## 7. Proof of Lemma 2.2 - Local Packing Set

Towards the proof of Lemma 2.2, we develop a modified version of the Varshamov-Gilbert Lemma adapted to our specific model: the set of characteristic vectors of the S-T paths of a (p, k, d)-layer graph G.

Let  $\delta_H(\mathbf{x}, \mathbf{y})$  denote the Hamming distance between two points  $\mathbf{x}, \mathbf{y} \in \{0, 1\}^p$ :

$$\delta_H(\mathbf{x}, \mathbf{y}) \triangleq |\{i : x_i \neq y_i\}|.$$

**Lemma 7.4.** Consider a (p, k, d)-layer graph G on p vertices and the collection  $\mathcal{P}(G)$  of S-T paths in G. Let

$$\Omega \triangleq \{\mathbf{x} \in \{0,1\}^p : supp(\mathbf{x}) \in \mathcal{P}(G)\},\$$

i.e., the set of characteristic vectors of all S-T paths in G. For every  $\xi \in (0, 1)$ , there exists a set,  $\Omega_{\xi} \subset \Omega$  such that

$$\delta_H(\mathbf{x}, \mathbf{y}) > 2(1 - \xi) \cdot k, \quad \forall \mathbf{x}, \mathbf{y} \in \Omega_{\xi}, \mathbf{x} \neq \mathbf{y}, \quad (29)$$

and

$$\log |\Omega_{\xi}| \ge \log \frac{p-2}{k} + (\xi \cdot k - 1) \cdot \log d - k \cdot H(\xi), \tag{30}$$

where  $H(\cdot)$  is the binary entropy function.

*Proof.* Consider a labeling  $1, \ldots, p$  of the p vertices in G, such that variable  $\omega_i$  is associated with vertex i. Each point  $\omega \in \Omega$  is the characteristic vector of a set in  $\mathcal{P}(G)$ ; nonzero entries of  $\omega$  correspond to vertices along an S-T path in G. With a slight abuse of notation, we refer to  $\omega$  as a path in G. Due to the structure of the (p, k, d)-layer graph G, all points in  $\Omega$  have exactly k+2 nonzero entries, i.e.,

$$\delta_H(\boldsymbol{\omega}, \mathbf{0}) = k + 2, \quad \forall \boldsymbol{\omega} \in \Omega.$$

Each vertex in  $\omega$  lies in a distinct layer of G. In turn, for any pair of points  $\omega, \omega' \in \Omega$ ,

$$\delta_H(\boldsymbol{\omega}, \boldsymbol{\omega}') = 2 \cdot (k - |\{i : \omega_i = \omega_i' = 1\}| - 2). \quad (31)$$

Note that the Hamming distance between the two points is a linear function of the number of their common nonzero entries, while it can take only even values with a maximum value of 2k.

Without loss of generality, let S and T corresponding to vertices 1 and p, respectively. Then, the above imply that

$$\omega_1 = \omega_p = 1, \quad \forall \boldsymbol{\omega} \in \Omega.$$

Consider a fixed point  $\widehat{\omega} \in \Omega$ , and let  $\mathcal{B}(\widehat{\omega}, r)$  denote the Hamming ball of radius r centered at  $\widehat{\omega}$ , *i.e.*,

$$\mathcal{B}(\widehat{\boldsymbol{\omega}},r) \triangleq \{ \boldsymbol{\omega} \in \{0,1\}^p : \delta_H(\widehat{\boldsymbol{\omega}},\boldsymbol{\omega}) \leq r \}.$$

The intersection  $\mathcal{B}(\widehat{\omega},r)\cap\Omega$  corresponds to S-T paths in G that have at least k-r/2 additional vertices in common with  $\widehat{\omega}$  besides vertices 1 and p that are common to all paths in  $\Omega$ :

$$\begin{split} \mathcal{B}(\widehat{\boldsymbol{\omega}},r) &\cap \Omega \\ &= \{ \boldsymbol{\omega} \in \Omega : \delta_H(\widehat{\boldsymbol{\omega}},\boldsymbol{\omega}) \leq r \} \\ &= \{ \boldsymbol{\omega} \in \Omega : |\{i : \widehat{\omega}_i = \omega_i = 1\}| \geq k - \frac{r}{2} + 2 \} \,, \end{split}$$

where the last equality is due to (31). In fact, due to the structure of G, the set  $\mathcal{B}(\widehat{\omega},r)\cap\Omega$  corresponds to the S-T paths that  $meet\ \widehat{\omega}$  in at least k-r/2 intermediate layers. Taking into account that  $|\Gamma_{\rm in}(v)|=|\Gamma_{\rm out}(v)|=d$ , for all vertices v in V(G) (except those in the first and last layer),

$$|\mathcal{B}(\widehat{\boldsymbol{\omega}},r)\cap\Omega|\leq \binom{k}{k-\frac{r}{2}}\cdot d^{k-\left(k-\frac{r}{2}\right)}=\binom{k}{k-\frac{r}{2}}\cdot d^{\frac{r}{2}}.$$

Now, consider a maximal set  $\Omega_{\xi} \subset \Omega$  satisfying (29), i.e., a set that cannot be augmented by any other point in  $\Omega$ . The union of balls  $\mathcal{B}(\omega, 2(1-\xi)\cdot (k-1))$  over all  $\omega \in \Omega_{\xi}$  covers  $\Omega$ . To verify that, note that if there exists  $\omega' \in \Omega \setminus \Omega_{\xi}$  such that  $\delta_H(\omega, \omega') > 2(1-\xi)\cdot (k-1)$ ,  $\forall \omega \in \Omega_{\xi}$ , then  $\Omega_{\xi} \cup \{\omega'\}$  satisfies (29) contradicting the maximality of  $\Omega_{\xi}$ . Based on the above,

$$\begin{aligned} |\Omega| &\leq \sum_{\boldsymbol{\omega} \in \Omega_{\xi}} |\mathcal{B}(\boldsymbol{\omega}, 2(1 - \xi) \cdot k) \cap \Omega| \\ &\leq \sum_{\mathbf{x} \in \Omega_{\xi}} {k \choose k - (1 - \xi)k} \cdot d^{(1 - \xi) \cdot k} \\ &\leq \sum_{\mathbf{x} \in \Omega_{\xi}} {k \choose \xi k} \cdot d^{(1 - \xi) \cdot k} \\ &\leq |\Omega_{\xi}| \cdot 2^{k \cdot H(\xi)} \cdot d^{(1 - \xi) \cdot k}. \end{aligned}$$

Taking into account that

$$|\Omega| = |\mathcal{P}(G)| = \frac{p-2}{k} \cdot d^{k-1},$$

we conclude that

$$\frac{p-2}{k} \cdot d^{k-1} \le |\Omega_{\xi}| \cdot 2^{k \cdot H(\xi)} \cdot d^{(1-\xi) \cdot k},$$

from which the desired result follows.

**Lemma 2.2.** (Local Packing) Consider a (p, k, d)-layer graph G on p vertices with  $k \geq 4$  and  $\log d \geq 4 \cdot H(3/4)$ . For any  $\epsilon \in (0, 1]$ , there exists a set  $\mathcal{X}_{\epsilon} \subset \mathcal{X}(G)$  such that

$$\epsilon/\sqrt{2} < \|\mathbf{x}_i - \mathbf{x}_j\|_2 \le \sqrt{2} \cdot \epsilon,$$

for all  $\mathbf{x}_i, \mathbf{x}_j \in \mathcal{X}_{\epsilon}$ ,  $\mathbf{x}_i \neq \mathbf{x}_j$ , and

$$\log |\mathcal{X}_{\epsilon}| \geq \log \frac{p-2}{k} + \frac{1}{4} \cdot k \log d.$$

*Proof.* Without loss of generality, consider a labeling  $1, \ldots, p$  of the p vertices in G, such that S and T correspond to vertices 1 and p, respectively. Let

$$\Omega \triangleq \{\mathbf{x} \in \{0,1\}^p : \operatorname{supp}(\mathbf{x}) \in \mathcal{P}(G)\},\$$

where  $\mathcal{P}(G)$  is the collection of S-T paths in G. By Lemma 7.4, and for  $\xi=3/4$ , there exists a set  $\Omega_{\xi}\subseteq\Omega$  such that

$$\delta_H(\boldsymbol{\omega}_i, \boldsymbol{\omega}_j) > \frac{1}{2} \cdot k,$$
 (32)

 $\forall \boldsymbol{\omega}_i, \boldsymbol{\omega}_i \in \Omega_{\mathcal{E}}, \boldsymbol{\omega}_i \neq \boldsymbol{\omega}_i$ , and,

$$\log |\Omega_{\xi}| \ge \log \frac{p-2}{k} + \left(\frac{3}{4} \cdot k - 1\right) \log d - k \cdot H\left(\frac{3}{4}\right)$$

$$\ge \log \frac{p-2}{k} + \frac{2}{4} \cdot k \cdot \log d - k \cdot H\left(\frac{3}{4}\right)$$

$$\ge \log \frac{p-2}{k} + \frac{1}{4} \cdot k \cdot \log d$$
(33)

where the second and third inequalites hold under the assumptions of the lemma;  $k \ge 4$  and  $\log d \ge 4 \cdot H(3/4)$ .

Consider the bijective mapping  $\psi:\Omega_\xi\to\mathbb{R}^p$  defined as

$$\psi(\boldsymbol{\omega}) = \left[ \sqrt{\frac{(1-\epsilon^2)}{2}} \cdot \omega_1, \ \frac{\epsilon}{\sqrt{k}} \cdot \boldsymbol{\omega}_{2:p-1}, \ \sqrt{\frac{(1-\epsilon^2)}{2}} \cdot \omega_p \right].$$

We show that the set

$$\mathcal{X}_{\epsilon} \triangleq \{ \psi(\boldsymbol{\omega}) : \boldsymbol{\omega} \in \Omega_{\epsilon} \}.$$

has the desired properties. First, to verify that  $\mathcal{X}_{\epsilon}$  is a subset of  $\mathcal{X}(G)$ , note that  $\forall \omega \in \Omega_{\xi} \subset \Omega$ ,

$$\operatorname{supp}(\psi(\omega)) = \operatorname{supp}(\omega) \in \mathcal{P}(G), \tag{34}$$

and

$$\|\psi(\boldsymbol{\omega})\|_{2}^{2} = 2 \cdot \frac{(1 - \epsilon^{2})}{2} + \frac{\epsilon^{2}}{k} \cdot \sum_{i=2}^{p-1} \omega_{i} = 1.$$

Second, for all pairs of points  $\mathbf{x}_i, \mathbf{x}_j \in \mathcal{X}_{\epsilon}$ ,

$$\|\mathbf{x}_i - \mathbf{x}_j\|_2^2 = \delta_H(\boldsymbol{\omega}_i, \boldsymbol{\omega}_j) \cdot \frac{\epsilon^2}{k} \le 2 \cdot k \cdot \frac{\epsilon^2}{k} = 2 \cdot \epsilon^2.$$

The inequality follows from the fact that  $\delta_H(\boldsymbol{\omega}, \mathbf{0}) = k + 2$  $\omega_1 = 1$  and  $\omega_p = 1, \forall \boldsymbol{\omega} \in \Omega_{\xi}$ , and in turn

$$\delta_H(\boldsymbol{\omega}_i, \boldsymbol{\omega}_i) < 2 \cdot k.$$

Similarly, for all pairs  $\mathbf{x}_i, \mathbf{x}_j \in \mathcal{X}_{\epsilon}, \mathbf{x}_i \neq \mathbf{x}_j$ ,

$$\|\mathbf{x}_i - \mathbf{x}_j\|_2 = \delta_H(\boldsymbol{\omega}_i, \boldsymbol{\omega}_j) \cdot \frac{\epsilon^2}{k} \ge \frac{1}{2} \cdot k \cdot \frac{\epsilon^2}{k} = \frac{\epsilon^2}{2},$$

where the inequality is due to (32). Finally, the lower bound on the cardinality of  $\mathcal{X}_{\epsilon}$  follows immediately from (33) and the fact that  $|\mathcal{X}_{\epsilon}| = |\Omega_{\epsilon}|$ , which completes the proof.

## 8. Details in proof of Lemma 1

We want to show that if

$$\epsilon^2 = \min \left\{ 1, \ \frac{C' \cdot (1+\beta)}{\beta^2} \cdot \frac{\log \frac{p-2}{k} + \frac{k}{4} \cdot \log d}{n} \right\}$$

for an appropriate choice of C' > 0, then the following two conditions (Eq. (13)) are satisfied:

$$n \cdot \frac{2\epsilon^2 \beta^2}{(1+\beta)} \frac{1}{\log |\mathcal{X}_{\epsilon}|} \le \frac{1}{4} \text{ and } \log |\mathcal{X}_{\epsilon}| \ge 4 \log 2.$$

For the second inequality, recall that by Lemma 2.2,

$$\log |\mathcal{X}_{\epsilon}| \ge \log \frac{p-2}{k} + \frac{1}{4} \cdot k \log d > 0.$$
 (35)

Under the assumptions of Thm. 1 on the parameters k and d (note that  $p-2 \ge k \cdot d$  by the structure of G),

$$\log |\mathcal{X}_{\epsilon}| \ge \log \frac{p-2}{k} + \frac{k}{4} \cdot \log d \ge 4 \cdot H(3/4) \ge 4 \log 2,$$

which is the desired result.

For the first inequality, we consider two cases:

• First, we consider the case where  $\epsilon^2 = 1$ , *i.e.*,

$$\epsilon^2 = 1 \le \frac{C' \cdot (1+\beta)}{\beta^2} \cdot \frac{\log \frac{p-2}{k} + \frac{k}{4} \cdot \log d}{n}.$$

Equivalently,

$$n \cdot \frac{2\epsilon^2 \beta^2}{(1+\beta)} \le 2 \cdot C' \cdot \left(\log \frac{p-2}{k} + \frac{k}{4} \cdot \log d\right). \tag{36}$$

• In the second case,

$$\epsilon^2 = \frac{C' \cdot (1+\beta)}{\beta^2} \cdot \frac{\log \frac{p-2}{k} + \frac{k}{4} \cdot \log d}{\beta^2},$$

which implies that

$$n \cdot \frac{2\epsilon^2 \beta^2}{(1+\beta)} = 2 \cdot C' \cdot \left(\log \frac{p-2}{k} + \frac{k}{4} \cdot \log d\right). \tag{37}$$

Combining (36) or (37), with (35), we obtain

$$n \cdot \frac{2\epsilon^2 \beta^2}{(1+\beta)} \frac{1}{\log |\mathcal{X}_{\epsilon}|} \le 2 \cdot C' \le \frac{1}{4}$$

for 
$$C' \leq 1/8$$
.

We conclude that for  $\epsilon$  chosen as in (12), the conditions in (13) hold.

9. Other

**Assumption 1.** There exist i.i.d. random vectors  $\mathbf{z}_1, \dots, \mathbf{z}_n \in \mathbb{R}^p$ , such that  $\mathbb{E}\mathbf{z}_i = \mathbf{0}$  and  $\mathbb{E}\mathbf{z}_i\mathbf{z}_i^\top = \mathbb{I}_p$ ,

and

$$\sup_{\mathbf{x} \in \mathbb{S}_2^{p-1}} \|\mathbf{z}_i^\top \mathbf{x}\|_{\psi_2} \le K, \tag{39}$$

where  $\mu \in \mathbb{R}^p$  and K > 0 is a constant depending on the distribution of  $\mathbf{z}_i$ s.

$$\mathbf{y} = \mu + \mathbf{\Sigma}^{1/2} \mathbf{z}_i \tag{38}$$