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# Distinguishing Cause from Effect Using Quantiles: Bivariate Quantile Causal Discovery

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## Abstract

Causal inference using observational data is challenging, especially in the bivariate case. Through the minimum description length principle, we link the postulate of independence between the generating mechanisms of the cause and of the effect given the cause to quantile regression. Based on this theory, we develop Bivariate Quantile Causal Discovery (bQCD), a new method to distinguish cause from effect assuming no confounding, selection bias or feedback. Because it uses multiple quantile levels instead of the conditional mean only, bQCD is adaptive not only to additive, but also to multiplicative or even location-scale generating mechanisms. To illustrate the effectiveness of our approach, we perform an extensive empirical comparison on both synthetic and real datasets. This study shows that bQCD is robust across different implementations of the method (i.e., the quantile regression), computationally efficient, and compares favorably to state-of-the-art methods.

## 1. Introduction

Driven by the usefulness of causal inference in most scientific fields, an increasing body of research has contributed towards understanding the generative processes behind data. The aim is elevation of learning models towards more powerful interpretations: from correlations and dependencies towards *causation* (Pearl, 2009; Spirtes et al., 2000; Dawid et al., 2007; Pearl et al., 2016; Schölkopf, 2019).

While the golden standard for causal discovery is randomized control trials (Fisher, 1936), experiments or interventions in a system are often prohibitively expensive, unethical, or, in many cases, impossible. In this context, an alternative is to use observational data to infer causal relationships

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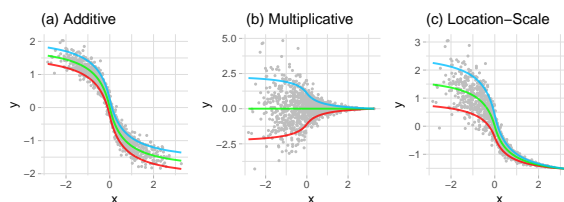


Figure 1. Diverse cause-effect ( $X \rightarrow Y$ ) setups. Green - median, blue - 0.9<sup>th</sup> quantile, red - 0.1<sup>th</sup> quantile. Focusing on the mean only is not enough in the location-scale and multiplicative cases.

(Spirtes et al., 2000; Maathuis & Nandy, 2016). This challenging task has been tackled by many, often relying on testing conditional independence and backed up by heuristics (Maathuis & Nandy, 2016; Spirtes & Zhang, 2016; Peters et al., 2017).

Borrowing from structural equations and graphical models, structural causal models (SCMs, Pearl et al., 2016; Peters et al., 2017) represent the causal structure of variables  $X_1, \dots, X_d$  using equations such as

$$X_c = f_c(X_{PA(c),\mathcal{G}}, N_c), c \in \{1, \dots, d\},$$

where  $f_c$  is a causal mechanism linking the child/effect  $X_c$  to its parents/direct causes  $X_{PA(c),\mathcal{G}}$ ,  $N_c$  is another variable independent of  $X_{PA(c),\mathcal{G}}$ , and  $\mathcal{G}$  is the directed graph obtained from drawing arrows from parents to their children. Further complications arise when observing only two variables: one cannot distinguish between latent confounding ( $X \leftarrow Z \rightarrow Y$ ) and direct causation ( $X \rightarrow Y$  or  $X \leftarrow Y$ ) without additional assumptions (Shimizu et al., 2006; Janzing et al., 2012; Peters et al., 2014; Lopez-Paz et al., 2015). In this paper, we focus on distinguishing cause from effect in a bivariate setting, assuming the presence of a causal link, but no confounding, selection bias or feedback.

An alternative is to impose specific structural restrictions. For example, (non-)linear additive noise models with  $Y = f(X) + N_Y$  (Shimizu et al., 2006; Hoyer et al., 2009; Peters et al., 2011) or post nonlinear models  $Y = g(f(X) + N_Y)$  (Zhang & Hyvärinen, 2009) allow to establish causal identifiability without some of those assumptions.

In Figure 1, we illustrate a limitation of causal inference methods based on the conditional mean and refer to Section 2.2 for more details on the underlying generative mechanisms. From Figure 1(a), it is clear that the variance of the

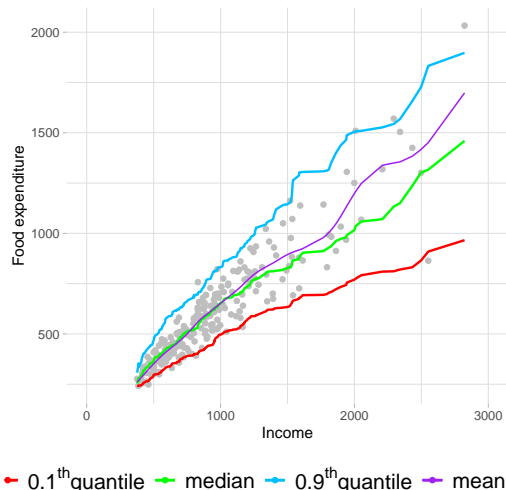


Figure 2. Heteroskedasticity in food expenditure as a function of income for Belgian working class households. Our method uses multiple quantiles to find the correct causal direction.

effect variable is independent of the cause. As a result, the independence between the cause and the effect’s noise can be measured in various ways by subtracting an estimate of the conditional mean. In Figure 1(b) and (c) however, the mechanisms are  $Y = g(X)N_Y$  and  $Y = f(X) + g(X)N_Y$  respectively. In other words, the variance of the effect also depends on the cause, i.e. it exhibits heteroskedasticity. Assume that  $E(N_Y) = 0$ , then in the multiplicative case, we have that  $E(Y|X = x) = 0$ . And it is not sensible to use the conditional mean to identify the causal direction. But since  $\text{Var}(Y|X = x) = x^2$ , the variance is more informative. Similarly, features of the conditional distributions (e.g., conditional spread) different from the location might help. In such cases, relying on multiple (conditional) quantiles rather than on the mean only can help. As we show in Section 3, it allows us to correctly determine the causal direction across various benchmarks where additive-noise competitors fail when their assumptions are not met.

A classic example of real world data displaying such features is the impact of income on expenditure on meals: as an individual’s income increases, so does its food expenditure and food expenditure variability. An explanation could be as follows: while a poorer person will spend a rather constant amount on inexpensive food, wealthier individuals occasionally buy inexpensive food and sometimes eat expensive meals. Or, that wealthier individuals have more leeway when deciding which fraction of their income to allocate to food expenditure, whereas poorer ones are constrained by necessity. This heteroskedastic effect can be observed in Figure 2, where our method use multiple quantiles to find the correct causal direction.

Another line of work avoids functional restrictions by relying on the *independence of cause and mechanism* postulate (Schölkopf et al., 2012; Peters et al., 2017).

**Postulate 1** (Sgouritsa et al. 2015). *The marginal distribution of the cause and the conditional distribution of the effect given the cause, corresponding to independent mechanisms of nature, are algorithmically independent (i.e., they contain no information about each other).*

Information Geometric Causal Inference (IGCI) (Janzing et al., 2012) uses the postulate directly for causal discovery. Similarly, Regression Error based Causal Inference (RECI) (Blöbaum et al., 2018) develops structural assumptions based on the postulate to imply that, if  $X$  causes  $Y$  implies an asymmetry in mean-regression errors, that is

$$E[(Y - E[Y|X])^2] \leq E[(YX - E[X|Y])^2]. \quad (1)$$

Alternatively, (Mooij et al., 2009; Janzing & Schölkopf, 2010) reformulate the postulate through asymmetries in Kolmogorov complexities (Kolmogorov, 1963) between marginal and conditionals distributions. However, the halting problem (Turing, 1938) implies that the Kolmogorov complexity is not computable, and approximations or proxies have to be derived to make the concept practical.

In this context, (Mooij et al., 2010) proposes a method based on the minimum message length principle using Bayesian priors, while others are based on reproducing kernel Hilbert space embedding such as EMD (Chen et al., 2014), FT (Liu & Chan, 2017) and KCDC by Mitrovic et al. (2018), or using entropy as a measure of complexity (Kocaoglu et al., 2017). A related line of work suggests using the minimum description length (MDL, Rissanen, 1978) principle as a proxy for Kolmogorov complexity: (Budhathoki & Vreeken, 2017) uses MDL for causal discovery on binary data, and Slope (Marx & Vreeken, 2017; 2019) implements (local and) global functional relations using MDL based regression and is suitable for continuous data.

In this paper, we build on a similar idea, using *quantile scoring* as a proxy for the Kolmogorov complexity through the MDL principle. We develop a method leveraging asymmetries similar to (1), replacing the squared loss and conditional mean by the pinball loss and conditional quantiles. To the best of our knowledge, quantiles have only been mentioned in a somewhat related context by (Heinze-Deml et al., 2018), where quantile predictions are used to exploit the invariance of causal models across different environments. As opposed to (Heinze-Deml et al., 2018), our method uses an asymmetry directly derived from the postulate, and therefore it does not require an additional variable for the environment.

To avoid the restrictive assumptions imposed by standard quantile regression techniques (e.g., linearity of the quantiles or additive relationships), we suggest fully nonparametric bQCD implementations using three different approaches: *copulas, quantile forests or quantile neural networks*. We also show that bQCD is robust to the choice regression approach. To the best of our knowledge, we are the first to explore the idea of using conditional quantiles to distinguish

cause from effect in bivariate observational data. Our main contributions are:

- a new method based on quantile scoring to determine the causal direction without any assumptions on the class of causal mechanisms along with a theoretical analysis justifying its usage (Section 2),
- *bivariate quantile causal discovery* (bQCD), an efficient implementation robust to the choice of underlying regressor (Section 3.1),
- a new benchmark set of synthetic cause-effect pairs from additive, location-scale and multiplicative noise models (Section 3.2),
- a comparative study to benchmark bQCD against state-of-the-art alternatives (Section 3).

## 2. Causal Discovery using Quantiles

In this section, we develop our quantile-based method for distinguishing between cause and effect from continuous and discrete observational data.

**Problem setting** We restrict ourselves to bivariate cases by considering pairs of univariate random variables. We further simplify the problem by assuming the existence of a causal relationship but the absence of confounding, selection bias, and feedback.

### 2.1. Kolmogorov Complexity and Quantile Scoring

Let  $X$  and  $Y$  be two random variables with some joint distribution  $F$ , and where  $F_X, F_Y$  and  $F_{Y|X}, F_{X|Y}$  are respectively the marginal and conditional distributions. The Kolmogorov complexity of a distribution  $F$ , denoted by  $K(F)$ , is the length of the shortest program  $p$  that outputs  $F(x)$  up to precision  $q$  for all  $x$ , that is

$$K(F) = \min \{ |p| : |U(p, q, x) - F(x)| \leq 1/q, \forall x \},$$

with  $U$  a Turing machine extracting  $p(x, q)$  (see Janzing & Schölkopf, 2010, and references therein).

In our setting, the Kolmogorov complexity can be leveraged to discover which one of  $X$  and  $Y$  is the cause and which one is the effect through the following theorem:

**Theorem 1** (Mooij et al. 2010). *If Postulate 1 holds and  $X$  causes  $Y$ , then  $K(F_X) + K(F_{Y|X}) \leq K(F_Y) + K(F_{X|Y})$ .*

Stated differently, the causal direction between  $X$  and  $Y$  can be recognized as the least complex, that is the decomposition of the joint distribution leading to the lowest value of the Kolmogorov complexity. This is because, in this context, the direct translation of Postulate 1 is that the mutual information between  $F_X$  and  $F_{Y|X}$  equals zero while that between  $F_Y$  and  $F_{X|Y}$  does not. In other words, the number of bits saved when compressing  $X$  and  $Y$  jointly rather than

compressing them independently is smaller when using the causal factorization of the joint distribution. Importantly, because we assumed the existence of a causal link, the asymmetry in Theorem 1 is not only necessary but also sufficient.

**Remark 1.** *Note that our problem setting corresponds to assumptions A, B and C in (Mooij et al., 2010). Furthermore, Theorem 1 holds up to an additive constant, as the asymmetry does not depend on the strings involved, but may depend on the Turing machines they refer to (see e.g., Janzing & Schölkopf, 2010; Hernández-Orallo & Dowe, 2010). When using the same Turing machine to compute all complexities, carrying this constant over is not required.*

Since the Kolmogorov complexity is not computable, we use the MDL principle (Rissanen, 1978) as a proxy: the less complex direction becomes the one allowing a better compression of the data. In other words, the correct causal direction allows to store information using the shortest description length, or code length (CL).

**Two-step MDL encoding** To construct a coding scheme satisfying the MDL principle, we use a two-stage approach (see e.g., Hansen & Yu, 2001, Section 3.1): first encode a model and then the data using that model. Assume that the goal is to compress  $X = \{X_i\}_{i=1}^n$  with  $X_i \in \mathcal{X}$  i.i.d. according to some distribution  $F_X \in \mathcal{F}$ , where the model class is known to be  $\mathcal{F} = \{f_\theta(\cdot) \mid \theta \in \Theta\}$  and  $\theta$  is an indexing parameter. When  $\theta$  is known, Shannon’s source coding theorem implies that an encoding based on  $f_\theta$  is “optimal”: on average, it achieves the lower bound on any lossless compression, that is the differential entropy  $-n \int_{\mathcal{X}} f_\theta(z) \log f_\theta(z) dz$ . And the code length of a dataset encoded using the known  $f_\theta$  is given by minus its log-likelihood  $\text{CL}(X \mid \theta) = -\sum_{i=1}^n \log f_\theta(X_i)$ . This optimal scheme thus amounts at transmitting the true parameter along with the data encoded using its known distribution:

$$\text{CL}_\theta(X) = \text{CL}(\theta) + \text{CL}(X \mid \theta), \quad (2)$$

where the two terms on the right-hand side result from transmitting the model and the data encoded using the model (see e.g., Hansen & Yu, 2001, Section 3.1).

**Encoding marginals via quantiles** Since knowledge of the model class and true parameter is seldom achieved, consider compression using partial information about the data-generating process. Assuming that we only know a  $\tau$ -quantile  $q_{X,\tau} = \arg \inf_q \{q \mid F_X(q) = \tau\}$ , we can compress the data by transmitting  $\tau$ ,  $q_{X,\tau}$ , and the “residuals”  $E_X = \{X_i - q_{X,\tau}\}_{i=1}^n$ . This encoding results in

$$\text{CL}_\tau(X) = \text{CL}(\tau) + \text{CL}(q_{X,\tau}) + \text{CL}(E_X \mid q_{X,\tau}, \tau). \quad (3)$$

To encode  $E_X$ , it is then natural to use the asymmetric Laplace (AL) distribution (see Aue et al., 2014; Geraci & Bottai, 2007; Yu et al., 2003) with density  $f(z; q, \tau) =$

$\tau(1-\tau) \exp(-S_\tau(q, z))$ , where  $S_\tau(\cdot, \cdot)$  is the quantile scoring (QS) function

$$S_\tau(x_1, x_2) = (\mathbb{I}\{x_1 \geq x_2\} - \tau)(x_1 - x_2).$$

Given that the distribution of  $E_X$  is generally unknown, using the AL is optimal in the sense that the population quantile is exactly the minimizer of the QS's expected value, namely  $q_{X,\tau} = \operatorname{argmin}_q \mathbb{E}[S_\tau(q, X)]$ . We revisit the link between QS and the AL in Section 2.2.

Using this encoding, the last term in the right-hand side of (3) is finally given by the negative of the AL log-likelihood (Rissanen, 1986), that is

$$\text{CL}(E_X | q_{X,\tau}, \tau) = \sum_{i=1}^n S_\tau(q_{X,\tau}, X_i) - a_n(\tau), \quad (4)$$

where  $a_n(\tau) = n \log(\tau(1-\tau))$ .

**Encoding conditionals via quantiles** Next, consider the problem of compressing  $\{X_i, Y_i\}_{i=1}^n$  with  $(X_i, Y_i)$  i.i.d. according to some joint distribution  $F$ . Because  $F$  can be decomposed using the marginal and the conditional distributions, one can proceed as above with  $F_X$  to compress  $X$ , and then use  $F_{Y|X}$  to compress  $Y$  given  $X$ . Assume similarly that the only information about the conditional data-generating process is the conditional  $\tau$ -quantile  $q_{Y|X=x,\tau} = \operatorname{arginf}_q \{q | F_{Y|X=x}(q) = \tau\}$  of  $Y$  given  $X = x$ . Encoding a conditional distribution using (3) and (4) thus results in

$$\begin{aligned} \text{CL}_\tau(Y | X) &= \text{CL}(\tau) + \text{CL}(q_{Y|X,\tau}) \\ &+ \sum_{i=1}^n S_\tau(q_{Y|X=X_i,\tau}, Y_i) - a_n(\tau). \end{aligned} \quad (5)$$

In other words, the data is compressed by transmitting  $\tau$ ,  $q_{Y|X,\tau}$ , and the "residuals"  $E_{Y|X} = \{Y_i - q_{Y|X=X_i,\tau}\}_{i=1}^n$ . Note that, for a given fixed quantile level  $\tau$ , while  $q_{X,\tau}$  is a real number,  $q_{Y|X,\tau}$  is generally a function of the conditioning variable.

**Causal identification via quantiles** The same idea can be applied to compress the data with the decomposition of the joint distribution  $F$  using the marginal  $F_Y$  and the conditional  $F_{X|Y}$  distributions. But according to Theorem 1 and using CLs as proxies for Kolmogorov complexities, if  $X$  is a cause of  $Y$ , one expects that for all  $\tau \in (0, 1)$

$$\text{CL}_\tau(X) + \text{CL}_\tau(Y | X) \leq \text{CL}_\tau(Y) + \text{CL}_\tau(X | Y)$$

with high probability as the sample size increases. We thus make the following "identifying" assumption for  $X$  to be a cause of  $Y$ :

**Assumption 1.**  $P\left(\frac{\text{CL}_\tau(X) + \text{CL}_\tau(Y|X)}{\text{CL}_\tau(Y) + \text{CL}_\tau(X|Y)} \leq 1\right) \xrightarrow{n \rightarrow \infty} 1$

This assumption is called identifying because, if the ratio of CLs equals 1 for all  $\tau \in (0, 1)$ , quantile-based CLs cannot

be leveraged for causal discovery. For any given sample size and quantile level  $\tau$ , cases where  $\text{CL}(\tau) = \infty$ ,  $\text{CL}(q_{X,\tau}) = \infty$  or  $\text{CL}(q_{Y|X,\tau}) = \infty$  are problematic. The issue can be resolved by assuming for instance that all population quantities are computable and can be transmitted using a finite albeit potentially increasing precision.

Using  $O/o$  for the usual asymptotic notations, we draw a first link between CLs and QSs at the population level.

**Theorem 2.** *Assume that  $\text{CL}(l) = o(n)$  for  $l \in \{\tau, q_{X,\tau}, q_{Y,\tau}, q_{Y|X,\tau}, q_{X|Y,\tau}\}$ , then Assumption 1 holds if and only if*

$$\frac{\mathbb{E}[S_\tau(q_{X,\tau}, X_i)] + \mathbb{E}[S_\tau(q_{Y|X=X_i,\tau}, Y_i)]}{\mathbb{E}[S_\tau(q_{Y,\tau}, Y_i)] + \mathbb{E}[S_\tau(q_{X|Y=Y_i,\tau}, X_i)]} \leq 1. \quad (6)$$

Because the population (conditional) quantiles and the expectations involved in the ratio are seldom known in practice, Theorem 2 cannot be leveraged directly for causal discovery. However, it can be used to determine whether a given causal model satisfies Assumption 1, as exemplified below. The proof can be found in Section A.1.

**Example 1.** *Consider  $X$  being a cause of  $Y$  in the linear model defined by  $X = \theta_1 N_X$  and  $Y = \gamma X + \theta_2 N_Y$  with  $N_X$  and  $N_Y$  two independent sources of noise and  $\theta_1, \theta_2, \gamma > 0$  such that  $\text{var}(X) = \text{var}(Y)$ . Note that the condition on the variances simply ensures that the variables have the same scale.*

*Letting  $N_X, N_Y \sim N(0, 1)$ ,  $X \sim N(0, \theta_1^2)$  and  $Y \sim N(0, \gamma^2 \theta_1^2 + \theta_2^2)$ . The variance equality condition can be satisfied by choosing  $\gamma \in (0, 1)$  and letting  $\theta_2 = \theta_1 \sqrt{1 - \gamma^2}$ , resulting in  $X | Y = y \sim N(\gamma y, (1 - \gamma^2)\theta_1^2)$  and  $Y | X = x \sim N(\gamma x, (1 - \gamma^2)\theta_1^2)$ . Using the fact that, if  $Z \sim N(\mu, \sigma)$ , then  $\mathbb{E}[S_\tau(q_{Z,\tau}, Z)] = \sigma c(\tau)$ , where  $c(\tau) = e^{-\Phi^{-1}(\tau)^2/2} / \sqrt{2\pi}$  with  $\Phi$  the standard normal cumulative distribution, it is then straightforward to verify that the ratio of expectations in Theorem 2 is equal to one independently of  $\tau$ . In other words, the linear Gaussian model is not identifiable (Shimizu et al., 2006; Hoyer et al., 2009; Peters et al., 2014).*

**Remark 2.** *Developing structural or distributional assumptions, e.g. based directly on Postulate 1, such that Assumption 1 or (6) holds is an open problem. (Blöbaum et al., 2018) paves the way in the context of (1) and in the regime of almost deterministic relations. But quantiles and quantile scores are harder to manipulate than conditional variances and squared losses.*

**Causal discovery via quantiles** In order to leverage Assumption 1 for causal discovery, we let  $\hat{q}_{X,\tau}, \hat{q}_{Y,\tau}, \hat{q}_{X|Y,\tau}, \hat{q}_{Y|X,\tau}$  be estimators of the respective population quantiles, and further make the following assumption:

**Assumption 2.**  $\hat{q}_{X,\tau}, \hat{q}_{Y,\tau}, \hat{q}_{X|Y,\tau}, \hat{q}_{Y|X,\tau}$  satisfy

- $|\hat{q}_{X,\tau} - q_{X,\tau}| = o_p(1)$  and  $|\hat{q}_{Y,\tau} - q_{Y,\tau}| = o_p(1)$ ,

- $|\widehat{q}_{Y|X=x,\tau} - q_{Y|X=x,\tau}| = o_p(1)$  for every  $x$  and  
 $|\widehat{q}_{X|Y=y,\tau} - q_{X|Y=y,\tau}| = o_p(1)$  for every  $y$ ,
- $CL(\widehat{q}_{X,\tau}) = o(n)$ ,  $CL(\widehat{q}_{Y|X,\tau}) = o(n)$ ,  
 $CL(\widehat{q}_{Y,\tau}) = o(n)$ , and  $CL(\widehat{q}_{X|Y,\tau}) = o(n)$ ,

using  $O_p/o_p$  for stochastic boundedness and convergence in probability.

The first two bullet points simply state that the unconditional and conditional quantile estimators are consistent without rate. As for the third bullet point, note that having the same growth rate for the CL of all models does not prevent a smaller number of parameters in the correct causal direction (see e.g., Blöbaum et al., 2018; Marx & Vreeken, 2019). However, it means that, if the population quantiles  $q_{\cdot,\tau}$  are replaced by estimators  $\widehat{q}_{\cdot,\tau}$  in (3) and (5), the CLs of the models are all asymptotically dominated by the CLs of the residuals, namely the  $\sum_{i=1}^n S_\tau(\cdot, \cdot)$  terms.

The third bullet point of Assumption 2 includes the important case where all CLs are  $O(\log n)$  (Rissanen, 1983; 1986): discretizing a compact parameter space with a  $n^{-1/2}$  grid (i.e., the magnitude of the estimation error) and transmitting an estimated parameter using a uniform encoder with this precision is optimal for regular parametric families. Using this  $n^{-1/2}$  precision, each parameter thus leads to a cost of  $1/2 \log n$ .

For nonparametric (i.e., with a non-Euclidean parameter space) models, a similar idea can be applied, as estimators typically converge at a rate slower than  $n^{-1/2}$ . For instance, it is well known that the optimal grid size for histogram estimators of continuous densities with bounded first derivative is proportional to  $n^{-1/3}$  (Theorem 6.11, Wasserman, 2006). And if each of the histogram heights is encoded using  $n^{-1/2}$  grid (i.e., smaller than the estimation error), the resulting estimator’s CL is proportional to  $n^{1/3}/2 \log n$ , which satisfies the third bullet point of Assumption 2. More generally, the fastest possible rate for kernel density estimators of continuous densities with  $k$  bounded derivatives is  $n^{k/(2k+1)}$  (Theorem 6.31, Wasserman, 2006). As a result, discretizing the support on a grid proportional to  $n^{-k/(2k+1)}$  and encoding the kernel values using a  $n^{-1/2}$  grid incurs an estimator’s CL proportional to  $n^{k/(2k+1)}/2 \log n$ .

However, Assumption 2 excludes datasets where quantiles can only be consistently estimated with models having “too many parameters”. For instance, if the only consistent estimator is an over-parametrized neural network with  $o(n_{layers} \times n_{neurons/layer}) > o(n)$ , then Assumption 2 does not hold. But such a situation is unlikely in our bivariate setting.

We can then state the following theorem:

**Theorem 3.** *Under Assumption 2, Assumption 1 holds if and only if*

$$P \left( \frac{S_{X,\tau} + S_{Y|X,\tau}}{S_{Y,\tau} + S_{X|Y,\tau}} \leq 1 \right) \xrightarrow{n \rightarrow \infty} 1,$$

with the scores  $S_{X,\tau} = \sum_{i=1}^n S_\tau(\widehat{q}_{X,\tau}, X_i)$ ,  $S_{Y|X,\tau} = \sum_{i=1}^n S_\tau(\widehat{q}_{Y|X=X_i,\tau}, Y_i)$  and similarly for  $Y$  and  $X | Y$ .

Note that Theorem 3 does not state that CLs and Qs are equivalent, but rather that inequalities in CLs imply inequalities in Qs with respect to a specific statistical model, and conversely. In other words, Theorem 3 implies that there is an equivalence between minimizing code length and quantile score. Hence, because of the MDL principle, the causal direction can be inferred from the lowest quantile score. The proof can be found in the supplementary material (Appendix A.2), but the intuition is as follows.

Because of the third bullet point in Assumption 2, Qs, namely the CLs of the residuals, asymptotically dominate the CLs of the models. As a result, using Qs corresponding to consistent models is sufficient for causal discovery.

Thanks to the stability (or invariance) of the true causal model, we expect Assumption 1 to hold over different quantile levels. However, since a single quantile is generally not enough to characterize a distribution, we further consider

$$\widehat{S}_X = \int_{[0,1]} S_{X,\tau} d\tau, \quad (7)$$

and similarly for  $X | Y$ ,  $Y$  and  $X | Y$ . By pooling results at different quantile levels, we aim at better describing the marginal and conditional distributions. Arguing that estimating high and low (conditional) quantiles is hard, we could use only quantiles close to the median, that is integrating between over  $[0.4, 0.6]$  instead of  $[0, 1]$ ). We empirically found that this was more error prone when the generative models have asymmetries or multiplicative noises. Finally, we use averaging through integration rather than the maximal QS difference over quantile levels because the scale of QS is not uniform (e.g., the closer to 0.5 the higher). Hence, using maximization would essentially mean basing the decision on the median only, whereas properly capturing the spread of the data is also important.

**Decision rule 1** (Bivariate Quantile Causal Discovery). *Let  $S_{X \rightarrow Y} = \widehat{S}_X + \widehat{S}_{Y|X}$  and  $S_{Y \rightarrow X} = \widehat{S}_Y + \widehat{S}_{X|Y}$ . If  $S_{X \rightarrow Y} < S_{Y \rightarrow X}$ , conclude that  $X$  causes  $Y$ . If  $S_{X \rightarrow Y} > S_{Y \rightarrow X}$ , conclude that  $Y$  causes  $X$ . Otherwise, do not decide.*

## 2.2. Intuition

The mean and squared loss duality leads to using the MSE as a metric for mean regression even for non-Gaussian data. And the pinball loss plays a similar role in quantile regression. In the MDL paradigm, the optimal encoding uses the data’s true distribution, which is usually unknown for the residuals of either a mean or quantile regression. Without knowing this optimal encoding, it is sensible to use a distribution related to the loss that is minimized. A Gaussian or

asymmetric Laplace (AL) encoding should thus not be seen as optimal, but as a “default” related to the specific mean or quantile regression problem. Furthermore, a Gaussian encoding is unlikely to be appropriate for quantile residuals, which are often asymmetrically distributed.

To make this idea more precise, consider (1), albeit from the point of view of the MDL principle. One seeks a model that allows the best compression of the data, measured in code length (CL). Using a two-part scheme as in (2), the total CL is the sum of the conditional mean’s CL and that of the residuals, which is equal to the negative log-likelihood of the distribution used to encode them. And encoding the residuals using the normal distribution is natural in the same sense as using the mean squared error as a regression metric. The reason is that minimizing the squared loss is equivalent to maximizing the Gaussian log-likelihood, thus minimizing the residuals’ CL.

A similar reasoning can be applied to quantile regression, where encoding the residuals using an AL distribution (Koenker & Machado, 1999) represents a sensible default. This is because minimizing the quantile score (QS) is equivalent to maximizing the AL log-likelihood ( $a_n(\tau) - QS$ ), thus minimizing the residuals’ CL. Intuitively, the likelihood corresponding to (conditional) residuals in the causal direction is higher, that is the QS and CL are smaller: the shortest CL corresponds to the largest AL likelihood/smallest QS, which establishes a link between minimizing QS and the MDL principle.

Let us now illustrate the key ideas in the theoretical justification of bQCD. In Figure 3, we revisit the toy examples from Figure 1, namely, the different setups: additive, multiplicative and location-scale causal pairs. We disentangle the CL’s different components for both the causal  $X \rightarrow Y$  and anti-causal  $Y \rightarrow X$  direction, for two quantile levels  $\tau \in \{0.5, 0.8\}$  and per generative model.

Curves are obtained by averaging over 100 repetitions.

As described in Section 2.1, causal discovery by MDL involves four summands for each possible direction. For instance, for  $X \rightarrow Y$ , we have

- two for the marginal and conditional model parameters,  $CL(\hat{q}_{X,\tau})$  and  $CL_{\tau}(\hat{q}_{Y|X,\tau})$ ,
- and two for the marginal and conditional residuals,  $CL(E_X | \hat{q}_{X,\tau}, \tau)$  and  $CL(E_{X|Y} | \hat{q}_{X|Y,\tau}, \tau)$ .

In Figure 3, we use *Model* for the former and *Residuals* for latter and sum them by type. The sum of both model and residuals CLs is given by full lines. Unconditional and conditional quantiles are estimated respectively using the empirical quantile and kernel quantile regression. A uniform encoding is assumed in both cases, resulting in respective model CLs of  $1/2 \log(n)$  and  $n^{1/3}/2 \log(n)$ .

In the top four panels of Figure 3, it is clear that the CLs

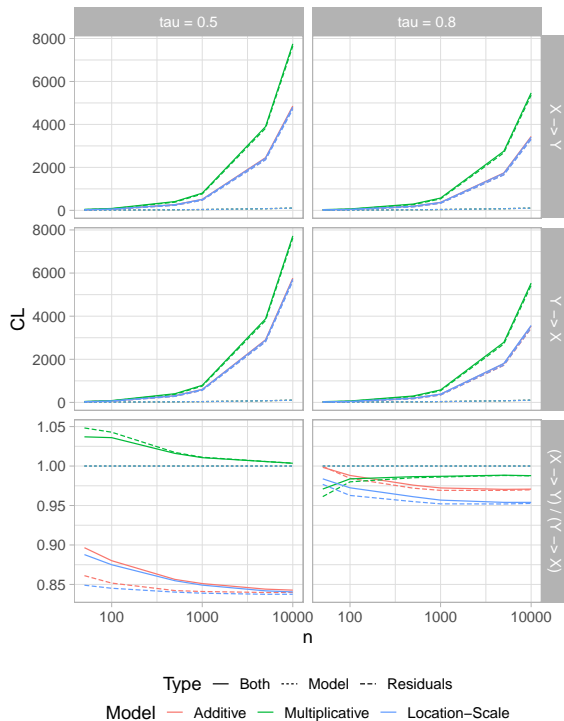


Figure 3. Verifying Assumption 1 for the setups of Figure 1. The CLs of the residuals asymptotically dominate the CLs of the marginal and conditional models. The multiplicative model is not identifiable using the median only. The correct causal direction has a lower CL.

of the residuals (i.e., the QSs) dominate the CLs of the marginal and conditional models. This illustrates the third bullet point in Assumption 2.

In the bottom two panels of Figure 3, we see that the ratio of causal to anti-causal CLs generally<sup>1</sup> converges to some constant smaller than 1, which illustrates Assumption 1. It also means that Decision rule 1 would lead to the correct causal direction. The multiplicative noise mechanism has an interesting behaviour: considering the median only (i.e.,  $\tau = 0.5$ ), the ratio converges slowly to one, and therefore, the causal direction is not identifiable. However given that the ratio converges to some constant smaller than one for  $\tau = 0.8$ , pooling the decision over multiple quantiles as in Decision rule 1 would again lead to the correct causal direction.

## 3. Experiments

### 3.1. bQCD implementation

Quantile regression Theorem 3 holds provided that the model is consistent and its complexity does not grow too fast. As such, Decision rule 1 can be implemented using any quantile regression approach that satisfies Assumption 2. In our experiments, we use three methods, namely nonparamet-

<sup>1</sup>Because we assumed the same uniform encoding for both directions, the ratio of CLs of models is always equal to one.

ric copulas (Geenens et al., 2017), quantile forests (Meinshausen, 2006), quantile neural networks (Cannon, 2018), and show that they yield qualitatively and quantitatively similar results. We refer to Appendix B for more details on the regression methods and their specific implementations. For estimating the overall quantile scores (aggregating multiple quantile levels), we use Legendre quadrature to approximate the integral over  $[0, 1]$ , as it is fast and precise for univariate functions. In other words, denoting by  $\{w_j, \tau_j\}_{j=1}^m$  the  $m$  pairs of quadrature weights and nodes, we use  $\int_0^1 g(\tau) d\tau \approx \sum_{j=1}^m w_j g(\tau_j)$ , which when plugged into (2.1) yields  $\hat{S}_X = \sum_{j=1}^m w_j \hat{S}_X(\tau_j)$ ,  $\hat{S}_Y = \sum_{j=1}^m w_j \hat{S}_Y(\tau_j)$ ,  $\hat{S}_{X|Y} = \sum_{j=1}^m w_j \hat{S}_{X|Y}(\tau_j)$ , and  $\hat{S}_{Y|X} = \sum_{j=1}^m w_j \hat{S}_{Y|X}(\tau_j)$ . Summing over an equally spaced grid with uniform weights or using quadrature nodes and weights yields two valid approximations of an integral, and using one or the other should not matter. But the quadrature gives more importance to the center of the distribution (i.e., quantiles closer to 0.5 have a higher weight). Note that, to compute scores free of scale bias, the variables are transformed to the standard normal scale.

**Computational complexity** bQCD scales linearly with the size of input data,  $O(n)$  for copulas,  $O(n_{tree} \times n_{attr} \times depth \times n)$  for random forests and  $O(epochs \times n_{weights} \times n)$  corresponding to the choice of regressor. However, using multiple quantile levels does not increase the complexity significantly since all of the suggested implementations allow for simultaneous conditional quantile estimation, that is, we estimate a single model at each possible causal direction<sup>2</sup>, from which we compute all of the requested quantiles. Roughly speaking, since  $n \gg m$ , the overall complexity scales with  $O(n)$ . As such, bQCD compares favorably to nonparametric methods relying on computationally intensive procedures, for an instance based on kernels (Chen et al., 2014; Hernández-Lobato et al., 2016) or Gaussian processes (Hoyer et al., 2009; Mooij et al., 2010; Sgouritsa et al., 2015).

The parameter  $m$  can be used to control for the trade-off between the computational complexity and the precision of the estimation. We recommend the value  $m = 3$  which makes it possible to capture variability in both location and scale. Setting  $m = 1$  is essentially equivalent to using only the conditional median for causal discovery, a setting that is suitable for distributions with constant variance. An empirical analysis of the choice of  $m$  is provided in the following section. In what follows, we report results for bQCD with  $m = 3$  if not stated otherwise.

<sup>2</sup>Except for bQCD, where the nature of copula models allows for joint estimation.

### 3.2. Datasets, baselines and metrics

**Benchmarks** For simulated data, we first rely on the following scenarios (Mooij et al., 2016): *SIM* (without confounder), *SIM-ln* (with low noise), *SIM-G* (with distributions close to Gaussian), and *SIM-c* (with latent confounder). There are 100 pairs of size  $n = 1000$  in each of these datasets.

As a second benchmark, inspired by (Peters et al., 2014), we generate a diverse dataset of additive, location-scale and multiplicative causal pairs. We include nonlinear additive noise (*AN*) models of the form  $Y = f(X) + E_Y$  for some deterministic function  $f$  with  $E_Y \sim \mathcal{N}(0, \sigma)$ ,  $X \sim \mathcal{N}(0, \sqrt{2})$ , and  $\sigma \sim \mathcal{U}[1/5, \sqrt{2}/5]$ . In *AN*,  $f$  is an arbitrary nonlinear function simulated using Gaussian processes (GP, Rasmussen & Williams, 2006) with a Gaussian kernel of bandwidth one. Since the functions in *AN* are often non-injective, we include *AN-s* to explore the behavior of bQCD in injective cases. In this setup,  $f$  are sigmoids as in (Bühlmann et al., 2014). The third experiment considers location-scale (*LS*) data generating processes with both the mean and variance of the effect being functions of the cause, that is  $Y = f(X) + g(X)E_Y$ , and  $E_Y$  and  $X$  are similar as for the additive noise models. *LS* and *LS-s* then correspond to the Gaussian processes and sigmoids described for *AN* and *AN-s*. Finally, the fourth experiment considers multiplicative models (*MN*) as  $Y = f(X)E_Y$ , with  $f(X)$  sampled as sigmoid functions and  $E_Y \sim \mathcal{U}(0, 1)$ . In each of the second, third, and fourth experiments, we simulate 100 pairs of size  $n = 1000$ . All pairs have equal weights with variable ordering according to a coin flip, therefore resulting in balanced datasets. Example datasets for each of the simulated experiments are shown in the supplementary material (Appendix F).

For real data, we use the **Tübingen CE benchmark** (version Dec 2017), consisting of 108 pairs from 37 different domains, from which we consider only the 99 pairs that have univariate continuous or discrete cause and effect variables. When evaluating the performance on this dataset we included the pairs’ corresponding weights which accounts for potential bias in cases where pairs were selected from same multivariable dataset.

**Baselines** On simulated data, we compare bQCD to state-of-the-art approaches, namely RESIT (Peters et al., 2014), biCAM (Bühlmann et al., 2014), LinGaM (Shimizu et al., 2006), and GR-AN (Hernández-Lobato et al., 2016), which are ANM-based, and IGCI (Janzing & Schölkopf, 2010), EMD (Chen et al., 2014), RECI (Blöbaum et al., 2018), Slope (Marx & Vreeken, 2017) and Sloppy (Marx & Vreeken, 2019), based on the independence postulate. We also consider other methods such as PNL-MLP (Zhang & Hyvärinen, 2009), GPI (Mooij et al., 2010), ANM (Hoyer et al., 2009), and CURE (Sgouritsa et al., 2015). All baselines distinguish between cause and effect solely in the

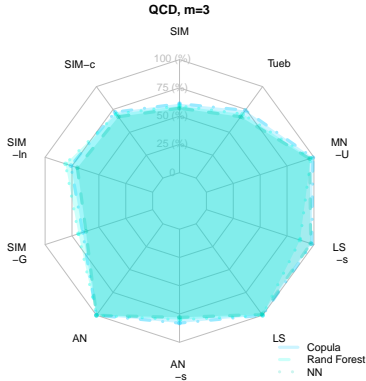


Figure 4. bQCD achieves consistent results across all benchmarks regardless of the practical implementation.

bivariate case, except for CAM, RESIT and LinGaM whose implementations allow for higher dimensional causal discovery. Implementation details and hyper parameters for all baselines are described in the supplementary material (Appendix C).

Our code and datasets are available in the submitted supplementary package and <https://github.com/tagas/bQCD>.

**Evaluation metrics** As (Mooij et al., 2016), we use the accuracy for forced decisions and the area under the receiver operating curve (ROC) for ranked decisions. The former corresponds to forcing the compared methods to decide the causal direction. The later corresponds to using heuristic scores allowing to rank confidence in the directions along with ROC/AUC as performance measure. As a confidence heuristic for the ranked decisions for bQCD, we use same score as (24) in (Mooij et al., 2016), that is  $\hat{C} = -S_{X \rightarrow Y} + S_{Y \rightarrow X}$ , with higher absolute values corresponding to higher confidence. This score can also be paired with the null-hypercompressibility inequality (Grünwald & Grunwald, 2007) to derive a significance test and abstain from making insignificant inferences.

### 3.3. Results and discussion

**bQCD robustness wrt to its implementation** From Figure 4 it is clear that the choice of implementation in estimating the conditional quantiles has no significant impact and bQCD provides consistent results across all benchmarks. Further results that confirm the robustness to implementation for different values of  $m$  are shown in Appendix B, Figure 8. In the remaining of the paper we will show the copula-based results.

**Selection of  $m$**  In an ablation study we explored the significance of the parameter  $m$  with regards to different sample sizes. Looking at the figures in Figure 5, we can clearly see in which cases multiple quantile levels can indeed increase the accuracy, namely for sigmoid (i.e., harder to detect) causal mechanisms. For confounded data, increasing  $m$  seems to help too, albeit faintlier. Additionally, we can notice that higher values of  $m$  have more pronounced effect

as the sample size increases. This was used to improve our results on real data, namely by setting the parameter  $m$  to 1 when  $n < 200$  and  $m = 3$  for the rest.

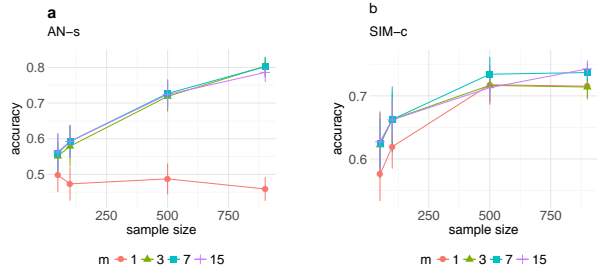


Figure 5. The accuracy increases with  $m$  and the sample size.

**Comparison to baselines** In Figure 6, we compare causal discovery algorithms across simulated datasets with regards to accuracy. Tabulated numbers are in Section D.1.

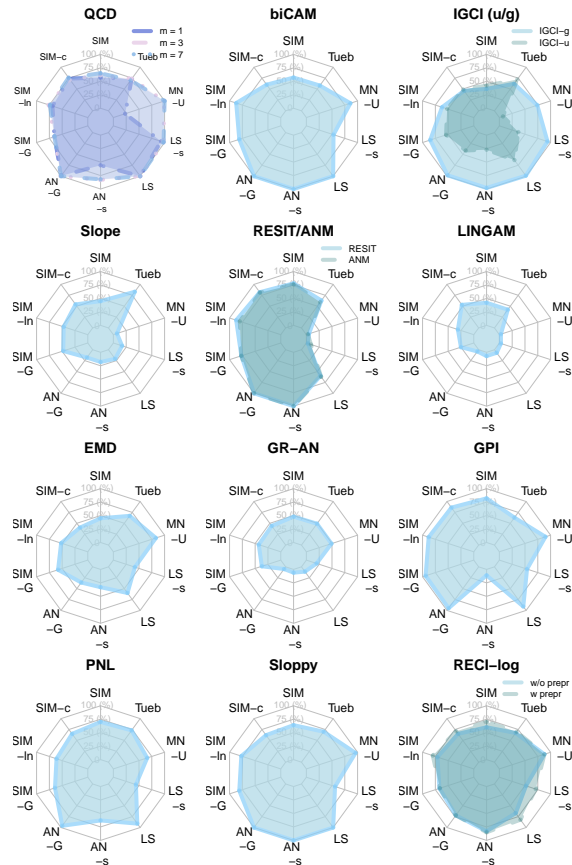


Figure 6. Accuracy of bQCD and competitors.

There is no single baseline is an overall best performer, however, we notice that bQCD has most consistent results across all benchmarks. Starting with the SIM benchmarks, we notice that GPI achieves highest accuracy in all four scenarios, followed with similar results by RESIT/ANM<sup>3</sup>. On this benchmark, bQCD behaves similarly to the rest of

<sup>3</sup>Because RESIT is an R version based on the MATLAB ANM, we overlay their results on a single chart.



the baselines, while being more robust in the confounded scenario where others achieve results on the scale of random guess. Interestingly, higher values of the parameter  $m$  improve the results in such pairs.

The results are significantly different for the AN, LS and MN scenarios. biCAM, ANM and RESIT easily handle the AN pairs since their underlying assumptions are met, while we can notice some discrepancy in the LS and MN scenarios where there is an interaction between the noise and the cause. Similarly, LINGAM does not perform well on any of the datasets, which are all highly nonlinear, hence violating its assumptions. IGCI can handle any scenario with the gaussian reference measure, while this is not the case with the uniform measure<sup>4</sup>. In the LS generative models where not only the mean, but the variance of the effect changes with the cause only IGCI-g was on-par with bQCD, but bQCD is still better than IGCI-g on the SIM benchmark and real data pairs. On the other hand, more flexible methods such as PNL and EMD had difficulties in the non-injective cases. bQCD has satisfactory ( $> 75\%$  accuracy) for all different data generative mechanisms (AN, LS and MN). From the baselines presented, RECI’s model allows for dependence between the noise and the cause. Although it shows good results in practice, it is important to note that the outcome depends significantly on the preprocessing step as well as the selection of the regressor, for which still, there is no clear guidance. For more details on the variations of the proposed solution, we refer to the original paper (Blöbaum et al., 2018). On the contrary, bQCD achieves the same results no matter the implementation, which makes it straightforward to use.

With real data pairs, Figure 3.3 shows that bQCD<sup>5</sup> is highly competitive in terms of weighted accuracy, with only Slope achieving better overall results. However, note that Slope does well only on this dataset and performs poorly on synthetic benchmarks, while bQCD performs well under diverse setups. Additionally, we include accuracy decision-rate plot in Figure 7. Note that bQCD provides statistically significant results (i.e., compared to a coin flip) and is second out of the 6 best performing algorithms with respect to weighted accuracy. In Appendix D, Figure 10, we further provide accuracy decision rate plot and ROC curves with all baselines. Moreover, the efficiency of our method is highlighted in the last row of Figure 3.3, where bQCD is able to go over the whole dataset in  $\sim 7$  minutes. As for other nonparametric methods, only IGCI and Sloppy are faster, Slope is twice as slow, RESIT 55 times, PNL 71 times, and the others required days to go through the whole dataset of had to be

<sup>4</sup>Selecting the reference measure is the method’s most sensitive part and is as difficult as selecting the right kernel/bandwidth for a specific task (Janzing et al., 2012; Mooij et al., 2016).

<sup>5</sup>Results are averaged over 30 repetitions to account for the effect of the jittering in the discrete pairs.

Table 1. Results for the Tübingen Benchmark.

	bQCD	IGCI-u/g	biCAM	Slope	LINGAM	RESIT	Sloppy
Acc	0.68	0.67/0.61	0.57	0.75	0.3	0.53	0.59
Weig Acc	0.75	0.72/0.62	0.58	0.83	0.36	0.63	0.7
AUC ROC	0.71	0.67	0.61	0.84	0.3	0.56	0.67
CPU	7 min.	2 sec.	10 sec.	25 min.	3.5 sec.	12 h	1.3 min
	EMD	GRAN	GPI	PNL-MLP	ANM	CURE	RECI
Acc	0.55	0.4	0.6	0.75	0.6	0.6	0.63
Weig Acc	0.6	0.5	0.63	0.73	0.6	0.54	0.7
AUC ROC	0.53	0.47	0.61	0.7	0.45	0.61	0.68
CPU	4.6 days	NA	30 days	8.3 h	3.2 days	NA	1.2h

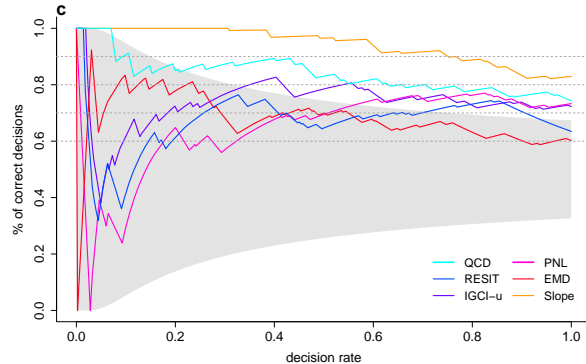


Figure 7. Accuracy decision-rates for the top baselines on the Tübingen Benchmark.

averaged on subsamples due to slow execution (GRAN).

Overall, we can conclude that compared to baselines bQCD performs well in both real and simulated scenarios therefore being more robust to different generative models while also having computational advantages.

## 4. Conclusion

In this work, we develop a causal discovery method based on conditional quantiles. We propose bQCD, an effective implementation of our method based on nonparametric quantile regression, compares favorably to state-of-the-art methods on both simulated and real datasets. The new method should be preferred mainly because of three reasons. First, quantiles are less sensitive to outliers than the mean, thus bQCD is robust to contamination or heavy-tails, hence, it does not require preprocessing (“cleaning”) step. Second, we make no assumption on the parametric class considered, thus allowing for a wide range of mechanisms, whereas baselines perform worse when their assumptions are not satisfied. Third, our implementation is computationally more efficient than other nonparametric methods. There are currently three directions that we are exploring to extend this work. First, bQCD can be extended to multivariate cause-effect pairs. Second, it is interesting to see how quantile scores can fit in the invariant causal prediction framework (Peters et al., 2016). Third, the computational efficiency of bQCD is promising in the context of extensions to higher dimensional datasets. As such, ongoing research leverages existing graph discovery algorithms for hybrid learning, as suggested in the supplementary material. Fourth, as discussed in Remark 2, finding structural or distributional assumptions for which Assumption 1 or (11) holds remains an open problem.

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