

COBRA Rates 2025 - Management

Company Facilities	Plan Name	2024 Monthly COBRA Rate Single Coverage
All Sites	PPO Plan	\$1,317.26
All Sites	Choice Plan	\$1,151.31
ALB, B-G, CEC, STL, Dutchess and Orange Counties	CDPHP	\$1,263.34
BUF, NIA	Independent Health	\$1,038.34
All sites	Dental	\$61.95
All sites	Core Vision - Employee Only	\$4.25
All sites	Optional Vision	\$12.75
All sites	Employee Assistance Program	\$1.75

Company Facilities	Plan Name	2024 Monthly COBRA Rate Family Coverage
All Sites	PPO Plan	\$3,321.84
All Sites	Choice Plan	\$2,878.83
ALB, B-G, CEC, STL, Dutchess and Orange Counties	CDPHP	\$2,941.68
BUF, NIA	Independent Health	\$2,595.85
All sites	Dental	\$140.96
All sites	Optional Vision Plan	\$29.34
All sites	Employee Assistance Program	\$1.75

All rates include a 2% administrative fee