



Complete Your Advance Directive

Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself**? Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **Health Care Power of Attorney** or **Living Will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you can't speak for yourself.

Think About It. Talk About It. Write it Down.

Come to an **advance care planning** workshop. **Trained instructors** will **talk** about **advance care planning**. They will walk you through the **Health Care Power of Attorney** and **Living Will forms**. You will have the **chance** to have all **your questions answered** and learn **what steps** to take next.

2024 1st Session Advance Directive Workshops (January to June):

- Walk-ins are welcome to in-person workshops.
- At the in-person workshops, a notary will be there to make your forms official.

Registration required for virtual workshops.

To register click on link <https://rb.gy/hrnild> or email YourCareYourChoice@AtriumHealth.org

VIRTUAL WORKSHOPS

February 8, 2024 | 5 to 6:30 p.m.

April 30, 2024 | 1 to 2:30 p.m.

IN-PERSON WORKSHOPS

Allegra Westbrooks Regional Library

2412 Beatties Ford Road | Charlotte, NC 28216

January 9, 2024 | 11 a.m. to 1 p.m.

Midland Public Library

4297 NC Hwy 24/27 C | Midland, NC 28107

January 11, 2024 | 4:30 to 6:30 p.m.

Mauney Memorial Library in Collaboration with the City of Kings Mountain

100 S. Piedmont Ave. | Kings Mountain, NC 28086

January 22, 2024 | 3 to 5 p.m.

Monroe Public Library

316 E. Windsor St. | Monroe, NC 28112

January 25, 2024 | 10 a.m. to noon

Davidson Public Library

119 S. Main St. | Davidson, NC 28036

February 13, 2024 | 2 to 4 p.m.

Harrisburg Public Library

201 Sims Parkway | Harrisburg, NC 28075

February 23, 2024 | 2 to 4 p.m.

Stanly Senior Services

283 N. 3rd St. | Albemarle, NC 28001

February 27, 2024 | 1 to 3 p.m.

2024 1st session Advance Directive Workshops (continued):

Concord Public Library

27 Union St. N. | Concord, NC 28025
March 21, 2024 | 5 to 7 p.m.

Lois Morgan Edwards Memorial Library

414 Hasty St. | Marshville, NC 28103
March 27, 2024 | 10 a.m. to noon

ArchWell Health North Charlotte

5740 N. Graham St. | Charlotte, NC 28269
April 4, 2024 | 1 to 3 p.m.

ArchWell Health Eastway

3022 Eastway Drive, Suite 1-3 | Charlotte, NC 28205
April 9, 2024 | 1 to 3 p.m.

Mt. Pleasant Public Library

8556 Cook St. | Mt. Pleasant, NC 28124
April 23, 2024 | 10 a.m. to noon

Council on Aging in Union County

1401 Skyway Drive | Monroe, NC 28110
April 25, 2024 | 10 a.m. to noon

Cornelius Public Library

21105 Catawba Ave. | Cornelius, NC 28031
May 16, 2024 | 2:30 to 4 p.m.

Kannapolis Public Library

850 Mountain St. | Kannapolis, NC 28081
May 28, 2024 | 5 to 7 p.m.

PE Bazemore Active Adult Center

500 W. Jefferson St. | Monroe, NC 28112
May 30, 2024 | 10 a.m. to noon

Allegra Westbrook Library

2412 Beatties Ford Road | Charlotte, NC 28216
June 6, 2024 | 11 a.m. to 1 p.m.

These Atrium Health hospitals also help with advance directives

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

Where: Atrium Health Cabarrus

When: 1st Thursday of each month from noon to 1 p.m. | To register: 704-403-1443

Where: Atrium Health Carolinas Medical Center

When: 3rd Thursday of each month from 3 to 4 p.m. | To register: 704-355-2218

Where: Atrium Health Cleveland

When: 9 a.m. to 4 p.m. Monday through Friday. | Schedule an appointment: 980-487-3855

Where: Atrium Health Mercy

When: 8 a.m. to 4 p.m. Monday through Friday. | Schedule an appointment: 704-304-5909

Where: Atrium Health Pineville

When: 2nd and 4th Tuesdays from 2 to 3 p.m. | To register: 704-667-2730

Where: Atrium Health Union

When: 9 a.m. to 4 p.m. Monday through Friday. | Schedule an appointment: 980-993-3471

Where: Atrium Health Union West

When: 8:30 a.m. to 12:30 p.m. Monday through Friday. | Schedule an appointment: 980-993-1492

Where: Atrium Health University City

When: 9 a.m. to 4 p.m. Monday through Friday. | Schedule an appointment: 704-863-6589

Questions?

Email us at YourCareYourChoice@AtriumHealth.org
or visit AtriumHealth.org/YourCareYourChoice.

