



2025 Management Open Enrollment Highlights

Oct. 28 – Nov. 12

2025 Plan Updates

Employee payroll deductions to remain the same; there is no increase to payroll deductions for 2025.

Flex Credits

Bi-weekly Flex Credits will increase as follows:

- Individual - \$110.77
- Family - \$189.23

Medical/Rx: No co-pay for Insulin.

Delta Dental

- Diagnostic and preventative services will not apply towards the \$2,000 annual maximum. This will allow your cleanings and exams to be covered, even if you've reached the maximum allowed per year.
- \$2,000 separate annual maximum for implants. This will ensure that you can still have routine dental work covered if you need an implant.

Open Enrollment Checklist

Review All Open Enrollment and Benefits Materials on the Benefits Webpage & Powernet

Your family members can also visit nypa.gov/benefits to learn about NYPA benefits.

Complete Your Enrollment

Visit **MyPageNYPA > Benefits and Payment > Open Enrollment** and **save your confirmation statement**. You must be connected to the NYPA network to access MyPageNYPA.

- Send any **required** documentation, including adding domestic partners, to your local HR representative no later than **Tuesday, Nov. 12**.
- **New HMO enrollees** must complete an enrollment form available on the Forms section of the benefits webpage.
- New enrollees will receive ID cards in late December from the healthcare vendor.



Update Your Beneficiaries

Take time to review and update your beneficiaries to ensure that your wishes are fulfilled and legal complications are avoided.

- Life insurance beneficiary forms are in the Forms section of the Benefits webpage.
- 457 Plan beneficiaries can be designated on the T. Rowe Price website.
- New York State and Local Retirement System (NYSLRS) beneficiary forms can be designated on the NYSLRS website and can also be found in the Forms section of the Benefits webpage.

Review Benefit Deductions in Your First Paycheck

Contact HR.Services@nypa.gov if you find incorrect information.



How To Enroll

You must be connected to the NYPA network to access MyPageNYPA.

Click on **MyPageNYPA > Benefits and Payment > Open Enrollment**

to access your 2025 benefits enrollment.



When you log in, you will see personalized options and per-pay period coverage costs. Once you make your elections, review your covered dependents to ensure they meet eligibility requirements.

Once you have finalized your elections, **click save**. You will see a “data saved successfully” notice.



Step by Step Instructions

- Select **Options 1, 2, 3** and **4** to verify your information is correct
- Select **Option 5, 6** and **7**- Click on the pencil to make changes 
- Select **Option 8** to review
- Be sure to **click save** in the upper left section of your screen to save your elections

Best Practice Tip!

Once you save your elections, print a Benefit Confirmation Statement for your records.

- Select **Print Benefits Confirmation Statement**

OPEN ENROLLMENT

✔ Data saved successfully

What do you want to do next?

Print Benefits Confirmation Statement

[Go to Enrollment](#)

[Go to Benefits Participation Overview](#)

Benefit Election Summary

Questions?

Contact your local HR representative or HR Services at HR.Services@nypa.gov,

call 914-287-3114 or visit nypa.gov/benefits