

## Treatment for Gum Disease: Natural Dental Care

### INTRODUCTION

The natural healing of gum disease starts with the knowledge of what causes gum disease. Once you know these, you can take common sense approaches to healing yourself of this painful condition. Many strategies come from traditional cultures, passed down orally through generations.

Below is a short treatise of our belief system of a natural, non-pharmacologic approach to treating disease. We are putting this here for informational purposes only, and it no way is this intended to infer that we can diagnose, treat, cure or prevent disease. Your results can and will vary from the positive testimonials we have received from the remedies we design to help your body naturally heal gum disease and treat gum pain.

### INCIDENCE OF GUM DISEASE

According to Carol Lewis of the FDA, more than 75 percent of Americans over 35 have some form of gum disease. In its earliest stage, your gums might swell and bleed easily. At its worst, you might lose your teeth. The bottom line? If you want to keep your teeth, you must take care of your gums.

The mouth is a busy place, with millions of bacteria constantly on the move. While some bacteria are harmless, others can attack the teeth and gums. Harmful bacteria are contained in a colorless sticky film called plaque, the cause of gum disease. If not removed, plaque builds up on the teeth and ultimately irritates the gums and causes bleeding. Left unchecked, bone and connective tissue are destroyed, and teeth often become loose and may have to be removed.

A recent poll of 1,000 people over 35 done by Harris Interactive Inc. found that 60 percent of adults surveyed knew little, if anything, about gum disease, the symptoms, available treatments, and--most importantly--the consequences. And 39 percent do not visit a dentist regularly. Yet, gum disease is the leading cause of adult tooth loss. Moreover, a Surgeon General's report issued in May 2000 labeled Americans' bad oral health a "silent epidemic" and called for a national effort to improve oral health among all Americans.

The good news is that in most people gum disease is preventable. Attention to everyday oral hygiene (brushing and flossing), coupled with professional cleanings twice a year, could be all that's needed to prevent gum disease--and actually reverse the early stage--and help you keep your teeth for a lifetime.

In addition, several products have been approved by the Food and Drug Administration specifically to diagnose and treat gum disease, and even regenerate lost bone. These products may help improve the effectiveness of the professional care you receive. (See "FDA-Approved Products for Gum Disease".) However, for those interested in non-engineered organic remedies we believe in a new, natural product that has many testimonials: the [Ascended Health Oral Regenerative Energy Elixir](#).



**Oral  
Regenerative  
Energy Elixir**  
ascendedhealth.com

Formulated for **Gum  
Disease** and **Gum Pain**  
2 oz. \$24.95 ([buy now >](#) )

Based on testimonials, we believe this powerful elixir **helps your body heal infections causing gum disease**. Amazon essential oils, lemurian crystal energy for healing vibrations. **Guaranteed.**

## **WHAT IS GUM DISEASE?**

In the broadest sense, the term gum disease--or periodontal disease--describes bacterial growth and production of factors that gradually destroy the tissue surrounding and supporting the teeth. "Periodontal" means "around the tooth."

Gum disease begins with plaque, which is always forming on your teeth, without you even knowing it. When it accumulates to excessive levels, it can harden into a substance called tartar (calculus) in as little as 24 hours. Tartar is so tightly bound to teeth that it can be removed only during a professional cleaning.

Gingivitis and periodontitis are the two main stages of gum disease. Each stage is characterized by what a dentist sees and feels in your mouth, and by what's happening under your gumline. Although gingivitis usually precedes periodontitis, it's important to know that not all gingivitis progresses to periodontitis.

In the early stage of gingivitis, the gums can become red and swollen and bleed easily, often during toothbrushing. Bleeding, although not always a symptom of gingivitis, is a signal that your mouth is unhealthy and needs attention. The gums may be irritated, but the teeth are still firmly planted in their sockets. No bone or other tissue damage has occurred at this stage. Although dental disease in America remains a serious public health concern, recent developments indicate that the situation is far from hopeless.

Frederick N. Hyman, D.D.S., a dental officer in the FDA's dermatologic and dental drug products division, says that because people seem to be paying more attention to oral hygiene as part of personal grooming, the payoff is "a decline in gingivitis over recent years." Hyman adds that "gingivitis can be reversed in nearly all cases when proper plaque control is practiced," consisting, in part, of daily brushing and flossing.

When gingivitis is left untreated, it can advance to periodontitis. At this point, the inner layer of the gum and bone pull away from the teeth (recede) and form pockets. These small spaces between teeth and gums may collect debris and can become infected. The body's immune system fights the bacteria as the plaque spreads and grows below the gumline. Bacterial toxins and the body's enzymes fighting the infection actually start to break down the bone and connective tissue that hold teeth in place. As the disease progresses, the pockets deepen and more gum tissue and bone are destroyed.

At this point, because there is no longer an anchor for the teeth, they become progressively looser, and the ultimate outcome is tooth loss.

### **Signs and Symptoms**

Periodontal disease may progress painlessly, producing few obvious signs, even in the late stages of the disease. Then one day, on a visit to your dentist, you might be told that you have chronic gum disease and that you may be at increased risk of losing your teeth.

Although the symptoms of periodontal disease often are subtle, the condition is not entirely without warning signs. Certain symptoms may point to some form of the disease. They include:

- \* gums that bleed during and after toothbrushing
- \* red, swollen or tender gums
- \* persistent bad breath or bad taste in the mouth
- \* receding gums
- \* formation of deep pockets between teeth and gums
- \* loose or shifting teeth
- \* changes in the way teeth fit together on biting, or in the fit of partial dentures.

### **CAUSE OF GUM DISEASE AND GUM PAIN**

The basic cause of gum disease is **infection from microbes** – bacteria, viruses, fungi and parasites. These can come from the things you eat, injuries to your teeth or a general predisposition to get infected. Most of the time, it is bacterial infection at the root cause. Literally. The question is – can you prevent bacterial infection? No – the reality is that your mouth is home to a huge population of beneficial bacteria already – they actually help keep the bad microbes out. Then, your body's immune system eliminates the ones that get in.

Be clear that the maintenance of the **good bacterial population** in your mouth is crucial to preventing gum disease and gum pain. Taking systemic antibiotics or gargling with some mouthwashes can lead to the complete killing of all bacteria, leaving your mouth empty and devoid. What happens immediately afterward? There is a mad land grab to occupy the spaces of your mouth as soon as the antibiotic or mouthwash is gone – and frequently, the bad bacteria win out and start living in concert with the good bacteria. This is sometimes known as “thrush”.

This is the same idea behind eating certain foods and drinks – especially ones with high acidic or sugar content. It provides the environment for the bad bacteria to thrive and makes it difficult for your body to heal itself.

Finally, trauma to your mouth can cause gum disease. Anything you do to physically cause openings for bacteria to come inside your gums and invade your body will cause infection. This includes any injury causing bleeding or compaction (e.g. grinding your teeth at night).

### **HOW TO CURE GUM DISEASE AND TREAT GUM PAIN\_- NATURALLY**

Simply put, **help your body get rid of the underlying bacterial infection** – and you will treat gum disease and cure gum pain. That's it.

One way to do this is relatively straightforward – take **nutritional supplements** that kill off infection support body immune functions – but do it by **absorption through the gum mucosa** first. We advocate putting these supplements in the form of an elixir that you swish around your mouth before you swallow. This puts the nutritional in direct contact with the cells in your gums and the bacteria affecting your cells.

Curiously, there is really nothing offered in the market today that effectively maintains a healthy mouth environment. In our opinion, most toothpastes, including the ones with Triclosan (an unnatural, man-made antibiotic) do nothing to improve the health your mouth as it relates to actual gum disease. **Triclosan may even be dangerous.** Reports have suggested that triclosan can combine with chlorine in tap water to form chloroform gas ([PMID 15926568](#)), which the U.S. EPA classifies as a probable human carcinogen. As a result, triclosan was the target of a UK

cancer alert, even though the study showed that the amount of chloroform generated was less than amounts often present in chlorinated drinking waters.

Finally, the fluoride in it that purportedly stops cavities from forming – efficacy aside, it still does not address bacterial infection.

Our method of curing gum disease is by directly attacking the cause of disease (microbial infection) and also supporting your body to fight the disease (immune boosting) and rebuild the dead tissue (regenerative energy boosting).

### **Directly attacking the cause of Gum Disease (microbial infection)**

#### **1. Oxygen**

The most effective way to combat microbial infection is through the infusion of activated oxygen. Even in small doses, dissolved activated oxygen is lethal to the anaerobic bacteria that cause gum pain and gum disease. Oxygen can be infused directly through the application of oxygen-enhanced oils and water. At Ascended Health, we have a proprietary hyperbaric process to infuse our oils with singlet activated oxygen.

In addition, oxygen can be infused indirectly through application of botanical extracts that dilate blood vessels to increase blood flow. These herbs are Arnica and Rosemary.

Oxygen-infused oils act immediately to kill anaerobic bacteria and provide the breath of life to immune cells. The downside is that it doesn't last long. This is where the 2<sup>nd</sup> line of defense comes in – the oils and herbs.

#### **2. Natural Essential Oils with high Anti-Microbial Activity**

Despite our societal reliance on man-made, high cost antibiotics that inhibit microbial growth, there are many natural plants with oils that do the same thing, but much better. They just don't act quite as fast, so you won't see an immediate effect. This comes from oxygen-infusion. Essential Oils with scientifically validated high anti-microbial activity include frankincense, myrrh, cinnamon, oregano, tea tree, neem, peppermint, orange and eucalyptus among others.

#### **3. Natural Botanical Herbs with high Anti-Microbial Activity**

Many plants have high anti-microbial compounds coursing through their system. Just like animals, plants need to protect themselves against pathogens, and since they don't have an equivalent active immune system, they need to rely on internally produced compounds to inhibit microbial growth. These plants include olive, aloe, birch bark (it's sugar compound – xylitol – has been shown to inhibit the bacteria that causes cavities). Many herbs in the Amazon are known to have Anti-microbial activity, such as Cat's claw, Graviola and other herbs.

#### **4. Energetic Healing Vibrations**

It is well known scientifically that healthy cells vibrate at a higher frequency than sick cells. By infusing your body's cells with high vibrational frequencies specifically tuned for healing (e.g. Rife 728 hz, Blue & Humpback Whales, Amazon River Dolphins, Feline purring), your lower frequency state will be transformed to a state from which your body can now start to heal itself. We all naturally vibrate at a high energy frequency during childhood. As we age and take on various stresses, our body starts to lower its basal

state of vibrational frequency.

Infusion of high vibrational healing frequencies can be done in a number of ways, namely through light, sound and ingestion of food supplements that naturally vibrate at a high healing frequency. At Ascended Health, we do all three.

First off, we use organic plant ingredients that naturally vibrate at a high healing frequency. We believe that the reason plant extracts have the effect they do on our bodies is specifically because of the frequencies they are vibrating at. For example, it has been scientifically shown that by simulating the frequency of certain diseases in the body, this activates your body's immune responses to start healing yourself. This is known as **Homeopathy**, a branch of healing that has been existence longer than what is known as modern medicine. Plant vibrations work on the same principle – when ingesting certain plant substances, they stimulate our body to start healing. In fact, many homeopathic remedies use plant material to carry the healing vibrations.

Secondly, we place carriers of healing frequencies into our remedies – namely finely ground quartz crystal from Brazil and Arkansas, using the same principle as radio transmitters. Using proprietary resonance chambers containing Record-Keeper Lemurian Quartz Crystal Healing Wands wrapped in Egyptian Toroidal Coils, we pulse known healing frequencies, Tibetan chants, Spiritual meditations and prayers into the elixirs containing the powdered quartz.

The result is nothing short of astounding – the resulting elixir vibrates at higher frequencies than if we just mixed our ingredients together. We refer to this as “vibrationally-activated” plant extracts.

## 5. Anti-vibrations

Just as there are positive healing frequencies to activate your body's regenerative and healing powers, there can be negative frequencies attuned to specific organisms causing disease – frequencies designed to attenuate or kill the organisms outright. This works on the same principle of an opera singer shattering a crystal glass. At a particular vocal energy level, there exists a frequency that corresponds to the natural vibratory frequency of the glass that is key to breaking its fragile bonds. All organisms work in this same way, even humans. The military and police even have sonic riot-suppression weapons based on this principle.

In the 1930s, Dr. Royal Rife started a branch of medicine long since suppressed to identify the exact vibrational frequency of thousands of pathogenic organisms. Working on the principles learned from past scientists such as Tesla, Lahkovsky and others, he then created ways to pulse the human body with these anti-frequencies, and claimed success in healing cancer and healing disease. The compendium of frequencies associated with a library of known pathogenic organisms, disease processes and cancers are known as the Rife Frequencies. Pulsing the human body took the form of light (Violet Ray machines), electrical pulses (copper rods), electro-magnetic sound waves (Multi-wave oscillators) and sound (speakers). Dr. Hulda Clark is well known for her work with the Rife frequencies and her use of copper rods connected to a frequency generator device.

This type of healing is very individualistic and requires diagnostic devices to properly determine the organism you are afflicted with. Our remedies that are specific to a single purpose, such as our regenerative energy skin oils and serums, contain the anti-frequency for our cell's senescence mechanism. This is the process at which our cells slowly die due to lack of proper mitotic cell division.

We use phase conjugate lasers to create the anti-wave frequencies associated with this – what one Naturopath called the “death hormone”. Having determined the exact spatial wave frequency for this process, we have created the exact opposite wave and converted this wave into a laser light formulation. This laser light frequency is then applied to our regenerative energy elixirs & skin oils using the phase conjugate lasers. Over time, we believe we can actually arrest and eventually reverse the aging process using this method.

### **Body Immune Support**

Supporting your body to increase the efficiency of your immune cells is vital as we age. With all the stress in our lives, T-cells, B-cells, Macrophages and the other cells of our immune system are on constant high alert these days. In addition, the foods we eat are often grown using non-organic chemical supplements. This leads to foods that are empty and devoid of natural trace minerals and vitamins needed to activate our body's healing mechanism.

#### **1. Minerals**

Taking mineral extracts is important to maintaining the essential co-factors needed for enzymes and proteins to act properly. Our minerals in our elixirs come from several places, all in high energy vortex areas. Mount Shasta in the Eastern Sierra Mountains of the United States, Micronesian Volcanoes and the Andes of Peru are some of the sources we get our mineral earth from. This earth is extremely high in monatomic gold, silver, cesium, rubidium, silica and other trace minerals that are vital to the workings of our cells.

Animals know of our mineral earth and have the innate knowledge to eat it right out of the river beds and caves that they are harvested from. In the mountain valley of the Eastern Sierras, we get our high energy earth from Native American tribal land. The Indian shamans that provide the earth for us show us the tracks and bite marks where bears, coyotes, deer and elk all gather to just eat the earth itself. This is not a coincidence – it is nature telling us that there are better places than a drug store to get nutritional supplements.

We believe that our minerals help our bodies oxygenize and activate our DNA. Within the nucleus of each cell, our DNA is tightly wrapped. In order for them to receive the minerals that they need to properly activate, it needs to be in nanomolecular form – in extremely small monatomic states. These minerals cannot be produced at inexpensive levels artificially. Only nature can do this. Only nature can produce the minerals we need in monatomic form, in a way that our bodies need it.

We believe that our minerals are gene minerals. When you take and swallow our elixirs, you are taking a monatomic mineral supplement, and your body will start to respond immediately. The bears, deer and other wild animals know this, and it is time that we do





also.

## **Ascended Health's Organic Regenerative Energy Elixir**

Below describes our own oral regenerative energy elixir that we all use everyday. We are quite proud of what we do and it works so good - many of us will not live without this elixir.

NOTE: This is concentrated - a little goes a long way to relieve gum pain. This elixir is designed to help eliminate the high costs of gum disease and dental procedures. Don't let the cost fool you into comparing this to other toothpastes that do nothing to heal your gums. Think of the dental procedures you will not have to pay for. We have many testimonials to prove this. Please note that this is not FDA Approved and at no time do we claim that this prevents, cures or treats disease. Your results can and will vary. This is an all natural raw organic supplement.

This elixir is designed to:

- **Kill Bacteria** that causes cavities, gum pain and tooth decay
- **Eliminate Pain**
- **Rebuild gum tissue**
- **Detoxify** your body

### **NOVEL NEUTRACEUTICAL DELIVERY SYSTEM**

We pack it full of powerful herbal essential oils and tissue regeneration factors not found in any toothpaste out today – FACTORS CLINICALLY SHOWN TO INHIBIT CANCER AND ENHANCE YOUR IMMUNE SYSTEM. So when you brush with this paste, you are actually absorbing supplements into your body that will help you become and remain healthy. This is how: it also has special mineralized magnetic earth that we believe opens the pores of your gums to actually shuttle molecules across the mucous membrane. We call it **active transport**, and by bypassing the stomach and small intestine, these molecules do not get broken down by the liver. Most toothpastes, to keep the prices down, are quite **cheap** and don't have enough power in them to actually kill the bad bacteria, let alone rebuild the tissue and deliver important healing factors to your body.

### **SACRED GEOMETRY AND MESSAGES ON LABEL**

Following the studies of Dr. Masaru Emoto ("What the Bleep" movie fame), we have specific sacred geometry and words to restructure the crystalline properties of the paste. Your body will feel the healing power of this elixir the first time you use it.