Help your child grow and thrive

Your child's early years are so very important. Tracking how your little one plays, learns, speaks, acts, and moves helps you support their development.







Learn When to Act Early

Learn more at cdc.gov/MilestoneTracker

Apoye su desarrollo y crecimiento

Los primeros años de su hijo son muy importantes. Seguir cómo su pequeño juega, aprende, habla, actúa y se mueve lo puede ayudar en su desarrollo.





Siga y comparta los indicadores del desarrollo



Vea consejos y actividades

Sepa cuándo debe reaccionar pronto

Encuentre más información en cdc.gov/Sigamos



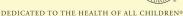
Download CDC's free Milestone Tracker app.



Descargue la aplicación aratuita de los CDC Sigamos el desarrollo.



American Academy of Pediatrics



Take 3 Steps to Support Child Development Today!

- 1 Use the reverse side as a poster to tell families about CDC's free *Milestone Tracker* app.
- 2 Photocopy or save the links to the resources below.

3 Access these free resources and courses to support child development in your practice.



Learn the Signs. Act Early. Online Resources from the Centers for Disease Control and Prevention (CDC)

Scan to access CDC's Learn the Signs. Act Early. homepage Find family-friendly milestone checklists for children 2 months through 5 years of age and other FREE resources to engage families in your developmental surveillance efforts. Multiple languages available.

- •Healthcare provider web page: www.cdc.gov/ActEarly/Healthcare
- Order free resources: www.cdc.gov/ActEarly/Orders
- Download free resources: <u>www.cdc.gov/ActEarly/Materials</u>



Scan to access

these resources

and more

CDC and AAP Resources for Healthcare Providers

- •Overview of Developmental Surveillance and Screening | How to Identify a Developmental Concern. A brief resource highlighting the differences between developmental surveillance and screening, including free resources to assist with conducting developmental surveillance.
 - Identifying Risks, Strengths, and Protective Factors for Children and Families: A Resource for Clinicians Conducting Developmental Surveillance. Includes suggested supports and strategies to identify risks, strengths, and protective factors via the developmental surveillance process, including suggested questions.
 - •AAP's Family Friendly Referral Guide. A customizable guide with information about local referral resources to support families/caregivers in next steps when a developmental concern has been identified. Also available in Spanish.



Scan to access PediaLink

AAP's FREE PediaLink Courses

Innovative Strategies for Improving Developmental Surveillance and Screening. Learn new strategies to integrate developmental surveillance, screening, referral, and follow-up into your practice.

COMING SOON:

- •Milestones Matter: Optimizing Developmental Surveillance
- Autism Identification and Collaborative Care



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DEDICATED TO THE HEALTH OF ALL CHILDREN®

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