

Nickles BAKERY



INGREDIENTS:

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Salt, Natural Flavor, Barley & Malt Syrup (Dried), Calcium Propionate (Preservative), Egg Replacer [Wheat Flour, Soybean Oil, Cellulose Gum, Monoglyceride, Sodium Bicarbonate, Salt, Annatto & Turmeric], Sodium Stearoyl Lactylate, Calcium Sulfate, Ammonium Sulfate, Ascorbic Acid, Organic Whole Wheat Flour, Sesame Seeds, Enzymes

Product Number: 1530

UPC: 00078821-20020

NET WEIGHT: 19 oz. (1lb 3oz.)

CONTAINS: WHEAT, SESAME

SPECIFICATIONS

COUNT:

8/19OZ.

DIMENSIONS:

Bun Weight: 2.38oz per bun
Overall Height: 2 3/8- 1/2"
Bun Diameter: 3 7/8-4"
Heel of Bun: 5/8-7/8"



Nutrition Facts			
8 servings per container		1 bun (67 grams)	
Servings size			
Amount per serving			
Calories		200	
		% Daily Value*	
Total Fat	3.5	g	4%
Saturated Fat	0.5	g	3%
Trans Fat	0	g	
Polyunsaturated Fat	2	g	
Monounsaturated Fat	1	g	
Cholesterol	0	mg	0%
Sodium	310	mg	13%
Total Carbohydrate	35	g	13%
Dietary Fiber	1	g	4%
Total Sugars	6	g	
Includes 6g Added Sugars	6	g	12%
Protein	6	g	
Vitamin D	0	mcg	0%
Calcium	70	mg	6%
Iron	2	mg	10%
Potassium	63	mg	2%
Thiamin	0.4	mg	35%
Riboflavin	0.2	mg	15%
Niacin	3	mg	20%
Folate	103	mcg DFE	25%
(60 mcg folic acid)			
*The Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
Calories per gram:			
Fat 9 * Carbohydrate 4 * Protein 4			