – when it’s stuck in you, you’re suppressing it. But when you get it out, you share it – you realize you don’t have shame in it. Because you realize it wasn’t your fault.”





“Today I can walk with my head held high. And it started with the foundation that I built at Centerstone.”

Jeremy

Client Story

During his time in the military, Jeremy was a victim of sexual assault. And, after suffering from injuries he got in a car accident, Jeremy turned to opiates to find some sort of relief.

“I didn’t know how to handle it. Drugs were a good outlet to not feel. I could work through pain – physical and emotional pain.”

After 20 years of suffering from addiction, Jeremy was deeply affected as a result.

“Living every day was hell. I didn’t know if I wanted to live or die. I don’t know that I even cared which one it was. My ex-wife – I ran through her life like a tornado. I had a daughter – I was never able to be in her life growing up.”

After being fired from his job and being asked to leave his home, Jeremy thought all hope was lost. Then, a friend reached out to Jeremy and told him about Centerstone.

“I didn’t have insurance, and they were willing to work with me to either obtain insurance or give me a sliding fee scale. It wasn’t someone telling me I had to do this, I had to do that – to be in recovery and actually have a choice again in something ... was very empowering. They treated me like a human being. They treated me with dignity.”

After four years in recovery, Jeremy has a new life.

“My life is completely different. Now, I have custody of my four-and-a-half year old son. I get to walk in [to my house] and my son – he runs up and grabs my leg and says, ‘Daddy, I love you!’ I almost missed that.”

Centerstone's
SAPPHIRE SOCIETY

The Sapphire Society honors the generosity and commitment of individuals who have chosen to create a lasting legacy to Centerstone through their will, trust, retirement fund, life insurance or other planned gift. These distinguished contributors serve, like the beautiful sapphire, as precious and rare gifts for the future of behavioral health care and the families and individuals we serve.

Bobby E. Bailey

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David Borcharding and Susan Pickens

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Kathryn D. Whittington and Michael A. Smith

Cornelia Kelly

Carol and Malcolm Zwick

FY2019 Donors

Centerstone gratefully acknowledges the contributions of everyone who helps make our organization a success – our boards, donors, volunteers and staff. Thanks to your efforts, we are able to fulfill our mission – our noble purpose – of delivering care that changes people’s lives. We acknowledge with gratitude the following donors for their giving during fiscal year 2018-2019 in support of Centerstone’s endowment, special events and annual giving programs. Thank you!

3D Dentistry
Richard and Donna Aalberg
Brad Abell
Michelle Abercrombie
Ryan Abernathy
Kimberly Adams
Ms. Helen A. Adams
Ashlie Adams
Stephanie Adams
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In memory of Rachel Elyse Morris

Deborah and Larry Agans
Lisa and Steve Clendenin
Genevia and John Herrell
Latanya Jenkins
Rosemary and Melvin Schoessow
Sandra and Thomas Simpson

In memory of Glennis Perkinson

Chris and Marle Mowbray

In memory of Bennie Priddy

Ms. Amanda McGeshick

In memory of Joseph Rainey

Dennis and Pam Humbert

In memory of Ronald Race

Michele and Chris Dillingham

In memory of Kyle Alec Schweikert

Connie Ober
Jan and Jason Ober
Norbert Ober, Jr.
Rose Ober and Linda Hissett

In memory of Shelby Shafer

Mr. Larry Redden, CLU

In memory of Shelby Shelton

Diane Shelton

In memory of Nater Stockhover

Megan Valek

Honorary Gifts

In honor of Janet and Jim Ayers

Mr. and Mrs. Jeff M. Kaplan
Commissioner Deborah Taylor-Tate and
Mr. William H. Tate

In honor of Carol Bean

Mr. and Mrs. Steven C. Holman

In honor of Lawrence Blank-Cook

Lawrence Blank-Cook and Charlie Cook

In honor of Col. Kent Crossley

Ms. Anne Crockett

In honor of Abby Drane

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Wayne Easterwood

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Sean Gingras

Mr. and Mrs. Steven C. Holman

In honor of David Guth

Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Barry Hale

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Jenny Hannon

Neale and Louisa Attenborough
Robert and Jane Rolfe Jr.

In honor of Steve Holman

Mr. and Mrs. David C. Guth, Jr.
Dr. and Mrs. Stephen L. Rhodes

In honor of Orrin and Lee Ann Ingram

Mr. and Mrs. Jeff M. Kaplan

In honor of Suzanne Koesel

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Melissa Larkin-Skinner

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of John Markley

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Joe Moore

Mr. and Mrs. Steven C. Holman

In honor of Kevin Norton

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Stacey Overturf

Mr. and Mrs. Steven C. Holman

In honor of Steven Reynolds

Mr. and Mrs. Steven C. Holman

In honor of Dr. Karen Rhea

Mr. and Mrs. David C. Guth, Jr.

In honor of Ramona Rhodes

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman

In honor of Jodie Robison

Mr. and Mrs. David C. Guth, Jr.
Dr. and Mrs. Stephen L. Rhodes

In honor of Heather Rossi

Teachers Insurance and Annuity Association of America

In honor of Chris Roszman

Mr. and Mrs. Steven C. Holman

In honor of Dr. Richard Shelton

Mr. and Mrs. David C. Guth, Jr.
Dr. and Mrs. Stephen L. Rhodes

In honor of Julie Spears

Mr. and Mrs. Steven C. Holman

In honor of Dr. Robert Vero

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes
Mr. and Mrs. Stephen Rick

In honor of Gwen Watts

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of Debbie Cagle Wells

Mr. and Mrs. David C. Guth, Jr.
Mr. and Mrs. Steven C. Holman
Dr. and Mrs. Stephen L. Rhodes

In honor of anyone who has almost committed suicide
or anyone who has

Taylor Kinnard

Centerstone's Foundation team has made every effort to see that the information on these pages is correct. In the preparation of such reports, however, errors occasionally occur despite our best efforts. We welcome your corrections. If you have any questions, corrections or would like to be added or removed from our mailing lists, please contact us at 1-877-277-9820 or at foundation@centerstone.org.

Centerstone's Endowment

While all gifts to Centerstone contribute to our mission, endowments are meaningful as they provide a perpetual source of funding. As of June 30, 2019, Centerstone's endowment comprised 36 funds totaling approximately \$9.3 million. We are deeply honored when an individual or family member wishes to establish a permanent endowment in support of Centerstone. A permanent fund may be established with a minimum gift of \$25,000. Individuals also may make gifts to support an established fund.

Restricted Funds

The Ella P. Hayes Fund (supports services in Tennessee)

The Richard D. Sivley Fund (A) (supports children and youth services in Tennessee; Davidson and contiguous counties)

The Richard D. Sivley Fund (B) (supports children and youth services in Tennessee)

The George Spain Research Fund (supports behavioral health research)

The Dede Wallace Fund (supports services in Tennessee; Davidson and contiguous counties)

Unrestricted Funds

The Janet Ayers Endowment Fund

The Bonnie Brackett Endowment Fund

The Steven E. Bryant Endowment Fund

The Lisa Hooker Campbell Endowment Fund

The Terrye Davidson Endowment Fund

The Jennifer Embree Endowment Fund

The David J. Emmert Endowment Fund

The Mark Faulkner Endowment Fund

The Richard H. Fitzgerald Endowment Fund

The Chris Julian Fralish Endowment Fund

The R. Parker Griffith Endowment Fund

The Philippa M. Guthrie Endowment Fund

The Barry S. Hale Endowment Fund

The Lee Ann Summers Ingram Endowment Fund

The Timothy Knowles A. Knowles Endowment Fund

The Philip D. Krebs Endowment Fund

The Thomas W. (Tom) Mahler, Jr. Endowment Fund

The Michael J. McCalip Endowment Fund

The Dr. Stephen J. Pritchard Endowment Fund

The Joseph E. Roche Endowment Fund

The A John Rose Endowment Fund

The Josie Seybold Endowment Fund

The Sally Sheahan Endowment Fund

The Joan C. Sivley Endowment Fund

The Brad Smith Endowment Fund

The Lieutenant General (Retired) Hubert G. Smith Endowment Fund

The George Bullard Stadler Endowment Fund

The James E. Sweeten Endowment Fund

The Deborah Taylor Tate Endowment Fund

The Linda Trader Endowment Fund

The Jack Wallace Endowment Fund

Funds Held at Community Foundations

The Community Foundation of Middle Tennessee – The David C. Guth, Jr. Fund for Centerstone

(supports the research and infrastructure necessary to bring new treatments to clients and provide universal access to those in the community who cannot afford behavioral health care)

The Community Foundation of Middle Tennessee – Centerstone Military Services Designated Fund

(works to address the emotional and psychological aftermath of war for combat warriors and for the people who support them, supporting research, curriculum design and innovative delivery mechanisms to provide aid for those affected, in ways that work best for them)

Decatur County Foundation (Indiana) – Centerstone of Indiana Endowment Fund

(supports services provided by Centerstone in Decatur County Indiana)

Heritage Fund – the Community Foundation of Bartholomew County – The Centerstone Mental Health Fund

(supports services provided by Centerstone in Bartholomew County Indiana)

Community Foundation of Madison and Jefferson County (Indiana) – Centerstone Mental Health Fund for Jefferson County

(supports services provided by Centerstone in Jefferson County Indiana)

Wayne County Foundation (Indiana) – Camilla B. Dunn Endowment Fund to Benefit Centerstone

(supports services provided by Centerstone in Wayne County Indiana)

Jennings County Community Foundation (Indiana) – Centerstone, Inc. Endowment

(supports developmentally and emotionally disabled clients of Centerstone in Jennings County Indiana)

Manatee Community Foundation – Centerstone Fund

(supports services provided by Centerstone in Florida)

Heritage Fund – The Community Foundation of Bartholomew County – The Martha L. Middleton Mental Health Fund

(supports services provided by Centerstone in Bartholomew County Indiana)

Giving to Centerstone

Your gift will immediately benefit Centerstone and may have a potential tax benefit. Give online at Centerstone.org/give or through the mail to Centerstone's Foundation, 44 Vantage Way, Suite 400, Nashville, Tennessee 37228. Contact any gift officer for questions about how to designate your gift to fit your philanthropic interests or give to the Area of Greatest Need to maximize your gift's flexibility and impact.

Florida Operations

Contracted with our residency graduate to become a Centerstone psychiatrist (our first! – this year marked just our 2nd graduating class)

Implemented
OBSERVSMART
electronic 15-minute check system to ensure patient safety on our inpatient units

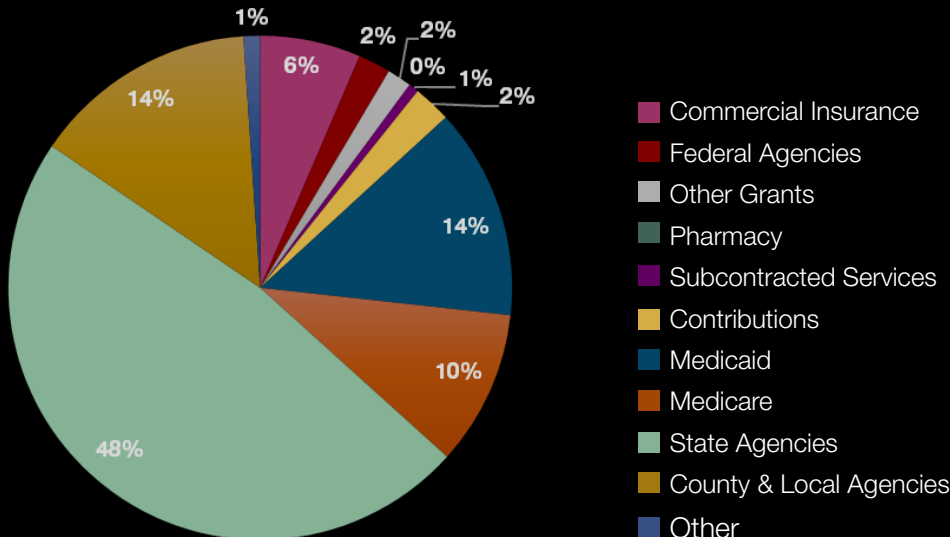
Contracted with Manatee County School District to provide integrated therapy, intervention and prevention in all district schools

Secured a 5-year,
\$5 MILLION
federal grant to provide addiction screening and referral training to primary care physicians in 14 Florida counties

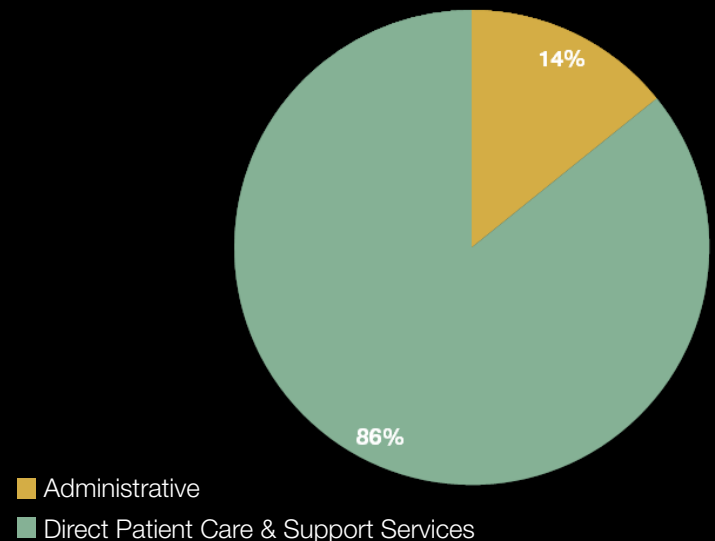
Achieved approval from Janssen as a Spravato (Esketamine) clinic to provide care to people struggling with treatment-resistant depression

Expanded Mobile Crisis Response services to 24/7 and two counties increasing our ability to divert from jails and hospitals persons who are struggling with mental health issues

Revenue Sources



Revenue: How Used



FY19 Accomplishments

- Revenue in Florida grew by 18 percent in FY19.
- Awarded \$26M+ in federal, state, county and community grants.
- Established eligibility and received \$392K+ in LIP (Low Income Pool) funding to serve uninsured and under-insured patients.
- Expanded services into six counties, including rural areas, to bring care to more people in parts of Florida where there is profound need.
- Achieved hospital and crisis stabilization unit re-licensure with only one minor, non-critical improvement required, our best performance to date.
- Expanded Psychiatric Residency Program – from 12 to 16 positions – a 25 percent increase. Centerstone’s Psychiatric Residency Program is unique because residents experience all levels of care across various populations. The program is highly competitive with more than 900 candidates vying for four positions.
- CEO Melissa Larkin-Skinner appointed by Florida Senate President to the Marjory Stoneman Douglas High School Public Safety Commission, the only behavioral health representative on the commission.
- Samantha Kolb, Director, appointed to the Florida Attorney General’s Opioid Working Group.
- Kathryn Graber, LMHC, named the James Wischer Child Advocate of the Year.



Melissa Larkin-Skinner, MA, LMHC
Regional Chief Executive Officer

Board of Directors

Jennifer Bencie, MD,
Chair

Rev. James Golden,
Vice-Chair

Colleen Thayer, Secretary

Timothy Knowles,
Immediate Past Chair

Melissa Larkin-Smith,
CEO

Linda Agresta

Edward Viltz

Captain Lorenzo Waiters



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Illinois Operations

Built and developed

11,000-SQUARE-FOOT

Medication Assisted Treatment (MAT) Clinic in Marion

Received

\$3 MILLION

in funding to create first supportive housing project in Carbondale

Awarded

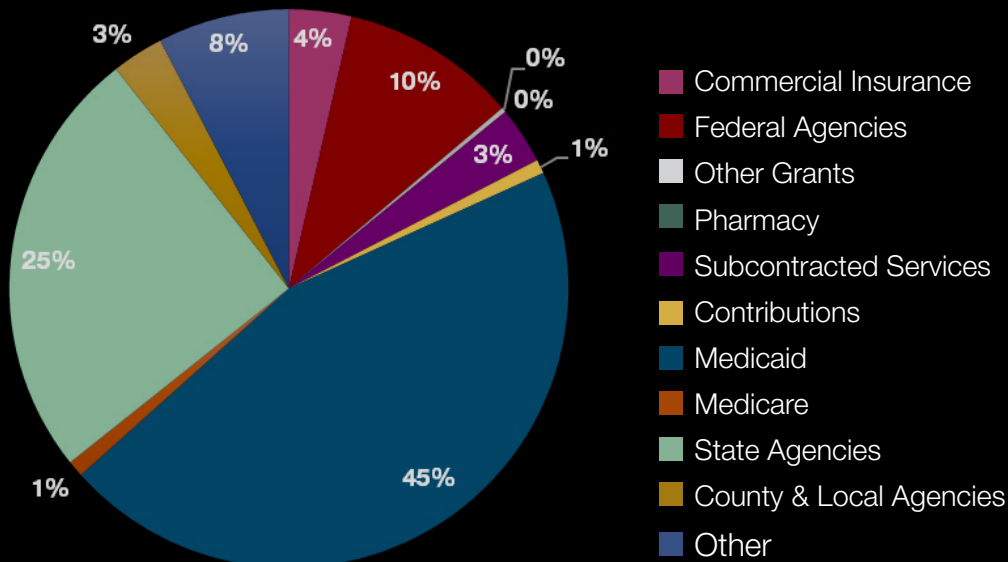
\$10 MILLION IN FEDERAL GRANTS

to serve Madison and other Illinois counties

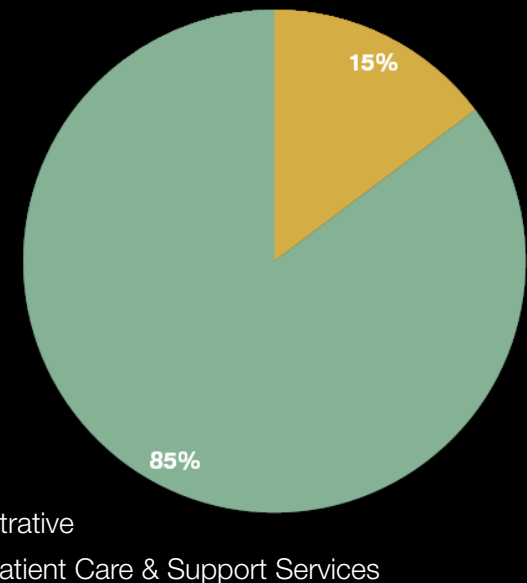
OPENED CENTERSTONE AUTISM SERVICES: THINK! LEARN! EXPLORE! (CASTLE)

clinic in Carterville for Applied Behavioral Analysis services

Revenue Sources



Revenue: How Used



FY19 Accomplishments

- Kathy Raney, Recovery Services Coordinator with Centerstone's Health Home program, was awarded the Carleen Cross Award at the Region Five 22nd annual Recovery Conference
- Cathy Moehring was awarded the Frank Anselmo Lifetime Achievement Award from the Community Behavioral Health Association, and the Lifetime Achievement Award from the Marion Chamber of Commerce
- Centerstone was nominated for the Marion Chamber of Commerce's Distinguished Business Award
- Expanded ACT service line to Madison County. Assertive Community Treatment (ACT) is a way of delivering a full range of services to people who have been diagnosed with a serious mental illness. With ACT, clients get help taking care of their basic needs — taking medications, getting up and getting through the day.



John Markley, MBA
Regional Chief Executive Officer

Board of Directors

Tom Johnson, Chair

Carol Zwick, Vice-Chair

Stephani Meyer, Secretary

Bonnie Brackett,
Immediate Past Chair

John Markley, CEO

Ronda Dunn, PhD

Janette Eagles

Patricia Fischer

Kim Kaytor

David J. Melby, PhD

Pastor Robert Phillips

Waverly Robinson



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Indiana Operations

Opened
TWO
new Centerstone
Recovery Centers
(Richmond and
Bloomington)

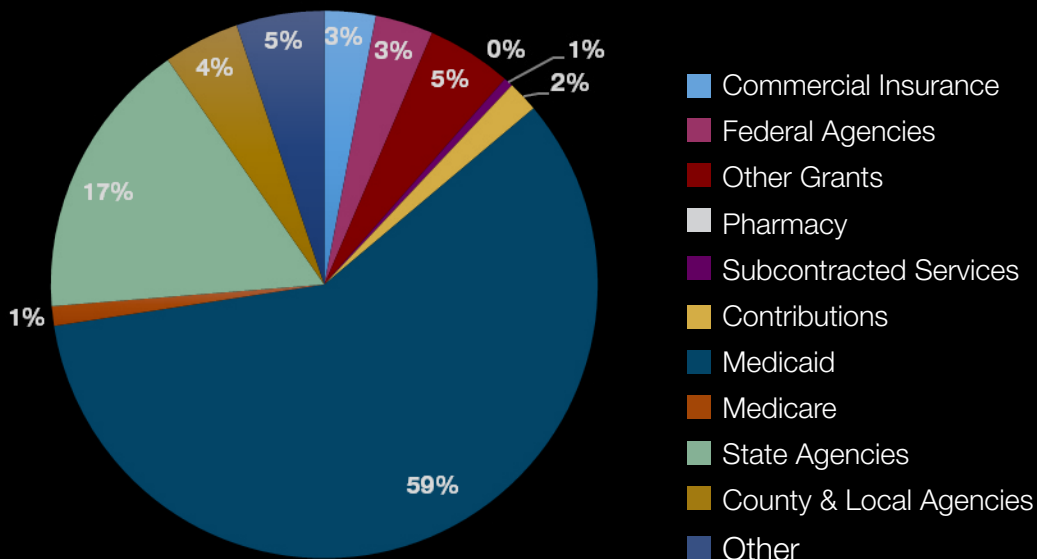
Secured a sub-recipient relationship
with Wayne County Health in order to
open a clinic in Connersville

Received a full three-year reaccreditation
with Council on the Accreditation of
Rehabilitation Facilities (CARF) with notes
about the patient-focused care evidenced
consistently through all programs and sites

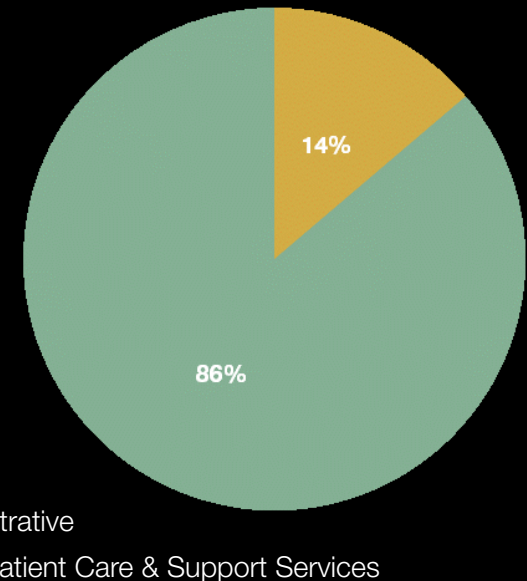
Secured tax-credit
funding to build a
50-unit
rent-subsidized,
permanent supportive
housing facility for
people in recovery from
substance use disorders,
to be built in FY20

Established Centerstone Health Services, Inc., an
affiliated Federally Qualified Health Center (FQHC)

Revenue Sources



Revenue: How Used



FY19 Accomplishments

- Awarded three year CARF accreditation
- Established Centerstone Health Services, Inc., an affiliated Federally Qualified Health Center (FQHC) in Connersville, IN
- Opened two new Centerstone Recovery Centers (Bloomington and Richmond)
- 20% growth in Children's Services
- Awarded \$4 million CCBHC grant
- Awarded \$1 million HRSA grant
- Launched Centerstone Workforce Investment Program
- Expanded Telehealth Services
- Hosted Sam Quinones, author of Dreamland: The True Tale of America's Opiate Epidemic
- Opened three new office buildings (Nashville, North Vernon, and Martinsville)



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Suzanne Koesel

Regional Chief Executive Officer

Board of Directors

Terrye Davidson, Chair

Douglas J. Leonard, Vice-Chair

Linda Hobbs, Secretary

Brad Smith,
Immediate Past Chair

Suzanne Koesel, CEO

Debra Cruser

Laurie Dickerson

Molly Dodge

Jennifer Embree

Sharon Harlin

Franklin Jackson

Geoff McKim

David Newgent

Brian Payne

Kentucky Operations

Served

6,000

children, diverting 90% from hospital care, and served 435 children in the Crisis Stabilization Unit, keeping 99% of them out of higher levels of care

Opened Mary Street, a

30-BED HALFWAY HOUSE

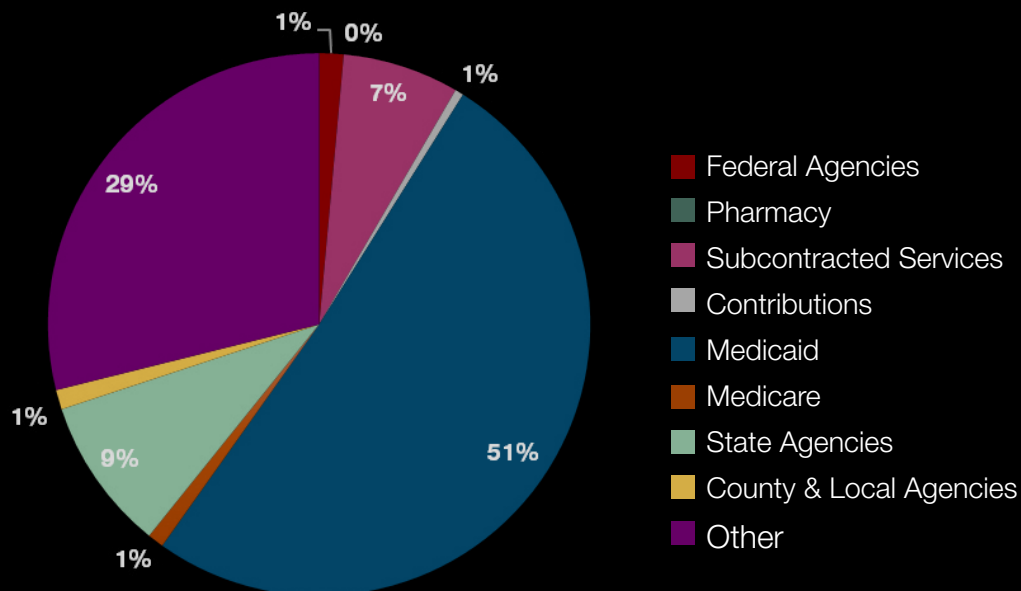
for Men utilizing Medication Assisted Treatment (MAT)

Implemented

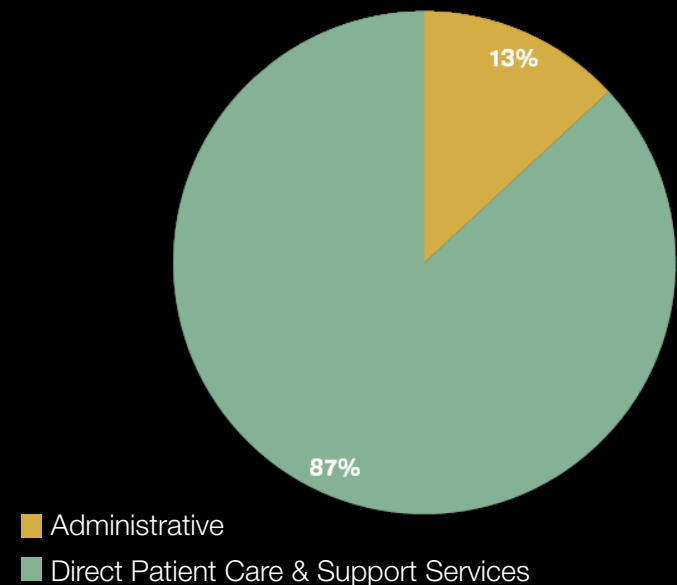
PSYCHIATRIC TELEMEDICINE

into schools across the region

Revenue Sources



Revenue: How Used



FY19 Accomplishments

- Jonathan Harland, an Emergency Psychiatry Service Clinician, received the Golden Apple Award from the University of Louisville Residents to a person who is pivotal in their learning experience
- Received the Signs of Support 2019 Grant Award for new cottage signs at our Brooklawn and Bellewood campuses
- Awarded the 2018 Innovative Nonprofit Award from The Kentucky Nonprofit Network
- Patty Gregory was awarded the 2018 Prevention Professional of the Year at the 2018 Kentucky Prevention Network conference
- Dr. Scott Hedges, Chief Medical Officer, was awarded The 2019 Champion for Deaf and Hard of Hearing Communities.
- Brittany Watkins, Senior Prevention Specialist, was awarded Bullitt County Partners in Prevention 2019 Partner of the Year.



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Abbreial Drane
Regional Chief Executive Officer

Board of Directors

Michael Abate, Chairman
Robert Watson, Vice-Chairman
Curry Nicholson, Vice-Chairman
David Ray, Treasurer
Tia Coatley, Secretary
Abbreial "Abby" Drane, CEO,
ex-officio officer
Aimee Davidson, Board Liaison
Koleen Slusher, Liaison
Russell J. Bird, MD
Craig Blakely, PhD, MPH
Terry Burden
Ashley Distler
Maresa Fawns
Bruce Ferguson
Peter Garrison
Denise Hall
Surinder "Sam" Kad, MD
Bill Kenealy
Steven Lee
Karen Long
Mike Lorch
Greg Mayes
David Miller
Denise Perry
Michael Ringswald
Felicia Smith, PhD
Kathleen Smith, PhD
Neil Stamp
Chris Teeley

Tennessee Operations

Named an

EXEMPLARY PRACTICE ORGANIZATION

by the U.S. Centers for Medicaid & Medicare Services (CMS)

MEDICATION ASSISTED TREATMENT (MAT)

service line developed for clients with substance use disorders and fully implemented in Franklin and Dickson County locations.

Cohen Veterans Network named the Steven A. Cohen Military Family Clinic at Centerstone in Clarksville its

TOP PERFORMER

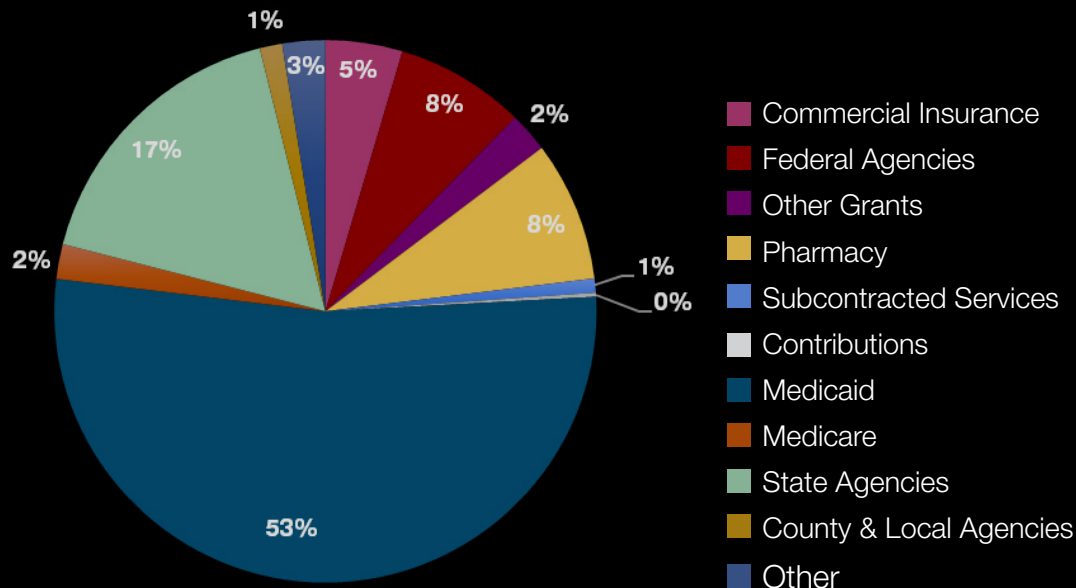
and asked us to partner in 2020 opening of a new clinic in Jacksonville, FL

Health Link coordinated care services awarded

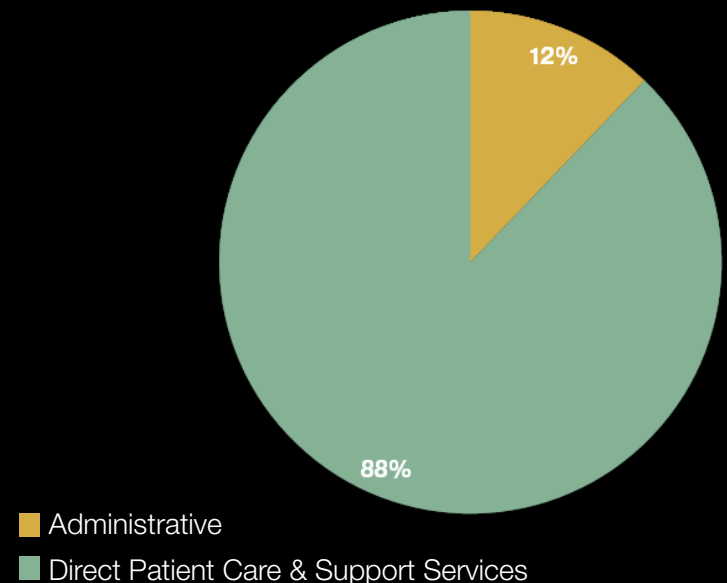
QUALITY STARS RATINGS

from all three Tennessee managed care organizations

Revenue Sources



Revenue: How Used



FY19 Accomplishments

- Becky Stoll, Vice President for Crisis and Disaster Management, received the Dorothea Dix Professional Service Award from the Tennessee Association of Mental Health Organizations (TAMHO)
- Board member Albert Menefee III received the Frank G. Clement Community Service Award from the Tennessee Association of Mental Health Organizations (TAMHO)
- Centerstone's Career Connect was named Community Partner of the Year by Goodwill Industries of Middle Tennessee and by Nashville Workforce Network
- Received a Quality Impact award for Outstanding Clinical Practice at the COSEHC Education Sessions & Quality Impact Practice Transformation Network Collaborative Meeting



Robert N. Vero, EdD
Regional Chief Executive Officer

Board of Directors

Jim Sweeten, Chair

Dana Oman, Vice Chair

Kate Satz, Secretary

R. Parker Griffith,
Immediate Past Chair

Robert N. Vero, EdD, CEO

Janet Ayers

Kathryn Berschback

Kelly Crockett Crook

Father Fred Dettwiller

Dr. Vince Durnan

Mark Faulkner

Tracy Frist

Father Bill Midgett

Dr. Jill Obremskey

Sperry Bell Simmons



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