



STOP ACCIDENTS CAUSED BY TRIPS AND SLIPS



ADDRESS THE PROBLEM AND PUT YOUR FOOT DOWN
WHEN ACCESS ROUTES, STAIRS, LIGHTING AND MEASURES
AGAINST SLIPPERY SURFACES ARE NOT IN ORDER

TIDY UP! KEEP THE SURFACE ON WHICH YOU MOVE ABOUT
AND WORK FREE OF OBJECTS

AVOID CARRYING THINGS – FOR EXAMPLE, USE A SACK TROLLEY
OR ROLLER TABLE

USE FOOTWEAR THAT FITS FIRMLY ONTO THE FOOT,
E.G. LACE-UP SHOES

Read more at
workplacedenmark.dk/en/accidents-caused-by-trips-and-slips

25%

of the serious occupational injuries in the road transport of goods industry are due to falls, slips and trips.

3 weeks

or more. Serious slip and trip accidents lead to this much illness absence.

1/6

of all the accidents that result in permanent injury have occurred from falls, slips or trips.

Where can it go wrong?

When loading and unloading at customers, e.g. while you carry tools and goods.



Accidents often occur when:

- Ankles are twisted when wearing clogs
- Items and materials are placed at the workstation
- Stairs are slippery or defective
- You enter and exit the driver's cab while, for example, holding something in your hands
- There are holes in the surface
- There is ice/snow and spillage on the unloading site



Easy to prevent!

For the employer:

- Make agreements with the customers regarding requirements for surfacing, stairs, lighting and measures against slippery surfaces.
- The need for employees to carry goods must be avoided. Provide roller tables, sack trolleys, etc. for example.
- Stipulate that only tight-fitting footwear must be used, e.g. lace-up shoes.
- Arrange with your drivers what you want them to do to avoid accidents caused from falls.

Transport of goods on roads

Examples of accidents reported to the Danish Working Environment Authority

- The driver trips over battens on the truck loading platform, falls and lands on some trusses. He breaks his hand. (One to three months' absence)
- When unloading items, the driver slips on the icy surface and bumps his neck. (One to three months' absence)
- The driver falls over stones in a driveway, tries to break his fall and breaks his wrist. (One to three months' absence)
- When finished off-loading, the driver walks from the back of the vehicle towards the driver's cabin. He overlooks two pallets that are on the ground. He falls and lands on his right arm. (Three to four weeks' absence)
- The driver calls us from the customer before off-loading to hear where the windows should be placed. He goes down the stairs and steps on a loose tile. He twists and injures his ankle. (One to three months' absence)

